

The Jewish **Post & Opinion** • *Indiana Edition*

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ENAG SUKKOT SAMEACH



Cover art by
Karin Foreman
(see About the Cover, p. IN 2).

Simcha Announcements

Mazel Tov to...

Jamie Rebecca Potash (below), daughter of **Janice** and **Steve Potash** of Carmel, Ind., on her marriage to **Michael Alan Schwartz**, son of **Sylvia** and **Steve Schwartz** of Williamsville, N.Y. The wedding was July 2, 2017, at the Fairmont Hotel, Millennium Park in Chicago. **Rabbi Jeremy Pappas**, childhood friend of the groom, officiated.

Attendants included the bride's sibling, **Daniel Potash**, of Carmel, Ind., and the groom's siblings **Amy** and **Elliot Offenbach**, from Glenview, Ill., and **Risa Schwartz** and **Chris Duesing**, from Chicago. The maid of honor was the bride's childhood friend, **Sara Winter**, of Chicago. The best man was the groom's childhood friend, **Joseph Lipsitz**, of East Amherst, N.Y. The best boy was **Jacob Offenbach** and the flower girl was **Ava Offenbach**.

The couple met through the Young Leadership Division of the Jewish Federation in Chicago. Jamie is a Planning and Optimization Coordinator at BP America. Mike is Vice President at International Foodservice Manufacturers Association. Their honeymoon was in Italy and they currently reside in Chicago.



Photo credit: Rick Aguilar Studios.

Mike and Sylvia Blain of Beachwood, Ohio on their 16th great-grandchild, a boy, **Moshe Aharon (Max Aaron)**, right) born Aug. 30, in Teaneck, N.J. The baby's

Hidden will be shown at Keystone Landmark Theatre

Ashton Gleckman of Carmel, Ind., at age 17 is already an accomplished musician who scores music for films. He has studied and worked in New York City and Los Angeles, including participating in an internship for Remote **Gleckman** Control Productions, a film score company run by world-renowned **Hans Zimmer**.



Gleckman has recently scored the music for a film called *Hidden* – the story of children hidden during the Holocaust. This film is going to premiere in Indianapolis on Thurs., Nov. 2 at 6:30 p.m. at Keystone Landmark Theatre. The director, **Gi Orman** (bigprod.net/our_story.php), will be there, as well. Following the film, there will be a Q&A session. ★

parents are **Ezra** and **Melissa Blain**. Maternal grandparents are **Seymour** and **Rona Kassel** of Edison, N.J., and paternal grandparents are **David** and **Susan Blain** of Cherry Hill, N.J. The other great-grandparents are **David** and **Rose Raduziner** of Hudson, Mass.

Whitney Maurer (right), daughter of **Morrie** and **Jan Maurer** of Indianapolis, on her marriage to **Evan Kleymeyer**, son of **Ted** and **Sharon Kleymeyer** of Park Hills, Ky., on Aug. 5, 2017 at The Oakwood Resort on Lake Wawasee in Syracuse, Ind.



About the Cover

Sukkot
By **Karin Foreman**



K. Foreman

"Sukkot" was made using different textures and Illustrator. It features the Four Species to be waved during the agricultural festival. They are the *etrog* (yellow fruit of a citron tree, the *lulav* (date palm tree) the *hadass* (myrtle tree) and the *aravah* (willow tree).

(see Cover, page IN 3)



Eric Lindberg and **Doni Zasloff** are the band, **Nefesh Mountain!** (see Editorial, p. IN 3.) Photo by **Jennie Cohen**.



Photo credit: The Siners Photography.

Grandmothers of the bride **Jackie Cohen** and **Eleanor Maurer** both live in Indianapolis. Grandparents of the groom are **Nelson** and **Jeri Glueck** of Naples, Fla., and **Jack Kleymeyer** and **Suzie Kleymeyer** of Fort Mitchell, Ky. **Rabbi Jon Adland** officiated. Other relatives in attendance were **Heather** and **Doug** (see Mazel Tov, page IN 5)

Editorial

What a treat to experience the talent of the band, Nefesh Mountain! (see photo p. IN 2.) They performed before *Selichot* services at Beth-El Zedeck in Indianapolis, Ind. on Sept. 16th. The musicians, Eric Lindberg and Doni Zasloff, a newlywed duo, have developed a special style of Jewish music. It has some similarities to Klezmer but instead of an Eastern European influence it combines Jewish lyrics (Hebrew, English and Yiddish) with American Bluegrass.

Lindberg and Zasloff are among a recent group of musicians blending their Jewish identities with their connection to traditional roots music like folk, country and bluegrass. For this evening, these two songwriters both sang, and he played the banjo and guitar. Their sweet-sounding, rhythmic melodies made this concert especially memorable as did the discussion in between the songs on "forgiveness" and other themes of the High Holiday season.

I sat next to a woman and her husband who traveled from Cincinnati to see them. This might not seem unusual but her husband is a rabbi. Even if he doesn't have his own pulpit, who goes out of town for *Selichot* services if they are not visiting family? She told me just three days prior she had read about the group in *Hadassah Magazine*. This led her to the Nefesh Mountain website (nefeshmountain.com), and to listen to their music on YouTube. In their touring schedule, she saw they would be in Indianapolis, and she didn't want to miss them.

In the September/October *Hadassah* article by Ruth Ellen Gruber, titled "Jews and Bluegrass", it says some performers and critics dub the fusion of these two genres "Jewgrass" and another musician, Henry Sapoznik who plays the banjo and combines the two has a new album titled "Banjew".

Three years ago before *Selichot* at Beth-El Zedeck, singer/songwriter Michael Hunter Ochs (ochsongs.com) gave a concert which included songs pertaining to this time of year about *chesbon hanefesh* (self-reflection), so we might make amends for our errors and improve in the coming year. During his performance he preceded each song with an interesting story of how he came to write it, but he also explained why music is so helpful in bridging the gap between people with differences.

"Music has a way of reaching and moving the heart before the mind realizes what's happening. The right song, when sung from the heart, can enable us to feel compassion for someone we might even

COVER

(continued from page IN 2)

The blue background symbolizes the stars to be seen through the temporary dwelling that is built for this holiday. It reminds us that all existence is fragile.

The blue garland represents a *sukkah* decoration that is crafted by many of the children. It is also symbolic for the link created by the traditions handed down through the generations.

Karin creates artwork, graphic designs, and award-winning inspirational nature photography. Foreman has won *The Exposure Award* and is featured in *The Nature Collection*. Her photography was honored at a private reception at the Louvre Museum in 2015. Her work was also featured at 4Times Square in New York (2016) and was displayed in August 2017 at the Amsterdam International Art Fair held at the *Beurs van Berlage*. See much more of her beautiful art on her website at www.karinforeman.com. She can be reached by email at karin_foreman@yahoo.com. ★

fear – and gives us the chance to uncover our common humanity. Once we are joined by the spirit of compassion, it becomes so much easier to talk about the tough issues on which we disagree."

Six years ago when The Yuval Ron Ensemble was in Indianapolis for International Peace Day on Sept. 21, 2011, I wrote: "Yuval Ron commented that some people think that the way to diminish darkness is with more darkness. He believes the way to diminish the darkness is with light and that is what his group does with their music. They travel around infusing light by highlighting the commonalities of the different religions and bringing them together for a joyful and uplifting experience."

Music has also been beneficial for elderly people with memory disorders such as Alzheimer's disease. Some, who have not responded to other treatments, will sing along and become more responsive after hearing familiar music, especially from their youth.

Gandhi said "Be the change you wish to see in the world." Perhaps the best way to help bridge the gap during this divisive time in our world is by doing what we Jews do at this time of year – self-examination. Then we will be on more solid ground to help make changes within our own family and close friends, and then in our cities and states and beyond. Music can be one potent catalyst to assist us in making the positive changes we wish to see in ourselves and in our world.

Jennie Cohen, September 29, 2017 ★

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Simchas Welcome! Had a recent joyous occasion in your family or Jewish organization? *The Jewish Post & Opinion – IN Edition* welcomes your announcements for placement in our *Simcha* section. Submit photos and text to: jpostopinion@gmail.com. **Next Deadline: Oct 27, 2017.** All decisions on publishing, date of placement, size of photo, and length of announcement are at the sole discretion of the publisher.

Community Events

Hadassah's Lunch and Learn – our tenth year of presentations

Meets at Donato's on Wednesdays at 11:30 a.m. Located near Thrifty Threads on the southwest side of 86th & Ditch. For more information contact Phyllis Russell at Therussells46032@aol.com.

Oct. 4: Emma Messing was one of the first woman diplomats of the US government and daughter of Rabbi Messing of IHC. Presented by Phyllis Russell.

