

The Jewish Post & Opinion *Indiana Edition*

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Ilycia &
Alan Mordoh
(see p. IN 2)



Margy &
Miles Kerr-Jarrett
(see p. IN 2)

Mazel Tov!



Rachel &
Stanley Albert
(see p. IN 13)



Deena &
Jake Lewin
(see p. IN 2)

Simcha Announcements

Mazel Tov to...

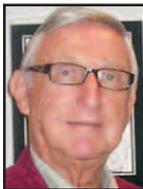
Alan Leon Mordoh, son of **Mallah Mordoh (Ilana)** of Indianapolis and **Elaine Mordoh Weiner (Dr. Jason)** of Chicago on his marriage to **Ilycia Mallory Kahn**, daughter of **William and Nancy Kahn** of Cincinnati, on Nov. 2, 2014 at the Hyatt Regency in downtown Cincinnati (see photo on cover top left). Rabbis Jon Adland and Itamar Cohen presided.

Jake Lewin on his marriage to **Deena Wertman** on Dec. 7, 2014 at Congregation Keter Torah in Teaneck, N.J. See photo on cover (bottom right): Standing are his father **Arnie Lewin** (L) and his brother **Gabriel Lewin** (R). Seated (L-R) are his aunt, **Sue Lewin Rosenbluth** and his sister-in-law, **Devorah Maho Lewin**. The children are his nephews and niece, children of Gabriel and Devorah.

Margaret (Margy) Stoner, daughter of **Robert and Ruth Stoner** and granddaughter of **Mrs. Joan Stoner**, on her marriage to **Miles Kerr-Jarrett**, son of **Georgina Rice** and step-son of **Gene Rice** of Boca Raton, Fla., on Jan. 4, 2015 (see photo on cover top right). The wedding took place at Etz Chaim Sephardic Congregation in Indianapolis with Rabbi Yisrael Gettinger of B'nai Torah officiating. The bride wore her grandmother's veil.

The couple will reside in Neve Elan, a village outside of Jerusalem. The groom is studying *Torah* in *Yeshiva* and hopes to enter a rabbinical program soon and the bride works for an energy efficient lighting startup.

J.J. (Jerry) Abrams on the celebration of his 65th work anniversary as an Optometrist on Jan. 19.



Daniel Kuperstein, son of **Isaiah and Elana Kuperstein** of Indianapolis, on his engagement to **Sarah Lehrer**, daughter of **Charlie and Jacqueline Kaufman** of New York City.



Megan and Greg Maurer on the birth of their son **Eli Oliver** (below on Dec. 2. Maternal grandparents are **Kathy and Mark Schloer** of Crown Point, Ind. Paternal grandparents are **Janie and Mickey Maurer** of Carmel, Ind. Great-grandmothers are **Margaret Schloer** from Schererville, Ind., and **Betty Carlin** of Indianapolis. Eli has two older siblings, **Sophie**, 7, and **Jonah**, 5.



Miriam (Cohen) Glickman, born and raised in Indianapolis, and **Norman Glickman** on the birth of their twin grandsons through their son and daughter-in-law **Sam and Ali Glickman** of Philadelphia. **Logan Gabriel** (L) and **Levi Thomas** (R) were born on Jan. 14. They have two older sisters **Sophia**, age 5 and **Leah** 3.



Irving Freeman on turning 88 on Jan. 20.

Jean Goldstein, mother of **Mel Goldstein** and **Bobbi Frankovitz**, on turning 99 on Jan. 23.

Lindsey Mintz (JCRC Executive Director) named as the new Board Chair for the Center of Interfaith Cooperation (CIC). At the first annual Interfaith Banquet on Jan. 22 she said the following: "I knew early in my life that I loved being Jewish, learning Jewish, travelling Jewish and doing Jewish. It is only recently, however, that I have come to fully appreciate how much my own Jewish identity continues to evolve and strengthen through the interfaith relationships I cultivate..."

Shelley and Joe Robinson on the birth of their daughter **Athena Alice Robinson** (below) born Feb. 3 in Bloomington, Ind., weighing 6 lb 12 oz and was 20.5 inches long. Shelley is the daughter of **Myrna Gray** of Indianapolis and granddaughter of **Alice Yalowitz**, z"l, from Terre Haute, Ind., and Joe is son of **Pat Richardson** and **Jim Robinson**, of Chesterton, Ind.



Bernard and Laurie Hasten, son and daughter-in-law of **Hart and Simona Hasten**, for being honored by the Hillel Torah Day School in Skokie, Ill. Bernard is the president of Hillel Torah and he and his wife Laurie will be presented the Distinguished Leadership Award at a formal dinner and fundraiser for their school on March 9, 2015. ✨

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Editorial

In the Feb. 1, 2015 Sunday *Indianapolis Star*, I noticed a special section on Women's Heart Health. It calls attention to the fact that heart disease and stroke is the top cause of death of women in the United States. Sponsored by the American Heart Association (AHA), the section highlights the organization's "Go Red For Women" campaign and the debut of the AHA's new catchphrase "Life is Why."

A month of February events have been taking place around this subject, but the main one is the morning of Feb. 20. The AHA annual fundraiser is at the JW Marriott downtown. It will have health screenings, exhibits, a silent auction and notable speakers with the purpose of providing women with simple ways to reduce their lifetime risk of heart disease. See more about this on page IN 5 or go to IndyGoesRed.org.

One of the reasons this grabbed my interest is because the chairperson of the Indianapolis Go Red for Women campaign is Dr. Lisa Harris, CEO of Eskenazi Health. I was so impressed with her speech titled, "Our Health, Our Future" at Congregation Beth-El Zedeck in September that I asked her permission to reprint it for our Focusing on Healing edition in January.

I called and spoke to Luncheon Director Julie Petr (Julie.Petr@heart.org or 317-709-5736) about the Feb. 20 event. First of all, she let me know that they are in need of volunteers and have a variety of different tasks available to do. What she said about Dr. Harris was similar to what is written in our January edition and can be seen on our website. See link: <http://jewishpostopinion.com/?p=3006>

In previous years attention has been given to alert women to the symptoms and warning signs of heart disease which is different than those for men. Women already know the importance of lifestyle changes such as quitting smoking, improving diet, exercising regularly, and keeping cholesterol and blood pressure at healthy levels.

Dr. Harris is a strong believer in prevention. She would like to keep people out of the hospital, because chronic illness is easier to prevent than cure. Although she says new drugs and surgery are much appreciated, she does not think those will turn the corner on cardiovascular health for American women. She believes people changing their behavior will have a bigger impact.

The National Platform of "Life is Why" provides motivation for those who want to make lifestyle changes. Everyone has a different reason to stay healthy. The AHA

and Indy Go Red have a place on their website at <http://lifeiswhy.org/> for those who want to share their personal "why" by typing it in the box on that screen. Improving longtime unhealthy habits is difficult, and people need as much support as possible. Typing one's reason "why" can provide help beyond the physical realm, it adds an emotional boost.

After talking to Julie, I began thinking about what I would type in that box. Many different possibilities came to mind such as what Petr said about her mother who has Chronic Obstructive Pulmonary Disease (COPD), of which the most common cause is smoking. She will not be able to attend her grandson's graduation this spring because it would be too difficult for her to travel to Indianapolis.

