# The Jewishpotophilic Strain St

Chag Chanukah Sameach!

A little bit of light dispels a lot of darkness

(see Chanukah blessings and Songs p. IN 10-11)

Editorial

On Sept. 2, 2020 Rabbi Sandy Sasso moderated a discussion with famous sex therapist Dr. Ruth Westheimer for the annual Lion of Judah/Pomegranate event in

support of the Jewish Federation of Greater Indianapolis 2020 Annual Campaign. I attended this Zoom meeting with approximately 70 other local women.



*Rabbi Sandy Sasso:* What Rabbi Sasso is your suggestion of how to best cope with quarantine caused by COVID-19?

**Dr. Ruth Westheimer:** Do not lose your hope, eventually the bad times will be over, and then we are going to rejoice. I respect how difficult it is right now. The reason I don't talk about subjects like the virus is because we have to listen to the health professionals. Also when it comes to politics, I do not talk except to say how upset it makes me to see children separated from their parents because this is what happened to me.

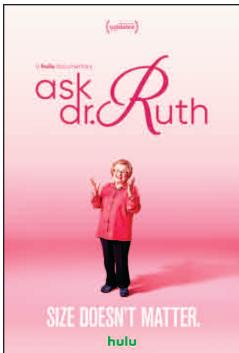
**Rabbi Sandy:** I know you don't like to talk about politics but recently you decided to speak out on three issues. Would you please explain?

Dr. Ruth: I felt like I had to make an exception to my rule and I went with my daughter Miriam to a protest. I held up a sign that said "Enough is Enough" and Miriam's sign said, "Black Lives Matter". In addition I speak up for Planned Parenthood because with my expertise in human sexuality I believe that abortion must remain legal. Otherwise only women with money can afford to get one. Finally, even though I don't talk about specific politicians, I know I will vote and I believe so should everyone else. I have been a member and on the board of the Jewish Y in Washington Heights for 50 years. I am also an active member of the Museum of Jewish Heritage in New York.

**Rabbi Sandy:** We have just celebrated the 100th anniversary of women's right to vote. You are a woman pioneer who overcame enormous



Dr. Ruth Westheimer on WYNY radio in New York City (c. 1980).

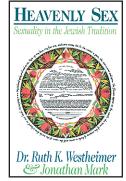


obstacles and have been an inspiration to women. What advice do you have for our daughters and granddaughters and what message do you have for the next generation?

**Dr. Ruth:** It pleases me to no end to tell you that I am going to get an honorary doctorate from Ben-Gurion University, because when I was in then-Palestine in 1948, I still remember his voice on the radio when he declared the State of Israel. I was in Jerusalem and he was in Tel Aviv. These days whenever I talk to anyone, I say give me a little money for the Endowed Chair of Psychology at Ben-Gurion.

Also coming out again this month is the book *Heavenly Sex: Sexuality in the Jewish Tradition* that I wrote 35 years ago with

Jonathan Mark, a writer from *The Jewish Week*. NYU Press is republishing it as a classic so it will never be out of print. How fortunate we are that I can talk about sex from morning to night because for us Jews, sex was never a sin. It is a



*mitzvah* on Friday night for a husband to have sex with his wife.

**Rabbi Sandy:** Do you have any advice for women that we can give to our children?

**Dr. Ruth:** All of you have to be sexually literate. You have to be able to answer the questions about sexuality and for us Jews this is so easy because there is no shame attached to it.

Rabbi Sandy: Can you say something about the #MeToo movement and sexual harassment? Dr. Ruth: I don't talk about that because I don't give a second appointment to anyone who has come to me after being sexually harassed. I tell them they need to go to a social worker who is an expert in those horrible happenings. I don't dabble in subjects for which I am not well equipped. I am an expert in telling you how to have good sex but I am also an expert in knowing what I don't know. Anybody who has had a bad experience needs to see a psychologist or social worker who specializes in that.

**Rabbi Sandy:** At 92 you are still writing and teaching, what can you teach us so that we will have the strength to overcome all of the obstacles like you did?

**Dr. Ruth:** All of you have to have a little *chutzpah.* Also my first 10 and a half years of life were very successful in terms of having a loving father, mother, grandmother and other relatives, while I was an only child. That helped me. Also what helped a great deal is to be Jewish and know that sex is not a sin but something to be enjoyed by a married couple. Today I am extending that by saying that whoever is your loved one right now, make sure you make the best of it.

**Rabbi Sandy:** You have a 4th edition of Sex for Dummies coming out. What has

changed that you need a new edition?

**Dr. Ruth:** I didn't say I need a new edition. The publisher called me and said the others were so successful they wanted a new edition. For the 4th edition I went to a



colleague, a professor who knows more than I do about gay sex and gender identification, and I asked him to write a chapter. I also went to some experts on sexually transmitted diseases and about the #MeToo movement to contribute to the book. I wrote a chapter on loneliness.

**Rabbi Sandy:** Does anything surprise you about sexuality today?

**Dr. Ruth:** Not only am I surprised, I know what I don't know. That is very important for someone like me. Frequently on radio or television if I do not know the answer to a question, I tell them I don't know but I will research this and get back to them. Then I go to some experts and find out.

I am surprised by people who act



irresponsibly, such as people who have sex with more than one partner because I do not want to see another rise in AIDS. I may be old-fashioned and a square but I want people to be with one partner only. I do not believe in open marriage because somebody will get hurt.

**Rabbi Sandy:** Why is your Jewish connection so important?

**Dr. Ruth:** Since I come from an Orthodox background, I am rooted in the Jewish tradition and that tradition permitted me to talk openly about sex. I have always said that part of my success in talking about orgasms, erection, and premature ejaculation is because in Judaism sex was never a sin, it was something to be engaged in.

Orthodox rabbis sent me clients when there was a problem with a couple. I made sure that if people came from Brooklyn, I didn't schedule one couple after the other. I also had two staircases in the office so I was very careful to keep their privacy.

**Rabbi Sandy:** You have said that you want to live large and make a dent. What do you mean by that?

**Dr. Ruth:** Since I am so short, 4 ft. 7 in., I knew that I had to do something but I did not know that the dent would be talking about sex. I knew that I had to make something of my life to justify for myself that I deserve to be alive while so many did not survive. I was fortunate to work for Planned Parenthood in New York City, to do research and to be trained as a sex therapist by Dr. Helen Singer Kaplan who wrote the first book of sex therapy. I don't do private practice anymore, I leave that up to young people, but I still talk a lot about relationships and sexuality.

During the Zoom meeting, Westheimer spoke about a new documentary about



Ruth at age 10.



At age 19, Dr. Ruth was a trained sniper. She claimed it was not heroism because every able-bodied person had to play a role in defense. In Israel's War of Independence in 1948, everybody in then-Palestine belonged to some group. She chose the group that was the forerunner of the Israel Defense Forces. They taught her how to put the Sten gun together and shoot it. Fortunately, she never had to put her skills to use by shooting anyone but her aim was good because she could put five bullets in the red circle, and she knew how to throw hand grenades.

her life titled, *Ask Dr. Ruth* that premiered in 2019, and is currently streaming on Hulu. One nice aspect of this fascinating movie is that she travels with the filmmaker to places she has lived and they filmed at those locations. When it was not possible to get a current shot, the filmmakers use animation.

One example of that is the train station in Germany where Dr. Ruth's parents put her on Kindertransport, a train transporting Orthodox Jewish children to Switzerland. This took place 82 years ago after Kristallnacht, the night of broken glass. That name refers to the litter of broken glass left in the streets after the Nazis attacked Jewish people and their property.

This gut-wrenching act by her elders made her the sole survivor of her family. *The world would be a much poorer place had they not made that fateful decision.* 

Directed by Ryan White, the film mixes interviews, archival footage of Dr. Ruth's various TV shows and talk show appearances along with the animation. Also the film is built on footage of Dr. Ruth just living her current active life in the same Washington Heights apartment where she has lived since the 1970s. Just inside the entrance, in a place of pride, is a photo of David Ben-Gurion and Golda Meir.

Two years ago I saw the play about Dr. Ruth's life titled, *Becoming Dr. Ruth* and now I have seen the movie, *Ask Dr. Ruth*. Both were extraordinary! Her age may be 92, but she seems to be timeless. With her wit, sharp memory and stamina, she is still a force to be reckoned with.

We wish all of our readers a *Hanukkah* filled with light!

Jennie Cohen, December 9, 2020 🌣

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Simchas Welcome! Had a recent joyous occasion in your family or Jewish organization? The Jewish Post & Opinion – IN Edition welcomes your announcements for placement in our Simcha section (see page 2). Submit photos and text to: jpostopinion@gmail.com. Next Deadline: Jan. 29, 2021. All decisions on publishing, date of placement, size of photo, and length of announcement are at the sole discretion of the publisher.

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B.H.



### By Rabbi Benzion Cohen Special Times

We are living in a special time. Our world is not the same. A tiny, tiny, virus, invisible to the naked eye, has changed a lot of things in our huge planet. How has my life changed? I am feeling closer to G-d and His creations, especially to my family and my people.

A year ago, our world and my life were rather normal and stable. Today was like yesterday and tomorrow was like today. Now there are many new rules, and they are changing often. A year ago my health was not a big issue. Today, I have to be very careful, especially because I am not so young.

How does this situation bring me closer to G-d? Now I am less self-centered as a result. The less that I feel myself, the more that I can feel the outside: my G-d, my family and my people. This is one of the secrets of living a happy life. I grew up quite self-centered and was not very happy. I wanted to be popular, to have a lot of friends and girlfriends, to go to parties and have good times. I did not achieve these goals and was not very happy.