Nov. 1: Vera Rubin, Astrophysicist who along with collaborators discovered evidence of "black matter". Presented by Rachel Johnson. **Dec. 6:** Stella Adler actor and acting teacher. Presented by Marion Garmel.

BBYO

Sat., Oct. 7, Indy Brae Sheath AZA is having a sleepover to prepare for Spirit Convention, and B'Yachad SG BBG is having inductions for their new members and a sleepover. There will be a lot of sisterhood bonding and getting excited for Spirit Convention. Contact Roz for locations and times.

Fri.-Sun., Oct. 20-22, KIO Regional Spirit Convention YMCA Camp Campbell Gard: Hamilton, Ohio. Join your chapter sisters & brothers for the region's most spirited convention as KIO chapters compete for the coveted Spirit Stick. KIO's largest convention focuses on chapter bonding, strengthening friendships and celebrating *Shabbat* as a community. If you have any questions regarding upcoming programming, please contact City Director Roz Knapp at indianapolis@bbyo.org.

Living Judaism:

Being, Doing, Feeling Jewish

Sundays Oct. 8–Dec. 3 from 10:15 a.m. –noon at Congregation Beth-El Zedeck. Join Rabbi Dennis Sasso in an open conversation of discovery about the meanings of Jewish Identity, Beliefs, and Practices. **Oct. 8:** How Judaism Began – Biblical Origins; **Oct. 22:** How Judaism was Shaped – The Ancient Teachers; **Oct. 29:** How Judaism was Changed – Modernity: Judaism Under Freedom; **Nov. 5:** What We Believe – God, Spiritual Values, and Prayer; **Nov. 12:** How We Behave – The Yearly Cycle/The Life Cycle; **Nov. 19:** Ways We Belong – Family, Community, Synagogue, Israel; **Dec. 3:** Judaism Today and Tomorrow. For more info contact Jennifer Hodes at 317.253.3441 or jhodes@bez613.org.

Bereavement support group

Tuesdays Oct. 10, Nov. 14 and Dec. 5 at 6 p.m., in Room A-17 of the JCC. JFS

and Ascension Health and Home invite you to a Jewish bereavement support group, co-facilitated by Brenda Kenyon LCSW and Paula Glanzman Goldberg. While everyone processes grief and loss differently, healing is enhanced by sharing with others who have experienced loss. Together, the group will address the social, emotional and spiritual dimensions of grief from a Jewish perspective. This program is free of charge, and no registration is needed. For more information please email Paula: pgoldberg@jfgi.org or Julie: 317-529-5497.

Maccabi Haifa vs. Pacers

Tues., Oct. 10 at 7 p.m. The Indiana Pacers' only preseason game at home this year will be played against Maccabi Haifa! Buy tickets now through September 28 and pick them up at the box office on game day – so make sure to bring an ID along with your Israel flags and jerseys! In 8th–12th grade and want to go to the game with your BBYO friends? Stay tuned for a separate sign-up link especially for BBYO! Questions? Contact JFGI's new Israeli Emissary, Roie Gonen, at 317-475-4276, shaliach@jfgi.org, or Roie Gonen Indianapolis Shaliach on Facebook.

Ronen Chamber Ensemble Concerts

Violin in the Spotlight – Tues., Oct. 10, at 7:30 p.m., at the Glick Indiana History Center in the Frank and Katrina Basile Theater, 450 W. Ohio Street, Indianapolis.

Violinist Chin Kim, 1986 Laureate of the International Violin Competition of Indianapolis, will be Ronen's guest. ISO Principal Oboist Jennifer Christen will perform with Kim and Ronen strings in the Mozart Oboe Quartet and Martinu's Nonet for Winds and Strings will be the evening's Finale. Chih-Yi Chen will join Kim in works for Violin and piano.

Bridgman Premiere & 20th Century Masterworks – Mon., Nov. 27 at 7:30 p.m., at Christel DeHaan Fine Arts Center, 1400 E. Hanna Ave, Indianapolis. Ronen presents

a World Premiere by up-and-coming composer (and UIndy graduate) Matthew Bridgman. Mezzo Soprano Mitzi Westra sings Berio's colorful "Folk Songs" conducted by Paul Krasnovsky, and Gregory Martin is featured in the Poulenc Sextet. For more information go to RonenChamber.org or call 317-846-9334.

5th annual Indy Festival of Faiths

Sun., Oct. 15 from 1–5 p.m., at Veterans Memorial Plaza in downtown Indianapolis presented by The Center for Interfaith Cooperation. This festival is designed to recognize, highlight, and celebrate the diverse religious landscape in central Indiana. A primary goal of the festival is to heighten awareness about the many religious congregations that coexist in our community and to provide an opportunity to share and learn about each other's traditions in a very open and public setting. The festival has steadily grown each year.

Jewish Healing Services

Oct 18, Nov. 15, Dec. 20 at 5:45 p.m., at Congregation Beth-El Zedeck. Free and open to those in the Jewish community experiencing illness, walking the mourner's path, caregivers or for those who want a contemplative and musical service. For more information contact Rabbi Shelley Goldman at 317-253-3441 or sgoldman@bez613.org.

Hooverwood Guild annual raffle and luncheon

Wed., Oct. 18 at 11 a.m., at Market District, 11505 N. Illinois St., in Carmel. The raffle is to raise funds for the special needs of Hooverwood residents such as welcome and holiday gifts, parties and outings. The Guild runs a full-service beauty salon and gift shop. All raffle money is used to enhance the lives of the residents. Fabulous door prizes at the event and only cash prizes for the raffle. Raffle tickets are \$10 each or 11 for \$100. You do not need to be present to win. For more info or to purchase tickets call 317-493-2782 or write to 7001 Hoover Rd, Indianapolis, IN 46260. Raffle Co-Chairs are Susan Mitchell and Donna Nelson.

(see Events, page IN 7)

New Year's Greetings from

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Camp Livingston names new executive director

Max Yamson's roots with Camp Livingston date back almost 25 years – beginning as a camper in 1993. He later served as a counselor, the lake director, and as an administrator. In total, he has spent 16 summers at camp. He served as a member of Camp Livingston's Board of Directors prior to moving into his most recent role as Director of Development and Alumni Relations.



Max Yamson

Max has extensive professional experience in business management, sales, and marketing. He considers this new role with camp his dream job.

"I am honored to have the opportunity to work with the Livingston team to guide Camp Livingston through this next exciting chapter," Max said. "I credit Livingston with giving me so much of my Jewish identity and helping shape me into the person I am today, and I look forward to helping shape the next generation of our community's children."

"My goal is to work with our lay leadership, staff team, alumni, donors, parents, campers and Jewish communities to elevate an agency with a wonderful and rich 98 year history. Camp Livingston enriches the lives of its campers and staff by providing a fun, unique, community experience, while encouraging the development of Jewish identity within a safe and inclusive environment. I am honored to carry on the traditions of Camp Livingston that have been growing since 1920."



Nestled deep in the rolling, wooded hills of beautiful Southeastern Indiana, Camp Livingston has offered an unmatched summer experience for Jewish children and teens for almost 100 years. Camp Livingston has always provided a safe and nurturing environment where campers gain self-esteem, confidence and form lasting friendships with their cabin and unit friends, all within a fun and exciting atmosphere. Within this unique environment, campers come to know and love themselves, their community, and their place in the greater world. Learn more at www.camplivingston.com. ★

MAZEL TOV

(continued from page IN 2)

Maurer, siblings of the bride, and **Josh and Ben Kleymeyer** brothers of the groom.

The newlyweds will reside in Columbus, Ohio where the bride teaches second grade and the groom works for the Ohio Bankers League. The couple met at Goldman Union Camp Institute in Zionsville, Ind., and have been together for 11 years. They have been going to Lake Wawasee for many years, and knew it was the perfect place to get married!

Rabbi Yisrael and Mrs. Miriam

Gettinger on their new grandson born Sept. 10 to their son **Rabbi Yitzchak Gettinger**, who, along with his family, recently moved to New York from Jerusalem where he assumed the pulpit of his late grandfather, **Rabbi Menachem Gettinger ZT"L**, at the Young Israel of the West Side.

Eileen Baitcher of Ft. Wayne on retiring after 22 years as Executive Director of the Indiana Jewish Historical Society.

Rabbi Paula Winnig on becoming the new Executive Director of the Jewish Federation in Madison, Wisc. ★



LOOK BEYOND THE LABEL.

Religious freedom. It's an important issue to Jews everywhere. Today, it's especially relevant here and in Israel. Which, on reflection, gives Rosh Hashana an even deeper significance.

Because — no matter how we may label ourselves — we are all Jews. That's what matters. Recognizing that our diversity strengthens us.

