

The Jewish **Post & Opinion** • *Indiana Edition*

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Volume 85, Number 1 • September 14, 2018 • 5 Tishrei 5779

www.jewishpostopinion.com • <https://go.usa.gov/xn7ay>



Cover Art by Dena Levie
(see About the Cover on p. IN 16)

Simcha Announcements

Mazel Tov to...

Mark and Whitney Harrison, on the birth of their daughter, **Madison Elizabeth Harrison** (below), on June 1st. Her grandparents are **David and Julie Mitchell Nelson** of Indianapolis and **Steve and Marilyn Harrison** of Fulton, Ill. Madison joins older brother, **Hayden** who is almost 2.



Alyssa Linder and Brad Teitelbaum (below), married June 16, 2018 at Lucas Estate, Carmel, Ind. Alyssa is the daughter of **Gina and Jay Berger** and the late **Gary Linder**. She is the granddaughter of **Lee Mallah** and the late **Joseph Mallah**. Brad is the son of **Jill Teitelbaum** and **Buddy Meyers** and **Howard and Deb Teitelbaum** of Chicago, and grandson of **Ellen and Bill Goldstandt** of Scottsdale, Ariz. *Photo by Jennifer Driscoll Photography.*



Colten Schabler (top, center), son of **Dr. Jeffrey and Julie Schabler** and older brother to **Westen**, on becoming a *Bar Mitzvah* at Indianapolis Hebrew Congregation on July 28, 2018. His *Torah* portion *Va'etchanan*



was extremely important to Colten for two reasons. First because it was the same portion read not only by his great uncle, but also by his father. Before the ceremony, Rabbi Brett Krichiver presented Colten with the *tallis* his father used during his *bar mitzvah* because of the tradition of passing knowledge of *Torah* to the next generation (part of his *parashah*). Secondly, Colten's portion covers a lot of important foundations in Judaism: Moses pleads with G-d to let him cross the river into the promised land, Moses tells the

Israelites not to forget G-d's Laws (The Ten Commandments) and make them known to their children and their children, no images of G-d are to be made, the cities of refuge are mentioned and the *Shema* and *V'aha'vta* are recited.

Aside from learning his *Torah* portion, Colten volunteered over 13 hours of service to complete not only his *bar mitzvah* requirements, but also the requirements for the Boy Scouts religious emblem for Judaism – the *Ner Tamid*. The *Ner Tamid* award was presented to Colten during the service in front of teachers, friends and many relatives from Indy and out of town by Michael Friedman (Chair, Crossroads of America Jewish Committee on Scouting), Robert Zetzel (Troop 133) and his grandfather and Eagle Scout, Jerry Walker.

Colten was asking if he should be nervous, but he was well prepared thanks to his teachers: Marvin Goldstein, Cantor Judy Meyersburg, Cantor Emerita Janice Roger, Rabbis Brett Krichiver and Scott Fox, IHC's wonderful new cantor, Aviva Marer, and a cousin from Germany, Cantor Leah Frey-Rabine, who helped via Skype and then attended. Colten really loved speaking in front of a packed synagogue. Colten was surprised by how well he performed and how comfortable he was during the (see Mazel Tov, page IN 5)

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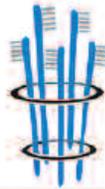
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Editorial

We live in a world of duality, Yin and Yang, male and female, light and dark, active and passive, abundance and scarcity and so on. We always have. Throughout our history there have been periods of violence and other times that were more peaceful. Right now we are living in a time of change which is filled with turbulence but tranquility can also exist simultaneously.

One example is an annual event I attended for a few years beginning in 2005. An Interfaith Peace Prayer Service left me feeling hopeful. Held for several years at the Carmelite Monastery when it was located on Cold Springs Road near 38th Street, something about the atmosphere lent itself to serenity but it was more than that. What could be more calming than hearing religious and lay leaders of different faiths – who sometimes have opposing beliefs – coming together to share their respective religions' prayers for peace.

A similar but more elaborate event that made me believe a more peaceful future is possible was the inaugural Festival of Faiths I attended in 2013 (photos p. IN 9). Sponsored by the Center for Interfaith Cooperation (CIC), the theme of this year's sixth annual Festival will be "Compassion in Action." It will take place at the Indiana Veterans Plaza and Indiana War Memorial on Sun., Oct. 14 from 1–5 p.m., with a Community Youth Forum inside the Indiana War Memorial from 11 a.m.–12:30 p.m.

Some of the activities this year will be music, dance and tasty cuisine from many cultures, activities for kids, thought provoking discussions, Procession of Faiths, Drumming Circle, Spirituality and Art Exhibit, Indiana Authors Fair, Mini Film Fest, Meditation and Mindfulness Across Traditions, and Compassion through Action Expo. You can read more about it at centerforinterfaithcooperation.org.

We are fortunate to have so many valuable programs such as this in October and November, one of which is the 20th annual Ann Katz Festival of Books and Arts described on page 19. Another is Spirit & Place taking place from Nov 2–11 (spiritandplace.org)

The most recent of these uplifting events (July 30th) was the positive reaction to the hate crime at Congregation Shaarey Tefilla (CST) that took place on July 27th. We covered the solidarity gathering at CST in our previous editions with photos that can be seen on our website at: <https://jewish-postopinion.com/wp-content/uploads/2018/08/CST-Vandalism-Aug8-2018.pdf> and <https://jewishpostopinion.com/wp-content/uploads/2018/08/CST-Vandalism-p13.pdf>

Others in attendance had powerful remarks about it and I am sharing three of those here. The first is from an Op-Ed in *The Herald-Times* on Aug. 3, 2018 by Rabbi Ron Klotz with the headline "Response to hateful graffiti in Indianapolis was inspiring".

"We lived in Indianapolis for more than 35 years, so, of course, I saw a lot of familiar faces in the crowd. But those in attendance were from all groups in the community. That's what was so inspiring. I expected the Jewish community of Indy to show up. It was heartwarming to see all the others who cared. The speakers at the rally last night included rabbis, priests, a mayor, leaders of the Hindu, Muslim and Buddhist communities.

We heard from the Anti-Defamation League, the Jewish Community Relations Council, gay rights groups, Urban League reps. All said about the same thing. We will not sit quietly while such hateful acts take place in our community. The standing room only crowd interrupted each speaker with rounds of applause."

The second comes from a video of Rabbi Benjamin Sendrow being interviewed by Channel 13 news after the perpetrators had been caught, posted on Twitter on Aug. 16th: "I'm not often at a loss for words but I can't articulate how much the [support from the community] meant to us. It made this act a complete failure because [the perpetrators] tried to evoke hatred and fear but what they produced was an outpouring of love, support and solidarity. Shaarey Tefilla has been sustained in ways that are indescribable."

What impressed me about that evening was it took place barely more than 48 hours after the vandalism was discovered. Without a rehearsal, one would expect overlap with the different speeches, yet with such a diverse group of speakers each speech added something new. Since one can view the entire event on Facebook, I will not quote them except to say how very encouraging they were. ([facebook.com/Fox59News/videos/10156796180664575/](https://www.facebook.com/Fox59News/videos/10156796180664575/)).

Wondering how this solidarity program could be so well organized on short notice, I spoke with Charlie Wiles, executive director of the Center for Interfaith Cooperation (CIC). He did not find out about the vandalism until Sunday morning the day before the gathering, when he got a text from Pierre Atlas. JCRC Executive Director and CIC Vice Chair Lindsey Mintz was copied on that. "An attack on any one of our religious communities is an attack on all of us," he responded.

Continuing, he explained that within an hour CIC had created a public statement that they shared with their executive committee. By Sunday evening Mintz told him about the community solidarity gathering planned for Monday, and added

Inside this Issue

Simcha Announcements	2
Editorial	3
Community Events	4
Welcome our new Shalicha	6
Seniors in Place	8
Forgiveness exercise	10
Eagle Scout Project	12
Joyce Kamen & Dr. Jack Kamen: <i>(Book Excerpt) Can I Show You How My Eye Falls Out of My Head Doc?</i>	13
Obituaries	14
Coming Home after 67 Years	15
About the Cover	16
Hoosier Jewish Legends 2018	16
Katherine Morris Soskin, art show ...	16
Leipzig at JTB	17
L'shanah Tovah, again	17
Sybil Kaplan: (My Kosher Kitchen) Apples & Honey recipes	20

The Jewish Post & Opinion

Jewish News and Opinion since 1935.

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graphic designer: Charlie Bunes

Simchas Welcome! Had a recent joyous occasion in your family or Jewish organization? *The Jewish Post & Opinion – IN Edition* welcomes your announcements for placement in our *Simcha* section (see page 2). Submit photos and text to: jpostopinion@gmail.com. **Next Deadline: Nov. 9, 2018.** All decisions on publishing, date of placement, size of photo, and length of announcement are at the sole discretion of the publisher.

they are looking for speakers. For the next 24 hours they reached out to individuals asking who would be willing to speak. When someone agreed, the JCRC staff took over and told them when they will speak and where they will sit. The majority of those who spoke were CIC board members.

