

The Jewish Post & Opinion • Indiana Edition

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www.jewishpostopinion.com



This artwork by Suzy Friedman depicts the Jewish holidays we celebrate and observe throughout the year. Friedman created it with an eye for being decorative as well as meaningful. She finds it enjoyable to move from one image to the other within this piece and remember celebrations with family and friends.

This mosaic would be a nice piece for a synagogue, Jewish Community Center, Jewish Federation office or Jewish museum. For further information or to order, contact her at www.suzyfriedmanarts.com, email her at suzyfriedman@comcast.net, or call 317-501-3107.

Suzy Friedman creates distinctive, special occasion art using Judaic themes. Each piece reflects Suzy's love of Judaism and its traditions.

For many years Suzy

has been using her artistic talent in media as diverse as mosaics, hand-dyed and painted silk *atarot* for *talitot* and torah covers, cards and invitations, and hand-painted *ketubot*. Lately she has been working in pastels and oils focusing on landscape and still life. She also creates three-dimensional Giclee-process *ketubot* and other Judaic themed prints.



Suzy Friedman

Suzy's commissioned artwork can be found in synagogues and homes throughout the country. She has taught art to

(see Cover, page 2)

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The Jewish Post & Opinion

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Simcha Announcements

Mazel Tov to...

Scott Levine and his future bride, **Tina Homme**, who accepted his marriage proposal on Sept. 1, 2013 for a March 2014 wedding to be held at Congregation Shaarey Tefilla (see photo and more info in the Oct. issue). ✨

Rabbi Yisrael and Mrs. Miriam Gettinger on the birth of their granddaughter, born Aug. 23 to their children Aron and Gila Gettinger of Los Angeles. ✨

Roy Swisa, the new Israeli community *shaliach* for Indianapolis. ✨



On Aug. 24 the Sisterhood of Congregation Beth-El Zedek sponsored a Trot Shabbat at Agape in Cicero, Ind. The event began with a Shabbat service, and included carriage and horseback rides, miniature horses, and a delicious picnic prepared by preschool chef Becky Schneider. Agape is a Greek word that means "unconditional love". Founded as a summer program in 1986 by Cheryl Miller and her daughter Dawn, it is a therapeutic riding stable for children with disabilities using the therapeutic value of horses to rehabilitate. In 1994, Cheryl established a full-time program, serving individuals and schools throughout central Indiana. Contact info for Agape: www.agaperiding.org or 317/773-7433.



Michelle "Shelley" Gray, daughter of Myrna Gray of Indianapolis and granddaughter of Alice Yalowitz, z"l, from Terre Haute, Ind., and **Joseph Robinson**, son of Pat Richardson and Jim Robinson, of Chesterton, Ind., celebrated their first anniversary on Aug. 31, 2013 with a wedding ceremony at Deer Park Manor in Bloomington, Ind. Ben Storey of Bloomington officiated.

Shelley and Joe were married on Aug. 31, 2012, at the court house in San Angelo, Texas. Joe was in officer's training for the Air Guard at that time. Joe has a BA in Business from Indiana University. Shelley has MS degrees in Environmental Science and Public Affairs also from Indiana University. Their residence is in Bloomington.



Leah Fogle, daughter of Adam and Jessie Fogle, granddaughter of Adrienne and Dr. Norman Fogle, and Joel and Debbie Epstein, brushing a miniature horse at Trot Shabbat.

Greetings

Sam Wolf

USED CARS

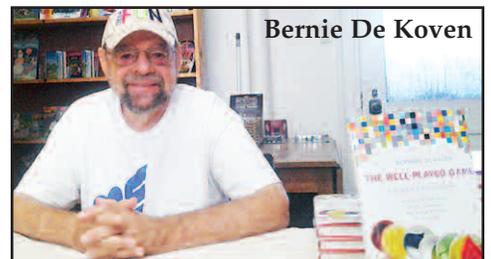
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COVER

(continued from cover)

secular and religious school students. She now teaches mosaic classes in her home studio.

Her training includes a BA in Fine Art from Indiana University and a Masters in Art Education from IU-PUI at Herron. ✨



Bernie De Koven

Editorial

If any time of year could be considered special for Jews this is it. Besides several holidays in a row all taking place in September, many who do not attend services at any other time, show up for the High Holidays. With the large turnout it provides a sense of community, a feeling of belonging and being a part of something bigger than oneself.