Why did I fail to make friends? One reason is that I was very self-centered. I didn't really care about the other person. I cared mainly about myself. If you give love and caring to people they are likely to become your friends. But if you only care about yourself, you will probably be quite lonely.

Fifty-two years ago my life changed for the better. I visited a *Chassidic* community and met there a lot of loving and happy people. A month later I decided to give this way a try. I dropped out of University and went to learn in the *Yeshiva* in Kfar Chabad.

Amazing! Now I am happy. I am popular, have lots of friends, and a beautiful girlfriend (my dear wife). I go to many parties (birthdays, *Bar Mitzvahs*, weddings, and *farbrengens*) and have a lot of really good times (every *Shabbos* and holiday).

What is the secret of success? I started to believe in G-d and live according to His will. Before, I was serving myself. Now, I am trying to serve G-d. Now I try hard to love my neighbors, and this brought me many friends. Now I am careful to celebrate *Shabbos* and our holidays and this brings me a lot of good times. However, this is not always easy. Our nature is to be selfish and self-centered and this is hard to change. When my belief in G-d becomes stronger, I realize that I am not the center of the universe. G-d is.

The *Torah* teaches us that everything that happens is from G-d, even the difficulties

that we sometime experience. Why does G-d send us difficulties? One reason is to help us to be more humble and less self-centered. We realize that we are not in control of everything; that we are not all-powerful.

This is one of the benefits of the virus. It has certainly brought us many difficulties, and these difficulties have helped us to refine and humble ourselves and come closer to G-d.

Amazing! For many years I have been talking to people and encouraging them to believe in G-d and observe His commandments. Some were willing to talk and some were not. Some were devout atheists busy with their lives. They politely changed the subject.

Now I am seeing a big improvement. People are opening up and at least they are willing to discuss belief in G-d. Recently I spoke to someone on the phone for an hour and 45 minutes! Definitely the longest phone conversation that I have ever had! Because of a tiny virus many people are not so busy with their lives. To avoid the virus they try to stay home as much as possible. They have time on their hands and are willing and happy to talk with me.

Indeed our world is getting better and better. I used to see my brothers and

sisters only once every year or two or three. I live in Israel and they live in America. Now we meet every week, on Zoom!

What is happening? Every good deed that we do makes our lives better and the world that we live in better. Even a tiny virus brings out a whole lot of good deeds. When someone gets sick, their family and friends help out and prepare meals. If they get really sick, people all over pray for them. Many people have lost their income, and many people have opened up their hearts to help and give charity.

We are indeed living in very special times. The Lubavitcher Rebbe told us that our final redemption will be very soon. Today, we are witness to many of the signs of the redemption, when our world will be completely good.

Let us all increase learning *Torah*, doing good deeds and *mitzvahs* which will purify our world and bring *MOSHIACH* NOW!

### A Nice Story

Our daughter, Mushka, has a son, Itche, who is four years old. On December 6th he fell and hurt his shoulder. I drove them to the doctor who said to do an x-ray. They took him to the emergency room of the nearby hospital to do the x-ray. The doctor told them that he has a fracture, but does (see Benzion, page IN 7)



### December 9, 2020 The Jewish Post & Opinion – IN 5

# Simcha Announcements Mazel Tov to...

Andrea Hirsch (below), daughter of Debby Hirsch of West Bloomfield, Mich., and **Danny** and **Cindy Hirsch**, of Farmington Hills, Mich., on her marriage to Michael Kruszynski, son of Mark and Angie Kruszynski of Ellettsville, Ind., on Sept. 12 at Serenity Heirloom Garden in Zionsville. Steve Stout, a friend of the bride and groom, presided over the wedding. Andrea and Michael had an intimate ceremony due to COVID, surrounded by close family and friends. Andrea's borrowed item was Michael's late grandmother's ring that had been passed down to Michael's mom, Angie. The couple honeymooned safely in the Florida Keys following the wedding. They plan a first anniversary vacation once COVID is over in Hawaii. Andrea is a Marketing & Communications Manager for the Jewish Federation of Greater Indianapolis. Michael is an ETO Engineering Manager at Howden Roots LLC. The couple met and will reside in Indianapolis.



(Photo by Sarah Lang Photography)

Kathleen Erin McConnell (right), daughter of Deborah and George McConnell of Kokomo, Ind., on her marriage to Daniel Fredrick Rothenberg, son of Pamela and Lev Rothenberg and grandson of Jerome Greenberg all of Indianapolis on Oct. 3, 2020 at the home of the groom's parents. The groom's uncle Hon. Marc T. Rothenberg of Indianapolis officiated. The Best Man was the groom's brother, Steven Rothenberg of Nazareth, Pa., and the Maid of Honor was the bride's sister, Erika Biederman of Indianapolis. The flower girls were the groom's nieces, Hadley and Nora Rothenberg and the bride's niece, Mary Kathleen Biederman. The ring bearer was the bride's nephew, Raymond Michael Biederman of Indianapolis. Violin was played by the bride's brother-in-law, Raymond James Biederman, of Indianapolis. Catering was provided by Jacquie's Catering and hair by Katherine Rae Maddox. Others in attendance were the bride's son, Maddox Mills of Fishers, her brother and sister-inlaw, Dane and Katiara McConnell of Chicago, and the groom's sister, Suzanne Rothenberg of Indianapolis, and sisterin-law, JoAnna Rothenberg of Nazareth, Pa. The bride is a Clinical Decision Support Manager for Community Health Network and the groom is an attorney. The couple met in Indianapolis and will reside in Fishers, Ind.

Chana and Dovid Grossbaum on the birth of their daughter, Leba (below), born Oct. 16, 2020. Grandparents are Rabbi Avi and Nini Grossbaum and Rabbi Yosef and Rivkie Vogel of London. Leba's older sister is Chai.



**llycia Mallory Kahn** and **Alan Leon Mordoh** on the birth of their son, **Michael Alan Mordoh** (above, right), on Oct. 21, 2020. Maternal grandparents are **William** and **Nancy Kahn** of Cincinnati and paternal grandparents are **Elaine** 



(Photo by Matthew Doudt Photography)

Mordoh Weiner (Dr. Jason) of Chicago, and Mallah Mordoh (Ilana) of Indianapolis.



Hart and Simona Hasten on welcoming two great-grandsons in Israel. In October their daughter **Renee**'s daughter and sonin-law, **Shane** and **Aviv Herzlich**, had a son and named him **Yuval Or**. In November, their son **Joshua**'s daughter and son-in-law, **Adin** and **Dror Zagdon**, had a boy named **Aryeh**.

**Rabbi Michael** and **Shulamit Hasten** on welcoming a grandson born in October to their son and daughter-in-law, **Yonaton** and **Rachel Hasten**, in New York.

**Carl** and **Shirley Cohen** on welcoming a great-granddaughter, **Malka**, born in October, through their granddaughter, **Tamar Chaya**, and her husband, **Binyomin Stolz** of Chicago. Tamar Chaya is the daughter of their son and his wife, **Jeffrey** and **Helena Cohen**, in Chicago.

Mark and Colleen Shere on the engagement of their daughter, Mira (below), to Yoni Schreiber from Denver.



Pam and Lev Rothenberg on welcoming a granddaughter, Brynn Michelle Rothenberg (see Mazel Tovs, page IN 6)

MAZEL TOVS

(continued from page IN 5)

(below), on November 17, 2020. She is the third daughter of their son and daughterin-law, **Steven** and **JoAnna Rothenberg**, of Nazareth, Pa. Older sisters are **Hadley Rae**, 6, and **Nora Ann**, 4. Maternal grandparents are **Laurel Hecht** of Pen Argyl, Pa., and **Joe** and **Cheryl Short** of Charlotte, N.C. Great grandparents are **Jerry Greenberg** of Indianapolis and **Jill** and **Bob John** of Fort Mill, S.C., **Bill** and **Rita Isaacson** and **Richard Short** of Charlotte, N.C. Steven is an Account Executive with Hormel Foods and JoAnna is a stay at home mom.



**Rabbi Lev** and **Sheina Cunin** of Chabad Jewish Center in Bloomington, Ind., on the birth of their daughter, **Chaya Esther** (above, right), on Nov. 18, 2020. Materal grandparents are **Rabbi Yehoshua** and **Z'lata Chincholker** of Bloomington and Rabbi Cunin's family is from Los Angeles.

**Benzion** and **Malka Cohen**, of Kfar Chabad, Israel on welcoming a greatgrandaughter, **Sarah Feiga** (below, right), on Nov. 28, through their granddaughter, **Esti** and her husband, **Mendie Zanu**. Esti is the daughter of their daughter and son-in-law **Chani** and **Yehuda Kaplan**.



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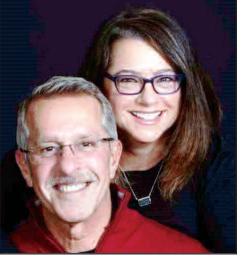
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Sonja Kantor and Henry Efroymson (below, then and now) on their 30th wedding anniversary. **Rabbi Jonathan Stein** officiated on Dec. 1, 1990. Both wedding and reception were held at IHC.