"It's hard to put a value on building and sustaining interfaith relationships in the moment, but when something like this happens, it's invaluable to be able to call someone and have that relationship already in place. It was a great honor and a real testament to our interfaith relationships for CIC to work with Lindsey Mintz and the JCRC, and Rabbi Benjamin Sendrow to help coordinate a powerful interfaith (see Editorial, page IN 9)

Community Events

Parents Night Out (PNO)

Sat., Sept 22 and Oct. 27 6–10 p.m., at the JCC. PNO is a respite opportunity for parents, with fun and inclusive programs geared toward children with special needs and their siblings. Each month, join us as we explore the world through a variety of activities, crafts, music and more! This program series is brought to you by Jewish Family Services, in partnership with the Jewish Federation of Greater Indianapolis, Easter Seals Crossroads and JCC Indianapolis. Contact Rachel Kesner at rkesner@jfgi.org for more information. Cost \$5 per child ages 2–12.

Finding Your Place in B'nai Mitzvah

A New Program for Interfaith Families with Kids in the Bar/Bat Mitzvah pipeline

Sundays: Sept. 23, Oct. 7, Oct. 21, and Oct. 28 from 10–11:30 a.m., at the Smulyan-Stolkin Education Center (formerly BJE) on the Max & Mae Simon Jewish Community Campus.

Preparing for a *bar/bat mitzvah* can feel complicated and overwhelming for any parent. This 4-session program helps interfaith families find their place in *bar/bat mitzvah* through learning about the lifecycle event, meeting with families who will share their prior experiences, and developing strategies to make everyone feel welcome. All families are welcome, but there are a limited number of spots available, so sign up and tell your friends about it as well!

JFGI is able to offer this program at no charge due to generous funding from the National Center to Encourage Judaism. To sign up or for more information, contact JFGI Director of Jewish Education Initiatives Nina Price at nprice@jfgi.org or 317-726-5450 ext.1245.

Community Sukkot Event

Wed., Sept. 26 from 4:30–7 p.m., at 1112 Oakwood Trail, Indianapolis, 46260. *Soup in the Sukkah*. For more details contact office@injewishdiscovery.org, or text Rabbi Schusterman at 317-698-6423.

CBS Fall Barbeque Shabbat at GUCI

Fri., Sept. 28 from 6:30–8:30 p.m., welcome the autumn season and join Congregation Beth Shalom for this fun and spiritual annual event. Hot dogs, hamburgers, veggie burgers, kid's activities, and worship. What could be better? 9349 Moore Road, Zionsville, IN, 46077. RSVP to Becky Paul at bselig70@gmail.com.

Stretch Hummer Sukkah Hop

Sun., Sept. 30 at 11 a.m., meet up at the Chabad Center *Sukkah*, 2640 W. 96th St.,

for pizza and then travel in style as we visit several neighborhood *Sukkot* to *nosh* and enjoy *sukkah* related activities. Suggested contribution \$10/person, \$25/family, and \$180/sponsor and open to the entire Jewish community. For more info or to RSVP visit chabadindiana.org/sukkahhop or call 317-698-6423.

Jewish Healing Services

Wed., Oct. 3, Nov. 7 and Dec. 5 at 5:45 p.m., at Congregation Beth-El Zedeck. A contemplative and musical Healing Service. Whether you come to attend an evening *minyán*, enjoy the chanting, say *Kaddish* for a loved one, or wish healing for others and yourself, you are welcome! Please RSVP to Rabbi Shelley Goldman at sgoldman@bez613.org.

Meet Your Neighbor – The Jewish Faith

Thurs., Oct. 4, from 7–8:30 p.m. at Carmel City Hall, City Chambers room, 1 Civic Square, Carmel, IN 46032. The Carmel Interfaith Alliance and the Mayor's Advisory Commission on Human Relations present a five week series, "Meet Your Neighbor." Each speaker will discuss beliefs, misconceptions others have of the faith, and take Q&A. First up: Rabbi

Dennis Sasso of Congregation Beth-El Zedeck. Cost: Free

Cocktail Judaism

Mon., Oct. 8 at 7:30 p.m., join Rabbi Dennis Sasso for Cocktail Judaism, an explosive mixture of conversation, humor, and spirits. October's topic is What's Keeping You Up at Night?: Jewish Perspectives on the Upcoming Elections with Professor Judy Failer, Ph.D., Political Science, IU; Hannah Kaufman Joseph, Shareholder Katz Korin and Cunningham PC; and David Sklar, Government Affairs Director, JCRC. We will meet at Matteo's Ristorante Italiano located at 1351 W. 86th St. Coffee, tea and desserts are compliments of Beth-El Zedeck. Matteo's is open for dinner on Monday night. RSVP to Jennifer Hodes, 317.253.3441 or jhodes@bez613.org or www.bez613.org.

NEXTGen Happy Hour

Tues., Oct. 9 at 7 p.m. NEXTGen hosts a community Happy Hour for Young Adults to meet in a fun, social setting every second Tuesday of the month. For more info contact Matthew Kramer-Morning 317-715-9261 or mk_morning@jfgi.org, www.facebook.com/jfginextgen.

(see Events, page IN 6)

The Rabbi, Board of Directors, and Members of Congregation B'nai Torah and its Sisterhood extend the best New Year's wishes to the entire Jewish Community!



MAZEL TOV

(continued from page IN 2)

entire service. He might have found his calling as the next Larry King or Bill Maher.

The activity didn't stop there because Colten had to immediately prepare for not only the start of school, cross country and being a patrol leader in Troop 133, but also for showing his poultry at the Indiana State Fair. Both Colten and Westen (below) earned numerous ribbons with their birds including a Blue Ribbon for each in Showmanship with their Polish hen "Cher". Champion Asiatic with Colten's Cochin hen "Yeti" and Reserve AOSB with their Ameraucana hen "Midnight".



Daniel Friedman (top, center), who became a *bar mitzvah* at Congregation Beth-el Zedeck on Aug 17-18. He is the son of **Jodi** and **Michael Friedman**, grandson of **Karen** and **Marvin Friedman** and **Helaine** and **Av Herman**, and younger brother of **Josh Friedman**. Other relatives from Indianapolis attending



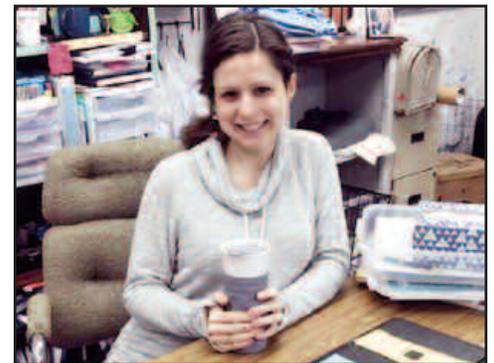
were uncles **Jay** and **Jeremy Rosenstein**, and great-uncles **Arthur Stein** and **Marc Schenkman**. Attending from afar were **Aunt Sandra Alboum** and cousins **Lauren** and **David Alboum** of Arlington, Va., great-aunt **Harriett Applegarth** of Manteca, Calif., great-aunt and uncle **Loretta** and **Bob Frank**, and cousins **Seth** and **Izzy Frank** of Granger, Ind., cousins **Chelly**, **Rob** and **Charlie Freel** of South Bend, great-aunt and uncle **Karen** and **Rabbi Aaron Rosenberg** and cousin **Rabbi Ari Rosenberg** of Connecticut, cousins **Elon**, **David**, and **Hazel Rosenberg** of New York, **Avi** and **Annette Sacks** of Chicago, **Amy** and **Jeff Sakowitz** of Needham, Mass., and **Anita Kramer** of Atlanta. Many other cousins and friends from near and far gathered for this joyous Friedman occasion!

David and **Gerald Kosene**, applauded in an article in the September 1st edition

of *Current* in Zionsville. In that article, **Heather Lusk** wrote that the brothers planted pink and white water lilies 28 years ago (below) when they developed the property at the intersection of Oak Street and Ford Road. Each year in the middle of summer, hundreds of them cover a small retention pond near that intersection. The Kosenes said landscaping is important to them and they wanted to do something that was attractive and would create a nice habitat, as they have done with most of their other properties including a Broad Ripple development by the Indianapolis Art Center.



Justine Skillman (below), the 3rd Grade teacher at the Hasten Hebrew Academy, of Indianapolis, for winning National Economics Teacher of Year award for her classroom mini market and class business project. This included a \$1,000 award. ✨



Indianapolis Hebrew Congregation wishes you a joyful 5779!

From Rabbi Brett Krichiver, Rabbi Scott Fox, Cantor Aviva Marer, Executive Director Dan Silien, the IHC Board of Directors and IHC Staff



High Holy Days at a Glance

- Erev Rosh Hashanah Service**
Sept. 9 @ 8:00pm
- Rosh Hashanah Services**
Sept. 10 @ 8:30am and 11:00am
- Kol Nidre Services**
Sept. 18 @ 6:15pm and 8:30pm
- Family Yom Kippur Service and Yom Kippur Nefesh Service**
Sept. 19 @ 8:30am
- Yom Kippur Traditional Service**
Sept. 19 @ 11:00am

Visit www.ihcindy.org for our full schedule. Contact the IHC Office at 317-255-6647 for tickets. We suggest a minimum \$36 donation for all guest tickets.