I had the privilege to worship in some of our local synagogues for *Rosh Hashanah*. It was wonderful to experience the warm welcome from the rabbis and congregants in the different houses of worship. What I noticed this year were more similarities than differences among the denominations. Every congregation had inspiring *shofar* blowing ceremonies, interesting sermons on diverse topics and Jews praying intently. It was heartwarming to see and hear a children's service with young children singing and participating.

The next day a huge crowd turned out for the Penrod Arts Fair on the grounds of the Indianapolis Museum of Art (IMA) where I was helping a friend with her booth. I did not have that same feeling with all those people.

I had not been to the IMA for many years and had forgotten how scenic the surrounding area is with gorgeous flowers, trees and plants, and a wonderful fountain. I had never seen the Virginia B. Fairbanks Art & Nature Park. It was beautiful and peaceful at the same time! Indianapolis has such great parks and I will mention another one at the end of this editorial.

Speaking of different goals, I finally met Fun Coach Bernie De Koven, who lives in the Irvington neighborhood of Indianapolis. He wrote a regular column for this newspaper from 2009–2011 in which he gave numerous examples on how to include more fun into this brief game that we play while here for approximately 75 years. I met him at the Irvington bookstore Bookmamas where he was launching his new book, *The Well-Played Game: A Player's Philosophy*. (See photo on page 2)

Without even looking in the book, I can guess what it is about. Bernie understands better than most that life is simply a game and the goal is not about winning or even keeping score but about how to make the most of the shared time together. If his book is anything at all like his columns, reading it will be time well spent. We have reprinted one of his columns on this page.

Holliday Park, one of this city's oldest, has provided generations with a refuge for recreation, walks and spending time in
(see Editorial, page 11)



Posting the Past

BY BERNIE DE KOVEN

Delight in creation – completely!

Hello there FUNcoach,

Okay, so, just for fun, what do you think G-d really wants from us? I mean, do you think that our just having fun is really enough? Doesn't G-d want more than that?

Sam Haredi

Dear Sam,

Thanks for the question. I'm afraid I'd have to be a lot better informed and divinely inspired, to come up with anything like an authoritative response. But I can tell you this. If I were the One and/or the One were Me, what I'd want from My creations – especially the conscious ones:

(A) Appreciating. Not of Me, per se, but of the world I make for them. I don't think I'd be the kind of One who'd need thanks. I'd be the kind who'd want to see My creatures enjoying My creation. As much of it as they can possibly enjoy. As many moments and movements of it they can perceive. I'd want My creatures to be more and more intelligent so they could perceive more and more of My creation, and delight in it, completely.

(B) Enjoying themselves. As deeply, as thoroughly as they can possibly perceive My creation, I'd want my creatures to enjoy it. I'd want even more for them to enjoy themselves. That, for me, would be all the praise I'd require, all the prayer I'd want to hear. Not sacrifice. Not ceremony. Not even thanks. Just enjoyment.

(C) Enjoying each other. In the same way that they enjoy themselves, I'd want them to enjoy each other. As many and much of each other as they can embrace. In fact, the wider their embrace, the more they'd be fulfilling My purpose. Embracing family, friends, neighborhood, community, strangers, people of different abilities and languages, cultures, traditions, values, status.

(D) Enjoying the other. As much of else that is not their selves as humanly possible. All My creation. My clouds and lightning bugs. My mountains and mud puddles. My wildness. My tameness. Appreciating. Enjoying. As much as they possibly can. No, of course not, I don't expect all of them to enjoy all of it, or all of themselves, even. But the more they do, the closer they'd be to being the beings I made them to be.

(E) Loving. At least loving themselves.

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Loving the intricacy, the harmony between the parts and the whole, the mind and the body. Loving even the selves they find themselves with. The selves of animals, of trees, grass, even. Enough to keep themselves healthy, make themselves healthier. Enough to heal themselves. To heal the others.

So, all right. Maybe that's expecting too much. So maybe if they were just having fun, being fun, creating fun – it would be enough for Me. Better than gratitude or sacrifice or prayer.

I'm not saying. I'm just saying.