Besides being able to attend future *simchas* (happy occasions) of family and friends other reasons that came to mind were also predictable. Examples of these were to be able to watch another beautiful sunset, feeling the warmth of the sun on a cold day, hearing an inspiring speech, and experiencing the caring of and for another person facing a challenge. Even the idea that our body is a temple – a gift from God – and we must take very good care of it, seemed like a cliché.

I continued thinking about this the next day when I traveled to Bloomington, Ind., to attend Friday evening services at Congregation Beth Shalom with special guest Rabbi Andrew Hahn, Ph.D. He is called the Kirtan Rabbi because he performs call-and-respond chants in his services and concerts. *Kirtana* practice comes from India and involves chanting hymns or mantras to the accompaniment of instruments. Kirtana is sometimes accompanied by story-telling and acting. In this meaningful service on Feb. 7, the chanting was in Hebrew.

The *siddur* (prayer book) we used was Reform Judaism's *Mishkan T'Filah*. Some of the prayers in it relate to remembering our ancestors. How they paved the way for us, and how we have to honor them by living good lives resonated with me and I knew that would be my motivation for making necessary lifestyle changes. If one considers family and friends such as aunts and uncles, grandparents and many generations who came before, countless people are being honored when one lives a healthy lifestyle.

An example of one of those adults mentioned above is a woman who recently passed away. The *Indianapolis Star* listed her location as "out-of-state". That did not seem accurate because even though she died in Chicago, Indianapolis was her home for most of her life.

If one wants to understand the meaning of *Tikkun Olam* (healing, repairing the

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world), Evelyn Harris was the epitome of living a life of service, of leaving the world better than she found it. You can read about this in her obituary on page IN 8.

Perhaps because she worked almost 30 years at the local Jewish Community Center, her middle name could also have been
(see Editorial, page IN 8)

Community Events

The Ronen Chamber Ensemble free tribute concert

Founded by David and Ingrid Fischer-Bellman, The Ronen Chamber Ensemble will play a tribute concert to the chamber music of African-American composers on **Mon., Feb. 16**, at 7:30 p.m., at the Christel DeHaan Center at the University of Indianapolis.

Bellman is principal clarinetist and Fischer-Bellman plays cello in the Indianapolis Symphony Orchestra. Titled "Inspiring Heritage," the program will feature two pieces by Indianapolis-born David Baker. Baker, who graduated from Crispus Attucks High School in Indianapolis, is emeritus chair of the jazz studies department at the Indiana University Jacobs School of Music.

The concert is part of the University of Indianapolis Faculty Artist Series. For more information contact the Ronen Chamber Ensemble at 317-846-9334, or check their website at www.ronenchamber.org.

Daddy Daughter Date Night

Feb. 21 from 7–10 p.m. at the JCC for girls K-Grade 5. Contact Aaron Atlas 317-251-9467 or aatlas@jccindy.org.

Unattached Jewish adults

Sat., Feb. 21 at 7 p.m., schmooze with old friends and make some new ones at Borel's Cajun & Creole Cookery, 2274 West 86th St., at the other end of the strip mall from the new Fresh Thyme on the northeast corner of 86th & Townshipline Rd. RSVP to jpostopinion@gmail.com or call 317-405-8084.

The Mother's Circle

Sunday Feb. 22 from 9:30–11 a.m. at the JCC. Are you raising Jewish children but you're not Jewish? You're not alone! Join us for a free mini course on creating a Jewish home. This is a wonderful opportunity to learn the basics, ask questions, and meet other parents in a relaxed environment. Register at www.jewishindianapolis.org. Contact Patti Freeman Dorson, Mothers Circle Facilitator, at pdorson@JFGI.org or 715-9273.

Adam Cantor in Concert

Sun., Feb. 22 from 2–4 p.m. at the Arthur M. Glick JCC. Free. Adam Cantor is a sensational young guitarist who has become recognized as one of Indy's finest local musicians. He also grew up at the JCC, attending preschool and kindergarten and returned as Music Specialist for Camp JCC in 2010 and 2011. Recently, he worked part-time as an assistant

teacher in the JCC's Early Childhood Education program and performed at the JCC's Earth Day and Big Splash celebrations.

Proceeds will be split between JCC Arts & Ed and the Indiana University ENLAVE Program supporting health initiatives in underserved regions of Central America.

Contact Lisa Freeman for more info at 317-715-9240 or lffreeman@jccindy.org.

Kenya Carnival

Sat., Feb. 28, noon–4 p.m., at Second Presbyterian Church, 7700 N. Meridian St. For six years, Congregation Beth-El Zedeck has joined congregations from around the city to raise money to support education for orphans and vulnerable children in Western Kenya. In that time, the Kenya Carnival/STEP UP has raised more than \$150,000, providing high school education to 500 students. Come enjoy a day of fun and help do a grand *mitzvah!*

15th Casino Night & Silent Auction

Sat., Feb. 28 at 7:30 p.m. at Congregation Shaarey Tefilla. Black Jack, Poker, Roulette and Craps. Hors d'oeuvres, desserts, wine and beer with admission. Fastie auction items! Tickets available now: \$15/individual, \$20/couple; \$25/person at the door. For tickets contact Phil Lande 317-863-2356 or the synagogue office 317-733-2169.

Purim Pastry Pairing: Wine & Hamantaschen

Tues., Mar. 3 from 5–7 p.m. at Mass Ave Wine Shop, 878 Massachusetts Avenue. Do you like wine and fancy pastries? Join us for a free tasting! In the spirit of doing *Tzedakah*/justice on *Purim*, please bring several new or used books to donate to Indy Reads Books. The profits from this independent bookstore go to Indy Reads whose goal is to "Make Indianapolis 100% Literate." Indy Reads uses volunteers to provide basic literacy tutoring to adults that struggle with reading and writing. For more info contact Patti Freeman Dorson 317-715-9273 or pdorson@jfgi.org.

Chabad Center for Jewish Life

Dedication of the Chabad Center for Jewish Life, 2640 W. 96th St. Carmel, Ind. will take place on *Purim*, **Thurs., Mar. 5**, in conjunction with the annual Purim Seudah. Megillah reading 4:15 p.m.; Building Dedication 5 p.m.; The Jim Atlas Open House Dinner 5:45 p.m.; Kids Fun Zone 5–6 p.m., with Arts and Balloon Sculpting, Extreme Face Painting, Chicago Acts & Company. Cost is \$18 or prepay \$15; children under 10 \$12 or prepay \$10; sponsor \$180. Pay online at lubavitchindiana.com/purimparty. RSVP 251-5573 or purim@lubavitchindiana.com.

The Great American Songbook

Sun., Mar. 8 from 2–3 p.m., at the Arthur M. Glick JCC. The third installment of our 100 year celebration. Jazz and classical singer **Dana Goot** brings favorite Yiddish, Israeli and Great American songs together in one afternoon – a blending of ageless music for all ages. Goot will be joined by Ken Fary on piano and Joe Deal on the double bass. Cost: \$12/\$8 JCC members/\$3 children. For more info contact Lisa Freeman 317-715-9240 or lffreeman@jccindy.org

Hadassah Lunch and Learn

Join us at the MCL Carmel at 11:30 a.m., on **Wed., Mar. 11** for a discussion of Molly Picon, star in Yiddish theater and film, presented by Marion Garmel. For more info call Phyllis Russell 317-844-4309 or email therussells46032@aol.com.