Welcome our new *Shalicha!*

The greater Indianapolis area welcomes our new Israeli *Shalicha* (ambassador), **Lian Bar Zohar** (below). She is from Qiryat Shemona, Israel. She started her new duties Aug. 24th. We all wish her *b'atzlacha* (good luck) and look forward to meeting and getting to know her, and working with her in her mission to better connect Indy to Israel. ✨



EVENTS

(continued from page IN 4)

Symposium on Anti-Semitism

Wed., Oct. 10 from 8:30 a.m.–3:45 p.m. at the Central library, 40 E. St. Clair St., 46204. Learn about the world's oldest hatred, how and where it's manifesting today, and ways we can confront it, from leading experts in the field. Cost: \$25, students free. Space is limited so register here: <http://indyjrc.org/symposium/> For more info contact the JCRC at info@indyjrc.org or 317-926-2935.

IndyChai Bi-Monthly Meeting

Wed., Oct. 10 at 6:30 p.m. Come out to IHC and hear all about IndyChai's planned events, outings, and initiatives for the coming year, 5779! From parties, discussions, and movie nights, to pub trivia, more parties, and FOOD (yes, we WILL have a huge lox platter at this meeting – it's how we [onion] roll). We'd also love to hear your thoughts on the calendar, and add a few ideas of your own to the mix. Everyone is welcome (IHC membership not required), and everyone will go home with full stomachs! We strive to create a fun, accepting community of Jewish young professionals who belong or who have reached out to IHC!

Hooverwood Guild Annual Raffle

Thurs., Oct. 11 at Broadmoor Country Club. The drawing will take place as part of the Guild's annual luncheon. Tickets are \$10 each or 11 for \$100. Cash prizes are \$1,000, \$500 and two for \$250. The raffle raises funds to enhance the lives of residents at Hooverwood. Need not be present to win. You can drop off payment to Karen at Hooverwood or mail your check to Hooverwood Guild, 7001 Hoover Rd., Indianapolis, IN 46260. For more info call 317-493-2782.

Hadassah Book Club

No September meeting due to holidays. **Mon., Oct. 15.** *Pachinko* by Min Jin Lee. Hostess Annette Gross. For more info or to RSVP contact Helaine Herman at helaineh1@gmail.com.

Bereavement support group

Tues., Oct. 16 and **Nov. 13** at 6 p.m., in Room A-17 of the JCC. JFS and Ascension Health and Home invite you to a Jewish bereavement support group, co-facilitated by Brenda Kenyon LCSW and Paula Glanzman Goldberg. While everyone processes grief and loss differently, healing is enhanced by sharing with others who have experienced loss. Together, the group will address the social, emotional and spiritual dimensions of grief from a Jewish perspective. This program is free of charge, and no registration required. More information contact: Paula at pgoldberg@jfgi.org or Julie at 317-529-5497.

Hadassah Lunch and Learn

Wed., Oct. 17 learn about writer Nora Ephron, presented by Marion Garmel, and **Wed., Nov. 14** opera singer Beverly Sills, presented by Phyllis Russell. Meet at Donato's at 11:30 a.m., near Thrifty Threads on the southwest side of 86th & Ditch. Other upcoming dates are **Dec. 12, March 13** and **April 10**. An award winning program that chronicles the lives of American Jewish women who have made a mark on American or world history. For more information contact Phyllis Russell at therussells46032@aol.com.

CBS Huge Garage Sale

Wed.–Fri., Oct. 17–19, at Congregation Beth Shalom, 849 W. 96th St., 46260. Shoppers are invited to this multifamily event featuring household goods and furnishings, clothing, toys, books, and more. Preview sale: **Wed., Oct. 17**, 4–7 p.m.; **Thurs., Oct. 18**, 8 a.m.–6 p.m.; **Fri., Oct. 19**, 8 a.m.–2 p.m. To donate contact Lu Cohen at lukcohen@gmail.com or 317-447-8700.

(see Events, page IN 7)



CONGREGATION
BETH SHALOM

L'Shana Tova Tikatevu!

**Rabbi Stanley Halpern, Our Congregants,
Sisterhood and Brotherhood**

Extend a Warm Invitation to Worship with Us
During the Holidays and Throughout the Year

Our High Holidays Schedule

Sunday, September 9	Erev Rosh Hashanah Erev Rosh Hashanah Service 7:30 PM
Monday, September 10	Rosh Hashanah Children's Service 9:00 - 10:00 AM Morning Service 10:30 AM Taschlich 12:00 PM
Tuesday, September 18	Erev Yom Kippur Kol Nidre Service 7:30 PM
Wednesday, September 19	Yom Kippur Children's Service 9:00 - 10:00 AM Morning Service 10:30 AM - 12:30 PM Afternoon Discussion 2:00 PM - 3:30 PM Afternoon Service 4:00 PM Yizkor Service 4:30 PM

Services are held in Andrews Hall at University High School, 2825 West 116th St, Carmel, IN
Childcare available in the mornings from 10:15 AM to 12:30 PM on Rosh Hashanah and Yom Kippur

Learn more about Congregation Beth Shalom on our website: www.bethshalomindy.org

EVENTS*(continued from page IN 6)***20th annual Ann Katz Festival of Books and Arts, Oct. 17–Nov. 12**

Opening night is Mitch Albom – internationally renowned best-selling author, **Wed., Oct. 17** at 7 p.m. at Congregation Beth-El Zedeck (BEZ), 600 W. 70th St., Indianapolis. His book, *Tuesday's with Morrie*, which has sold over 16 million copies and is celebrating its 20th year in publication, is the best-selling memoir of all time.

Sponsored by BEZ and presented in partnership with Ann Katz Festival of Books and Arts. Albom's latest book, *The Next Person You Meet in Heaven*, will be released the week before he arrives for the festival. Cost: \$30 w/book, \$25 without. For more info contact Lev Rothenberg at lrothenberg@jccindy.org or 317-715-9233.

CBS Sisterhood Mitzvah project

Wed., Oct. 24 from 6–8 p.m., at Coburn Place, join Congregation Beth Shalom Sisterhood in this annual Mitzvah project. Coburn Place is a residential facility for families who have experienced domestic violence. Participants will sponsor the annual Halloween party including food and activities for the families. Interested

in helping? Contact Isabel Atlas at ieatlas@aol.com.

Marilyn K. Glick Women's Enrichment Series

Thurs., Oct. 25, Rabbi Sandy Sasso and BEZ member Jennifer Nelson Williams will be speakers in the Propylaeum's 2018–2019 Women's Enrichment Series. This series brings outstanding women in our community and state to tell their own stories of achievements and challenges. A reception will be held at 5 p.m. prior to their presentation at 6 p.m. For more information and tickets, go to: www.eventbrite.com/e/2018-2019-marilyn-k-glick-womens-enrichment-series-tickets-45521083787

Documentary on Eva Mozes Kor – broadcast debut

Thurs., Oct 25 at 8 p.m., on PBS. *Eva A-7063* the documentary by Ted Green and Mika Brown in partnership with WFYI, Indianapolis' PBS affiliate, highlights an Indiana story with international scope and impact. Narrated by Hollywood icon Ed Asner and featuring an all-star cast. See a trailer at www.thestoryofeva.com.

Hummus & Happiness

Mon., Nov. 5, at 6–8:30 p.m., at the

Interchurch Center, Krannert Room & Dining Hall, 1100 W 42nd St. #110, 46208. Put your best chickpeas forward and be a part of an event that will bring individuals of diverse regional and ethnic backgrounds together to explore the history and cultural importance of hummus. Then enjoy the screening of a film that explores the history of the beloved food. Guests are invited to a hummus-tasting competition, where they can sample (and then vote on!) hummus recipes from around the world, prepared by local hummus-makers, who will share their narrative and the story of their recipe. The winner will be announced after the film. JCRC is delighted to be partnering with the CANDLES Holocaust Museum, the Center for Interfaith Cooperation, and the Muslim Alliance of Indiana on this Spirit & Place event. For more info, contact the JCRC at info@indyjrc.org or 317-926-2935 or spiritandplace.org.

Jewish and...

Thurs., Nov. 8, 6:30 p.m., at the Central Library, 40 E. St. Clair St., 46204. In a TEDTalk-style-approach, "Jewish and...", will feature short talks by several members of the Jewish community whose identities intersect with other communities, such as Jewish & Black, Jewish & Gay, Jewish & Disabled, Jewish & Latino, the possibilities are endless! This will be a powerful program to uplift the diverse voices in the Jewish community. JCRC is excited to be partnering with Indianapolis Public Library, Storytelling Arts of Indiana, and IndyFringe on this Spirit & Place event. Cost: free. For more info contact the JCRC at info@indyjrc.org or 317-926-2935 or spiritandplace.org.