Bernie De Koven is the author of The Well-Played Game: A Player's Philosophy. See more on deepfun.com. He was a regular columnist for this newspaper from 2009–2011. This column is reprinted from Sept. 8, 2010. You can see his other columns in past issues on our website under Archives. ✨

Community Events

JCC Business Network

The next meetings will be on **Sept. 11** and **Nov. 20** at 6:30 p.m. at the Arthur M Glick JCC, 6701 Hoover Rd. RSVP to Larry Rothenberg lrothenberg@jccindy.org or call 317-715-9233. All are welcome. Free to JCC members and first timers; others – it is only \$5.

JFGI Young Leadership Division Break-the-Fast

On **Sept. 14**, join young Jewish professionals from all across Greater Indianapolis as we break the Yom Kippur fast together! Location/Time TBD. Also save these dates: **Oct. 4** – Young Leadership Division Sukkot Shabbat Pitch-in Dinner at Camp GUCI in Zionsville and **Oct. 13** – Fall Horseback Riding and Picnic at Fort Harrison. To sign up or for any questions, contact Inna, YLD Director at yld@jfgi.org.

Hadassah book club and board meetings

Hadassah Book club will be held on **Mon., Sept. 16** at 7 p.m., at the home of Joan Katz. September's book is *Sweet Like Sugar* by Wayne Hoffman.

Upcoming Hadassah Board meetings will be held **Tues., Sept. 17** and **Wed., Oct. 23** at 7 p.m., in the Cook Board Room at the Arthur M. Glick JCC. For more info contact the Hadassah office at 317/475-4278 or check Indianapolis@Hadassah.org.

Tour de Shuls Indianapolis (TDSI)

A community cycling event for everyone!
Sun., Sept. 22 at 2 p.m., departing from the parking lot of Congregation Shaarey Tefilla at 3085 W. 116th St. in Carmel, Ind. Snacks and water will be supplied. The 2013 TDSI is designed for like minded cyclists riding in support of Hillel. It is a meet up. No registration or entry fees are required. Just show up.

Donations for Hillel will be accepted on day of event or can be mailed to TDSI and sent to the office of Congregation Shaarey Tefilla. *Proceeds from the event support the efforts of Hillel throughout Indiana.* For more information, go to www.tourdeshulsindy.org or contact Jay Perler at 317/876-3669 or jperler@comcast.net.

Unattached Jewish adults

Sun., Sept. 22 at 5:30 p.m., meet in the *sukkah* at Congregation Beth-El Zedeck to say the blessings over the *luluv* and *etrog*. Afterward there will be either a picnic or dinner at a local restaurant. For more information contact 317/405-8084 or jpostopinion@gmail.com.

The Sukkot Experience!

Sun., Sept. 22 from 4–6:30 p.m. at the *Schusterman Sukkah*, 1112 Oakwood Trail.

Soup in the sukkah + salads, spreads & breads! Music & fun, face painting, Moon Bounce...and more! Fun for the whole family! For more info call (317) 698-6423 or email cgi@lubavitchindiana.com. Come and bring a Friend! A project of Lubavitch of Indiana.

The Indianapolis Chapter of Hadassah presents

The Actual Dance, a one man play written and performed by Sam Simon on **Sept. 29**, at 3 p.m. in the BJE Auditorium.

The Actual Dance is a dramatic exploration of the emotional and spiritual journey of facing a serious illness with the person you love most in the world. In the spring of 2000, Sam's wife Susan was diagnosed with stage 3 breast cancer. That diagnosis and subsequent treatments took both of them on a roller coaster ride that moved from elation to despair and back again. *The Actual Dance* is a presentation of that ride from Sam's perspective.

Through performance and engagement with audiences, Sam has come to understand that there is a hunger for engagement on this topic. *The Actual Dance* itself offers a perspective not often found, that of the "partner" of the person confronted with a life threatening disease. It is also a male voice in the breast cancer journey facing so many people, primarily women. The experience of writing and performing this play has also transformed Sam, who has also begun to write poetry based on the play.

Sam Simon is a professional actor and performer, and was nominated for Best Actor in the Northern Virginia Theater Alliance's One Act Festival. This play has been performed in theaters nationally including in New York City and Washington, D.C. Every performance is followed by a talk back, a time when the audience gets to verbalize their own feelings and reactions not only to the play but to their own journey and experiences.

Admission/Couvert: \$5 member / \$7.50 nonmember. RSVP to the Hadassah office: 475-4278 or Indianapolis@Hadassah.org. Appropriate for adults of all ages.