IHC Sisterhood "A Women's Seder"

Mon., Mar. 16 at IHC, 6:15 pm. The Temple Sisterhood of IHC invites our members and our community to our third annual Women's *Seder*. Bring your daughters, sisters, mothers, and friends, 13 and over, to share in this festive memorable evening. In the spirit of *Tikkun Olam*, please bring women's personal products for Popsi's Pantry. \$39 for sisterhood members/\$49 for guests. RSVP no later than Mar. 8th – no exceptions!

Hadassah Book Club

This month's Book Club will be held on **Mon., Mar. 16** at 7 p.m. Hostess: Shirley Aprison. The book is *All Fall Down* by Jennifer Weiner. For more info call 317-844-4309 or email therussells46032@aol.com.

JCRC Lobby Day

Tues., Mar. 17 from 8 a.m.–1 p.m., 2015 Jewish Community Lobby Day at the Indiana General Assembly. The Indy JCRC is inviting members of Jewish communities from throughout the State of Indiana to come and meet with your State Legislator and share your thoughts about issues important to you and the Jewish community! Breakfast and Briefing is from 8–9 a.m., Legislative Meetings are from 9:30 a.m.–1 p.m. The program will begin with a legislative briefing and review of issue talking points by JCRC Director of Government Affairs David Sklar. The group will then proceed to the State House for pre-arranged meetings with individual legislators and leadership. RSVP to David Sklar at dsklar@jccindy.org or 317-926-2935.

NextGen Conference on Israel

Sat. & Sun., Mar 28–29 Midwest NextGen Conference on Israel at the

Omni Hotel downtown Indy. This 2-day conference is designed for young adults ages 22-40 from throughout the Midwest who are eager to learn how best to advocate for Israel. Here's the registration link on the Federation's web site: <http://www.jewishindianapolis.org/midwest-nextgen-conference-on-israel>.

Burn Your Carbs Cycling Meet Up at CST

Sun., April 12 at 9:30 a.m., in the Shaarey Tefilla parking lot, 3085 W. 116th St., Carmel. 5, 20 and 40 mile suggested routes provided. Ride open to adult and children. Helmets required.

JCC Earth Day Community Celebration

Sun., April 26, 1-4 p.m., FREE. The JCC's 4th Annual Earth Day Community Celebration sponsored by Citizens Energy Group attracts more than 2,000 visitors to the JCC's 40-acre campus. More than 45 organizations will offer family-friendly, environmentally-focused activities, including Nina Mason Pulliam EcoLab at Marian University, Green BEAN Delivery, the Purdue Solar Racing Team, Purdue Extension Marion County and Girl Scouts of Central Indiana. Participants of all backgrounds and faiths are welcome to join in

the spirit of making our neighborhoods, and our city, a better place.

Libby Fogle Lunch Bunch

Meets at noon at the Arthur M. Glick JCC **every Tues. and Thurs.** except on holidays. Suggestion donation for *kosher* lunch is \$2. Reservations not required except for special holiday lunches. Transportation available within a limited area at a minimal cost. For more info call Ruthie Gal 557-2265 or Christy Morris 259-6822.

Winter Farmer's Market Indoors at the JCC

Sundays from 10 a.m.-1 p.m. Shop with us for fresh local produce, baked goods and dairy products throughout the winter and early spring. You can find our indoor farmer's market between the East and West lobbies every Sunday through March 2015. ✨



Chassidic Rabbi

BY RABBI BENZION COHEN

Ingathering

One aspect of the complete and final redemption is the ingathering of the exiles. *Moshiach* (our righteous Messiah), and his followers will bring all of the Jewish people to live in the land of Israel. The Lubavitcher Rebbe told us 23 years ago that this is actually happening right now. At that time a million Jews moved to Israel from the former Soviet Union. Every day many Jews move to Israel from all over the world, and recently Israel became the largest center of the Jewish population, with almost 6 million Jews.

One part of this process is that many people are discovering that they are Jewish. Here is an amazing case of this in which I was personally involved. A few years ago I flew to Brooklyn, to spend the High Holidays by the Rebbe. Together with me on the plane were another 20 men, women and children, also going to the Rebbe. We changed planes in Budapest, where we had to wait for 10 hours. We decided to visit the local Chabad House. We called them, and they gave us instructions how to get there by bus and then by subway. I was the only member of our group who spoke English, so I became the tour guide. We got off the subway and climbed the stairs up to the street.

I stopped the first passerby, showed him the address of the Chabad House, and asked him for directions. He smiled and said "*Shalom*". He looked at the address, said that it is not far from here, and kindly offered to go with us to show us the way. We started to walk. I asked him if he is Jewish. After all, he greeted us with "*Shalom*", a word in Hebrew. He said no, but recently he had found out that his grandmother was once Jewish.

He told me that he is a lawyer, and recently he had traveled to Italy. He was walking down the street, and two young men stopped him and asked him if he is Jewish. (I guess they wanted him to put on *tefillin*.) He told them no. They looked at him and said "Yes, you are Jewish!" He told them that he is sorry, but he is not Jewish.

He returned to Budapest, and mentioned this story to his family. They looked at him, and after a minute told him that they have a secret to tell him. "Your grandmother was Jewish, but she married a non Jew. After Hitler came to power and started to persecute the Jews, she arranged to have her papers changed, and be registered as not being Jewish."

(see Benzion, page IN 8)



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Obituaries

Robert Harris Netzorg, 100, was born Nov. 4, 1914 in Youngstown, Ohio. He passed away Jan. 11, 2015. He was the son of Leo and Estelle Selig Netzorg. Robert moved to Indianapolis in 1930 with his mother and two brothers, the late Leo and Sidney Netzorg.

Robert graduated from Shortridge High School and attended Butler University and Indiana University. He served in the United States Army during World War II. Bob was employed by Capital Paper Co. and served as Vice President and General Sales Manager.

He was a lifelong member of Indianapolis Hebrew Congregation (IHC), as his grandfather, Moses Selig, served as past president. Bob served on the Executive Board of the Temple as well as President of B'nai Brith Lodge #58 and was a 50 year member of its bowling league.

Bob was an avid golfer at Broadmore Country Club as well as an exceptional bridge player. In his retirement years, he volunteered for Meals on Wheels and became an active member of Kiwanis Meridian Hills, mentoring students, fundraising, and being honored as Kiwanian of the year.

Robert and his wife of blessed memory, Phyllis, were married for 72 years. He is survived by his daughter, Linda Klezmer; son, Ronald; niece, Sydney Eymmer; three grandchildren; nine great-grandchildren; and 2 great-great grandsons.

Graveside services were held Jan. 14 in IHC South Cemetery. Memorial contributions may be made to IHC or the Hooverwood Guild.