14th Annual Adopt-A-Family

Sun., Nov. 18 at 9:30 a.m. – breakfast; 10:30 a.m. – shop around town with your team; noon – gift wrapping, lunch, and activities with PJ Library in Greater Indianapolis.

The biggest *mitzvah* project of 2018, Adopt-A-Family is an annual community-wide program helping over 40 local Jewish families and singles in our Indianapolis area each year during the *Chanukah* holiday. Can't make it to Community Day? You can still participate! Drop off items and gift cards to Jewish Family Services Indianapolis (6905 Hoover Rd.), at a separate time if need be. Hosted by NEXTGen, PJ Library, Jewish Family Services, and Jewish Federation of Greater Indianapolis. More information can be found at <https://www.jewishindianapolis.org/adoptafamily>. Or contact Hanna Fogel at hfogel@jccindy.org or 317-715-9257. Monetary donations can be made online at: bit.ly/IndyNEXTGenJFS ✨

L'Shanah Tovah Tikateivu!

From all of us at
Congregation Shaarey Tefilla,
we wish you and all your loved ones a
Healthy, Sweet, and Good New Year of 5779!

*We welcome you to join us
for the tradition, fellowship and
community of the High Holy Day
services and throughout the year
in our home in Carmel.*

We'd love to know you are coming,
please contact us through:

Facebook:

www.facebook.com/shaareytefilla/

Email: Office@shaareytefilla.org

or *Phone:* (317) 733-2169



3085 W. 116th Street, Carmel, IN 46032

The full list of High Holy Day services
is available at www.shaareytefilla.org



Seniors in Place

For additional events such as movies, singing club, knitting club, bingo and more, or to RSVP for these listed below, please call Janet at 317-251-8881, unless stated otherwise.

Footlite Musicals – Brigadoon

Thurs., Sept. 27, (depart JCC at 6:30 p.m.) The mystery and beauty of the Scottish Highlands is the backdrop for this magical tale about following your heart and the power of love. New Yorker Tommy Albright unexpectedly arrives at the mysterious Scottish Highland village of Brigadoon, which only appears for one day every 100 years. When Tommy meets and falls in love with Fiona, a beautiful villager in this magical hamlet, he must decide whether to return to his old life or stay in Brigadoon—forever. This classic musical features such standards as *Almost Like Being in Love*, *Come to Me*, *Bend to Me* and *Heather on the Hill*. Suggested donation of \$10 for transportation.

Tour of Governor's Residence

Fri., Oct. 5, (depart JCC at 10:30 a.m.) for 4750 N. Meridian St. After the tour, we'll have lunch at Next Door American Eatery, 4573 N. College Avenue, an urban casual

American eatery serving real food sourced from American farmers. Suggested donation of \$10 for transportation. Lunch at your expense.

Indiana Repertory Theatre – Holmes & Watson

Sun., Oct. 7, (depart JCC at 1 p.m.) Summoned to a remote asylum on a rocky island, Dr. Watson investigates three inmates who all claim to be the late master sleuth Sherlock Holmes. This eerie new puzzler by award-winning playwright Jeffrey Hatcher will stir your blood and tease your mind. Playwright Jeffrey Hatcher joins the Indiana Repertory Theatre for an exclusive, one-day-only discussion. Admittance to the discussion is included with ticket purchase. This post-show discussion begins immediately following the performance and includes tea, cookies and coffee and lasts for approximately 30 minutes. \$39 for a limited time; ticket price could increase without notice.

Tea blending class and lunch

Wed., Oct. 10 at 11 a.m. at HoiTea ToiTea, 6283 N. College Ave. Learn how to blend different kinds of tea. Lunch following the class. \$35 includes class and lunch.

Civic Theatre – Anything Goes

Thurs., Oct 11, (depart JCC at 5:15 p.m.) Music, dance, laughs and the age-old tale of boy meets girl; no musical puts it on stage better! A hilarious shipboard romp, wrapped around one of Cole Porter's most magical scores, *Anything Goes* is delightful, delicious and de-lovely. Suggested donation of \$10 for transportation.

ISO Anthem Coffee Pops Series – Sutton Foster

Fri., Oct. 19 (depart JCC at 9 a.m.) Tony-winner Sutton Foster comes to the Hilbert Circle Theatre to dazzle you with her incredible voice and wit. Cost \$49.

Classic Movie Club: Mamma Mia! Here We Go Again

Mon., Oct 22, 2 p.m. In 1979 young Donna, Tanya and Rosie graduate from Oxford University – leaving Donna free to embark on a series of adventures throughout Europe. On her journeys, she makes the acquaintances of Harry, Bill and Sam, falling in love with the latter, but he's also the man who breaks her heart. In the present day, Donna's pregnant daughter, Sophie, dreams of renovating a tavern while reuniting with her mother's old friends and boyfriends on the Greek island of Kalokairi. Movie FREE to members. Dinner \$8 payable that day.

Dance Kaleidoscope – Music of the Night

Thurs., Oct 25, (depart JCC at 9 a.m.) Act one will be accompanied by APA pianist Eric Zuber: *Fascinatin' Rhythm*, *Gershwin Preludes*, *Clair de Lune* and *Gershwin Songs*. Act two will feature David Hochoy's delightful *Sophisticated Ellington*. Suggested donation of \$10 for transportation. Brunch at your expense.

Plant Club Trip & Show – The Birth of Rock and Roll

Fri., Oct. 26 (depart JCC at 9:30 a.m.) for The Nashville House, Nashville, Ind. View the fall colors on the drive. Suggested donation of \$40 includes show and transportation. Lunch at your expense.

The Center for the Performing Arts – United States Marine Band

Sat., Oct. 27 (depart JCC at 6:30 p.m.) Dubbed "The President's Own" when it debuted for Thomas Jefferson in 1801, the Marine Band is America's longest-running professional musical organization. Once led by John Philip Sousa, it performs at hundreds of official events each year as well as public concerts suited for all ages and tastes. The concert is free, but you must have a ticket. Suggested donation of \$10 for transportation.

(see Seniors, page IN 9)

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Festival of Faiths 2013

Join us for the the 6th annual event Sun., Oct. 14, 2016 from 1-5 p.m. at the Indiana Veterans Plaza and Indiana War Memorial in downtown Indianapolis, Ind. (see p. IN 3)



Charlie Wiles (left, top), executive director of the Center for Interfaith Cooperation; (left, bottom) Lindsey Mintz, David Sklar, and Gadi Boukaj; Festival music (above); and Festival of Faiths parade (below).



EDITORIAL

(continued from page IN 3)

response to the hideous acts that occurred at Shaarey Tefilla," concluded Wiles.

To a more peaceful 5779!

Jennie Cohen, September 14, 2018 ☆



SENIORS

(continued from page IN 8)

Trip to Anderson Orchard, Mooresville

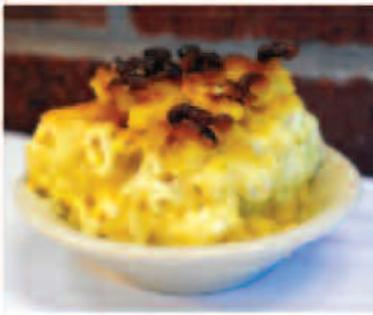
Mon., Oct 29 (depart JCC at 11 a.m.)

Our first stop will be for lunch at Gray Brothers Cafeteria. This old-fashioned cafeteria draws crowds with a daily changing array of hearty, homestyle American fare. At Anderson Orchard you can shop for apples, cider, vegetables, etc. Suggested donation of \$20 for transportation. Lunch at your expense.

Indianapolis Municipal Band Veterans Day Concert

Sun., Nov. 11, 3 p.m. (depart JCC at 2 p.m.)

for the Indiana State Museum. Rousing patriotic marches, traditional American songs and spirited folk tune arrangements are all part of the fun. Suggested donation of \$10 for transportation. ☆





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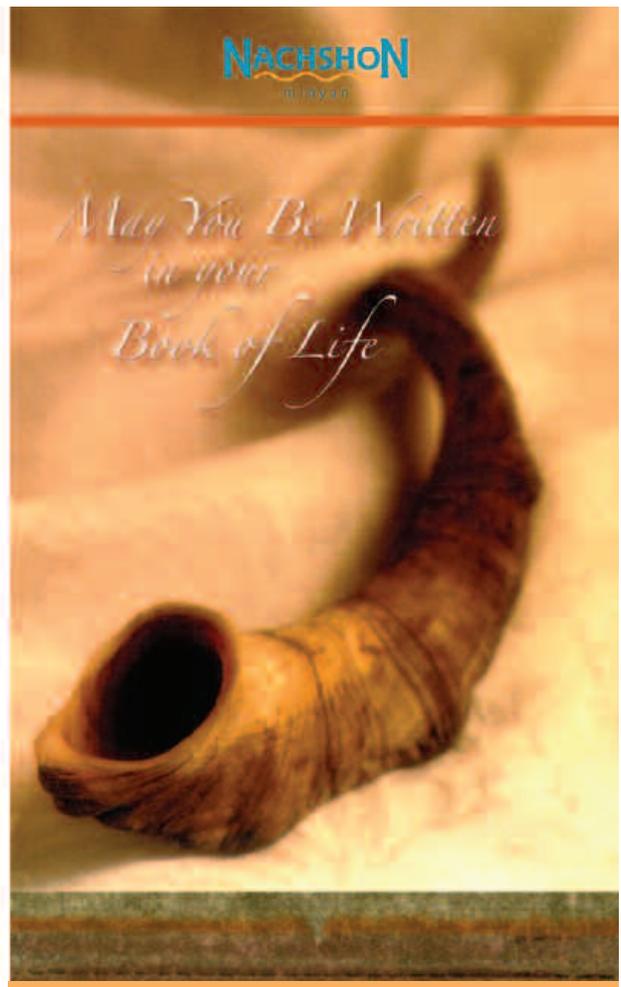



Founded by Rabbi Cantor Judy Greenfeld, Nachshon Minyan is a congregation dedicated to helping unaffiliated families or individuals find a new or renewed sense of personal connection to Judaism and, in doing so, live more meaningful and satisfying lives.