### A Chanukah Story Online



The Phoenix Theatre, in partnership with the Indianapolis–Marion County Public Library, has engaged Adrienne Reiswerg, longtime area actor, for its

Season's Readings project. Performers are filmed reading library books, and the videos are available free on the IMCPL's website during the holiday season. Adrienne will be reading *Hanukkah Haiku* 



reading *Hanukkah Haiku* A. Reiswerg by Harriet Ziefert, with paintings by Karla

(see Reiswerg, page IN 7)

**Jeffrey Cohen** on joining Engel & Volkers: He's starting the Residential Real Estate Team at the new European boutique brokerage. Cohen is former Encore Sotheby's International Realty co-founder and current editor-in-chief of *Sophisticated Living* magazine. Engel & Völkers established its Indianapolis real estate shop in late 2019, and is a preeminent luxury brand in Europe, operateing 800 shops in 34 countries on five continents.

**Ellen J. (Rosen)** and **Richard Edward Shevitz** (below) who's guests, on Dec. 1, 1990, had a panoramic view of Manhattan from the 50th floor of the Equitable Tower for the ceremony and celebration of their wedding. **‡** 



# of Chanukah

On the first night of *Hanukkah* my true love gave to me: Lox, bagels and some cream cheese.

On the second night of Chanukah, my true love gave to me: 2 kosher pickles, and lox, bagels and some cream cheese.

On the third night of Chanukah, my true love gave to me: 3 pounds of corned beef, 2 kosher pickles,

and lox, bagels and some cream cheese.

On the fourth night of Chanukah, my true love gave to me: 4 potato latkes, 3 pounds of corned beef, 2 *kosher* pickles, and lox, bagels and some cream cheese.

On the fifth night of Chanukah, my true love gave to me: 5 bowls of chicken soup! 4 potato latkes, 3 pounds of corned beef, 2 kosher pickles, and lox, bagels and some cream cheese.

On the sixth night of Chanukah, my true love gave to me: 6 pickled herrings, 5 bowls of chicken soup!

4 potato latkes,

- 3 pounds of corned beef,
- 2 kosher pickles,
- and lox, bagels and some cream cheese.

On the seventh night of Chanukah, my true love gave to me: 7 noodle kugels, 6 pickled herrings, 5 bowls of chicken soup! 4 potato latkes,

- 3 pounds of corned beef,
- 2 kosher pickles,
- and lox, bagels and some cream cheese.

On the eighth night of Chanukah,

my true love gave to me: 8 Alka-Seltzer, 7 noodle kugels, 6 pickled herrings, 5 bowls of chicken soup! 4 potato latkes, 3 pounds of corned beef, 2 kosher pickles, and lox, bagels and some cream cheese.





# The Eight Nights | Hoosier to Serve Biden in the White House

Indianapolis native, Ronald Klain, has been selected by President-elect Joe Biden to serve as his White House Chief of Staff. Klain is a 1979 graduate of North Central High School and a member of Congregation Beth-El Zedeck. On October 22, 2017, Klain (below center, with his family) was in Indianapolis to be inducted into the Indiana Jewish Historical Society's Hoosier Jewish Legends. Hoosier Jewish Legends recognizes Hoosiers who have made a significant and lasting impact to their profession, community, and the fabric of our cultural heritage in Indiana.



Klain previously served as Chief of Staff to Vice President Al Gore during the Clinton administration and Biden during his tenure as President Barack Obama's vice president. Klain brings unique expertise to this moment defined by the ongoing coronavirus crisis. The Democratic operative was appointed by then-President Barack Obama to lead the response to the Ebola crisis in 2014. Klain's experience

BENZION

(continued from page IN 4)

not need a cast. They kept him overnight in the hospital to make sure he was all right. Mushka gave him a banana to eat and he made a nice blessing before he ate it.

The lady in the next bed was very impressed. She said that the beautiful blessing he made will surely bring him a big blessing and he will recover completely! Mushka asked her if she was Jewish. She said yes and Mushka gave her a menorah for Chanukah and a box of candles. The lady was very moved. She thanked Mushka and said that she now feels much better.

December 10th in the evening we light the first candle of Chanukah. If you need a menorah or candles, get in touch with your local Chabad house and they will supply them. On Friday be careful to light the menorah before sunset. We wish all of you a Happy Chanukah!

Rabbi Benzion Cohen lives in K'far Chabad, Israel. He can be reached by email at bzioncohen770@gmail.com. 🌣



### Reiswerg

Gudeon. The book has been curated by the Library and was a National Jewish Book Awards finalist. The Jewish Book Council says it is, "exquisitely illustrated, captures the joy and excitement of Hanukkah in the colorful dancing Chagall-like figures of the family who are lighting the Hanukkah candles." The video will be available on the Library website beginning Dec. 11, the first day of Hanukkah. 🏟



leading the Obama administration's response to that public health threat is seen as an asset. Biden said Klain's experience and ability to work with people all across the political spectrum was what he was looking for in his White House Chief of Staff. 🏘

# **Meridian Hills North APARTMENTS** 251-1900 Located at 64th and Hoover Rd. Happy Chanukah from the Mordoh Family & the Staff

<sup>(</sup>continued from page IN 6)



BY SYBIL KAPLAN

# **Try Something** New – Quinoa

Quinoa (keen-wah) is a plant whose seed is eaten like a grain, like wheat, originally from the Andean region of South America. However, it is not a true grain. Quinoa contains higher amounts of protein compared to true grains, and it does not contain any gluten. People take quinoa by mouth for high levels of blood fats called triglycerides and cholesterol, pain, urinary tract infections, and weight loss.

In foods, quinoa is used to make flour, soups, and beer. Quinoa is also used in foods to replace grains like wheat for people who need to avoid gluten, like those with celiac disease. Eating quinoa might make people feel fuller than wheat or rice and it might also decrease post-meal levels of blood fats called triglycerides compared to eating bread. Here are some recipes you might like to try, particularly if you need to eat gluten free or have celiac.

### **Basic Quinoa**

(3 *cups*) 2 cups water 1 cup quinoa

Place quinoa and water in a saucepan. When all the grains turn white, bring to a boil. Cover and cook until all the water is absorbed (about 15 minutes).

### Quinoa Tabbouleh

(4 servings) This is from a magazine which says it is the recipe of the Rancho la Puerta spa in Tecate, Mexico.

2 Tbsp. olive oil 2 Tbsp. fresh lemon juice 2 Tbsp. chopped Italian parsley 1 minced garlic clove salt and pepper to taste 1 cup water 1/2 cup rinsed quinoa 1/2 cup chopped cucumber 1/2 cup chopped tomatoes 1/4 cup chopped fresh mint 1/2 cup chopped parsley 8 lettuce leaves

Whisk oil, lemon juice and 2 Tbsp. parsley in a bowl with garlic, salt and pepper. In a saucepan, bring 1 cup water to boil. Add quinoa, cover, reduce heat and cook until water is absorbed, about 13 minutes. Transfer to bowl and cool. Add cucumber, tomato, mint and 1/2 cup parsley. Pour dressing on and toss to coat. To serve, arrange 2 lettuce leaves on each of 4 plates. Spoon quinoa tabbouleh on top and serve.

### Lemony Quinoa Salad (4 servings) This recipe came from California Chef Jeremy Fox from a Food & Wine article on America's Best Vegetarian Cooking.

8 large red radishes 1 small black radish 1 peeled medium carrot 1 cored medium fennel bulb 1 cup quinoa 2-1/2 cups water finely grated zest of 2 lemons juice of 1 lemon 2 Tbsp. vegetable oil salt and pepper to taste

Using a mandolin grater, thinly slice radishes, carrot and fennel and transfer to a bowl of ice water. Refrigerate about 1 hour until crisp. In a saucepan, bring quinoa and water to a boil. Cover and cook over low heat until water is absorbed, about 20 minutes. Let cool. Drain and dry vegetables. Combine lemon zest and lemon juice with oil in a bowl. Add quinoa and toss. Season with salt and pepper. To serve, place quinoa in salad bowls and top with vegetables.

### **Crispy Quinoa Sliders**

(12 sliders)

*This recipe is from* Food & Wine *by Chef* Kay Chun.

2/3 cup quinoa

2/3 cup water

2 (1-inch) slices whole wheat bread, crusts removed, bread cubed



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# **The Night Before** Chanukah

"Iwas the night before Hanukkah, *boychicks* and *maidels* Not a sound could be heard,

not even the dreidels.

The Menorah was set on the chimney, alight In the kitchen Bubbe hut gechapt a bissel bite. Salami, pastrami, und a glessala tay And *zayerah* pickles with bagels, *oy vay*! Gezunt and geschmack, the kinderlech felt While dreaming of *tagelach* and Chanukah gelt.

The clock on the mantlepiece away was tickin'

And *Bubbe* was serving a *schtickala* chicken. A *tumult* arose like a thousand *brauches*, Santa had fallen and broken his tuches. I put on my slippers, eins, tsvay, drei, While Bubbe was now

on the herring and rye.

I grabbed for my bathrobe and buttoned my gotkes

While *Bubbe* was busy

devouring the latkes.

(see Chanukah, page IN 9)



1 cup coarsely grated zucchini 1/2 cup grated Parmesan cheese 1/4 cup chopped chives 3 minced garlic cloves salt and pepper to taste 4 Tbsp. vegetable oil

In a saucepan, cook the quinoa in boiling water until just tender about 10 minutes. Drain and spread on a baking sheet to cool. Pulse bread in a food processor until coarse crumbs (about 1 cup). Whisk eggs in a bowl. Squeeze liquid from zucchini and add to eggs. Stir in cheese, chives, garlic, salt and pepper. Add quinoa and bread crumbs. Let stand 10 minutes. Scoop 12 mounds of mixture to form 1/2-inch thick patties. Heat one Tbsp. oil in a frying pan. Add 6 patties and cook about 3 minutes until golden on the bottom. Add one Tbsp. oil, flip patties and cook for 3 minutes until crisp. Repeat with remaining 6 patties. Serve with buns, lettuce, tomatoes, onions and pickles.