Jennie Jeanette Becker Samberg, 94, life resident of Indianapolis died Jan. 19. Jennie was born June 27, 1920 to Joseph and Bertha Becker. She was a graduate of Manuel High School. Jennie served as an administrative assistant at the

Bureau of Jewish Education and for the CDC of the Indiana State Board of Health. She was also very active in the community serving as president of Golda Meir Group, Rayus Club and Sisterhood of Temple Emeth in Florida; she was a life member of Hadassah and National Council of Jewish Women; served as vice president of ORT and a member of Congregation Beth-El Zedeck, City of Hope, Hooverwood Guild, New Horizons Group, White Cross Guild of Methodist Hospital, Eastern Star-Broad Ripple Chapter and Etz Chaim Deborah Sisterhood. Jennie volunteered her time to the American Cancer Society and to Riley Hospital for Children. She will be deeply missed.

Jennie is survived by her beloved family, sons, David (Rory) and Rick (Linda) Samberg and daughter, Barbara (Ray) Samberg-Lucas; grandchildren, Blair (Michael) Miller and Zachary Watterson and 2 great grandsons, Harrison and Maxwell Miller

Jennie was preceded in death by her husband, Al Samberg and her daughter, Cynthia Elaine Watterson.

Funeral services were Jan. 21 at **Aaron-Ruben-Nelson Mortuary** with burial following in Beth-El Zedeck North Cemetery. Memorial contributions may be made to a favorite charity.

Ida Katz, 89, of Indianapolis passed away Jan. 19. She was born in Cherkassy, Ukraine to Motl and Genya Rogov on Nov. 18, 1925. She was married to her beloved husband, Peter, for over 60 years. They immigrated to the United States in 1990. Together they raised two children who survive; Michael (Lilia) Katz and Inna (Steve) Pecar and had three grandchildren, Eugene (Stacey), David, Mark Pecar and a great grandson, Evan. Peter passed away in 2013.

Ida was a devoted wife, mother and grandmother. She had a kind, loving heart and was always ready to help a friend. She will be deeply missed by her family, friends and everyone she touched.

Funeral services were Jan. 22 at **Aaron-Ruben-Nelson Mortuary**. Burial followed in IHC North Cemetery. Memorial contributions may be made to Kids First Foundation.

Florence Bryan Shapiro, 91, a resident of Carmel, Ind., passed away, on Jan. 18. The youngest of three children, Florence was born in New York City to Nathan and Gertrude Bryan Miller. Florence graduated from the high school of Music and Art in New York City where she studied piano. Due to the depression and World War II,

Florence worked for three years after high school as a secretary after which she matriculated at City College of New York where she majored in business. She received her Bachelor of Science in 1947.

Florence married Jonas M. Shapiro, also of New York City on Nov. 27, 1947 after which the couple moved to Los Angeles. Florence worked there as a social worker until she began her family in 1950. Florence and Jonas relocated to Yonkers, N.Y., in 1951 and subsequently to Stamford, Conn., in 1957. Florence was instrumental in bringing a music school from New York, the Bronx School of Music, to The Jewish Community Center in Stamford.

In 1973, Florence began her career as a real estate broker and ultimately opened her own agency in 1978. Florence enjoyed her long career in that field. She enjoyed meeting many people from a wide range of walks of life and had kept in touch with many of her clients who became her friends.

Florence was a member of Congregation Beth El Zedeck where she formed close friendships with congregation members. Florence was lifetime member of Hadassah. She supported national and international Jewish charities as well as charities in Indianapolis.

Florence was preceded in death by her husband Jonas Shapiro; parents Gertrude and Nathan Miller; brother Jay Miller, and sister Edith Sue Miller. She is survived by her children Laura Shapiro of Parker, Colo., Amy Shapiro and husband Mark Holbreich of Indianapolis, and Daniel E. Shapiro of Branford, Conn.; grandchildren Matthew, Eric and Rachael Holbreich and Cara Peterson; nieces and nephews.

Florence will be greatly missed and remembered for her wit, intelligence, generosity, kind heart, and love of music. Her smile will be missed. Florence was laid to rest next to her beloved husband of 40 years, Jonas, in Temple Beth El cemetery in Stamford Conn., on Jan. 21. Florence's daughter Amy and son-in-law, Mark Holbreich wish to thank her special friends and caregivers for their visits, care, love, friendship and support given over many years that enabled her to live as she wanted.

The family extends special thanks to caregivers Denise Johnson, Lucretia Thurman, Aretha Ealy, Vera Rush, Alysia Gray, Barbara Lewis, Tanisha King, Rachael Phillips, Abby Warren, Jesse Tarver and Jean Davis; also to Dr. Douglass Franke and Judith Rothrock for their kind and compassionate care.

Jack Vidomanets, 59, of Carmel passed away Jan. 20. He was born in Kiev on Aug. 3, 1955 to Leonty and Gitla (see Obituaries, page IN 8)



Aaron
Ruben
Nelson



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OBITUARIES

(continued from page IN 7)

Vidomanets. Jack owned his own construction company for the last 20 years. He is survived by his wife, Anna Volodarsky Vidomanets; children, Slava and Eric Vidomanets; and sister, Anna Bestritsky. Funeral services were held at Aaron Ruben Nelson Mortuary on Jan. 22. Burial followed in Indianapolis Hebrew Congregation North Cemetery.

Michael “Mike” Nelson, 56,

passed away peacefully on Jan. 25, surrounded by his loving family and friends. Born in Indianapolis on April 25, 1958 to the late Harry and Gloria (Levy) Nelson, he is also preceded



in death by brother, Bruce Nelson. Mike was a graduate of the Indiana University School of Business as well as North Central High School '76 where he served as class president. Mike and his wife and business partner, Robin are owners of Nelson Oil Company, Inc. Nelson Transport, LLC and Indy Tank & Equipment Services, Inc.

Beside running his businesses Mike enjoyed family, handyman work, gardening and taking care of his Koi pond, travel and music. Mike is survived by his loving wife of 29 years Robin; his amazing children Aaron and Jessica; adored and loving sister Lisa (Lanny Grilly), brother Josh; four wonderful nephews, Jason, Adam, Kyle and Jordan Nelson; nieces Kumsa, Ava and Edie; and sister-in-law Linda; Mother-in-law Betty Hoffman; and sister and brother-in-law, Judi Jacobs and Morgan Shallcross. Mike also leaves behind his beloved aunts, uncles, and many wonderful, supportive cousins and lifelong friends. His family and friends meant everything to him.

A special thanks to Dr. Don Rothbaum. A celebration of his life was held Jan. 31, 2015 at **Aaron-Ruben-Nelson Mortuary**. Donations may be made to the North Central Alumnae Association or to the charity of your choosing.

Frances Berkoff Coraz, 91,

of Indianapolis passed away Feb. 2. She was born on Oct. 25, 1923 in Chicago to Joseph and Tillie (Jacobson) Berkoff. Frances worked in the unemployment office for the State of Indiana for many years and later worked with her husband at Hoosier China.



She was a member of Congregation Beth-El Zedeck and The Red Hat Club. Frances enjoyed reading, travel, and playing Mahjong with her friends. Frances will be deeply missed by her beloved

family: children, Tobi Weinstein and her husband, John Dick, Fred Coraz and his wife, Sylvia Farahan-Coraz, and Gerald Coraz and his wife, Jane; grandchildren, Lisa Weinstein, Bridget Coraz and Caitlin Coraz and great-grandsons, Ethan and Nolan Edwards. She was preceded in death by her husband of 70 years, David.