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A Personal Preparation for the High Holy Days

The success of our High Holy Day Services are dependent on our personal willingness to look inward and view “where we are” physically, emotionally and spiritually. Prepare thematically for your High Holy Day transformation.

By partaking in this personal work, you will receive a greater sense of clarity and direction on your journey towards your New Year. We learn who we are through our relationships to people, places and things. Imagine you are spending the next few weeks in dialogue with God. I know this is a stretch, but use this imaginary, all knowing, unconditionally loving entity that only wants goodness for you as your concept of God.

Where are you?

- So “where are you,” compared to last year? _____
- What would you share with God about the things you have learned this year about Judaism? _____
- Who are the people that surround you? Family, friends, co-workers? Do you think God would have chosen these people for you? _____
- What is your passion? Do you believe that your passion is a gift from God? How can you serve the Jewish people with this passion? _____
- How do you feel about your Judaism? What is one small thing you would like to add to your Jewish knowledge base? _____
- What have the High Holy Days meant to you in the past? How do you think God would have you draw nearer to understanding Him/Her? _____
- What do you think God wants for you this year? _____



Ayeh?

“Where are you” in relation to Forgiveness?

With yourself?

Who do you need to forgive?

Who do you need to ask for forgiveness from?

The month of Elul harkens each soul with the blast of the Shofar to work on their relationship with others and themselves; How? Through the doorway of forgiveness. Interesting that our first evening service, the Saturday night before Erev Rosh Hashanah is called Selichot—forgiveness. Additionally, every night there is a bedtime blessing we are asked to recite called Ribbono shel Olam...which says, “Please forgive me, God, if I have harmed anyone, and please let me forgive anyone who has harmed me.”

Why are we so preoccupied with forgiveness? What is the magic element of forgiveness that is so healing and necessary for us that we created a worship service about it as a prelude to the High Holidays?

The act of forgiveness is serious business, and is not easily understood. Many of you may be aware that at 16 years old my father was murdered and because of this experience, I have spent a great deal of my life understanding the difficulty and essential nature of granting forgiveness in order to move forward freely in my life. I know I am an extreme example. With that being said, this applies to forgiveness in the case of any encounter where you are left angry, hurt, hopeless and resentful. Can we forgive abuse? Untimely death? What about less severe examples? Getting fired? Spouses who cheated? Abandonment? Being robbed? Suicide? Drug addiction? We are all justified in our feelings and the first step towards healing is to identify, name each of them. Just writing them down begins the magic. The exercise on the next page is to identify them.





Forgiveness

Redefine forgiveness as a for-giving-away to God to heal because you cannot.

- Write a list of 7 people that you are willing to forgive this year.
- Write a list of 7 people that you would like to receive forgiveness from.
- Write down 7 things that you would like to forgive yourself for.

1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____
4. _____	4. _____	4. _____
5. _____	5. _____	5. _____
6. _____	6. _____	6. _____
7. _____	7. _____	7. _____

THE HEALING MEDICINE OF OUR PEOPLE

Forgiveness IS NOT letting the person off the hook!

Forgiveness is for "You."

It is for-giving the incident to God to help you.

It can be surprising how many dormant issues begin to surface. While doing this process, please keep in mind that like the Torah portion *Ki Tavo* reminds, we must "walk in the ways of God." Like God, we must ensue self discovery with compassion and kindness as we realize that anger and resentments are wounds; sometimes "real" and sometimes "imagined." At closer examination consider whether the issues are "old personal issues," or "intentional hurt" from the other person. When is confrontation best? Remember, this is the month of Elul, the time of personal accounting and spiritual preparation, which lends itself to being uncomfortable.

All things considered, we are human and as I said before the process of forgiveness is complicated. To help us, the great medieval commentator and physician, Maimonides teaches that there are 4 "to do's" of forgiveness. I have adapted his suggestions into a user-friendly guide.



Forgiveness is a healing medicine that liberates everyone from anger, frustration and hurt. Before Rosh Hashanah, every year, we are asked to engage in this difficult task for the purpose of freeing ourselves from our personal baggage. Our prescriptive, "for-giving the 'scenarios' of unfairness and irritation to a Greater Mind than ours" is the hope that we can continue with our more important work of finding peace within our selves and within our relationships. I think we can agree, forgiveness is much more complicated than it appears.

TESHUVA

TESHUVA, turn it around, turn it over, turn it slightly, return it, turn inward, turn outward... but for heavens sake, show up and do it !!!!!

*Show Up Where You Are!
The Magic Antidote to Change!
Wake up and show up to a fantastic
High Holy Days experience.
It is your responsibility and your choice.*

Teshuva is defined biblically as repent but literally means to turn. At Rosh Hashanah, the Shofar has sounded and there is an urgency in the air.

The only way that things will change is to move in "Good Orderly Direction." The true power of faith is found in the "baby steps" we take holding God's hand. Sometimes it is a leap of faith like Nachshon. Trust me, you have seen me take them. Teshuvah is the Jewish answer for freedom from your human condition of disappointment, complaints, disillusionment. Roll back your sleeves and do something different this year. Wake up and show up...

Experience the magic antidote for change!



The 4 "to do's" of forgiveness.

1. Name the person place or thing. _____
2. What is your part of the story? How were you hurt? Stay on your side.

3. Apologize for your part. How did you allow this to occur? How can you avoid this in the future?

4. Finally, pray that you are released from the discomfort confrontation has presented to you.

This person is "for-giving to the Ultimate Judge, Adonai."



JEWISH CALENDAR OF HOLY DAYS



Eagle Scout Project for Holocaust Memorial Fund

Josh Friedman is a sophomore at Carmel High School and a member of Boy Scout Troop 112 at the Carmel Lions Club. He has been in the troop for 5 years steadily earning all the ranks and more than 50 merit badges along the way (far more than the minimum 21 needed for Eagle Scout). With all other requirements now complete to earn the rank of Eagle, he is working on his project.

The Eagle Scout project must be a service project that involves leadership and giving back to the community in which the Scout lives. Josh wanted to do something connected to the Jewish community. In light of the recent anti-Semitic graffiti at Congregation Shaarey Tefilla and as a result of many years as at the summer camp at the JCC-Indy, Josh has chosen to beautify and restore the The Albert and Sara Reuben Holocaust Memorial (right) built 20 years ago on the JCC campus.

The memorial has not had any major maintenance done since it was built. Josh's project will concentrate on cleaning the granite benches and the stone around the fountain including re-lettering the names of the different concentration camps, sanding and re-staining the six park benches that surround the memorial, planting new perennial flowers at the entrance, removing dead trees, cleaning the fountain and several other things. The project will be carried out in several phases during September and October.

Josh is trying to raise \$2,500 to fund his project and has set up a GoFundMe account (www.gofundme.com/josh-friedman-eagle-project). During the course of researching what he could do in connection with the memorial it was discovered that significant repairs are needed that will severely diminish the small fund the Federation manages to maintain it.

For this reason, Josh is trying to raise as much as possible with all excess money being donated to the Holocaust Memorial Fund. Any money raised will help ensure the memorial will be maintained for many years to come. For those that don't want to donate online, people can make checks out to "Josh Friedman" and put "Holocaust Eagle Scout Project" in the memo line and mail them to: Josh Friedman, c/o Holocaust Memorial Eagle Scout Project, 1429 Springmill Circle, Carmel, IN 46032. ★



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नया साल मुबारक हो

Felice Anno Nuovo
明けましておめでとうございます

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ευτυχισμένο το νέο έτος

Now is the time when new year's blessings and wishes pour out from every branch of our worldwide family. Your gift to the Jewish Federation helps to fulfill those wishes — making an important difference in Jewish lives across town and across the globe. Help make it a sweeter new year for our entire community.

Please give today.