Sybil Kaplan is a journalist, author, compiler/contributor/editor of 9 kosher cookbooks (working on a 10th) and food writer for North American Jewish publications. She lives in Jerusalem where she has led weekly walks of the Jewish food market, Machaneh Yehudah, in English since 2009. She wrote the kosher Jerusalem restaurant features for Janglo.net, the oldest, largest website for English speakers from 2014–2020. 🌣

### Сналикан

(continued from page IN 8)

To the window I ran and to my surprise A little red yarmulka greeted my eyes. When he got to the door and saw the Menorah, "Yiddishe kinder," he said, "Oy, Kenehora." I thought I was in a goyisha hoise, But as long as I'm here, I'll leave a few toys." With much gesshray, I asked, "Du bist a Yid?" "Avada, mein numen ist Schloimey Claus, kid." "Come into the kitchen, I'll get you a dish, A guppell and a schtickala fish." With smacks of delight, he started his *fressen*, Chopped liver, knaidlach and kreplah gegessen. Along with his meal, he had a few schnapps, When it came to eating, this boy was the tops. He asked for some knishes with pepper and salt, But they were so hot, he yelled "Oy Gevalt." Unbuttoning his haizen, he rose from the *tisch*, And said, "Your Kosher essen is simply delish." As he went to the door, he said "I'll see you later, I'll be back next *Pesach*, in time for the Seder." More rapid than eagles his prancers they came, As he whistled and shouted and called them by name: "Now Izzy, now Morris, now Yitzak, now Sammy, Now Irving and Maxie, and Moishe and Mannie." He gave a gesshray as he drove out of sight: "Chag Sameach to all, and to all a good night." Happy Chanukah!!!! 🌣





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begins this year at sundown on December 10, at which time we begin lighting the candles of our *Chanukah menorah* (or *chanukkiah, in Hebrew*)) for eight consecutive nights. The *shamas* (leader) candle is placed in its

elevated or unique position on the menorah each night and the other candles loaded from the far right to the left in the quantity corresponding to the night (first night-one, second nighttwo, etc.). The *shamas* is lit, the blessings are recited, as stated below, (remember to include the third one – the *Shaheheyanu* prayer – on the first night only), then the other candles are lit in sequence of the new night first in reverse order (left to right). All the candles should be allowed to burn down completely each night and fresh ones placed for each new night.







### The First blessing

בּּרוּף אַתָּה יְיָ, אֶלֹהֵינוּ מֶלֶף הָעוֹלָם, אֲשֶׁר קִדְּשֶׁנוּ בְּמִצְוֹתָיו, וְצִוְּנוּ לְהַדְלִיק נֵר שֶׁל <mark>ח</mark>ֲנֻכָּה.

Baruch ata Adonai elohanu melech ha olam asher kiddishanu b'mitzvotav v'tzivanu l'hadlik ner shel Hanukkah.

Blessed are you, Adonai our G-d, Ruler of the world, who makes us holy through your mitzvot, and commands us to kindle the Hanukkah lights.

The Second Blessing

בְּרוּך אַתָּה יְיָ, אֶלֹהֵינוּ מֶלֶך הָעוֹלָם, שֶׁעֲשָׁה נְסִים לַאֲבוֹתֵינוּ בַּיָּמִים הָהֵם בַּזְמֵן הַזֶּה.

Baruch ata Adonai elohanu melech ha olam, she asa nisim l'avoteinu, bayamim ha-hem, bazman ha zeh.

Blessed are you Adonai our G-d, Ruler of the world, who worked miracles for our ancestors in days long ago at this season.

The Third Blessing -First Night Only

בְּרוּך אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶך הָעוֹלָם, שֶׁהֶחֶיְנוּ, וְקִיְמֶנוּ, וְהִגִּיעֵנוּ לַזְמַן הַזֶּה.

Baruch ata Adonai, elohanu melech ha olam, sheheheyanu, v'kiyimanu, v'higiyanu, lazman ha zeh.

Blessed are you Adonai, Ruler of the world, who has kept us alive and well, and has brought us to this season.

### December 9, 2020 The Jewish Post & Opinion – IN 11

# I Have a Little Dreidel I have a little dreidel

I made it out of clay And when it's dry and ready Then dreidel I shall play!

Chorus: Oh dreidel, dreidel, dreidel I made it out of clay And when it's dry and ready Then dreidel I shall play!

It has a lovely body With legs so short and thin And when my dreidel's tired It drops and then I win! (Chorus) My dreidel's always playful It loves to dance and spin A happy game of dreidel Come play now, let's begin! (Chorus)

### Who Can Retell

Who can retell, the things that befell us, Who can count them? In every age a hero or sage, Came to our aid. Hark! In days of yore in Israel's ancient land, Brave Maccabeus led the faithful band. But now all Israel must as one arise, Redeem itself through deed and sacrifice. Who can retell, the things that befell us, Who can count them? In every age a hero or sage, Came to our aid.

### Sivivon, Sov, Sov, Sov

Sivivon, sov, sov, sov Chanukah, hu chag tov Chanukah, hu chag tov Sivivon, sov, sov, sov!

Chag simcha hu la-am Nes gadol haya sham Nes gadol haya sham Chag simcha hu la-am.

(Translation) Dreidel, spin, spin, spin. Chanukah is a great holiday. It is a celebration for our nation. A great miracle happened there.



### **Maoz Tzur – Transliteration**

Maoz tzur yeshua-si Lecha na-eh li-sha-beyach Tikone bais ti-fee-lasi Vi-sham todah ni-za-beyach Li-ase ta-chin mat-beyach.

Mee-tzar ham-na-beyach Az eg-more vi-sheer meez-mor Chanukahs ha-meez-beyach Az eg-more vi-sheer meez-mor Chanukahs ha-meez-beyach.

Popular English Translation (Rock of Ages)



Rock of ages, let our song Praise Your saving power; You, amid the raging foes, Were our sheltering tower. Furious they assailed us, But Your arm availed us, And Your word, Broke their sword, When our own strength failed us.

(Translation) O Rock of my salvation, with delight we praise You. Restore the Temple where we will bring offerings. When You will eliminate our enemies, Then I shall sing at the rededication.

### Chanukah, Chanukah

Chanukah, Chanukah Chag yafeh kol kach Ohr chaviv, mi-savis Gil li-yeled rach.

Chanukah, Chanukah Sivivon, sov, sov Sov, sov, sov! Sov, sov, sov! Ma nayim vi-tov.

(Translation) Hanukkah is a great holiday. Surrounded with lovely light. Fun for little children. Dreidel, spin, spin, spin. How wonderful!

### Chanukah, Oh Chanukah

Chanukah, oh Chanukah, come light the Menorah Let's have a party, we'll all dance the hora Gather round the table, we'll all have a treat Sivivon to play with, and latkes to eat.



One for each night, they shed a sweet light to remind us of days long ago. One for each night, they shed a sweet light to remind us of days long ago.

### **Light One Candle**

By Peter Yarrow

Light one candle for the Maccabee children With thanks that their light didn't die Light one candle for the pain they endured When their right to exist was denied Light one candle for the terrible sacrifice Justice and freedom demand But light one candle for the wisdom to know When the peacemaker's time is at hand

Chorus: Don't let the light go out! It's lasted for so many years! Don't let the light go out! Let it shine through our love and our tears.

Light one candle for the strength that we need To never become our own foe And light one candle for those who are suffering Pain we learned so long ago Light one candle for all we believe in That anger not tear us apart And light one candle to find us together With peace as the song in our hearts

### (chorus)

What is the memory that's valued so highly That we keep it alive in that flame? What's the commitment to those who have died That we cry out they've not died in vain? We have come this far always believing That justice would somehow prevail This is the burden, this is the promise This is why we will not fail!

> (chorus) Don't let the light go out! Don't let the light go out! Don't let the light go out.





# Hooverwood Living to Begin Hospice Services

Hooverwood Living announced their partnership with Senior Options, LLC. to launch Hospice in 2021. Hospice services will expand Hooverwood Living's care continuum and will offer a new way to assist not only the residents of Hooverwood Living but also older adults within the greater Indianapolis area.

"I am honored to serve as Board Chair of Hooverwood Living and know our expansion of services to include hospice will benefit our residents and the community. While the Jewish component of hospice will provide comfort to our Jewish patients and families, our service will also be inclusive of any religious faith. I am so glad the Board supported this initiative so our patients and families receive the best quality care through the end of life." stated Stacy Segal, Board President of Hooverwood Living.

Hooverwood Living will be partnering with Senior Options, LLC., a nationally recognized organization, headquartered in Virginia Beach, Va., that brings experience and expertise to assist in bringing Home and Community Based Services to not-forprofit, LeadingAge member organizations. They will guide Hooverwood Living Hospice care to focus on the whole person, to provide not only medical care but also spiritual and emotional support for patients and their caregivers. "Senior Options is proud to begin a partnership with Hooverwood Living to bring hospice services to the greater Indianapolis area. Evan Lubline, CEO, and the Hooverwood board have embraced the concept of hospice and understand the importance of compassionate end-of-life care for the people they serve." adds, Nancy King, President of Senior Options, LLC.