Funeral services were held at **Aaron-Ruben-Nelson Mortuary** on Feb. 4 and burial followed in the Congregation Beth-El Zedeck North Cemetery. Memorial contributions may be made to the Indianapolis Humane Society or the American Cancer Society.

Evelyn (Kaszovitz) Harris, 86, died Feb. 6. She was born in July 18, 1928 in Transylvania, but lived most of her life in Indianapolis.

She was Director of Adult Education and Cultural Arts at the Jewish Community Center from June 1966 until Jan 1993. She was president of the Indianapolis Chapter of Hadassah from 1993–1995. She was an active member of the Indiana Jewish Historical Society and was a member of the Indianapolis Museum of Art.

She was a longtime and very active member of Congregation Beth-El Zedeck, and was president of their sisterhood from 1997–1999. She was regional president for the Women’s League of Conservative Judaism (branch president) from 2004–2006 and served on the National Women’s League for Conservative Judaism board.

She loved movies and music and attended the symphony regularly. Reading was also one of her passions and she loved the British television shows on PBS. She took the Florence Melton class and then traveled abroad so she could take the advanced courses. She loved to travel and went all over the world. She was head of the senior group of her neighborhood and set up long distance travel for them.

Besides English, she spoke Hungarian and some Hebrew. She had many devoted friends and was a mentor to young people. She was a dedicated Jew.

Loving mother of Mark (Ruth), Paula and Ben (Susan); adoring grandma of Aliza, Rebecca, Alex, Zachary, Jacob, Ethan and Rachel; cherished sister of Lillian (the late Jerry) Reichstein and Gabbi (Bonnie) Kaszovitz; treasured aunt of many loving nieces, nephews, great-nieces and great-nephews.

She genuinely touched the lives of so many family members and friends. A chapel service was held Feb. 8 at Shalom Memorial Funeral Home in Arlington Heights, Ill. Interment was at Shalom Memorial Park. In lieu of flowers, donations may be made to Hadassah, Ramah Wisconsin, Olin Sang Ruby, Camp Tavor or Camp Young Judea. For informa-

EDITORIAL

(continued from page IN 3)

“community”. Although she loved and cared for her family dearly, she looked out for others in need and did what she could to help them. She will be sorely missed.

Jennie Cohen, February 11, 2015 ✨



BENZION

(continued from page IN 5)

I asked him if this grandmother was his mother’s mother. He said yes. I explained to him that if so, those young men were right, and he really is Jewish. We arrived at the Chabad House. I knocked on the door. A young Rabbi opened the door, and greeted us with a hearty “*Shalom*” and a big smile. I looked at him for a few seconds. Why such a warm greeting? He said “Rabbi! Don’t you remember me? I’m Glen Hurwitz, from South Africa, one of your students from the *Yeshiva* in Kfar Chabad!” *Baruch Hashem*, he told me that he had married, has three children, and now he is the head of the *Yeshiva* in Budapest.

I introduced our young lawyer, who had just discovered that he is Jewish. They talked for a while, and the lawyer put on *tefillin* and said his first Jewish prayers. They exchanged addresses and telephone numbers, and agreed to keep in touch.

We believe that the Lubavitcher Rebbe is *Moshiach*, our righteous Messiah. Here is a beautiful example of the Rebbe and his followers gathering in the Jewish people.

Forty-six years ago I was in a similar situation. Though I knew that I was Jewish, it did not mean very much to me, and at one point I even considered leaving Judaism. The Rebbe and his emissaries and followers helped me to discover the wonderful treasures of our Jewish heritage. Now I also have a hand in the Rebbe’s work, to gather in all of the Jewish people, to bring them back to their Judaism and to the Jewish Land.

We are now in the Hebrew month of *Shvat*. The Rebbe took upon himself to be our leader on the 10th of *Shvat*. Now is an auspicious time to strengthen our connection with the Rebbe, to take upon ourselves to join him in his work, to redeem the Jewish nation and all of the world. It is up to us to learn more *Torah* and help others to learn more *Torah* and do more *Mitzvahs* to bring *Moshiach* now.

Rabbi Cohen lives in K’far Chabad, Israel. He can be reached by email at bzcohen@orange.net.il. ✨



tion, tributes and condolences: (847) 255-3520 or www.shalom2.com. ✨

H-1B Season is upon us... Will this year's economy bring a lottery?

Planning for the H-1B visa season may be the key to being able to continue your work authorized status in the U.S.

As many HR Managers and Professionals are aware, April 1, 2015 marks the first day when prospective H-1B petitioning employers and prospective H-1B employees will be able to apply to the U.S. Department of Labor ("DOL") for an Labor Condition Application ("LCA") and Petition to the U.S. Citizenship and Immigration Services ("CIS") for H-1B nonimmigrant visa petitions for employment in the fiscal 2015–2016 year ("FY 2015").

Our ongoing advice to our H-1B employer clients continues to be that they need to think about filing H-1B petitions on (or very close to) April 1 for new and existing employees who will be eligible for a first-time H-1B visa to begin their employment on or after Oct. 1, 2015.



Seniors in Place serves Indy's Jewish seniors

Seniors in Place (SIP) is open to anyone over the age of 60. We are a program of the Jewish Federation and the Reuben Center. The purpose of our group is to help seniors avoid social isolation, offering seniors something to do and something to look forward to. We offer at least 10 activities a month giving our members many opportunities to choose from. This is our upcoming schedule. Dues are \$100 per household per year which covers administrative expenses. For additional information call Activity Director Janet Stillerman, 317- 251-8881.

Need your input! On Tues., Feb 17, Thurs., Feb 19 Tues., Feb 24, and Thurs. Feb. 26 at 1 p.m. older adults are needed to be interviewed by first year medical students. This is your opportunity to tell students what they need to know about the aging process. RSVP to Janet if you are interested. The interviews can be at your home or the JCC.

Classic Movie Club: On Mon., Feb. 23 at 2 p.m., Host and Hostess Ruth & Mel Bloom. The movie being shown is *The Importance of Being Earnest*. Call the Blooms 259-7694 to let them know you are coming. This movie will be shown at the Stillerman residence.

Hole in the Wall – Marco's Italian-American Restaurant: Fri., Mar. 6 at 11:30 a.m., Casual lunch to fine Italian-
(see Seniors, page IN 11)

Each Fiscal Year, Congress has mandated an annual cap of 65,000 H-1B visas for "professional and specialty occupation workers" who possess the equivalence of a U.S. Bachelor's Degree. There are also an additional 20,000 H-1B work visas available for individuals who possess the equivalence of a U.S. Master's Degree or other advanced degrees from U.S. Colleges or Universities. It continues to be the case that H-1B visa petitions filed on behalf of current workers who have been counted previously against the H-1B visa cap are not included in the annual cap established by Congress.

Additionally, pursuant to the Chile and Singapore Free Trade Agreement, 6,800 H-1B visas are available exclusively to Chile and Singapore Nationals. This reduces the total allotment of H-1B visas available each fiscal year to 58,200.