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Book Excerpt

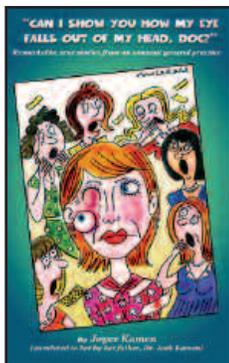
BY JOYCE KAMEN
DR. JACK KAMEN



So this is what happened...

Can I Show You How My Eye Falls Out of My Head Doc? Remarkable, true stories from an unusual general practice. By Joyce Kamen as related by her father, Dr. Jack Kamen. Kamen Creative, LLC. 263 pages. Aug. 7, 2018.

My dad, Dr. Jack Kamen, was, during the 1950s and 60s a general practitioner in a raucous, rough, and ethnically mixed section of Indiana Harbor, Indiana. He then became an anesthesiologist and Director of an Intensive Care Unit



at a Gary hospital system. When I came of age and melded with guests at home and at functions, I was privy to his "this is what happened" stories. From the woman whose perfectly healthy eye fell out of her head to the goings on at the neighborhood house of prostitution, Dad was/is never embarrassed by their somewhat graphic content because "this is as it was," and patient privacy was scrupulously protected. These, then, are the most "how-could-this-have-happened" snippets from his professional life as a general practitioner, jointly written. They were most entertaining to his listeners through the years, and we are quite sure they will be just as amusing to you.

Excerpt from the Chapter titled, "Selma."

"...About one year after I began work at the Indiana Harbor Clinic, Father Michael, a Catholic Priest of the Lady of Guadalupe Parish, called and asked if he could come into the office to discuss a "very delicate matter." I had met Father Michael several months earlier when he recruited me to become the physician at the local orphan home.

Because Father Michael appeared to be quite agitated, I agreed to meet with him later that same evening after I had seen my last patient.

Father Michael was a priest in his early thirties, and, as I was to learn later, a convert to Catholicism. (I asked about his previous religion but he refused to answer.) He was a model priest, active in all community affairs, and a pioneer in battling the burgeoning drug culture. But now, as he entered my office he looked

every inch a defeated man.

"Jack," he began. "I've got a real problem."

"Sit down, Padre."

He sat down in the chair next to my desk. He nervously fumbled with some paper clips on my desk.

"Before I begin, Jack, I think I need to explain something to you about Catholic practice. I don't think Jews do the same thing."

"Jews don't do the same thing? In what?"

"In marriage."

"Well, Jewish couples frequently meet with the Rabbi before they marry and mixed marriages are frowned upon and..."

"No, no, no. It's nothing like that." he interrupted. "It's just that what we do isn't really voluntary. Couples have to attend what we call Pre-Cana conferences."

I had not heard of this.

"What we do is essentially discuss the duties and obligations of the marriage partners to each other and to the church."

"That doesn't sound like too much of a problem."

"Well, Jack, it's a little more complicated than that." He shifted nervously in his chair, adjusted his collar, tugged on the sleeve of his jacket, and ran his hand through his hair.

"You see," he began again. "There are

two parts to the Conferences. There's the spiritual part, and then there's the...the...the...uh...what we call the corporeal or the...uh...I'd guess you'd call it the...uh...shall we say the...uh... physical part."

Having finally said it, there was a look of utter relief and he started to relax. Now I was beginning to see and understand Father Michael's problem.

"Padre, you feel somewhat uncomfortable teaching the physical...I mean the corporeal part?"

"Yeah, that's it. That's it. I just can't do it, Jack. I tried, but I can't do it. But you're Jewish, Jack. You can do it."

Suddenly, his face turned bright red.

"No, no, Jack. That isn't really what I meant. I meant that not being Catholic you can teach it scientifically and dispassionately...I mean without having to think or say anything about Catholic dogma. It's not that you're Jewish, it's just that you're not Catholic."

"Father Michael, I understand completely. Don't worry. I'll do it. Just tell me what it involves and if you have teaching materials and where it's held."

"All of that will be up to you, Jack. Everything. As a rule, you meet first with the men, and then with the women, and then both together. I have some booklets

(see Kamen, page IN 18

To a Good New Year!

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Obituaries

Marvin Bercovitz, 89, formerly of Lafayette, Ind., passed away in Indianapolis on Aug. 19, 2018. Marvin was born in Louisville on Oct. 24, 1928 to Nathan and Bessie Bercovitz. He moved to Lafayette in March 1937 following the Ohio River flood of 1936-37.



Marvin was a boy scout in Troop #5 and became one of the youngest Eagle scouts in the Harrison Trails District. He served as mayor of Lafayette for a day and as a junior staff member of Cary Camp. He was a cubmaster and junior assistant scoutmaster.

He attended Jefferson High School where he was a member of the band and won a first-place blue ribbon as a freshman in a state solo and ensemble contest as a member of the saxophone quartet, and again during his junior year as a soloist. Marvin was a member of the Purdue campus dance band and a member of Pi Lambda Phi fraternity. He was a graduate of Indiana University in 1949 and a 1953 graduate of Butler University School of Pharmacy. Marvin was a partner, along with Leo Fang and Phil Bercovitz, in B and

F Drugs for many years, retiring in 1983. He is survived by his wife, Joan; son, Alan (Janine); step-daughters, Suzie and Ellyn (Harold); son-in-law, Terry (Fran); and grandchildren, Elizabeth (Patrick), Amy, Nathan, Brian, Bryan (Brittany), Jennifer (Ryan), Jeffrey, Brittany and Sabrina. He was preceded in death by his parents; daughter, Deb; sister, Sharon; and brother-in-law, Stan.

Funeral services were held on Aug. 26th at **Aaron-Ruben-Nelson Mortuary**. He was laid to rest in Lafayette Jewish Cemetery; Lafayette, Ind. Memorial contributions may be made to Congregation Beth-El Zedeck, Sons of Abraham Congregation or to a favorite charity.

Dr. Feia M. Zhurbine, 92, long time Indianapolis resident passed away on Aug. 23, 2018. Feia was born Nov. 1, 1926 in Ussuriysk, Russia to Michael and Motrona Sumchenko. She was a graduate of Khabarovsk Medical School and received her MS from Moscow Medical University. Feia worked as both a professor and a practicing OBGYN in Russia.

In 1990 Feia and her family came to the United States to begin a new life. They moved to Indianapolis and made many friends. Feia and her husband served as part of the Jewish Burial Society for over 15 years.

Feia is survived by her husband of 71 years, Dr. Leonid Zhurbine; her daughter, Irina (Alex) Leyvand; granddaughter, Masha (Stephen) Nelson and 2 great-granddaughters, Mila and Anna. Visitation and a memorial service was held Aug. 26th at **ARN Funeral & Cremation Services**.

Cheryl Bell Lande, 64, passed away peacefully on August 25, 2018 after a long battle with cancer. She fought the disease with grace and dignity, far surpassing any odds set before her. Her participation in a clinical trial was selfless – knowing she would help others in the future. She was born in Indianapolis on May 13, 1954 to Bill Bell and Lucille Emard.



Cheryl was well loved by everyone who knew her. She gave so much of herself to everyone and her strength was unparalleled. She was an outspoken supporter of equal rights for all.

She worked at Simon Property Group in the Public Relations department, perfect for someone as outgoing and detail oriented as Cheryl. She was also a member of both Congregation Shaarey Tefilla and Beth-El Zedeck synagogues.

Friends came easy to Cheryl – the Dill Street gang, her longtime Ball State friends, were so special to her and celebrations with friends and family were always a priority.

Raising her three children was her priority and she loved being a grandmother to her grandsons.

She is survived by her husband Phil Lande, children Marty (Abbie) Lande, Jeremy (Samantha) Lande, and Daniel Lande, grandchildren Jack and Julian Lande and sisters Julie (Chris) Gifford, and Nila (Daryle) Harris.

The funeral was held on Aug. 27th at Congregation Shaarey Tefilla. Donations can be made in her memory to Congregation Shaarey Tefilla and Planned Parenthood. ✨

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CPL Morris Meshulam: Coming Home after 67 Years

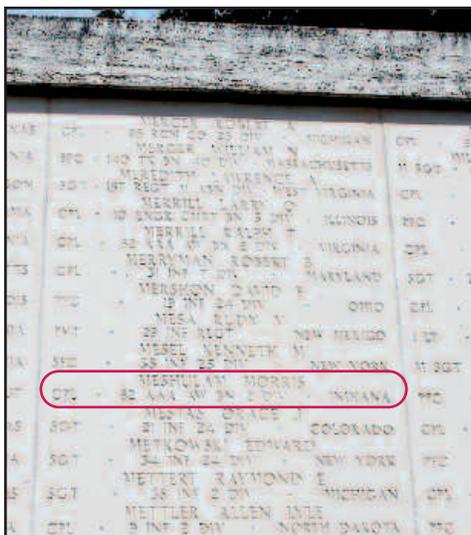
BY ANNA SELMAN

On June 4, 2018, Jewish War Veterans of U.S.A. (JWV) received a notification from the U.S. Army that the remains of CPL Morris Meshulam had been identified.