Murray I. Firestone, PhD. said, "During my tenure as immediate past Board President at Hooverwood Living, the principal initiative was to grow Hooverwoods's service lines and to rebrand the enterprise to reflect our evolution from a skilled nursing facility to a care continuum. Hospice care is an important pillar of that initiative and allows Hooverwood Living to provide continuity of care through a patient's lifespan. At no level of care more than hospice is it so important to address the needs of both the patient and their family members. As an agency of the Jewish Federation of Greater Indianapolis, and with their support we are delighted to be (see Hoverwood, page IN 15)



Pictured is local artist and OMA facilitator, Kira Shemesh (R) and Hooverwood Living resident Anne Laiken. Opening Minds through Art (OMA) is an award-winning, evidence-based, intergenerational artmaking program for people with Alzheimer's disease and other forms of neurocognitive disorders. Its failure-free program provides opportunities for creative self-expression and social engagement for people with dementia. Make sure you "like" the Hooverwood Living Facebook profile for upcoming information about our first virtual art show on December 16th. They will be featuring residents who have been participating in the OMA art program.

# Happy Hanukkah



We wish you good health, peace and prosperity today and always.

May love and light fill your heart and home at Hanukkah and in the coming year.

### December 9, 2020 The Jewish Post & Opinion – IN 13

# Obituaries

We send our deepest condolences to all family members and friends on the loss of your loved ones. May they forever be of blessed memory and may the Holy One of Israel send strength and comfort to all who are mouring the loss of:

Hebert M. Olshever, 87, of Indianapolis passed away Oct. 9, 2020. He was born in Brooklyn to the late Samuel and Rae (Solomon) Olshever on Jan. 2, 1933. Herb proudly served in the United States Air Force. He earned his Bachelor's degree in Political Science from Brooklyn College and went on to earn a Master's degree in Management from Columbia University.

Herb's career spanned many years and many different companies. He worked as a Division Manager for Abraham & Strauss for 15 years, spent four years as Vice President and General Merchandise Manager of home furnishings and fashion accessories at William H. Block Co., he owned and operated Guttman Furniture in Connersville for seven years and in later years operated Herbie's Bagels. Herb was a proud member of Congregation Beth-El Zedeck.

He is survived by his beloved family: daughter, Tracy (Dan) Prairie of Colorado, his former wife, and his adored grandchildren, Nina and Scott Olshever and Sydney and Benjamin Prairie. Tracy remembers her father as a "loyal, loving, caring and kind man."

Graveside services were held privately at Congregation Beth-El Zedeck North Cemetery.

Meghan Rose Schwab,

**21**, passed away Oct. 11. 2020. Beloved daughter, mother, fiancé, and friend was taken from the world much too soon. She was born Sept. 18, 1999.



She was a graduate of the Hasten Hebrew Academy, and North Central High School. She volunteered and worked for the Indianapolis Humane Society and was a member of Congregation Shaarey Tefilla. Meghan was loving and nurturing to dogs and people. Her mother fondly recalls Meghan bringing home "dogs and friends" that needed a place to stay.

She is survived by her mother, Susan Rose Prince Schwab; her fiancé, Michael Beasley, Jr.; her daughter, Amoni, and numerous extended family members and friends. She will be deeply and forever missed.

Graveside services were held privately on October 15th in Ohev Zedeck Cemetery. Memorial contributions may be made to Indianapolis Humane Society, www.indyhumane.org. Arrangements entrusted to Aaron-Ruben-Nelson Mortuary.

Douglas Alan Perry, 65, passed away October 13, 2020. Beloved son, brother, uncle and friend, Doug was born on July 6, 1955 to Bernard and Mildred Perry. He was a 1973 graduate of North Central High School. Doug was a longtime member of Congregation Beth-El Zedeck where he became a Bar Mitzvah and a Confirmand.

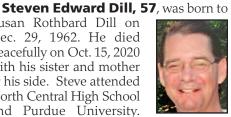
He was a loyal and dedicated employee, working for 20 years at his family's business, Perry's Luggage and Gifts. Later he worked for Marshalls at the Carmel location for 13 years. Doug will be remembered for his sweet and caring nature. He always thought of others and was a reliable and thoughtful man.

He is survived by his mother, Mildred Brenner Perry; sisters, Stephanie (Tim) Luekens and Bette (Martin) Gabel; nephew, Craig Luekens and great niece and nephews, Charlotte, Julian and Eli Luekens.

Graveside services were private on October 16th in Beth-El Zedeck North Cemetery. Memorial contributions may be made to a favorite charity of the donor. Arrangements entrusted to Aaron-Ruben-Nelson Mortuary.



Susan Rothbard Dill on Dec. 29, 1962. He died peacefully on Oct. 15, 2020 with his sister and mother at his side. Steve attended North Central High School and Purdue University.



He was employed with Centerplate as a catering manager. He had a remarkable work ethic and loved interacting with people. Every Christmas Eve he was the bartender at Café Santa Fe for "Christmas Eve with Steve" where he shared drinks, laughter and his incredibly quick wit with people from near and far.

Most of all he loved his family and friends. Steve was a true people person. His daughter Hannah was his ultimate joy. He was a dedicated and loving father. His loyalty was boundless to his numerous friends, many of whom he had known since grade school. He was always there for his mother and sister with a smile, hug or whatever was needed.

He is survived by his mother, Susan Dill, his sister, Karen Dill Siegel, his daughter Hannah Dill and his nieces, Katelyn and Morgan Siegel and his nephew Blake Siegel.

Graveside services were held at IHC North Cemeter. In lieu of flowers donations may be made to the Goldman Union Camp Scholarship Fund, 9349 Moore Rd., Zionsville, Indiana 46077.

### Frieda Paris Sanders, 95, passed

away peacefully in her sleep on October 17, 2020. Born on Dec. 28, 1924 into loving family that а included her parents, Esther and Morris Paris, and siblings Anne, Amelia,



Sylvia and Hal, she was the baby of the girls and the self-appointed favorite child.

Growing up in Brooklyn, the family frequently took advantage of the city by going to Broadway musicals, and seeing up-and-comers such as Frank Sinatra and the Lee Sisters. Inspired by their love of show tunes, Annie, Sylvia and Frieda created their own singing trio, which baby brother, Hal, promptly nicknamed the "Other Lee Sisters" – as in home-lee, ug-lee and ghast-lee. This moniker never failed to make them riotously giggle even in their advanced ages. While close to all of her siblings, their spouses and children, Frieda considered her sister Sylvia as her life-long dearest friend.

Frieda married the love of her life, Fred Sanders, and moved to Bloomington, Ind., where Fred attended school. Frieda and Fred developed their love for basketball and remained loyal IU fans and advocates of the Jacobs School of Music because of (see Obituaries, page IN 14)

### **O**BITUARIES

(continued from page IN 13)

their happy years on campus. After a postgraduation move to upstate NewYork for Fred's research position at Lederle Laboratories, the couple moved to Galveston, Texas, so Fred could continue his education. Once he completed his MD/PhD (in a record three years), the family moved north to Indianapolis which remained their beloved home until their deaths.

Frieda contributed much working to support Fred and the family so he could pursue his professional education. In the early days of his medical practice, she also worked as his office manager and bookkeeper, a role she stayed in until Fred's retirement. But, most of all, as a woman of her generation, she cherished with great pride her roles as head of the house and mother most of all.

Frieda was a happy, sweet and fun-loving person who did not know a stranger. She loved talking on the phone for hours, bowling with her girlfriends, singing in her temple's choir, and doing needle work (which won her Best of Show ribbons at the Indiana State Fair three years in a row). Even in her 80s, she knitted beanie caps and blankets for the babies at Riley Hospital for Children. A true city girl, she did not learn to drive a car until she was almost 40 or ride a bike, preferring to use an adult sized tricycle with a large basket on its front for exercise. The most rebellious thing she did was refuse to eat Fred's homemade vinaigrette, preferring her bottled Wishbone in its place. She loved cooking and baking - especially Fred's favorite veal schnitzel, potato pancakes and maple pecan chiffon cake. Her grandchildren, now all adults, remember "Grandma" for her homemade milkshakes, English muffin pizzas, scooped out toasted bagels, knit caps and sweaters but mostly for the cozy book reading sessions and the love and arm tickles she showered on each of them.

In the eyes of her children, Frieda most impressed them with her remarkable strength, resilience and pure grit after Fred's death in their 63rd year of marriage when she moved into Marquette Manor at age 86 and started her life anew. It was there that she made some of her most important friends – residents and staff alike. She loved them all as if she had known them her entire life.

She likened living in her independent living apartment to being in a freshman dorm... "minus the sex and drugs" she'd say with a twinkle. She thrived there, making the most of her post-Fred life.

Frieda is survived by her children: Susan Sanders of Los Angeles, Martha Sanders Hoover (John Hoover) and George Sanders (Dana Sanders), both of Indianapolis; grandchildren Sarah Hoover (Tom Sachs) of New York, Rachael Hoover (Denis Lekiç) of Indianapolis, Jordan Sanders (Jessica Brodey) of Chicago, David Hoover of Los Angeles, Benjamin Sanders of Denver, and Rebecca Sanders of New York, and two great grandchildren, Guy Louis Armstrong Sachs and Fifi Bowen Lekic.

The Sanders-Hoover families would like to thank Frieda's compassionate care givers Gloria Heck, Judy Parrish and Bethlehem Temam; Carrie McColly of AseraCare Hospice Care and the entire staff at Marquette Manor who made Frieda feel at home the minute she stepped in the door.

Funeral services were private due to Covid-19. Memorial contributions may be made in her name to The Patachou Foundation, an organization that Frieda supported by donating her winnings from her penny-ante card games. www.the patachoufoundation.org.