For decades, our immigration and nationality lawyers have assisted students who had to deal with the "cap-gap" issue. Now this is less of an issue with a gap if the H-1B is filed before the OPT work authorization of the student expires. We also assist employers with E-Verify applications so that they can offer international students the 17 month OPT STEM extension. E-Verify registration is relatively easy to do and seems also be the "wave of

the future" with regard to the employment verification process in the U.S.

As in 2013, this past year (2014), the H-1B allotment was exhausted in a matter of three to five (3–5) days of the H-1B visas becoming available on April 1. This required the CIS to conduct a "lottery". As a result, not all H-1Bs were accepted for processing by the USCIS. The demand for H-1B visas this fiscal year is likely to be greater than it was last year. We keep hearing that "economic recovery" is happening. The stock market continues to be strong and Companies continue to add to staff and to grow. For this reason, we continue to advise our H-1B employer clients and H-1B beneficiary hopefuls to consider filing on March 31, or as soon thereafter as possible.

For any additional information about the 2015–2016 "H-1B Season" or the H-1B work visa please feel free to contact our offices by e-mail at info@visaserve.com or you can call us at 201-670-0006 (x107). For your convenience, we have offices in New Jersey, New York and in Indiana. We also have Canadian Lawyers on our staff to assist you with transfers to Canada and we have an affiliated office in Mumbai and Gujarat in India.

(See the *Visaserve – Nachman, Phulwani, Zimovcak Law Group, P.C.* ad on page 2.)

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AFMDA names Cari Margulis Immerman new Midwest Regional Director



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A University of Michigan grad and alumna of both the National Wexner Heritage and Mandel Leadership programs in Cleveland, Immerman had been serving as AFMDA's interim Midwest regional director after leading the agency's development efforts in its Ohio, Kentucky, Michigan, and Western Pennsylvania region. Before coming to AFMDA, she worked in the private sector as a marketing executive in Chicago and Cleveland, building brand and business development strategies for Fortune 500 companies such as Ford Motor Company, McDonald's, and Citicorp. The Louisville, Ky. native will use her hybrid private sector/development background to educate supporters about MDA's daily lifesaving work, as well as its role on the front lines with the Israel Defense Forces during times of war and crisis.

"I feel so fortunate to be able to share with people, throughout the Midwest, opportunities to dramatically impact the lives of millions of Israelis through Magen David Adom," Immerman says. "MDA is there to save lives every day, as well as to

support the IDF during times of crisis."

Through the years, communities across the Midwest have quickly come to understand the vital services MDA provides. AFMDA's Midwest region raised a record \$5.6 million in 2014, including \$1 million for MDA's new national blood center, 20 new ambulances (a record), and a variety of critically needed medical supplies and training that MDA needs to deliver its world-class emergency medical services.

"This is a great time to get involved in the Midwest because support for MDA is growing quickly," says AFMDA CEO Arnold Gerson. "Cari has proven to be an innovative director and we're excited for her to oversee the region. We're very confident that MDA's lifesaving mission will gain even more traction throughout the Midwest."

Meantime, Immerman says that, just like communities throughout the Midwest, support for MDA will come in all shapes and sizes.

"I get as much joy from having a group of second graders raise \$200 as I do from having someone sponsor an ambulance," she says. "It really does take all of us to save lives in Israel."

Among Immerman's first moves was to hire Cindy Iglitzen-Socianu, AFMDA's new Upper Midwest/Greater Chicagoland area director. With staff in place, Immerman looks forward to forging new partnerships with supporters who want to join a growing regional and national organization. AFMDA closed 2014 with more than \$42 million in funds raised, up from \$36 million in 2013, and \$23 million in 2012.

"Having been involved with MDA in Chicago since the 1970s, I'm very familiar with the rich history and shared values between the Midwest and this great Israeli institution," says AFMDA Midwest Regional Board Chair and National Board Member Paula Blaine Cohen. "With Cari and Cindy now leading the charge and bringing in fresh ideas, this is a great opportunity to get involved and strengthen that partnership."

Cari Margulis Immerman can be contacted at cimmerman@afmda.org or 877.405.3913.

Magen David Adom is Israel's national ambulance, blood-services, and disaster-relief organization, serving as emergency medical first responders for the state's more than 8 million people. MDA is the only organization mandated by the Israeli government to serve in this role, but it's not a government agency, so it relies on funding from donors around the world. AFMDA is MDA's U.S.-based fundraising affiliate, raising more than 80 percent of the charitable dollars MDA receives annually. www.afmda.org. ✨

NEW YORK (February 10, 2015) — American Friends of Magen David Adom has promoted **Cari Margulis Immerman** to Midwest regional director, where she will continue expanding AFMDA's presence in the 16-state region by connecting with supporters and educating communities about MDA's lifesaving work. Immerman will remain based out of Cleveland.



Immerman

MDA is a pillar of Israeli society whose mission is to save lives. As the country's "911," it serves as Israel's national emergency medical response, ambulance, and disaster relief agency. MDA also operates Israel's national blood supply, providing 97 percent of civilian blood and 100 percent of the blood for the Israel Defense Forces. While government-mandated to provide these essential services, MDA is not government-funded, relying heavily on American donors to

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Students at Congregation Shaarey Tefilla participate in World Wide Wrap and learn to put on Tefillin with Rabbi Sendrow and Phil Lande.

50th Anniversary: Congregation Beth Shalom of Bloomington

This year marks 50 years of an official Jewish presence in Bloomington, Ind. In May 1965, several prominent Jewish residents of Bloomington formed the University Jewish Community in affiliation with B'nai B'rith Hillel Foundations. They called this new community UJC for short. It was the beginning of what has come to be a 200 family congregation.

Today, the synagogue, now known as Congregation Beth Shalom, has become a vibrant house of learning, prayer and friendship. 50th Anniversary activities are taking place each month leading up to the Anniversary Gala, May 15–17, 2015.

Do you have special memories of Congregation Beth Shalom? If so, we want to hear from you! Contact the office at 812-334-2440 or at bethshalombloomington@gmail.com. ✨

SENIORS

(continued from page IN 9)

American dinners is what brings people to Marco's. Located at 54th & Keystone is where we will be on this date. Make your

reservation to join us by calling Jackie Hayden, 251-7268.

Indianapolis Symphony Orchestra Special Pops Program: Sun., Mar. 8 at 2 p.m., Superstar Megan Hilty will belt out Broadway and ballad hits from *Wicked*,

9 to 5: *The Musical* and her debut solo album, *It Happens all the Time*. RSVP to Janet, 251-8881 to reserve your ticket. \$44 includes transportation and show. ✨

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Shuckman's Fish Co. & Smokery, Inc.

Shuckman's Fish Co. & Smokery, Inc. 3001 West Main Street, Louisville (www.kysmokedfish.com) has been in business since 1919. Lauren Shuckman Belanger is the 4th generation of Shuckmans to carry on the family business.

The Shuckmans maintain this Louisville small family business with Lewis Shuckman in sales and marketing and Vicki Shuckman managing the office and bookkeeping responsibilities. Lauren Shuckman Belanger is the plant manager and under Lewis' watchful eye, she has learned the artisan art of smoking fish and making seafood spreads. Lauren's specialty is thinly slicing the delicate smoked Nova Lox by hand.