CPL Meshulam, who died 67 years earlier, was born in Indianapolis on July 11, 1931 to Sam and Pauline Meshulam. His parents were founding members of Etz Chaim Sephardic Congregation. According to the family, Moe dropped out of High School when he was 18 to sign up for the Army.

The little that we know of CPL Meshulam, or Moe as he liked to be called, comes from his surviving family – his sister Rose and his nephews Sam and Morris. Rose was recently contact by the Army, and was in “total shock” that her baby brother was finally found. CPL Meshulam’s brother Jack and his twin sister Rae gave their DNA to DOD officials to 2006 to help identify Moe’s body. Jack, Moe and Rae will finally be brought



Court of the Missing (above) at the Honolulu Memorial (R) that lists CPL Morris Meshulam, previously M.I.A., now R.I.P. back home.



together in the family plot in Indianapolis later this year.

From what we do know about CPL Meshulam’s service, he completed basic training, and afterwards, he was sent to Korea to be part of Battery D of the 82nd Anti-Aircraft Battalion in the 2nd Infantry Regiment on July of 1950. His first battle must have been on August 31st when the

North Koreans attacked their position on the Nantong River Line, which resulted in a 16-day battle that ended up with the unit gaining more territory for United Nation forces. It is likely that after this battle Meshulam was promoted to Corporal.

His Division was within 50 miles of the Manchurian border when Chinese forces (see Selman, page IN 18)

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Renaissance Indianapolis North Hotel



About the Cover

Shalom
By Dena Levie



Dena Levie

This papercut artwork with “*Shalom*”, in Hebrew, at its center was created as a New Years greeting card. *Shalom* has many different translations including hello, goodbye, peace, harmony, wholeness, and tranquility. The Jerusalem skyline surrounds the word *Shalom*. The root of both Jerusalem and *Shalom* is, *Shalem*, meaning completeness. It is our prayer every year for personal completeness and happiness as well as safety and tranquility for the land of Israel as well as each and every one of us.

The artist, **Dena Levie**, of Teaneck, N.J., designs and creates beautiful personalized papercut artwork. Dena has always had a love for the arts. At Stern College (Yeshiva University), she received degrees in both Computer Science and Fine Art. After a short stint as a graphic designer she worked as a computer programmer for a financial firm. However, art was always her passion and she began to experiment with papercutting when her oldest daughter was born 23 years ago. Since then she has made this her full time passion creating more than 1600 paper cuts.

Dena enjoys working with people to create a personalized piece of art that will be enjoyed for years to come. This includes hand calligraphed *ketubot* (Jewish wedding documents), family trees, wedding and *Bar Mitzvah* gifts as well as artwork for school and synagogue honorees. Ms. Levie has also designed greeting and holiday cards as well as invitations for weddings and other events. In 2004, Ms. Levie was commissioned to design a few pieces that were presented to Michael Douglas, Steven Spielberg and Bette Midler. She also created the cover of the Youth Dub CD for the musician, Matisyahu. Most recently she was commissioned to create a piece for the Jewish Children’s Museum in New York City.

Dena’s artwork has been exhibited in galleries across New York and she has been featured in several newspapers. She has traveled to Israel, Africa and throughout the United States to meet and exchange ideas with other papercutters. She is an active member of the Guild of American Papercutters. She can be reached through her website www.judaicpapercuts.com or at her studio 917-334-0937. ✨



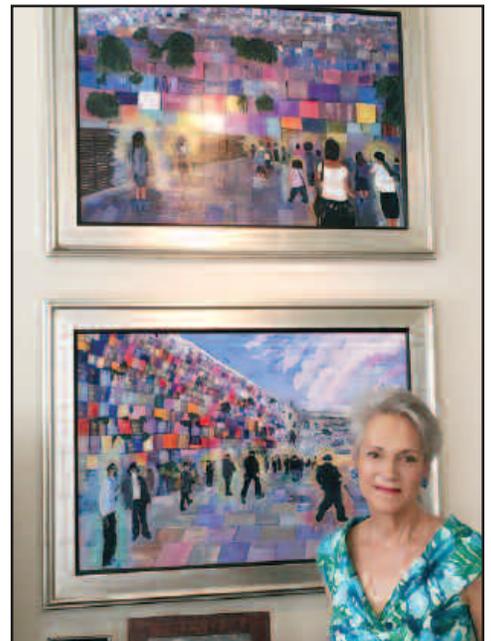
Hoosier Jewish Legends 2018

On Aug. 26, at Table at Market District in Carmel, Ind., the Indiana Jewish Historical Society celebrated the third class of inductees into the Hoosier Jewish Legends Hall of Fame. These individuals (above) were selected for their significant contribution to life in Indiana. (L-R): Sidney and Lois Eskenazi, Gerald Kraft, Cantor Janice Roger, Joan Wolf – all of Indianapolis – and Dayle Piser accepting for husband, David Piser, of South Bend.

The mission of the Indiana Jewish Historical Society is to collect, preserve, publish and share the history of the Jewish experience in Indiana. Nominations for the 2019 Indiana Jewish Legends are open now.



Katherine Morris Soskin (above), formerly of Indianapolis and for the past three years a resident of New Mexico, lectured at the Heritage and Arts Museum of Los Lunas, N.M., on her art and photography show. Next year her Jewish paintings will be featured with Jewish books and historical information about the Crypto Jews of New Mexico.



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Leipzig at JTB

The Jewish Theatre of Bloomington's (JTB) fall production, *Leipzig* by Wendy Graf, will be directed by Jenny McKnight, Professor of Practice in Acting and Directing at Indiana University. With a cast of local and regional actors, the show will run two weekends from the last week of October into early November at the Ivy Tech John Waldron's Rose Firebay.

Leipzig, takes an honest look at redemption – finding a path to love and reconciliation where there has been distance, secrecy, and misunderstanding. At a time when anti-Semitism and anti-refugee rhetoric are increasing, JTB's production of this multiple award-winning play aims to foster greater understanding of the experiences of others.

Leipzig explores the journey of a three-member Irish-Catholic Boston family when the mother, played by Columbus actress Jan Lucas, descends into Alzheimer's and begins praying in Hebrew, unwittingly revealing her long-held secret that she is Jewish, a child refugee of the Holocaust. Her adult daughter and only child, played by Bloomington actress Suzanne Lang-Fodor, has been raised as a devout Catholic, and must deal with the devastating effects of her mother's secret past and come to terms with her religious identity.

She carries on an interior conversation with an imagined "Jesus," IU theatre student, Caleb Curtis, her confidante since childhood, to help her through this religious crisis, while her father, played by Indianapolis actor David Mosedale, is in denial. IU theatre students Anna Doyle and Reid Henry, as well as local actor, Jonathan Golumbiecki, round out the cast. *Leipzig* allows past and present to collide in a psychological homecoming that raises deep and moving questions about identity, loyalty, memory, and parental bonds.

Wendy Graf, *Leipzig* playwright, will be in the audience on opening night and will

L'shanah Tovah, again

BY RABBI MICHELE B. MEDWIN

Aren't we lucky as American Jews. We get to celebrate two New Years. For the Jewish New Year, the custom is to look back over the past year and ask forgiveness of those we have wronged, so we can start the new year with a clean slate. For the secular New Year, we look to the future, making resolutions we hope to keep.

As you make your New Year's resolutions, I thought I would help you to look at them from a Jewish perspective. Perhaps by putting it in the context of doing a *mitzvah*, a commandment from God, it may help you to keep your resolutions.



participate in a talkback panel. Her work was enjoyed by Bloomington audiences when JTB did a staged reading of *Leipzig* in 2010. The *Herald Times* reviewer called it "a credible, powerfully told story... inspired and masterful." In its West Coast premiere, a review in the *LA Times* noted that *Leipzig*, "with its focus on denial and repression, brings a fresh twist to the overcrowded Holocaust-themed genre."

The performance dates for *Leipzig* are Oct. 25 & 27 and Nov. 1 & 3 at 7:30 p.m., and Oct. 28 at 3 p.m. There will be two talkbacks, the first on opening night. Tickets for the production, at the Ivy Tech John Waldron's Rose Firebay, are \$25 and are available through the BCT box office in person (114 E Kirkwood Avenue) or online (www.bctboxoffice.org). Groups of 5 or more will receive a \$2 discount per ticket.

Doors will open 30 minutes prior to curtain. Metered and parking garage space are available downtown and across the street from the theatre. For more information on the Jewish Theatre or on *Leipzig*, please visit jewishtheatrebloomington.com or find us on Facebook at Jewish Theatre of Bloomington. Supported by a grant from the Bloomington Arts Commission and co-sponsored by IU's Jewish Studies Program. ★

Some of the most common New Year's resolutions relate to doing something regarding our health: lose weight, eat healthier, exercise more, stop smoking. All these are easier said than done. As you contemplate making a resolution of this type, think of your body as belonging to God.