### Joseph (Yossi) Cohen, 78, passed

away due to cancer with his family by his side in his home in Carmel, Ind., on Oct. 18, 2020. He never stopped teaching. With gentle humor and patient encouragement, he shared



his love of the Hebrew language, culture, and music of Israel, delighting countless high school students and adult learners with lessons, stories, legendary *falafel*, and his trademark phrase "*Shalom* to all of us" – *shalom*, meaning hello, goodbye, and peace.

Before emigrating to the U.S. in 1980, Yossi served as a paratrooper in the Israeli army, where he was wounded in Jerusalem in the Six-Day War. A student of geography in addition to languages, he was part of a team that helped draw the border between Israel and neighboring Jordan as a teenager using a map, a sextant, and a gun that he did not yet know how to use. But he found his true purpose and passion when meeting his wife Hanna, who was a young educator at the time at Ben Gurion University in Be'er Sheva.

Fifty-four years of devoted marriage followed, including adventures and stories with three children Yaneav (Michele), Eafat (Adam), and Raneat (Jaume) and eight adored and adoring grandchildren. His family was his true north, leading to epic cross-country car trips and overseas adventures. After a lifetime of rich memories exploring the world he loved with the people he loved, he knew only contentment. Hanna and the whole family celebrate Yossi's life and wish his many students, friends, and others who learned so much from his kind, wise example:

Shalom to all of us.

Due to COVID-19, a private graveside service was held in Scottsdale, Ariz., with a celebration of his life to be held at a later date in Indianapolis.

In lieu of flowers, memorial contributions may be made to https://birthright israel.foundation. Local arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**.

### Janet (Esterline) Yosha, 81, passed

peacefully in her home surrounded by her loving family on Oct. 24, 2020. She was born in Detroit, Michigan, on June 9, 1939, to Dorothy and Jim Esterline. She graduated



from Shortridge High School and Indiana University Bloomington. Jan became a member of Pi Beta Phi where she served in many capacities. She loved her years in the sorority and maintained loving, close friendships with her dear Pi Phi sisters throughout her life.

Jan was an elementary school teacher for several years after college. As an entrepreneur, she and her friend Susan created Mitchell and Yosha Interiors. Jan had an innate flair for "what worked" and a sense of elegant style and beauty. Foremost in Jan's life was her family, and she filled the role of matriarch perfectly with her love, compassion, humor, joy, patience, enthusiasm, and fun. If any family member was performing on stage, playing on the court or in the field, receiving an award, or being honored for an accomplishment, there was no question of her attending and being an enthusiastic fan and solid supporter.

Friends were such an integral part of Jan's life. She was, simply, a joy to be near, and she offered to all the same qualities she shared with family. People gravitated to her because of her wit, her sparkling contribution to a conversation, and genuine interest in what others had to say. Jan was often the first one to reach out, without hesitation, to offer her time and talent when a friend was in need. She lifted others' spirits and encouraged them to conquer when they feared failure or wanted to quit. Jan was selfless, kindhearted, and generous to a fault. On the other hand, she was no pushover. She was a determined defender and dauntless supporter of friend or family if she thought her advocacy was necessary.

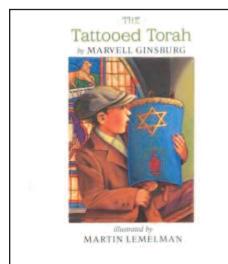
Cooking, exercising, and traveling were among her many passions. Jan was an early morning riser and enjoyed preparing delicious meals that time of day. She loved hosting family in her home and would start days in advance to create a wonderful feast always making sure to include various favorite dishes that she knew her (see Obituaries, page IN 17)

# The Tattooed Torah

I recently saw this wonderful animated movie called The Tattooed Torah. Based on a book of the same title, the story tells of the Holocaust in a way that is palatable for young children. Below is the description from the movie's website. J.C.

Year: 2019; Length: 21 minutes; country: USA (Spanish version available); Director: Marc Bennett; Genre: Animation Short

Over the last three decades, the beloved children's book by Marvell Ginsburg, *The Tattooed Torah*, has been a powerful resource for Holocaust education. The book recounts the true story of the rescue and restoration of a small *Torah* from Brno, Czechoslovakia, and teaches the Holocaust not only as a period of destruction but also as an opportunity for redemption. Marvell was the director of Early Childhood Education for the Board of Jewish Education in Chicago for many years, and is the author of numerous books and articles.



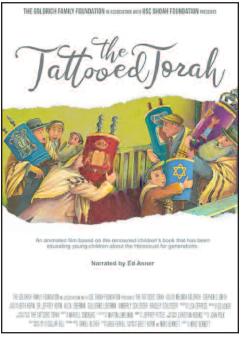
The adaptation of *The Tattooed Torah* into an animated short film is a three-generational endeavor, initiated by Marvell's daughter, Beth Kopin, who first had the dream to transform this book into a film, and is one of the executive producers. Beth's son Brett, the co-screenwriter, is currently a rabbinical student in Los Angeles.

The film brings illustrator Martin Lemelman's rich artwork to life, and will allow this story to reach a much broader audience all over the world. Now more than ever, it is essential to continue teaching the lessons of the Holocaust to young children in an impactful and palatable way, so that such horrific events are never forgotten and never repeated.

The film is presented by The Goldrich Family Foundation in association with USC Shoah Foundation, executive producers Melinda Goldrich and Stephen Smith, produced by Lisa Effress of 11 Dollar Bill,



A scene from the animated movie The Tattooed Torah.



animated by Jeffrey Pittle and Christian Robins, with original score by Daniel Alcheh and recorded by The Bow Tie Orchestra and Choir of Moscow, co-written by Brett Kopin and Marc Bennett, story by Greg Ferkel, directed by Marc Bennett, and narrated by Ed Asner. The Spanish version is narrated by Fernando Allende, and the voice of the little boy is by Adán Allende.

thetattooedtorah.com 🏟



**Hooverwood** (continued from page IN 12)

launching Jewish hospice care."

"Hooverwood Living is becoming the central address for all of your Healthcare needs, through care navigation, nursing home care, memory care services, assisted living and we are now able to offer hospice at the most meaningful time of someone's life within the walls of Hooverwood and outside the walls to the greater community."said Evan Lubline, Chief Executive Officer of Hooverwood Living.

Hooverwood Living is nestled in a beautiful 40-acre campus. Since 1902, Hooverwood has served the elderly with dignity, respect, and the highest standards of care. Hooverwood is committed to building the premier continuum of care for all adults in the Indianapolis area.  $\clubsuit$ 



# The Jewish Calendar During COVID

### By Rose Kleiner

With daily lives confined indefinitely to our homes, the Jewish calendar's contents can offer us an antidote to the gloom of COVID. By listing candle lighting times for *Shabbat* and holidays, and weekly *Torah* readings, the calendar can help us raise the celebration of *Shabbat*, of the start of each Hebrew month and of the holidays to a higher level. Getting involved in the preparation for those festive days, we may find dealing with the pandemic is much more bearable.

When did Jewish calendars appear in North America? There were none available until the 1930s. That is when *kosher* food businesses began to give them out, for free, to advertise their products. Eventually leading publishers took over, creating beautiful calendars, some of which have become true classics.

Take the Jewish calendar for the New Year 5781, which runs to the end of 2021. Besides its beautiful illustrations, its contents listed for every month of the year offer intellectual as well as esthetic stimulation.

The Jewish calendar's presence in our home makes a statement that we are so much more than the job we hold, and more than our possessions or our past achievements. It takes us back to our roots to explore who we are and where we come from adding new meaning to our daily lives.

Among this year's calendars is the lovely *Jewish Museum Calendar* (Pomegranate publishers), for the wall. It features works from the Jewish Museum in New York and has illustrations of extraordinary works of art. Touching on different aspects of Jewish culture, the illustrations speak about the Jewish experience over different centuries and in different countries.

The power of art to inform and inspire is evident in the images of the paintings, prints, sculptures and ceremonial objects which are displayed in this Jewish Museum calendar, and reflect the superb





collection of the museum's holdings.

Among the illustrations which grace this fine calendar are the iconic works of Moritz Daniel Oppenheim (Das Purim Fest, 1873, German), Isidor Kauffman (Friday Evening, c. 1920, Austrian), and Solomon Joseph Solomon (High Tea In the *Sukkah*, 1906, British).

Other illustrations feature paintings by such renowned modern artists as Samuel Bak (From Aleph to Tav, 1978, Israel), and Adolph Gottlieb (Annalee and Barnett on the Beach, c. 1935, American).

Among the diverse images is a historic photograph of Brooklyn's famous deli shop, Kishke King, by Jay Jaffee (1953, American). Located on a corner of a building in Brooklyn's Brownsville, its brick walls are plastered with signs of the historic prices of that era (large hamburger – 13 cents; drinks – 5 cents; watermelon – 10 cents). A moving image of the early 20th century is the photo titled, *Steerage* (1907, American), by Alfred Stieglitz.

For youngsters, from 9 to 90, *My Very Own Jewish Calendar* (Kar-Ben Publishing) is back again this year with content that is fun, relevant and educational. It shows us the rich content of Jewish life both past and present, and throughout the Jewish communities in different parts of the globe.

Suggested activities, projects, and simple recipes connected to the different holidays on the calendar will keep youngsters busy throughout the year, and especially during these days of the pandemic.