Hoosier reunion in Jerusalem

Cyrelle Simon, from West Lafayette, Ind., who made Aliyah to Israel six years ago and Judith Epstein are busy planning a second Hoosier get-together in Jerusalem. Cyrelle would like to invite any and all Hoosiers to a gathering on **Sept. 30**, at 7 p.m. at her apartment

in the Bayit Ve 'Gan neighborhood in Jerusalem. Please contact Cyrelle at simonec@smile.net.il or Judith at judithepstein88@gmail.com to confirm that you will be participating.

Hooverwood Guild annual raffle and luncheon

The raffle is to raise funds for the special needs of Hooverwood residents. The drawing will be held on **Oct. 9** at our annual luncheon. Time and location to be announced. Raffle tickets are \$10 each or 11 for \$100. You do not need to be present to win. All raffle money is used to enhance the life of the residents.

Indianapolis Bureau of Jewish Education

Save the date: **Sun., Oct. 27**, 4–8 p.m. for a special evening of fun for all ages. Featuring, the exclusive showing of *Hava Nagila* the movie, dinner, bingo, and so much more at Latitude 39!

Music @ Shaarey Tefilla

Congregation Shaarey Tefilla, in Carmel, welcomes all for music up close for the 2013–2014 season. Known for its intimate, casual setting and meet-and-greets with the performers at after concert receptions, this is the place to be.

Join us on **Oct. 21**: The Lincoln Trio with violist Michael Strauss – Music by Turina & Garrop; **Dec. 16**: Pianist Stuart Malina with Alexander Kerr, Zachary DePue, and Michael Strauss– Music by Dvorak, Gershwin & Bloch; and **Mar. 17**: Solo Pianist Jerome Lowenthal – Music by Mendelssohn & Rochberg. Each performance begins at 7:30p.m.

The series presents a broad range of musical styles and collaborative musicians uniquely focusing attention on a Jewish theme, composer, or performer. Artistic Director, Michael Strauss, crafts each program as you would an excellent meal, with the comfort of familiar composers and their masterworks balanced with the zest of new or little known pieces. Congregation Shaarey Tefilla is located at 3085 West 116th Street, Carmel, Ind. Call 317-733-2169 for ticket and more information; also see www.shaareytefilla.org. Individual tickets at the door: \$20 (\$18 for CST members), \$6 for students. Season series (all three concerts): \$54 (\$50 for CST members), and student \$18 ea.

Congregation Shaarey Tefilla's Tzadik Award Dinner & Dance

Announcing Congregation Shaarey Tefilla's premier *Tzadik Award Dinner & Dance* honoring Sid & Linda Dunn – for their tireless dedication and service to the *shul* since its inception – Saturday evening, (see Events, page 5)

The Alimingo Shared Senior Housing Ribbon Cutting

Elder Friendly Communities and Crooked Creek Community Development Corporation (CDC) had a ribbon cutting ceremony on Aug. 28 for their affordable housing project for older adults, the first home of its kind in Indiana. This lovely new house, specifically designed to meet ADA regulations featuring low windows, no steps, non-slip bathroom floors and handrails, is located in a convenient, quiet neighborhood.



A collaboration between Crooked Creek CDC, the city of Indianapolis, HUD, AARP, CICOA, Elder-Friendly Communities, and Jewish Federation of Greater Indianapolis dreamed and then built big. CDC, HUD, and the city of Indianapolis were responsible for acquisition of the vacant lot and the construction of this four unit home with shared living spaces.

Elder Friendly Communities and CDC will interview potential tenants to live in the home, where they can age in place instead of in a nursing home. Now ready for its first residents, the newly constructed home will accommodate 4 independent adults 60 and older.



Front row: (L-R) Orion Bell, Executive Director CICOA Aging and In Home Solutions; Scott Armstrong, Executive Director Crooked Creek Community Development Corporation; Cindy Wides, Community Resource Coordinator for Elder-Friendly Communities; Douglas Hairston, representing Mayor Greg Ballard; Ann Allen, Coordinator Elder-Friendly Communities; and Angela Mansfield, City County Council Member District 2. **Back row:** Mandala Moya, AARP Indiana; and Lori Moss, Director of The Albert and Sara Reuben Senior and Community Resource Center.