So this Rosh Hashana, let's make it a sweeter new year by standing together. You can do that by giving generously to Federation. Your gift supports our work for a more pluralistic Israel and a stronger global community.



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EVENTS*(continued from page IN 4)***PJ Library**

Fri., Oct. 20, from 9:30–10:30 a.m., Shabbat Playdate at the Hasten Hebrew Academy. The PJ Library program supports families in their Jewish journey by sending Jewish-content books and music on a monthly basis to children from age 6 months to 8 years.

IHC Sisterhood 100th anniversary celebration

On October 13, 1917, The Temple Sisterhood of Indianapolis Hebrew Congregation was formed and has been an integral part of IHC and the community since the beginning.

Now it is time to celebrate with a special weekend planned **October 20–21**. The community is invited to join the celebration at both of these events:

Fri., Oct. 20 at 6:15 p.m., at IHC. Sisterhood *Nefesh Shabbat* will be a special service highlighting Sisterhood's past, present and future during IHC's uplifting musical service. A delicious *Oneg Shabbat* and Birthday celebration will follow, hosted by Sisterhood.

Sat., Oct. 21 at 7:30 p.m., at the Bent Rail Brewery, all Dames & Pals are invited to join us for the Sisterhood Soiree, an evening of prohibition style drinks, snacks, swing dancing & more, all to celebrate Sisterhood's 100th Birthday. All encouraged to wear 1917's garb and come ready to party. The secret password is "Sisterhood is 100". For more information and to buy your tickets to the Speakeasy Soiree, please visit ihcindy.org or email sisterhood.IHC@gmail.com.

Hasten Hebrew Academy's 6th Annual Journey to Israel 5K 8th Grade Trip Fundraiser

Join the 8th graders of the class of 2018 of the Hasten Hebrew Academy of Indianapolis (HHAI) for a fun day of a 5K Run/Walk event to raise funds for their annual spring trip to Israel. (See ad page IN 20.)

The race will take place **Sun. Oct. 22** at the JCC pavilion starting at 9:00 a.m. Sign-in at 8:00 a.m. Course: Lawn, path, and pavement.

Registration forms available for download online at HHAI.org or pick up at the HHAI front office at 6602 Hoover Road, Indianapolis. Ph: (317) 251-1261. Deadline: Wed. Oct. 18, 2017.

Entry Fees: \$36/person, \$90/family (of 5 or more). T-shirt, water, and snacks for each participant.

"Running in Spirit" donations and corporate sponsorships also greatly appreciated.

Indiana Jewish Historical Society (IJHS) Celebrates Jewish Hoosiers

Please join us for the IJHS Hoosier Jewish Hall of Fame award ceremony as we recognize the Hoosier Jewish Legends 2017 winners at the IJHS annual luncheon on **Sun., Oct. 22** at noon at Table at Market District, 11505 N. Illinois St, Carmel. (For more info see their ad on p. IN 17.)

The IJHS mission is to collect, preserve, and publish information on the 250 years of Jewish life in Indiana. Our programs recognize the contributions to Indiana made by Jewish organizations, synagogues, and institutions. For more info about the Hoosier Jewish Hall of Fame, please call Mark Roger at 317-513-3670. Please check out www.ijhs.org.

Hadassah Book Club

Mon., Oct. 23 at 7 p.m., *Yellow Crocus* by Laila Ibrahim. Hosted by Annette Gross, and facilitated by Helaine Herman.

Mon., Nov. 20 at 7 p.m., *Circling the Sun* by Paula McLain. For more info or to RSVP contact Helaine Herman at helaine1@gmail.com.

Mickey's Corner with Mayor Joe Hogsett

Thurs., Oct. 26 at 7 p.m., in the Laikin Auditorium at the JCC. The Indianapolis Business Journal's Mickey Maurer reprises

the Emmy Award-winning Mickey's Corner with special guest Mayor Joe Hogsett. Fee: \$10. Sponsored by The Alan & Linda Cohen Center for Jewish learning and Living at Congregation Beth-El Zedeck. For more info contact Jennifer Hodes at 317-253-3441 or jhodes@bez613.org. Lisa Weinstock from Chicago, who represents the Midwest Region, will be on hand to discuss Israel Bonds as they are a co-sponsor of the event.

Jewish Community Study Results

Mon., Oct. 30 at 6:30 p.m. for desserts, and 7 p.m. for presentation in the Laikin Auditorium of the Arthur M. Glick JCC. Who are we? How many and where do Jews live in the greater Indianapolis area? What is the median age of our community? Find out the answers to these and many more questions as we examine the results of the Indianapolis Jewish Community Study with demographic researcher Dr. Ira Sheskin.

Ongoing

Rebetzin Nili Gingold-Altchek from Etz Chaim Sephardic Congregation leads a *Torah* discussion for women at Starbucks at 86th & Ditch every other Sunday morning at 10:30 or 11 a.m. To find out more contact her at (561) 405-0472. ★

*The Rabbi, Board of
Directors, and Members of
Congregation B'nai Torah
and its Sisterhood
extend the best
New Year's wishes
to the entire
Jewish Community!*



Seniors in Place

For additional events such as movies, singing club, knitting club, bingo and more, or to RSVP for these listed below, please call Janet at 251-8881, unless stated otherwise.

The Apple Works, Trafalgar, Ind.

Wed., Oct. 4 at 10 a.m. Join us for a fun-filled day with a van tour of the orchard followed by a talk about apples and an apple tasting. We will have a delicious lunch consisting of chicken salad croissant, chips, apple slushy and Dutch apple pie with ice cream. \$26 includes transportation, tour, talk, tasting & lunch.

Civic Theatre – Annie

Wed., Oct. 11, depart JCC at 5:30 p.m. With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. She is determined to find the parents who abandoned her years ago on the doorstep of a New York City orphanage that is run by the cruel, embittered Miss Hannigan. With the help of the other girls in the orphanage, Annie escapes to the wondrous world of NYC. In adventure after fun-filled adventure, Annie foils Miss Hannigan's evil machinations...and even befriends President Franklin Delano Roosevelt! She finds a new home and family in billionaire Oliver Warbucks; his personal secretary, Grace Farrell; and a lovable mutt named Sandy. FREE show, transportation \$10.

Carmel Community Players – Hide and Seek

Thurs., Oct. 12, show starts at 7:30 p.m., depart JCC at 6:15 p.m. After 18 years of marriage, Richard and Jennifer Crawford are finally about to become parents and have moved from the city to an old farmhouse, which they are trying to restore before the baby arrives. At first it is mostly the slow pace of restoration that nags them, but a general sense of unease begins to build as the old house seems to be resisting their intrusion. The lights fail, the plumbing malfunctions, a neighbor stops by with an odd gift. But it is the silent little girl whom Jennifer claims she has seen swinging in the backyard who brings on the chilling climax of the play in which the real and the supernatural clash with disturbing and breath-stopping results. No transportation available. Carpools can be arranged.

Dance Kaleidoscope – Magical Mystery Tour

Thurs., Oct. 19, depart JCC at 9 a.m. Stepping back to a different time and place...of hippies, flower children,

protests and immense change, Dance Kaleidoscope takes you on a journey from the optimism of youth to the realism of adulthood. Set to the music of The Beatles with period costumes inspired by pop artist Peter Max. We will have breakfast at Lincoln Square Pancake House before the show. FREE show, transportation \$10, breakfast at your expense.

Broadway in Indianapolis – Finding Neverland at Clowes Hall

Thurs., Oct. 19, depart JCC at 6 p.m. The incredible story behind one of the world's most beloved characters: Peter Pan. Playwright J.M. Barrie struggles to find inspiration until he meets four young brothers and their beautiful widowed mother. Spellbound by the boys' enchanting make-believe adventures, he sets out to write a play that will astound London theatergoers. With a little bit of pixie dust and a lot of faith, Barrie takes this monumental leap, leaving his old world behind for Neverland, where nothing is impossible and the wonder of childhood lasts forever. \$56 includes show & transportation.

The ISO Coffee Pops Series – Frankie Moreno: Under the Influence

Fri., Oct. 20, Fri Oct 20, depart JCC at 9

L'SHANAH TOVAH



Sandi Werner, REALTOR
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a.m. The two-time "Las Vegas Headliner of the Year" performs a high-energy tribute to the music of his greatest influences: Mozart, Elvis, Ray Charles, Billy Joel and more! \$47 includes show & transportation.

JCC – Silver Ball Concert & Dance

Sun., Oct. 22 at 6 p.m. Get ready to tap your toes for an evening of music by Swing Shift Indy, Indy's All-Star Big Band! And if the mood strikes you, dancing is not only allowed, it's encouraged. For ages 55+ only. Get tickets at www.jccindy.org or call 317-251-9467. General Admission \$10, VIP Ticket \$25. ★



L'Shana Tovah Tikateivu!