As if anticipating a difficult year, the editors of this calendar list an assortment of celebrations to lift our spirits. One entry is called Dance the Night Away, on *Simchat Torah*. This is how certain Jewish communities, among them *Chabad*, celebrate the conclusion of the *Torah*-reading cycle – by dancing the night away until morning.

We learn that Israel has established the first blind theatre company in the world. Na Laga'at (Please Touch) was opened in Jaffa in 2002 to give blind-deaf individuals access to the theatre arts. The troupe has 80 actors, who have given 200 performances in 10 countries.

In another calendar entry we are taken to Cochin, India, where the *menorah* on *Chanukah* has been lit for centuries, not with olive oil but with coconut oil. The reason – when the Jews first settled in Cochin in the 12th century, there was no olive oil available. So the coconut oil tradition has endured.

Another challenge to tradition in this calendar for *Chanukah* is the very simple, attractive pear butter recipe presented to replace the apple sauce for latkes.

Another entry on the diversity of Jewish life, this time regarding the Girl Scout movement, takes us to the Baltimore Jewish community. This is where in 2015, the *Ner Tamid Shomer Shabbos* Girl Scout troops was established for grades K–12.

The troops never meet on *Shabbat*, and they incorporate Jewish values in their activities, enjoying camping, hiking and craft0s.

For youngsters in Israel the year 2017 brought the good news that basic dental care, up to age 15, would be free.



When it comes to enjoying the outdoors, Israelis are blessed with many opportunities to go hiking or trekking throughout many parts of the country. They have a choice of over 40 national parks or can cross the country by following the Israel National Trail. It stretches from *Kibbutz Dan* in the far north of the country all the way to Eilat on the southern tip of Israel on the Gulf of Aqaba.

With Bollywood movies becoming so popular, it is worth noting that Jews played a major role in the Indian film industry, in its early days. One of its first stars, *Sulochana*, was named Ruby Myers when she was born in 1928, to a Bagdadi Jewish family. Becoming the highest paid star of Indian cinema, she earned more than the governor of Bombay.

These calendars run to the end of 2021, and certainly deserve a place in the Jewish home, especially during this period of lock-down. Travel and adventure, on a much smaller scale, are still possible at present. With the inspiration of the Jewish calendar we can get a glimpse of those places, and worlds, that are distant from us now, and we can dream of visiting them after COVID.

### **O**BITUARIES

(continued from page IN 14)

guests would enjoy. Because Jan rarely slowed down, regular exercise was another activity that she embraced enthusiastically. She enjoyed pilates, light weightlifting, the treadmill, and riding the stationary bike. For many years she pursued golf, and in true Jan fashion, became very accomplished on the links at Broadmoor Country Club. Her travels were extensive and included many fun destinations in the states and around the world which fueled Jan's adventurous spirit.

Jan's family wishes to thank her caring and loyal friend Jim Swanson and her dedicated oncology team at American Health Network, especially the compassionate staff and nurses Andrea, Chastity, and Ravi, led by Dr. Vasudevamurthy and Rachelle. The guidance and gentleness of Dr. Louis M. Profeta was beyond the call of friendship. The family is also grateful for the nurturing team of angels who cared for Jan at home including Denise, Aretha, Audrey, Deb, Lynn, and Sue Anne.

Jan is survived by her sisters Joan Esterline Lafuze and Mary Esterline McGarvey; daughters Cynthia Yosha-Snyder (Roger) and Laura Yosha; former husband and dear friend Louis Buddy Yosha; grandchildren Olivia Fox (Matthew), Brandon Yosha (Christine), Louis Snyder, Ruthie Snyder, Brandi Yosha, Sally Griswold, Trevor Balladares, and Jeyden Rivera, and a host of nieces, nephews, and cousins.

She was predeceased by her son Brad Yosha, nephew Robert Lafuze, and parents Jim and Dorothy Esterline.

Private services were held on October 28th. In lieu of flowers, please consider a donation to North United Methodist Church (NorthChurchIndy.com), Stop Soldier Suicide (StopSoldierSuicide.org), and Caroline Symmes Cancer Endowment (CarolineSymmes.org).

Friends may send a message of condolence, share a memory of Jan or view the services by visiting her obituary at **www.arnmortuary.com**.

### **Diane L. Goldberg, 77** of Indianapolis, passed away Oct. 26, 2020. Diane was born Jan. 27, 1943 in Indianapolis to the late Harry and Mae Lockman.



Diane, a breast cancer survivor and loving wife, mother, sister, aunt, and friend, worked as a hair stylist, in retail boutiques selling clothing, and co-managed Libby's Delicatessen in the Claypool Court, downtown Indianapolis. Mostly, she worked in specialty advertising with Personal Shoppers Service and Omni-source Marketing.

Diane was well liked by everyone, family, friends, customers, and strangers. She never had a bad word to say about anybody, nor did anyone ever have a bad word to say about her. Diane was well-known as a person with a great smile. She was a member of Hadassah and the City of Hope. Diane was also diagnosed with interstitial lung disease in 2018 and coped with its difficulties ever since.

Graveside services for family and close friends were held October 29th at Indianapolis Hebrew Cemetery North.

Diane is survived by her husband, Arnie; daughters, Amy Goldberg and Lori Goldberg Zimmerman; daughter-in law, Karen Zimmerman; grandchildren, Jonathan and Juliet Ackay; sister, JoAnn (Aaron) Rubin; nieces, Sheryl Rubin (partner, Christine Fedenko); and Jamie Rubin (wife of deceased nephew, Mark).

**Elik Khaimovich Shapiro, 92**, of Indianapolis, passed away Oct. 29, 2020. He was born in Tarashcha, Ukraine on March 11, 1928 to the late Khaim and Nacha Shapiro.

Elik is survived by his wife, Anya; children, Vladimir (Irnia) Shapiro, and Alexander (Olga) Shapiro; grandchildren Elina, Igor, Stanislav (Hannah), Maria, and Svetlana. He was preceded in death by his son, Michael Shapiro. Services were private.

### Maurice Finkel, 97,

of Westfield, Ind., was born in Montréal, Québec. He passed away on Oct. 30, 2020. He was predeceased by: his parents, Benjamin Finkel and Jessie

Finkel; his wife Carol Lee Drevno; and his daughter Sondra. He is survived by: his close friend Pilar Penas Aldrey of Spain. He is also survived by 9 grandchildren and 5 great-grandchildren.

Visitation was held on November 2nd at the Harrison Street Chapel. A funeral service was held on November 3rd at the Indianapolis Hebrew Congregation Cemetery North.

Donations may be made to the Finkel Family Fund, c/o Blue River Community Foundation, 54 W. Broadway St, Shelbyville, IN 46176.

### Herbert (Herb) David Kasle, 93,

loving and devoted husband, father of three, grandfather of five and great grandfather of six, passed away in his sleep on Nov. 6, 2020. Herb was born on April 3, 1927 in

Toledo, Ohio to the late Jacob and Raechel (Neifeld) Kasle.

His father Jacob forged a path to America at the turn of the 20th century to build a home far from the complex unrest for Jewish people in Eastern Europe. With Yiddish as his first language and the chutzpah of an immigrant, he became a successful entrepreneur as a scrap metal recycler (ahead of his time) owning the business Jacob Kasle and Sons where Herb and his brothers would all serve as executives. Later, Yiddish words and phrases could be heard from Herb, though little more than Yinglish that has become part of the American vernacular.

Herb's family moved from Toledo to the Meridian Kessler neighborhood of Indianapolis in 1941. He was active in social clubs as a transfer student to Shortridge High School and a member of the Indianapolis Hebrew Congregation. Herb received his business degree from Indiana University and the University of Missouri. As a businessman, he had a dynamic career with J. Kasle and Sons and later as a realtor.

Herb's greatest joy in life was his family and his 70 year marriage. On Sept. 3, 1950 he married Anita Lois Goldberg, daughter of Myer and Ethel (Margolis) Goldberg, at her family home in New Bedford, Mass. He was never quite as persistent as he was when he repeatedly asked Anita for a date until she said yes and never let his attentiveness to her wane. Herb treated Anita like a queen, all the while remaining selfless, thankless and loyal. They raised three daughters, Marlene (Gary) Cohen, Wendy Truesdell and Nancy Kasle, in Indianapolis. Their marriage was full of adventure including travels across the United States and to Spain, France, Italy, UK, Bermuda, Singapore, Thailand and Japan, filling several passports through the years. Together, Herb and Anita coordinated Alliance Bus Trips traveling to art destinations throughout the Midwest.

His joy and pride were never ending for all the generations of his family. He is survived by his wife and daughters, grandchildren: Lindsay (Mark) Goffman, David (Natalie) Truesdell, Dr. Risa (Tom) Davidson, Jae (Marek) Szeszycki-Truesdell and Raechel Ball; and great-grandchildren: Oliver and Madeline Goffman, Rory and Lilian Truesdell and Mila and Gavin Davidson as well as his elder brother Dr. Myron (Judy) Kasle. He was preceded in death by his parents and siblings Betty, Daniel, Frances, Irene, Madalyn and Sidney.

Herb is greatly missed by Anita and their family and friends. He is remembered and adored for his devotion to his wife and family as his number one priority, as a man who could be counted on, a dynamic character full of humor and the capacity for the full spectrum of emotions and his (see Obituaries, page IN 18)



**O**BITUARIES

(continued from page IN 17)

optimism and good nature – often expressed through rubbing his hands together in anticipation and exclaiming, "ok gang!" His letters and memoirs are also cherished treasures, lovingly signed, "Grandpappy K."