The Shuckman's are now incorporating a new facet to their business. As of Jan. 9, 2015, Shuckman's Smoked Nova Lox will be certified Kosher by Kentucky Kosher.

After much research, Shuckmans found Kentucky Kosher to be the perfect combination of knowledge, caring, convenience and worldwide acceptance of *kosher* certification. Rabbi Avrohom Litvin is available to guide on any type of Kosher issue and Rabbi Chaim Litvin understands technology and the way complicated systems are engineered and implemented. Together Kentucky Kosher and Shuckman's Fish Company has brought a new kosher product to the Louisville Jewish Community and beyond. More *kosher* products are planned for the future.

The Kosher Smoked Nova Lox will be available at ValuMarket at Mid-City Mall and ValuMarket at Whittington Parkway, and Garden Gate at the corner of Bardstown Road and Breckenridge Lane. This product is available to caterers and special events. The general public is also welcome to come directly to the Smokery outlet at 3001 Main St. in Louisville for purchase of the *kosher* Smoked Nova Lox. Phone: 502-775-6478, fax: 502-775-6373. ★



2015 scholarships by National Council of Jewish Women, Indianapolis Section

Brief overviews of each scholarship:

Francis E. Mazur Scholarships are awarded to high-school seniors planning to attend an accredited Indiana college or university as a full-time student. Men and women of any religious affiliation may apply.

New American Scholarships are awarded to:

A) High school seniors who have arrived in the United States within the last four years and plan to attend an accredited Indiana college or university on a part- or full-time basis. Men and women of any religious affiliation may apply.

B) Adults who have arrived in the United States within the last four years and are currently attending an accredited Indiana college or university as a part- or full-time student. Men and women of any religious affiliation may apply.

Judith B. Lichtenberg Single Parent

Scholarships are awarded to adults who care for dependents and are returning to school for post-high school certificates, associate or bachelor degrees in order to better support themselves and their families. Men and women of any religious affiliation may apply.

Jewish Student Scholarships are awarded to high-school seniors who are Jewish and plan to attend an accredited college or university as a full-time student.

Mary Fink Merit Scholarship is awarded to one high-school senior who is Jewish and plans to attend an accredited (see Scholarships, page IN 14)



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A wedding memory at the "old" Beth El



Rachel Nahmias married Stanley M. Albert on June 30, 1957 at Beth El Zedek Temple on 34th & Ruckle Street. Rabbi Wm. P. Greenfield officiated and Cantor Goldring assisted. Maid of Honor was Mrs. Norman Friedman and Best Man was Mr. Eugene Miller. Bridesmaids were Miss Alice Schockner and Miss Nancy Rowe. Ushers were Howard Levine and Joseph Davis. Rita Alboher was a flower girl.

George Nicoloff was the band leader and even though he was Greek his band played Klezmer music. They played for many of the Jewish simchas of the time. The wedding reception was catered by Mrs. Dobrowitz who had a butcher shop on the south side of the city. The photographers were Miner-Baker.

Stan was from Louisville but the couple met at Butler University where Stan was attending pharmacy school and Rachel was a secretary. Rachel's father had died when she was five, so she paid for the wedding herself with her earnings from work. As soon as Stan graduated, they drove to Miami for their honeymoon.

They settled in Louisville where they attended Keneseth Israel Congregation and raised three children, Rhonda, Eileen and David. From those three they have seven grandchildren. Stan was an only child and Rachel said she had wonderful in-laws.

Rachel moved back to Indianapolis when Stan became ill to be near to her daughter Eileen Shorr. They were married 49 years until Stan passed away in 2006.

Even though Rachel is Sephardic she said the reason her wedding was held at Beth El was because her congregation had no building at the time. She called Beth El to see if they would allow her to have the ceremony there even though she was not a member. She said they were very gracious and welcoming. ✨





My Kosher Kitchen

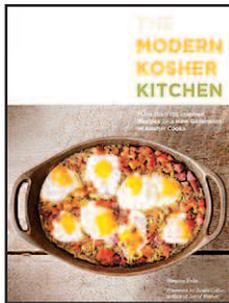
REVIEWED BY SYBIL KAPLAN

Cookbook review and recipes

The Modern Kosher Kitchen. By Ronnie Fein. Fair Winds Press. \$24.99 paperback. 2014.

Former Wall Street lawyer, Ronnie Fein decided to become a freelance food and kitchen appliance writer. This led to the Ronnie Fein School of Creative Cooking, lecturing and cooking demonstrations and this cookbook.

Fein says she wrote this book “to try to inspire all home cooks who keep *kosher* and would like to prepare the kinds of foods that informed, sophisticated – hip – folks want to cook today.”



The focus is on modern American recipes – “multicultural, innovative, and interesting.”

Every recipe is marked meat, dairy or *pareve*; every recipe has some introductory remarks, which I think make the recipe so much more personal and interesting. Every recipe has a “did you know?” or serving suggestions and substitutions. Most recipes also have a boxed “tip.” When a recipe runs to a second page, it is always opposite so the cook does not have to turn the page while following the recipe.

The 12 chapters include: appetizers; soups; salads; grains, beans, pasta and vegetarian dishes; fish; meat; poultry; vegetables and side dishes; breakfast, brunch and sandwiches; budget meals; Passover dishes and desserts.

Ingredients are listed in regular measurements and the metric system.

Among the recipes that may be especially appealing are: Smoked Salmon Tartar Rounds with Horseradish cream cheese (uses ends and scraps of the hand-cut salmon); Roasted Lemon – Rosemary Potato Salad (using toasted potatoes); Lamburgers in Pita with Lemon-Tahini Sauce; Bread and Tomato Gratin (a culinary miracle from inexpensive ingredients); “Polenta” Crisps for Passover; and Snowcap Cheesecake (rich and gorgeous).

There are 127 recipes and 39 beautiful, mouth-watering color photographs. My only negative about the cookbook is the instructions are in paragraphs and not

numbered which always makes them easier for the cook to follow.

All in all, this would make a great gift book for any occasion, especially for a new bride, for a cook starting out in *kosher* cooking or a seasoned cook looking for new ideas to perk up her family.

Fresh Tomato Vegetable Soup (4 servings)

- 2 Tbsp. vegetable oil
- 1 medium chopped onion
- 2 sliced celery ribs
- 2 sliced carrots
- 1 small seeded, chopped red pepper
- 2 chopped garlic cloves
- 3 pounds chopped tomatoes
- 1 tsp. *schug**
- 3 Tbsp. chopped fresh parsley
- 2 tsp. fresh thyme leaves
- 4 cups vegetable stock
- salt and freshly ground pepper to taste
- 6 Tbsp. uncooked white rice
- 1 medium zucchini cut into bite-size pieces
- 1 cup plain yogurt or
- 1 cup grated Parmesan cheese

Heat the vegetable oil in a soup pot over medium heat. Add onion and cook 2–3 minutes or until softened. Add celery, carrots, bell pepper and garlic and cook 1–2 minutes. Add tomatoes, *schug*, parsley and thyme. Pour in vegetable stock, season with salt and pepper and bring to a simmer. Cover and cook for 10 minutes. Add rice and cook another 10 minutes. Add zucchini and cook another 10 minutes or until rice is tender. Serve with a dollop of yogurt or grated Parmesan cheese on top.