Rabbi Stanley Halpern, Our Congregants, Sisterhood, and Brotherhood

Extend a Warm Invitation to Worship with Us
During the Holidays and Throughout the Year

September 20 Erev Rosh Hashana 7:30 PM

September 21 Rosh Hashana

Young Family Service 9:00 AM

Rosh Hashana Full Service 10:30 AM

September 29 Erev Yom Kippur 7:30 PM

September 30 Yom Kippur

Young Family Service 9:00 AM

Yom Kippur Full Service 10:30 AM

Afternoon Service 4:00 PM

Yizkor/Neila 5:00 PM

Childcare will be available for Morning Services from 10:00 to 12:30

All services are held at Ann Skilling Hall on the East Campus of University High School, 2825 West 116th Street, Carmel Indiana

More about our Congregation is available on our website

www.bethshalomindy.org

JScreen makes for easy testing for 200 diseases

ATLANTA, GA – September was Tay-Sachs Awareness Month, an urgent reminder for people to get tested for genetic diseases so they can make informed decisions about family planning. Expanded screening panels now enable for testing of more than 200 diseases, a significant development from a generation ago.

"The genetic screening offered today is fast, easy, and comprehensive," says Karen Grinzaid of JScreen.org, which offers tests for genetic diseases through DNA saliva ("spit") that can be collected at home and then sent to a lab. "While Tay-Sachs certainly is one of the more well-known diseases among Ashkenazi Jews, we test for over 200 diseases that affect people of all backgrounds. Young adults especially need to know if they are carriers and if their future children might be at risk."

One in 30 Ashkenazi Jews are carriers of Tay-Sachs, and one in 300 people of the general population are carriers. While there is no cure for Tay-Sachs, genetic testing can determine who is a carrier. When both parents are carriers, each of their children is at 25% risk for the disease. For the small percentage of couples who are at risk, there are many options to help them have healthy children.



JScreen

Genetic testing just got easy

Since the 1970's, the incidence of babies being born with Tay-Sachs has fallen by more than 90 percent among Jews because of scientific advances and increased screening in the Jewish community. Go to JScreen.org for more information. ★



TAMIDcon 2017

TAMIDcon 2017 is the largest gathering of college student leaders who are engaged in experiential learning about business through Israeli companies.

At this recent national convention of TAMID Group, the Indiana University chapter received one of the few awards – Outstanding Startup Partnership. TAMID has chapters on 46 college campuses with 1,700 student members. Students take part in interactive classes, consulting with Israeli companies, internship experiences in Israel, managing investment portfolios with Israeli companies, and more.

TAMID's student-leaders, staff, and supporters are working hard to achieve a dual mission: developing a world-class extracurricular business program and



Indiana University-Bloomington students Christina Randall, Jeremy Hoffen, Kiran Patel-O'Connor, Joshua Zaacks, and Josh Shalen.

connecting tomorrow's leaders to Israel.

TAMIDcon was funded by the William Davidson Foundation, with additional support from Onward Israel, Paul E. Singer Foundation, Charles and Lynn Schusterman Family Foundation, and The Marcus Foundation. ★

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Why civilizations die and we don't

BY RABBI STANLEY HALPERN



Rabbi Lord Jonathan Sacks recently wrote about a very interesting piece by Rebecca Costa entitled "The Watchman's Rattle" and subtitled "Thinking Our Way Out of Extinction". I, too, had read this fascinating work. Costa gives a simple and challenging account of how civilizations die. Simply put, their problems become too complex, and societies reach what she calls a cognitive threshold. They cannot chart a path from the present to the future.

The example she focuses on is the Maya in Central America. For 3500 years they developed an extraordinary civilization with an estimated population of more than 15 million people. They were masters at pottery, weaving and architecture, as well as developing an intricate calendar system, charts that tracked the movement of the stars, their own unique system of writing and an advanced mathematical system. In addition, they developed a

water supply infrastructure involving a complex network of reservoirs, canals, dams and levees.

Then, for reasons we still do not totally understand, the entire system collapsed. Sometime between the eighth and ninth centuries the majority of the Mayan people simply disappeared.

Costa's explanation is that whatever caused the Mayan collapse, like the fall of the Roman Empire and the Khmer Empire of 13th-century Cambodia, occurred because problems became too numerous and too complicated for the people of that time and place to resolve. There was cognitive overload, and the system broke down.

The first sign of this breakdown was gridlock. Instead of dealing with what everyone could see were the major problems, it was easier to pass them down to the next generation. The second sign of the breakdown was a retreat into irrationality. Since people could no longer cope with the facts, they took refuge in religious consolations and extreme behavior. The Maya, just like the Khmer, chose to placate the gods by gruesome levels of human sacrifice. The problems remained unresolved, and the civilizations died.

This is what makes the case of the Jews and Judaism so fascinating. Judaism faced two centuries of extreme crises under

Roman rule between Pompey's conquest in 63 BCE and the collapse of Bar Kochba's rebellion in 135 CE. Hopelessly divided, they awaited a cataclysmic destruction.

But unlike the Maya and the Khmer, they did not focus obsessively on sacrifice. Rather, they transformed Judaism into a faith that focused on *gemillat chasadim* – the doing of acts of righteousness, the study of *Torah*, prayer, both private and communal, *teshuvah* – repentance for what we had done wrong – and fasting.

What was so striking about this, particularly from the point of hindsight, is that rather than clinging obsessively to the past, our Sages thought forward to the possibility of a worst case scenario. How do we shape and redefine Judaism, even if everything horrible happens? How do we answer the questions? How do we avoid the gridlock? How do we take our past and, rather than wallow in it, make it into a meaningful future?

Perhaps it is time for the Jews and Judaism of today to emulate the Jews and Judaism of 1900 years ago. Our survival may depend upon it.

Rabbi Halpern serves Congregation Beth Shalom in Carmel, Ind., a suburb of Indianapolis. It is the first new Reform congregation in the area in more than 160 years. ★

Women4Change Indiana is growing

Women4Change Indiana (W4CI) has grown from a large gathering last November into a powerful movement of energized women in Indiana dedicated to creating positive civic change in our communities and state.

As we approach our first anniversary, we are thrilled to announce that W4CI has formed a new governing board (to meet in October), and that W4CI has hired its first, full-time executive director, Rima Shahid. Rima comes to us from the Muslim Alliance of Indiana, where she has served as executive director since 2015. Some of you may already know Rima as a founding member of the W4CI Steering Committee.

**women
4change**
INDIANA

As executive director, Rima will lead the daily coordination of our activities and programs as well as our strategic plans for growth and impact, all while engaging our incredible base of volunteers. Rima possesses valuable experience leading a small non-profit, excellent relationships
(see Women4change, page IN 11)

The Bureau of Jewish Education of Indianapolis
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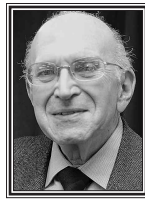
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As I Heard It

REVIEWED BY MORTON GOLD



A superb singer, guitarist and actor

A two CD set called *Theodore Bikel: While I'm Here* produced by Red House Records was released on Sept. 16, 2016. The first CD contains 16 tracks with Bikel's recollection of various events in his life and the second CD contains 17 tracks of him singing songs with various ensembles or with Bikel accompanying himself on the guitar. (He was a superb performer on the guitar.)



As Shakespeare observed, each person plays many parts during the course of his lifetime. During the 70 years as a performer, as an actor, Bikel appeared on the legitimate stage in London (*A Streetcar Named Desire* as Stanley Kowalski opposite Vivian Leigh), on Broadway (*Captain von Trapp* for two years in *The Sound of Music*; and for over 2000 performances as Tevye in *Fiddler On The Roof*) or in Hollywood films (*African Queen*). He was a folk singer who made over 20 recordings, one of the founders of the Newport Jazz Festival, having been a mentor to Judy Collins and Peter Yarrow. He was president of Actor's Equity, a human rights activist, an ardent supporter of the use of the Yiddish language and a staunch supporter of the State of Israel.

I do not know which I enjoyed more: listening to him share stories and anecdotes on the first CD or him singing on the second. Among various stories on the first, he recalls meeting David Ben Gurion at a dinner in London. BG asked him to sing a Yiddish song and he did. This was noteworthy because the future prime minister of Israel practically banned the use of Yiddish in the Jewish State. At a memorial service at BG's grave years later, he sang that same Yiddish song..."things come full circle."