Herb's Hebrew name was Herschel – referring to someone who would outlive his peers – and he certainly did. Arrangements were entrusted to Indiana Funeral Care and interment of ashes will take place at Indianapolis Hebrew Congregation Cemetery North. A graveside service may occur at a later date.

Herb and Anita were civic leaders and very active in the arts community including service to the Indianapolis Hebrew Congregation, Civic Theater, Indianapolis Museum of Art, the Children's Museum of Indianapolis, Butler Ballet, Indianapolis Symphony Orchestra, Eiteljorg Museum, Hadassah, Indianapolis 500, Dance Kaleidoscope, Indianapolis Opera Guild, Carmel Public Libraries and the Beethoven Foundation. Memorial contributions may be made to any of these organizations.

**Jill Bongiorno, 76**, of Hot Springs Village, Ark., passed away Nov. 6, 2020. She was born May 8, 1944 in Chicago, Ill., daughter of Gladys and Leonard Scheyer. Survivors include her loving husband, Joey; her sister, Lynne Feinberg (Jay); her son, Jeffrey Loeser (Cathy); and grandchildren, Madison and Jordan Loeser.

An avid pet lover, Jill always wanted to help any animal in need. People were drawn to her outgoing personality, and she left an impression on those she met. The pride she felt for her family was evident to all who knew her.

A devoted wife, mother, and grandmother, she will be forever missed by her family and many friends. Due to the pandemic, a memorial will be announced at a future date when it is safe to gather.

In lieu of flowers, please consider donating in memory of Jill Bongiorno to the Hot Springs Village Animal Welfare League Inc. P.O. Box 8032, Hot Springs Village, AR 71910-8032 (https://hsvawl.org/) or the charity of your choice. Online condolences can be made at www.cedarvalefuneralhome.com

### Rita Gloria Propper Cohen, 92,

beloved mother, grandmother, great-

grandmother and active member of the Jewish community passed away on Nov. 8, 2020. Rita was born on Feb. 27, 1928 to the late Alfred and Goldie Propper in Chicago, Ill.



She married Norman E. Cohen in 1946 and together they raised their two children, Gary (Kathy) and Roberta (Thomas) who survive. Rita was a member of Congregation Beth-El Zedeck, past president of the Hooverwood Guild and Beth-El Zedeck Sisterhood and longtime volunteer at City Center.

Other survivors include her grandchildren, Andrew (Brooke) Cohen, Alissa (Andrew) Cohen Loewenstein and John Libman; great-grandchildren, Gavin and Leah Cohen and Noah and Ariana Loewenstein.

Graveside funeral services were private, but may be viewed on the **Aaron-Ruben-Nelson Mortuary** website www.arn mortuary.com. Memorial contributions may be made to Hooverwood Guild.

### Charles "Chuck" Cohen, 79, was

born on Sept. 17, 1941 and died on Nov. 7, 2020 after a year-long battle with cancer. He is survived by his wife of 57 years, Karen Jacobson Cohen; their 3 children, Brad (Tina)



Cohen, Amy (Guy) Kaissar, and Danielle (Ron) Bautista; their 10 grandchildren, Ethan and Aaron Cohen, Brant and Sophia Stockamp, Ari (Rachel) Kaissar, Ilan Kaissar, Erez Kaissar, Gil Kaissar, and Blaze and Jet Bautista; and by his sisters, Bev (Butch) Bradley, and Marcia (Hank) Storch. He was preceded in death by his sister, Dolores (Roger) Newman.

Chuck was a longtime Indianapolis resident and attorney at law, an avid golfer, a philanthropist, and a loving husband, father and grandfather. Chuck was born to Julius and Rose Cohen in Greenville, Ky., and was the only son of an only son. He graduated from Greenville High School as salutatorian in 1959, after playing baseball and basketball for the Greenville Blackhawks and playing trumpet in the school band. Chuck attended Indiana University, Bloomington, where he was a member of Sigma Alpha Mu fraternity and made many life-long friends, and where he met Karen to whom he would be married for over 50 years.

In 1963, he completed his undergraduate degree in accounting, and in 1966, he graduated from the Indiana University School of Law. From 1966 to 1968, Chuck served as a captain in the army; during this time, he served in Vietnam as a hospital administrator. After returning from Vietnam, he worked briefly for a law firm in Cleveland before moving to Indianapolis where he co-founded the law firm of Garelick & Cohen. The law firm later became Cohen Garelick & Glazier, of which he served as managing partner for many years. He practiced law at CGG until 2013, when he began his "senior status" (his term for part-time), which continued through his death.

A life-long athlete and sports fan (especially of IU basketball and football, the Pacers, Cubs, and Colts), Chuck was an avid golfer, playing competitively in a golf tournament as recently as this August. Chuck shot his age for the first time at 73, and did so over 25 times.

In the Indianapolis community, Chuck will be remembered most for his tireless work as a volunteer, especially as a fundraiser. He was President of the Jewish Federation of Greater Indianapolis from 1995–1998, a member of the Board of Directors of Indianapolis Hebrew Congregation, President of the IHC Foundation, President of the Jewish Community Center from 1980-1982, a Life Board Member of the JCC, Chair of the Jewish Federations of North America Planned Giving and Endowment Committee, a member of the Board of Trustees of the Jewish Federations of North America, and President of Broadmoor Country Club from 1983-1985. Sigma Alpha Mu awarded that organization's Certificate of Merit award in 2012. He led many fundraising campaigns and committees and served on many boards.

Recognition from charities includes the JFGI 2016 Or L'Dor Award (A Light Unto the Generations), JFGI Liebert I. Mossler Community Service Award, the JFGI Kahilla Award for sustained outstanding service to the Jewish community, JFGI L.L. Goodman Award, the Tikkun Olam Award for Leadership in the America's Voices in Israel program, and the Gates of Jerusalem Medal. He was awarded the Sagamore of the Wabash by the Governor of Indiana for distinguished service to the state and his community.

The funeral service was for immediate family only, due to health concerns arising from COVID-19. Video will be available at www.arnmortuary.com. Friends may leave a memory or message of condolence by visiting the above site. Memorial contributions may be made to Jewish Federation of Greater Indianapolis Chuck Cohen Endowment Fund, 6705 Hoover Road, Indianapolis, IN 46260, or https://jfgi. givingfuel.com/tribute

We will have these obituaries in our next edition: Herbert L. Lebovits, 89, on Nov. 9, Martin Philip Zagarinsky, 85, on Nov. 12, Mikail Kastelyanets, 91, on Nov. 12, Valentina I. (Rubenstein) Greenberg, 84, on Nov. 25, Faye (Peril) Weissman, 95, on Dec. 3, and Riva Kantin, 81, on Dec. 6. 🗢





# FOR EMERGENCY MEDICAL CARE, WHO DO ISRAELIS DEPEND ON? THEY DEPEND ON YOU.



Magen David Adom is Israel's official ambulance, blood-services, and disaster-relief organization. MDA has been on the front lines in the fight against coronavirus while also contending with terrorist attacks, car accidents, and other threats to Israeli lives.

But Magen David Adom is not government-funded. Its 25,000 EMTs and paramedics, most of them volunteers, rely on support from people like you for the supplies and equipment they need to perform their lifesaving work.

There are many ways to support Israel, but none that has a greater impact on its people than a gift to Magen David Adom. Your support isn't just changing lives — it's literally saving them.

Support Magen David Adom at afmda.org/chanukah



afmda.org

# Local Filmmaker Directs Chanukah Movie, The Dreidel

I met local filmmaker Ira Mallory on a Saturday in August in front of Broad Ripple High School where he was doing interviews for his film titled, *In Closing*, released Oct. 24, 2020, about the closing of the school. See this 104 minute film at the following link: www.closingfilm.com. Mallory is a 2000 graduate of Broad Ripple.

I saw a big Star of David hanging around his neck and asked him about it. His answer: "*Shabbat Shalom*." Then I knew it wasn't just a piece of jewelry, he was serious about his Judaism. At that time, he also told me about his film titled, *HaSivivon* (The Dreidel).

Besides being all about *Chanukah*, it's a 25 minute film about every kind of love – a parents' love for a child, a child's love for his parents, romantic love and a couple's love for each other, love of music and dance, love of freedom, faith, tradition and religious practice, love of race and of our creator.

One special scene is when the father is talking to his son while the eight candles in the *menorah* are burning down. He says, "Each one of those lights is a symbol of you and me, you are like one of those lights. So as a Jew, a Hebrew and an Israelite, you have the opportunity to bring light and warmth into this very cold world."

You must see this poignant film. I found it on YouTube with this description: "A *dreidel* helps a young Jewish boy cope with the absence of his mother during the Jewish holiday of *Chanukah*. Every spin unlocks a memory until he discovers something unexpected." J.C. **‡** 



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# **Let's Play Dreidel!**

From two to eight people can play, but it's most fun in groups of four to six. Everybody gets an equal number of pennies (or nuts or counters) and puts one in the center for the pot. Each player gets a turn to spin the dreidel. If it lands with the 2 (*nun*) up, the player gets nothing; with the (gimel) up, the player takes all the coins from the pot; with the (gimel) up, the player takes half of the coins from the pot; with the (shin) up, the unlucky player gives one penny to the pot. When the pot empties after a gimel, each player puts a penny in and the games goes on. Play can continue until a predetermined time limit, at which point the player with the most coins wins, or until one play has all the coins that all of the players began with.

(Left) Film Director, Ira Mallory in front of Indianapolis' Broad Ripple High School discussing his film In Closing. (Right) Movie poster art for Ira Mallory's film HaSivivon (The Dreidel).