**schug* is a Yemenite, spicy, chili-pepper-based condiment

Halibut Chowder (4 servings)

- 2 tsp. olive oil
- 1 medium chopped onion
- 1 seeded and chopped red bell pepper
- 1 small seeded and minced chili pepper
- 1 large finely chopped garlic clove
- 3 Tbsp. tomato paste
- 1 28-ounce can coarsely chopped tomatoes and juice
- 4 cups vegetable or fish stock
- 1 cup white wine
- 2 Tbsp. chopped fresh basil
- 2 Tbsp. chopped fresh parsley
- 3 medium diced carrots
- 1 medium diced zucchini
- 1-1/2 pounds halibut chunks
- salt and pepper to taste

Heat oil in a large pan over medium heat. Add onion, bell pepper, and chili

SCHOLARSHIPS

(continued from page IN 12)

college or university as a full-time student.

Each application offers a full description, including the eligibility requirements for that specific scholarship. Candidates must submit complete applications, with all materials as requested, as we are unable to process incomplete submissions.

Should you have any questions regarding these scholarships, please email ncjwindy@yahoo.com, or contact the NCJW Scholarship Committee Co-Chairs, Lori Moss, 317/691-4400, or Cindy Wides, 317/370-1122. ★



pepper and cook 2–3 minutes. Add garlic and cook briefly. Stir in tomato paste. Add tomatoes, stock, wine, basil and parsley. Bring to a simmer, cover pan partially and cook 20 minutes. Add carrots and zucchini, cover pan partially and cook 10 minutes. Add halibut, season with salt and pepper, cover the pan and cook 8–10 minutes until fish is cooked.

Baked Apples with Ginger and Orange (4 servings)

- 4 large baking apples
- half of 1 lemon
- 6 Tbsp. golden raisins
- 2 Tbsp. chopped toasted almonds
- 2 tsp. grated fresh orange peel
- 2 t. crushed crystallized ginger
- 1/4 tsp. ground cinnamon
- 2 Tbsp. honey
- 3 Tbsp. apple cider or fruit juice
- 2 Tbsp. honey
- 6 Tbsp. cider or juice
- 1 Tbsp. coconut oil or Earth Balance Buttery spread (cut into 4 pieces*)

Preheat oven to 375°F. Wash and core apples, leaving 1/2-inch at the bottom. Peel half way down from the top. Rub cut side with cut side of the lemon. Place in a baking dish. Mix raisins almonds, orange peel, ginger, cinnamon, 2 Tbsp. honey and 3 Tbsp. cider. Spoon equal amounts into the 4 apples. Combine remaining 2 Tbsp. honey and 6 Tbsp. cider or honey and pour over apples. Dot with coconut oil or Earth Balance spread. Bake for 45 minutes or until apples are tender.

**Earth Balance Buttery Spread* is a buttery tasting vegan, lactose free, gluten free spread.

Sybil Kaplan is a journalist, food and feature writer, and author of nine kosher cookbooks living in Jerusalem. ★



At a reunion dinner for the 2014 Indy Jewish Women's Renaissance Project (JWRP) held on Jan. 21, 2015, the women of last year's Indy Jewish Experience trip to Israel met to socialized and reconnected about their experience in Israel. Their trip leader and head of the Indy Jewish Experience, Judith Friedman, was unable to attend this dinner. Top row from left: Maria Simon, Niki Levine, Irene Fox, Tamara Kester, Debbie Atlas. Bottom row from left; Patricia Sanders, Sharie Fields, Laura Nisenbaum.

LEDERMAN

(continued from page IN 15)

We are taught throughout the Bible that love is transformative. In Genesis, Isaac transforms from a grief stricken boy into a healthy man when he brings Rebecca into the tent of his mother Sarah, and takes her as his wife. The *Shema*, the central Jewish prayer which formalizes the belief in one God, commands us to love God with all our heart, soul and might. It is because of this love that we follow God's commandments which will enable us to become a holy people and a light unto the world. We are changed because of the love in our lives: over history, over time, over the years it takes to learn how to become loving and beloved.

I have watched Rachel, Ed and Jason grow into their love as they have grown into a family. From my vantage point, it is a picture that inspires and gives me a sense that love is much more than a four letter word.

Amy Hirshberg Lederman is an author, Jewish educator, public speaker and attorney who lives in Tucson. Her columns in the AJP have won awards from the American Jewish Press Association, the Arizona Newspapers Association and the Arizona Press Club for excellence in commentary. Visit her website at amyhirshberglederman.com. ✨



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The power of love

I watched him care for his wife until she passed away. He was very quiet, not prone to conversation, but always had a shy smile and a comfortable way about him. I didn't see him much after she died, except when he would head out of his driveway on his 10-speed bike for one of his long Sunday morning rides.

Several years passed and I watched as my neighbor painted his porch, washed his truck and cut the oleander in his yard. It was a solitary life compared to mine, which was filled with the demands and joys of my growing family, work and friends. Then one day I looked out the window and saw him laughing as he hoisted a young boy on his shoulders. Even from a distance, I could see the light in his eyes.

Slowly, the transformation occurred. There were potted geraniums on the porch and wind chimes on a tree outside the kitchen window, where three people sat down to dinner now instead of one. Happy voices volleyed back and forth across the yard, evidence of a family in the making.

Rachel met Ed at his Western store, when she came in to buy a pair of genuine cowgirl boots. She was visiting from New York and, not prone to shyness herself, asked him if he would show her around Tucson. Reluctantly, he agreed.

Who would have imagined that less than a year later, Rachel would pack her bags and leave her New York life, job and friends to create a new home with her six-year-old son Jason in the Sonoran desert? And who would have thought that my lonely neighbor would blossom into a family man, in just a few short months?

I am not a voyeur, but I have to admit that I have loved watching what has happened at the house across the street. Because I have seen something quite special: the remarkable transformation of a man, a woman and a young boy who have come together as a family through the restorative powers of love.

Love, as folk singer Joan Baez so aptly put it, is just a four letter word. But within those four letters are a myriad of feelings, attachments, devotions and passions. There is no end to the types of love that exist. Parental love, erotic love, platonic love, "brotherly" love and spiritual love all may vary in their objects of desire, yet each

one has a unique ability and potential to transform and educate, to enlighten and inform those who are lucky enough to experience it.

Although some would suggest that Judaism is a religion which is defined and dominated by laws and rituals, that is not an accurate depiction. Judaism puts love at the top of its agenda when it comes to how we relate to each other, how we relate to God and how God relates to us. Love is an essential element of Jewish faith and life.

The great *Talmudic* scholar Rabbi Akiva taught that one of the greatest principles of the *Torah* is: "Love your neighbor as yourself." Why? Because in order to love your neighbor *as yourself*, you must first know who you are and how you want to be loved. Since love is best expressed through our deeds and actions, we are commanded first to know how we want to be treated, so that we can act in the same loving way towards others as we want them to act towards us.

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