Another episode he recalled was being invited to speak at the Parliament in Vienna, Austria, the country where he and his parents fled in 1938. He sang two Yiddish songs there, the second the Partisan Song (*Zol Nit keyn mol a du geyst dem lest'n veg*) and he mentioned that it was customary to stand while it was sung and the entire parliament including the premier rose! He then donned a tallit and recited *Kaddish*.

What a moment that must have been!

There were also several humorous stories, but I believe that I have written enough to let the reader know that just listening to him recall these events is worth the purchase of the set. The second CD, while a joy, is pure gravy!

Among the many performances, three stand out in my mind. One is the superb performance of *Erev Shel Shoshanim*, with words by Moshe Dor and music by Joseph Hadar. He is joined here with (Cantor) Mike Stein, viola and guitar and Jeff Stern, percussion. It is ironic that this love song very appropriate as a wedding processional is now frequently used as a melody for *Mi Chamocha* in the *Musaf K'dusha*. (In my view not at all appropriate.) It is the only track where no date or recording source is given – probably between 2014 and 2015.

It is not generally known that the song *Edelweiss* was not part of the original score in the *Sound of Music*. It was written by Rodgers and Hammerstein specifically for Bikel in a Boston hotel room. In this recording made in 2006, the resonant baritone of his earlier years is not there. What remains, and wonderfully at that, is his artistry and musicality which shine as brightly as ever.

There are songs in several languages in many styles and they are all a joy to hear. Many were performed at a concert given

WOMEN4CHANGE

(continued from page IN 10)

with elected and civic leaders, an ability to navigate stakeholder groups, an understanding of vulnerable communities in our state, and a commitment to helping us achieve a state-wide presence.

Rima began her new role on Sept. 18. Sujata Barai Chugh, who has served in an interim, consulting role, will assist during the transition and continue her involvement with W4CI as a volunteer as she returns to the practice of law. For more information go to: www.women4change.indiana.org.

Co-founders Rabbi Sandy Sasso and Jennifer Nelson Williams. ☆



at Temple Beth Am in Los Angeles in 1965 and we are grateful that they were recorded and allowed to be used in this CD. I suggest that the last song, *When I'm Gone*, written by Phil Ochs, will bring a tear to even one with a hardened heart. It was recorded in 2014 at a concert at his 90th birthday celebration in Saban Theatre in Beverly Hills. He passed away, all too soon, the following year. The CD's have the number: RHR CD286. Highly recommended.

Dr. Gold is a composer, conductor, retired educator and a reviewer for the *Post & Opinion*. ☆

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Chassidic Rabbi

BY RABBI BENZION COHEN

Reprinted from Oct. 10, 2010.

Our new grandson had his *bris* this past Sunday at 770 in Brooklyn. His name is Moshe Mordechai. He is named after our father, of blessed memory, Gavriel Moshe, and after my wife, Malka's, grandfather Yehoshua Mordechai. We got to hear the *bris* on the phone.

Baruch Hashem, Rosh Hashanah, the new year got off to a good start. On both days of *Rosh Hashanah*, I walked to our local hospital to blow the *shofar*. I was a little apprehensive. It takes an hour to walk to the hospital and another hour to walk home. Blowing the *shofar* hundreds of times is also a big effort, especially for a grandfather. Would I be able to do this both days?

I was pleasantly surprised. The first day I had a great time. My son-in-law David and my eight-year-old grandson Shragi came along to help. The patients, visitors, and the staff of the hospital were really happy to hear the *shofar*. And when my grandson also blew the *shofar* for them that put some big smiles on their faces. I

could see that the sounds of the *shofar* moved something in their souls. By the time I got home I was quite tired but very happy. The next morning I got up feeling years younger. I guess all that exercise and all of those mitzvahs were good for me.

In addition I received a very special fringe benefit. I spent a lot of quality time with my dear grandson. *Hashem* has blessed me with many wonderful children and grandchildren. I am also very fortunate that most of them live within an hour's drive, so we see each other often. They come for *Shabbos* or we go to them for *Shabbos*. This is a terrific arrangement. Instead of a two hour visit, our visits are usually 26 hours, from before sunset on Friday until *Shabbos* goes out Saturday night. We sit together at the *Shabbos* table and have a great time. However, I don't usually have the opportunity to spend a lot of time with them on an individual basis. So walking home from the hospital, just Shragi and I, was very precious.

What is so special about the *shofar*? The Rambam wrote that the purpose of the *shofar* is to wake us up. It is quite possible to fall asleep spiritually. Especially those of us who grew up in Indianapolis or some place similar. In those days a proper Jewish education was not available. Our spiritual life got off to a very weak start.

Religion was considered old fashioned, good for grandparents. We had very little awareness of *Hashem* and our soul. All we knew was the physical world. Spiritually, we were pretty much asleep.

What woke me up? The Six Day War in 1967. The prophet Isaiah wrote (27:13): "And it shall be on that day, that a great *shofar* will be sounded, and those who were lost in the land of Ashur and those who were banished in the land of Egypt shall come and bow down to the Lord on the holy mountain in Jerusalem." The Lubavitcher Rebbe taught us that this verse is referring to the final redemption, which is taking place now. Many of our people were "lost" or "banished" or sleeping spiritually. The sounding of the great *shofar* began with the Six Day War. It caused many of us to wake up spiritually and look for meaning in life. Since then the great *shofar* is sounding. It manifests itself in countless ways.

Millions all over the world have woken up and come to believe in *Hashem*. And each one has a very special unique and beautiful story to tell how it happened.

It is true that there are a few die-hard atheists still around. Maybe their ears are plugged up, and they can't hear the great *shofar*. If you happen to be one of these

(see Benzion, page IN 13)



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Obituaries

Jeffrey Lee Rubin, 63, of Clayton, passed away Aug. 31, 2017. He was born to Marvin and Ethel Rubin in Indianapolis on Feb. 27, 1954. Jeffrey was a graduate of North Central High School. He is survived by his loving wife Kristi, daughter Emily Rubin, brothers Greg Rubin and Brent Rubin, sister Shari Rubin, mother-in-law JoAnn Thompson, his Aunt Joann Rubin, and his uncle Aaron Rubin. A graveside service was held Sept. 2, 2017 at the Maple Hill Cemetery in Plainfield, Ind.



Memorial contributions may be made to the McCloud Nature Park online: www.pfohc.org/donate/donate-now/ or in person to Hendricks County Parks & Recreation staff at their main office located at 955 E. Main Street in Danville, Ind. from 8 a.m. to 4 p.m., M-F.

Norman B. Levine, 78, of Carmel, passed away Aug. 31, 2017. He was born in Detroit to Saul and Evelyn Levine on June 8, 1939. He was the founder of Glass and Mirror Craft Industries.



Norman moved from West Bloomfield, Mich. He then was able to spend his summers in Carmel, Ind., and winters in Ocean Ridge, Fla. He is survived by his wife, Cynthia; sons, Scott (Tina) Levine, Adam (Laura) Levine, and Shawn (Sarah) Levine; 7 grandchildren; sister, Micki Lasher; and brother-in-law, Martin (Irene) Agrest.

Graveside services were held Sept. 6 at Congregation Beth-El Zedek North Cemetery. Memorial contributions may be made to Weitzman Institute in Israel or to the charity of the donor's choice. Arrangements entrusted to **A.R.N. Funeral & Cremation Services**. Friends may leave a memory or message of

condolence by visiting the online obituary at www.arnmortuary.com.

Robert Cohen, 89, of Indianapolis, passed away Sept. 3, 2017. He was born in Chicago, to Alexander and Lucille Cohen on June 6, 1928. He owned his own carpet store. Robert is survived by daughters, Lori (David) Hirsch, Joy (Darrell) Nugent, and Debra Ellis; grandchildren, Alex, Leah, Aaron, Megan, Danielle, and Jared; and great-grandchildren, Makiah, Gavin, Nora, and Jackson. He was preceded in death by his wife, Shirley. Funeral services were held at Indianapolis Hebrew Congregation on Sept. 12, 2017. Arrangements entrusted to **A.R.N. Funeral & Cremation Services**.

Liliya Khitlik, 75, beloved mother, grandmother and friend passed away Sept. 9, 2017. She was born in Donetsk, Ukraine on June 30, 1942 and came to live in the United States with her husband and daughter searching for a better life. Liliya is survived by her beloved daughters, Raisa Chernysheva (husband, Gennadiy Amdur), and Katrina Khitlik; her granddaughter, Nadiya Chernysheva and many friends. Liliya's husband, Mavey, passed away in 2009. Graveside services were held on Sept. 13, 2017 in Indianapolis Hebrew Cemetery North.