Judaism teaches us that it is important to take care of our bodies because we are created in God's image. Therefore our bodies are God-like. According to Philo, "The body is the soul's house. Shouldn't we therefore take care of our house so that it doesn't fall into ruin."

Talmud teaches us that God loans our bodies to us for the duration of our lives, then takes them back at the time of our death. If you were in possession of something of God's, how would you treat it? Would you feel an obligation to take proper care of it?

Even in the days of the *Talmud*, people were instructed to practice good and proper hygiene, sleep, exercise, and diet. ("There is nothing new under the sun.") According to Jewish law, it is so important to care for our bodies that Jews may not live in a city where there is no physician.

Maimonides, a great rabbinic scholar and physician, often taught about caring for our bodies. "Exercise removes the harm caused by most bad habits, which most people have." He also said, "Since by keeping the body in health and vigor one walks in the ways of God – it being impossible during sickness to have any understanding or knowledge of the Creator – it is a man's duty to avoid whatever is injurious to the body and cultivate habits conducive to health and vigor."

As you make your resolutions, remember a final teaching of our *Torah*: A person who makes a vow, a promise to God, must carry it out. (Num. 30:3) Perhaps making your resolution in the context of Jewish teachings may help you to fulfill your promise to yourself.

Rabbi Medwin serves Temple Shalom, in Monticello, N.Y. Reprinted from JP&O, Jan. 18, 2006, Healing Edition. ★



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SELMAN

(continued from page IN 15)

entered the fight, and during the Battle of the Ch'ongch'on River, his unit's mission was to protect the rear and right flank of the Eighth Army as it retreated to the South. After this battle, while surrounded and outgunned, CPL Meshulam's Battery fought through what later was known as "The Gauntlet" – a valley where UN forces faced road blocks and heavy fire from Chinese forces. His unit lost nearly one third of its remaining soldiers. CPL Meshulam was captured in the Gauntlet near Kunu-ri on Dec. 1, 1950 and taken as a Prisoner of War. He died Jan. 11, 1951, either from severe malnutrition or injuries that he received during the battle.

The remains of soldiers that died in North Korea were returned by the North Koreans in two waves: one in 1954 (also known as Operation Glory) and another from 1992–94. It is estimated that out of the 4,219 bodies that were returned, 416 bodies were unable to be identified. All unidentified soldiers were placed in the Punchbowl Cemetery in Honolulu. The DoD has led a massive effort to identify the remains of these soldiers – about 90 military researchers are currently working at labs in Hawaii, Nebraska and Ohio to identify the bones of Americans as we speak. The number varies from year to year, but they identify approximately 30–50 remains a year through advanced DNA techniques. Since CPL Meshulam's remains have been accounted for, a rosette will be placed next to his name on the "Court of the Missing" at the Honolulu Memorial to mark that he now rests in a known gravesite.

JWV is grateful to the Department of Defense, the U.S. Army and the Korean War Project for ensuring that CPL Morris Meshulam can finally come home. The funeral will take place at Etz Chaim Cemetery on Sept. 23, 2018 at noon. Our goal at JWV is to ensure that each and

KAMEN

(continued from page IN 13)

and a few anatomy charts, but they're almost useless. You can start from scratch... whatever you want to do, do it. And, uh, of course, you know we can't pay for it, Jack."

"Of course." I was already the examining physician for the local Catholic charities, and I was the nuns' physician in the catechism school, so this was going to be another "out-of-my-faith" duty. It sounded like it was going to be pretty interesting, and having never done anything like it before, it was going to be a learning experience for me too. (Boy, would it ever!)

"We have eight couples at present waiting to be married." said Father Michael. "I'm already doing my part. When can you start yours, Jack?"

"Give me about a week to prepare. We can probably meet every Wednesday night at 9:00 in my office. We'll start with the men..."

Joyce Kamen has been a creative communications professional since 1982. Her father, Dr. Jack Kamen, had been a brilliant physician since 1951, and a hilarious wisecracker since he was born in 1925. He is a member of Congregation Shaarey Tefilla, in Carmel, Ind. This is their first collaboration.

Link to a 1-minute video with Dr. Kamen explaining how things have changed in medicine since the "good old days." (www.youtube.com/watch?v=s6nr7Ii0rKg) and a link to the books' Facebook page: fb.me/funnypatientstories. The book (e-book and paperback) is for sale at Amazon: www.amazon.com/dp/1732500606 ☆



every veteran is able to come home, and we are so glad that after 67 years, we can finally say that CPL Morris Meshulam is coming home.

Anna Selman is the Programs and Public Relations Coordinator for Jewish War Veterans of the U.S.A. (JWV). She is an Army veteran. ☆

KAPLAN

(continued from page IN 20)

My Grandma Sade's Teiglach

My Grandmother was born in New Jersey although her mother came to the States as a young girl from Russia so she probably learned this Eastern European dish from her mother. Teiglach means "little dough pieces," and was originally for family celebrations and various holidays. Today, it is made primarily for Rosh Hashanah as a symbol for the sweet new year. My favorite reference book for any food is Encyclopedia of Jewish Food by Gil Marks (z"l) who wrote that teiglach were brought to the United States by Eastern Europeans in the early 1900s although nuts were not part of the recipe in the "old country."

- 2-1/2 cups flour
- 1 tsp. baking powder
- 4 Tbsp. oil
- 4 eggs
- 1/8 tsp. salt
- 3/4 cup brown sugar
- 1-1/3 cups honey
- 1 tsp. ground ginger
- 1/2 tsp. ground nutmeg
- 1 cup finely chopped pecans

In a mixing bowl, combine flour, baking powder, oil, eggs and salt. Stir until a dough is formed. In a saucepan, boil sugar, honey, ginger and nutmeg for 15 minutes. Wet a board with cold water. Pinch pieces of dough and drop them into the boiling honey mixture. Cook until very thick. Add nuts and stir. Pour honeyed pieces onto the wet board and cool slightly. With wet hands, shape dough into 2-inch balls or squares. Let cool. Store in an airtight container.

Sybil Kaplan is a journalist, food writer and author who lives in Jerusalem. She created and leads weekly walks in Jerusalem's Jewish food market, Machaneh Yehudah, in English. ☆

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My Kosher Kitchen



BY SYBIL KAPLAN

The Jewish Post & Opinion

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Apples and Honey recipes

Two Layer Apple & Honey Cake

This was in my recipes files, but I have made changes and I do not know the source.

- 2 cups flour
- 3/4 cup sugar
- 2 tsp. baking soda
- 1 tsp. salt
- 2 tsp. ground cinnamon
- 1/4 tsp. ground cloves
- 1/8 tsp. ground nutmeg
- 3/4 cup vegetable oil
- 2 large eggs
- 1/3 cup parve milk
- 1/2 cup honey
- 1-1/2 tsp. vanilla extract
- 3 cups coarsely grated apples

Preheat oven to 325°F. Prepare two 9-inch cake pans. In a large bowl, whisk flour, sugar, baking soda, salt and spices. Form well in the center. Add oil, eggs, milk, honey and vanilla. Whisk until moistened. Fold in apples. Spoon half into each baking pan. Bake in oven about 45 minutes or until a tester inserted into the center comes out clean. Cool.

Tofu cream cheese frosting

- 16 ounces Tofu cream cheese
- 1/2 cup unsalted parve margarine
- 1 cup confectioners' sugar
- 2 tsp. vanilla extract
- 1 tsp. grated orange peel
- 1/2 cup honey

Beat cream cheese and margarine in a bowl until fluffy. Add sugar, vanilla and orange peel. Add honey and beat until smooth. Chill.

Place 1 cake flat side up on a serving dish. Spread with 1 cup frosting. Top with second layer, flat side down. Spread remaining frosting on top and sides of cake.

Tishpishti

(Middle Eastern Honey-Nut Cake)
Cake

- 2 cups finely ground almonds, hazelnuts, pistachios or walnuts
- 1 cup cake meal
- 2 tsp. orange juice
- 1 tsp. ground cinnamon
- 1/2 tsp. allspice or ground cloves
- 6 eggs

- 1 cup sugar
- 1/2 cup vegetable oil
- 1 Tbsp. grated orange or lemon zest

Honey syrup

- 1-1/2 cups honey
- 2/3 cup water
- 1/3 cup sugar
- 1/4 cup lemon juice

Stir honey, water, sugar and lemon juice in a saucepan over low heat until the sugar dissolves, about 5 minutes. Increase heat to medium, bring to a boil and boil for 1 minute. Let cool.

Preheat oven to 350°F. Grease a 13x9-inch baking pan. Combine nuts, cake meal, cinnamon and cloves in a mixing bowl. In another bowl, beat egg yolks with sugar. Add to nut mixture with orange juice. Add oil and orange or lemon zest. In a third bowl, beat egg whites until stiff but not dry. Fold into batter. Pour batter into baking pan and bake in oven 45 minutes. Let cool.

Cut cake into 1 to 2-inch squares or diamonds. Drizzle cooled Honey Syrup over the warm cake. Serve at warm or room temperature.

(see Kaplan, page IN 18)

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