Jeffrey Bruce Siegel, 60, passed away Sept. 12, 2017. He was born on June 9, 1957 in Long Island, N.Y. to Robert and Adele (Abrams) Siegel. He grew up on Long Island and went to Uniondale High School and later graduated with a Bachelors of Business from Indiana University in Bloomington, Ind. He worked for Allstate for 37 years after which he set up an independent consulting business. Jeff was a beloved father, grandfather, uncle and nephew. He is survived by his two beautiful daughters, Hannah Marie and Allison Marguerite and his grandson, Cameron Hayden-Robert Siegel.



Jeff's love of sports of all kinds (with a particular passion for basketball) is well known by his friends and family. You could

BENZION

(continued from page IN 12)

die-hards, don't worry. There is always hope. Go to the nearest Chabad House. The rabbi there will give you a prescription. Follow his instructions carefully and soon you, too, will hear the wondrous music of the great *shofar*. Then all of us will go together to bow down to the Lord in the holy Temple, which will soon be built on the holy mountain in Jerusalem. We want *Moshiach* now!

Rabbi Cohen lives in K'far Chabad, Israel. He can be reached by email at bzioncohen770@gmail.com. ★



often find him at the YMCA shooting hoops. He also had a great love for blues and rock music, a legacy he passed on to his daughters. Jeff will always be remembered for his sly grin, contagious laugh and frequently sarcastic attitude; a trait that he shared not only with his daughters but the rest of his family. He will be greatly missed by all who knew him.

Services were held at Indianapolis Hebrew Congregation on Sept. 15. To honor Jeff's memory, in lieu of flowers, the family respectfully requests that you donate to Indiana Sports Corporation: www.indianasportscorp.org. Arrangements entrusted to **A.R.N. Funeral & Cremation Services**.

Hyman Levy, 96, of Boynton Beach, Fla., (formerly of Roslyn, N.Y., and Bal Harbour, Fla.) died peacefully Sept. 12, 2017. Hymie was born July 6, 1921 on the Lower East Side of New York City to Nissim Yeuda Levy (from Corlu, Turkey) and Regina Calderon Levy (from Servia-Monastir) of Judeo-Sephardic Heritage. As a boy he lived in an extended immigrant community with many thousands of neighboring Sephardim.



Like many Lower East Side immigrant children from that era, Hymie grew up street wise and entrepreneurial minded. He used to ditch grade school in preference for making money by shining shoes and running errands for Jaffee's Fish (see Obituaries, page IN 14)



Aaron Ruben Nelson



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OBITUARIES

(continued from page IN 13)

Market. He also teamed up with his two brothers Louis and Albert in partnership selling shopping bags on pushcart laden street corners; 2 for a nickel. He was a street smart kid with a kind heart and loyal to his family.

After ninth grade at Seward Park, Hymie enrolled in one of New York City's trade schools for boys to train for a job in the garment industry. Following WW II he continued his partnership with Louis and Albert and started Levy Brothers, which manufactured ladies house dresses for over 35 years. Hymie was much admired for his compassion, sense of adventure, levity and occasionally daring behavior. He was a tough, successful and well-respected businessman known for his honesty and fairness. He was seen as a "guy's guy" and enjoyed going to bet on the horses or playing golf with his buddies.

Hyman had one love, Lee Baruch from Indianapolis. Although women always were attracted to him for his sense of fun, interesting conversations and caring; he adored Lee from the first time he met her. Hyman and Lee had one son, Joel. For his departed son Joel, his grandchildren and all his nieces and nephews Hymie was

always a father figure genuinely interested in their welfare and lives.

In 2012, at age 91, he was the center of attention when he shared his life experiences at the extended Levy family cousins' reunion with 110 family members in attendance. The Levy family has suffered a great loss, our Ladino speaking link to our Sephardic heritage; sadly he is the last of a generation.

He is survived by his daughters-in-law; Lori Levy and Robby Levy, his grandchildren; Howard, Jennifer, Jordan and Nicole and his great-grandchildren; Jack, Alex and Charlie; his nephew and niece Alan and Lindsey Cohen of Indianapolis, and others. He will be missed by all. Funeral services were graveside at the Etz Chaim Cemetery on Sept. 17, 2017.

Katherine Leeds Schmitt, 67, of Omaha, Nebraska, passed away Sept. 13, 2017. She was born in Indianapolis to Dr. James and Carolyn Leeds on May 25, 1950. She was a graduate of North Central High School and earned her Bachelor's degree in Jewish Studies from Indiana University in 1972. Katherine spent her final year of university as an exchange student at Hebrew University in Jerusalem. She then went on to work at Manulife Financial Corp for several years.

Later, she worked for Principal Financial in Des Moines, Iowa, retiring in the mid 1990's due to illness.

Katherine is survived by her mother, Carolyn Leeds; daughter, LeAnne (Isaac) Lund; grandchildren, Asher, Seth, Margaret "Maggie" and Evelyn Lund; and sister, Peg Leeds. She was preceded in death by her father, Dr. James P. Leeds and brother, Dr. Kenneth Leeds. Funeral services were held Sept. 18 at Indianapolis Hebrew Congregation. Memorial contributions may be made to the Jewish Federation of Greater Indianapolis.

Donna Elaine Bretzman Dixon, 74, of Westfield, passed away Sept. 20, 2017. She was born in Indianapolis to Frank and Alice Benjamin on April 23, 1943. Donna owned and operated Canterbury Beauty Salon from 1986-1994 and continued to do hair until her health declined. She was a former member of Congregation Beth-El Zedeck.



Donna is survived by her husband, James Dixon; children, Karen I. (Eric) Gard and Robert (Elizabeth) Bretzman; grandchildren, Emma Remley, Erica Butler, Aaron Butler, Jack Gard, Antionette Bustillo and Elizabeth Gard; and sister, Marilyn (Philip) Kiviat. She was preceded in death by her first husband, Erich Bretzman; and daughter, Stacy Butler.

Funeral services were held Sept. 24, 2017 at **A.R.N. Funeral & Cremation Services**. Memorial contributions may be made to Westfield Youth Assistance Program, 2728 E. 171st St., Westfield, IN 46074.

Lev Bachkurinskiy, 93, of Indianapolis, passed away Sept. 24, 2017. He was born in Moldova on Feb. 25, 1924 to Yitzhak and Nahoma Bachkurinskiy. Lev graduated from a military college in the Soviet Union and served in the Russian Army from 1941-1972, retiring with the rank of Colonel. He served as the United States Vice Commander of the Russian Speaking Veterans Group.

Lev is survived by his wife, Etya Blank Bachkurinskaya; daughter, Lyudmila (Mark) Rozenberg; son, Igor (Inessa) Bachkurinskiy; grandchildren, Gene (Ashley) Rozenberg, Eric (Nastya) Rozenberg, Tatyana (Dereck) Duncan, Jessica Bachkurinskiy and Julia Bachkurinsky; and six great-grandchildren.

Funeral services were held at **A.R.N. Funeral & Cremation Services** Sept. 26 and burial followed in Indianapolis Hebrew Congregation North Cemetery. Memorial contributions may be made to the Holocaust Survivors Fund through Jewish Family Services. ★

To a Good New Year!

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Dogs have a positive effect on humans

By ARNIE GOLDBERG

Ancient Jewish history provides various opinions regarding dogs. Stern warnings are evident against having vicious dogs in one's household, yet guard dogs are favorable as stated in the *Midrash* that God gave Cain a dog to protect him in his wanderings.

In Exodus, dogs were praised for keeping quiet so Jews could escape quietly. A rabbi from the 16th century wrote that a dog is called "*kelev*" which means "like the heart." This is very similar to the modern expression "man's best friend."



Rabbi Robin Nafshi has performed memorial services for dogs, and estimates that these services have become more prevalent in Jewish life these past few years. This shows the elevation of dogs to family status in Jewish families.

Lisa Freeman, director of the Tufts Institute for Human-Animal Interaction says, "Some research suggests when children who struggle with reading, read aloud to a trained dog handler, they show fewer anxiety symptoms. Their attitudes change and their skills improve."

Researchers at the American Heart Association found that having a dog could actually reduce one's risk of getting cardiovascular disease. They find that those who have dogs have lower blood pressure and heart rate than those who do not have dogs.

Animal Assisted Therapy (ATT) has shown to reduce anxiety, pain and depression in people with those tendencies. According to Laura Bell in *Women's Health Magazine*, "Just a half an hour with your dog can trigger the brain to release chemicals linked to happiness." Dogs can be calming stress fighters.

One study discovered babies in households with dogs had fewer colds as their immune systems benefitted. College students also had benefits to their

**Quotes from the book
DAK-ISMS by Arnie Goldberg**

"Happiness is just sitting and watching your dog be a dog..."

"Sometimes the very best part of the day is coming home to a wagging tail!"

"A dog is such a comfort when you are feeling blue, because he never tries to find out why."

"Dogs are the most amazing creatures. They give unconditional love. They are the role model for me being alive." ~ Gilda Radner

"Petting and cuddling a dog can sometimes be as soothing to the mind and heart as deep medication is to the soul..."

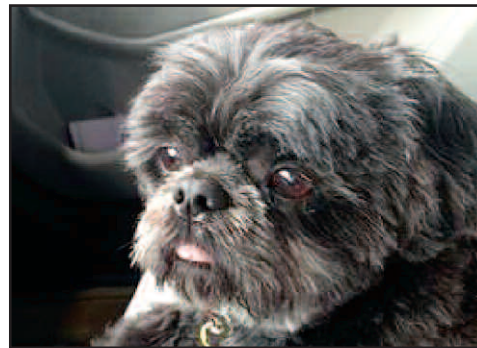
immune systems from a study of students asked to pet dogs versus those not asked.

The Journal of Alternative and Complementary Medicine had an article by Deborah L. Wells, PhD, Shaun W. Lawson, PhD, and A. Niroshan Siriwardena, PhD.

Their research showed some dogs could be trained to warn of Hypoglycemia in patients. Catharine Paddock PhD, stated in *Medical News*, that once children get involved with dogs in a classroom, they were more positive towards one another

and worked better together. Recent studies found pet owners have higher self-esteem, feel more conscientious, and even bounce back from social rejection better.

On a personal note, my wife has had a few health issues in the past two years and was



in the hospital a year ago for nine days. Our little rescue dog, DAK (photo below middle) loved to curl up next to her on the couch, either to take naps or simply watch TV. He often sleeps on the couch at night instead of one of his three beds in the house. The whole nine days my wife was away, I could not get him to come on the couch at all. When she returned home he was anxious to again enjoy being on the couch. This says something about dogs understanding more than we know or expect.

We have enjoyed our DAK, rescued from the local humane society, and we decided to pay it forward by founding The DAK Foundation with Cissi Sherlock. Our mission is to aid families who rescue dogs and dog rescue organizations, when they need help with their veterinarian bills. Those wishing to support us with donations and/or to volunteer can go to www.thedakfoundation.org or email: cissi@thedakcompanies.com.

The reason so many of us have dogs – 43 million households in the United States – is because of one word ...LOVE!

Arnie Goldberg is an author, entrepreneur, speaker, trainer, and university instructor. Find out more at the following links: www.arniegoldberg.com, www.dakisms.com. ★

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Jewish Educator

BY AMY HIRSHBERG LEDERMAN



Learning to embrace uncertainty

In 1980, I began my career as a law clerk working at the Arizona Court of Appeals. My job was to research issues for the judge and work on draft opinions, which would then be fully reviewed, analyzed and edited until he was fully satisfied with the result. I spent countless hours examining case law and statutes attempting, to the best of my young and inexperienced mind, to offer the correct analysis and conclusion. But I was never more than a few inches away from the total fear of being wrong. Scholarly uncertainty motivated me; it demanded and inspired some of my best and clearest thinking.

As a practicing lawyer, being right or certain about a fact, legal interpretation or desired outcome is tantamount to being successful. Over the years however, I began to realize that being right was less

important to me than being real. And being real often meant being unsure or uncertain; clearly not a quality clients desired or expected when they hired me. When I left the practice of law in 1994 to pursue my passion for Jewish learning, I knew that I would relish the freedom of starting from a place of not knowing. Graduate studies in Jewish education couldn't have been a more perfect fit.

It wasn't until my husband, Ray, was diagnosed with cancer, however, that I experienced the full force of living with chronic uncertainty. For in those three and a half years of daily unknowns, I learned that the only thing of which I was certain was that I would somehow manage to handle each challenge as it arose.

There were times when it seemed like we were living in a mine field, tip toeing cautiously through life for fear of what might explode next. What if the CT scan came back positive? Were the side effects of treatment worse than the cure? Was there a clinical trial to help us? And of course, the question to which we would never know the answer: How much time would we have together?

The one thing we both knew with absolute certainty was that in the very space of not knowing, in that most precious precariousness of life, we had the

chance to become our best selves. To be present to what we had, to love fully and truly, realizing that we would never know the answers to many of our questions.

After Ray died, I took many trips; staying in motion seemed to help. Sometimes I traveled to remember; other times I traveled to forget. The only thing I knew for certain was that I had to listen to my instincts. No book or grief group could tell me what I needed to do. I had to find that out for myself.

I visited my childhood summer stomping grounds and spent a week in Cape Cod. On a cold and rainy October morning, I walked on a beach in Truro that I had loved as an 18 year old camp counselor, awash in summer romance and suntan oil. I thought about how back then, there had been no Tucson or law degree, no husband or children – not even an imagined fantasy of which they were a part.

As the tide washed clean my footsteps, it struck me that someday, perhaps 20 years from now, I might find myself on this same beach, reflecting back on all of the yet unknown and beautiful things that would and could still happen in my life. And in that moment I realized that in order to survive, we have to stay open to what we don't know.

(see Lederman, page IN 18)

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Renaissance Indianapolis North Hotel



Ann Katz Festival of Books & Arts schedule at JCC Indy

Mon., Oct. 23, Stephen Tobolowsky, author of *My Adventures with God*

Quintessential character actor, Stephen Tobolowsky has appeared in more than 100 movies and 200 television shows including unforgettable roles in *Silicon Valley*, *Mississippi Burning*, *Glee* and *Groundhog Day* (Ned Ryerson). He is also a consummate storyteller – warm, funny and profound.

Wed, Oct. 25, A Conversation with Chuck Todd of NBC News' *Meet the Press*. (See ad on page 19.)

Thurs., Oct. 26, Mickey Maurer interviews Mayor Hogsett. *The Indianapolis Business Journal's* Mickey Maurer reprises the Emmy Award-winning Mickey's Corner with special guest, Indianapolis Mayor Joe Hogsett. Sponsored by National Bank of Indianapolis, Israel Bonds, Congregation Beth-El Zedeck and Congregation Beth Shalom.

Sat, Oct. 28, Presenting Princess Shaw, a film. The true story of Samantha Montgomery who cares for the elderly in one of New Orleans' toughest neighborhoods by day and writes and sings songs as Princess Shaw on YouTube by night. She is discovered on the other side of the world by Ophir Kutiell, a composer, musician and pioneering video artist known as Kutiman who creates video mash ups of amateur YouTube performers. Two strangers, almost 7,000 miles apart, begin to build a song that becomes a viral sensation of generosity, compassion and the fight of a talented singer never to give up on her dreams. Includes adult content and graphic language. A Unity Project event. The mission of The Unity Project is to build respect and understanding between various communities, especially the black and Jewish communities, through dialogue and the arts. Partners include the JCC, The Indianapolis Urban League, the Efroymson Family Fund, the Jewish Community Relations Council and Starfish Initiative.

Sun, Oct. 29, Super Hero Palooza. FREE. A family celebration for adults and kids of all ages. Create your own super-powers, come in costume, enjoy our superhero photo booth, read super hero books and so much more. This event is in partnership with Barnes & Noble.

Wed, Nov. 1, Jonathan Eig, author of *Ali: A Life* (in conversation with Chris Lamb, professor of sports journalism at IUPUI). The definitive biography of an American icon, from a *New York Times* best-selling author with unique access to

Ali's inner circle. Described by Ken Burns as a "one of America's master storyteller," Eig presents a story about race, about a brutal sport, and about a fascinating man who went from one of the most despised men in America to one of the most beloved.

Thurs., Nov. 2, Art Gallery Exhibition Opening Reception, artwork by **Cindy Wingo** inspired by this year's festival. FREE.

Join us in the JCC Art Gallery to meet Cindy Wingo and enjoy light refreshments. Wingo trained as a Graphic Designer and Artist. As her career evolved, she began expressing herself through abstraction and never looked back. She found it to be a sanctuary in which she could communicate so many things without exposing herself completely. Each painting tells a story, so she refers to each as an Abstract Narrative.

Sat., Nov. 4, The Juniper Tree, a one-woman play performed by Susan Bennett and written by Timothy Taylor.

A moving and compelling story, this play delves into the secret pain that is often just under the surface of family relationships. The story is set in Indianapolis, 1968.

Three generations of women in a Jewish-American family look back on the first decades of the twentieth century, and struggle with the signs and ghosts of the past. Racism, prejudice, anger and fear have threatened to destroy them, but bonds can never be broken. *The Juniper Tree* premiered at IndyFringe Festival 2016. Following the play, the audience is invited to join in a discussion with Bennett and Taylor.

Sun., Nov. 5, What If? The Power of Imagination. A Spirit & Place event in partnership with the JCC, Dance Kaleidoscope, Indiana Writers Center, Indiana Historical Society and Jewish Family Services. FREE. An afternoon of dance, drama, writing and creativity based on the huge question: "What IF?" Sponsored by the Penrod Society.

Mon., Nov. 6, Anna Solomon, author of *Leaving Lucy Pear*, a Community Reads event. Heading the list of "six new paperbacks to read," *Leaving Lucy Pear* is a moving novel about 18-year-old, unmarried, (see Ann Katz Festival, page IN 18)

INDIANA JEWISH HISTORICAL SOCIETY ANNUAL MEETING & LUNCHEON

Sunday, October 22, 2017 @ 12 noon

at The Table by Market District
11505 North Illinois St.
Carmel, IN 46032



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\$36 per person (dairy luncheon)

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(A check must accompany all reservations. Please list the names of those attending.)

Send your check payable to:

The Indiana Jewish Historical Society

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For more information, contact the Indiana Jewish Historical Society
at indiana.jhs@frontier.com

The IJHS will also be installing their new President, Kevin Krulewitch
and honoring the retirement of Executive Director Eileen Baitcher.

IJHS board members will be available to collect archival materials
for our collections at the Indiana Historical Society.

Please have all items identified and in a protective envelope.

ANN KATZ FESTIVAL

(continued from page IN 17)

Radcliffe-bound Beatrice who leaves her newborn daughter in her uncle's pear grove, hoping that the thieves who often steal fruit will take the child, too. Years later, in Massachusetts in the throes of Prohibition, Beatrice is restless, stalled and grieving, when the woman who adopted the baby begins working for Beatrice's uncle, and the families' fates are entwined yet again. Community Reads offers special pricing for book clubs to encourage them to read the book prior to the author's appearance for a deeper discussion of the book and its themes.

Tues., Nov. 7, Belly Laughs with Chef Einat Admony and comedian Joel Chasnoff.

Einat Admony, a Tel Aviv native, James Beard finalist and the owner of several highly regarded restaurants in New York City will be cooking items on stage, joined by her sister's husband, comedian Joel Chasnoff. Their comic/chef collaboration began with *Balaboosta*, a cookbook featuring 140 of Admony's recipes infused with Chasnoff's comedic touches. Chef Einat is a two-time winner of popular cooking competition show *Chopped*, and beat celebrity chef Bobby Flay on his own show, *Throwdown with Bobby Flay*.

Comedian and Chicago native Joel Chasnoff has performed on stage and screen in nine countries, including two off-Broadway shows. Presented by The Annual Campaign of the Jewish Federation.

Thurs., Nov. 9, They Played for Their Lives, a film featuring Indianapolis resident and Holocaust survivor Frank Grunwald who will entertain the audience with his accordion music after the film. Grunwald will be joined by director and project producer, Dr. Nurit Jugend. On the anniversary of *Kristallnacht*, an inspiring film about the life-affirming power of music in the worst of conditions – the concentration camps and ghettos under Nazi Germany. *Kristallnacht* is translated as the Night of Broken Glass and commemorates the violence against the Jews in Nazi Germany when Nazis torched synagogues, vandalized Jewish homes, schools and businesses, killed close to 100 Jews and arrested and sent tens of thousands to concentration camps.

Sat., Nov. 11, Films/Visual Arts. A selection of award winning shorts from the 2017 Heartland Film Festival. 8 p.m., \$10

Mon., Nov. 13, Peter Hayes, author of *Why: Explaining the Holocaust*. How does one grasp the enormity of the Holocaust? This is the challenge that Peter Hayes (Ph.D., Yale, 1982) has made his career.

Professor Hayes is a world-renowned expert on the Holocaust about which he has written numerous books and articles. He was, for 30 years, one of the most popular and acclaimed professors at Northwestern University. He received the Biennial Book Prize from the Conference Group for Central European History of the American Historical Association. He currently serves as the chair of the Academic Committee of the United States Holocaust Memorial Museum. Prof. Hayes will discuss his latest book and examine what lessons can be learned that are relevant to our current political situation. ★

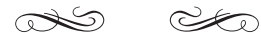


LEDERMAN

(continued from page IN 16)

Slowly but surely I have come to recognize that uncertainty is not to be dreaded or feared; it is to be embraced as the portal to possibility. It is the silver lining of my loss and the gateway to a life yet to be lived. Staying open to possibilities and not knowing means that anything is possible. For in the end, it is how we react to the uncertainties of life that enables us to evolve and thrive.

Amy Hirshberg Lederman is an author, Jewish educator, public speaker and attorney who lives in Tucson. Her columns in the AJP have won awards from the American Jewish Press Association, the Arizona Newspapers Association and the Arizona Press Club for excellence in commentary. Visit her website at amyhirshberglederman.com. ★



KAPLAN

(continued from page IN 20)

plastic wrap or lid and microwave 10 minutes. Remove from oven and cool slightly. Place one grape leaf, outside down on work surface. Place 1 tsp. rice mixture in center of the leaf. Fold the sides to the center and roll up. Place seam side down in a glass dish. Repeat until leaves and rice mixture are used. Pour 1 cup water and 1/2 cup lemon juice over grape leaves. Cover and cook in microwave 18 minutes. Remove from oven and let cool. Pour 1/4 cup olive oil and 1/4 cup lemon juice on top. Cover and refrigerate at least 6 hours before serving.

Sybil Kaplan is a foreign correspondent, book reviewer, food writer and lecturer. She has compiled and edited nine cookbooks; she writes the food column for The National Jewish Post & Opinion; she created and leads weekly walks in English in Jerusalem's Jewish food market, Machaneh Yehudah; and writes the restaurant features (photographs by husband, Barry) for the website Janglo. She lives in Jerusalem. ★



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Details online at JCCindy.org/festival-books-arts

My Kosher Kitchen



BY SYBIL KAPLAN

The Jewish Post & Opinion

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Recipes for Sukkot

One of the traditional dishes for *Sukkot* (October 4–13) are one-dish meals such as stuffed vegetables. Whereas Ashkenazim might make *kreplach* or stuffed cabbage, Sephardim take advantage of the autumn harvest stuffing tomatoes, zucchini, grape leaves and more. Below are a few of my favorites.

My Mom's (z"l) Stuffed Green Peppers (8 servings)

8 large green peppers
1 pound ground meat
1 egg
1/2 cup cooked rice
salt and pepper to taste
1/4 cup grated onion
1 sliced onion
1/2 cup tomato sauce
onion
1/4 cup water

Cut off stems and remove seeds from peppers. Place water in a large pot and bring to a boil. Drop in boiling water and cook for 2 minutes. Drain. In a mixing bowl, combine ground beef, egg, rice, salt, pepper, and grated onion. Spoon 1/8 into each pepper. Place sliced onion in a greased pan or casserole. Arrange stuffed peppers in dish. Combine tomato sauce and water. Pour over peppers. Bake in preheated 350° oven 30–35 minutes. You can also cut off "lids" before boiling then place them on the peppers before baking.

My Stuffed Cabbage Balls

(4 servings)
1 head cabbage
1 pound ground beef
1 egg
1/4 cup raw rice
1 sliced onion
1/4 tsp. minced garlic
1-3/4 cups crushed tomatoes
1 cup tomato sauce
juice of 1 lemon
1/3 cup brown sugar
1-1/2 cups water

Remove 8 outer leaves from cabbage. Place water in a soup pot and bring to a boil. Drop in leaves and cook 3 minutes. Drain. In a mixing bowl, combine meat, rice, egg and garlic. Spoon 2 Tbsp. meat mixture on each leaf. Roll up, tucking in sides. (I secure them with toothpicks.)

Combine crushed tomatoes, tomato sauce, lemon juice, brown sugar and water. Place sliced onion in bottom of soup pot. Arrange cabbage balls around pot. Pour over sauce. Simmer 1-1/2 to 2 hours.

Microwave Stuffed Grape Leaves

(Yield 25)
25 grape leaves, rinsed under cold water
2 Tbsp. olive oil
1/4 cup finely chopped onions
1 finely chopped garlic clove
1/2 cup rice
1-1/2 tsp. dried mint
1 cup water

1 tsp. pareve chicken soup powder
1/2 cup lemon juice
1/2 tsp. sugar
1/8 tsp. cumin (optional)
1/4 tsp. allspice
1/4 cup olive oil
1/4 cup lemon juice

Soak leaves in fresh water for 1 hour. Place olive oil in glass dish. Microwave 2 minutes on high. Stir in onion and garlic. Microwave 2 minutes. Stir in rice, mint, 1 cup water, chicken soup powder, sugar, cumin and allspice. Cover with microwave (see Kaplan, page IN 18)

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