Help furnish the house for our tenants. Sponsor a piece of furniture, an appliance or kitchenware! The home needs everything a typical kitchen has except a refrigerator, stove top and wall oven. However, still on the list to obtain are a microwave and washer and dryer. Donations are accepted in the form of cash to purchase new or nearly new items.

A tour can be arranged if one is interested. Contact Ashley Kimmel: akimmel@crookedcreekcdc.org or 317-757-5574, Ann Allen: aallen@jfgi.org or 317-259-6817, or Cindy Wides: cwides@jfgi.org or 317-259-8048.

“Many thanks and heartfelt appreciation to collaborating partners who diligently worked to bring the home to fruition. Elder-Friendly Communities is thrilled to be the first to provide an affordable housing option that also includes increased social

activities, transportation and community involvement,” remarked Ann Allen who has been involved in every step of creating this special house. ✨



EVENTS

(continued from page 4)

Nov. 16, 2013 at CST, 3085 West 116th Street, Carmel, Indiana 46260. Dinner and ceremony at 7:30 p.m. with dancing starting at 9:00. Master of Ceremonies will be Irwin Levin. R.S.V.P. by Oct. 31. For more information and reservation call (317) 733-2169 or office@shaareytefilla.org. ✨



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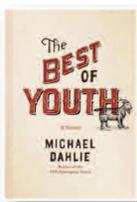
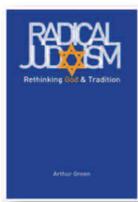
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WITH 15 GREAT EVENTS



Letty Cottin Pogrebin

Author of *How to Be a Friend to a Friend Who's Sick*
Mon, Oct 28 | 7 pm | \$8/\$5 Members

An IndyTalks Community Conversation
Art Matters: The Whys and Hows of Art in Our Schools
Tue, Oct 29 | 7 pm | FREE

Community Reads **Dara Horn**
Author of *A Guide for the Perplexed: A Novel*
Wed, Oct 30 | 7 pm | \$8/\$5 Members

Time, Memory and Implications, work by artist
Bonnie Stahlecker
Tue, Oct 29—Fri, Jan 3, 2014
Opening reception: Thu, Oct 31, 5:30–7:30 pm
FREE

IndyKlez Concert
Sat, Nov 2 | 7:30 pm | \$15/\$10 Members

Miriam Rubin
Author of *Tomatoes: A Savor the South Cookbook*
Sun, Nov 3 | 2 pm | \$8/\$5 Members

John Green
New York Times #1 bestselling author of
The Fault in Our Stars
Mon, Nov 4 | 7 pm | \$25/\$20 Members

Storytime with Bubbe and Zayde
Tue, Nov 5 | Noon | FREE

15th Anniversary Celebration
Free Screening of Broadway Musicals:
A Jewish Legacy
Tues, Nov 5 | 7 pm | FREE

A Spirit and Place Event
Rabbi Arthur Green
Author of *Radical Judaism—Rethinking God and Tradition*
Thu, Nov 7 | 7 pm | \$8/\$5 Members



Nicky's Family, a film
Sat, Nov 9 | 7 pm | \$8/\$5 Members

David Harris-Gershon
Author of *What Do You Buy the Children of the Terrorist Who Tried to Kill Your Wife?*
Mon, Nov 11 | 7 pm | \$8/\$5 Members

John Schwartz
Author of *Oddly Normal*
Tue, Nov 12 | 7 pm | \$8/\$5 Members

A Panel of Award-Winning Novelists Who Just Happen to Be JCC Members
Michael Dahlie *The Best of Youth*
Allison Lynn *The Exiles*
Ben Winters *The Last Policeman*, 1 and 2
Wed, Nov 13 | 7 pm | \$8/\$5 Members

Heartland Film Festival 2013
Award-Winning Shorts
Sat, Nov 16 | 7 pm | \$8/\$5 Members

Taste of Ann Katz
Festival of Books and Arts



Bottle in the Gaza Sea, a film
Sat, Sept 28 | 8–10 pm | \$8/\$5 Members



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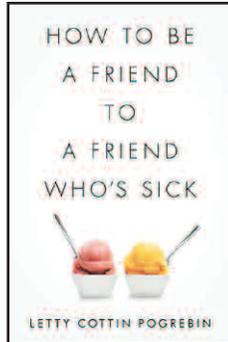


Book Excerpt

BY LETTY COTTIN POGREBIN

Ten Commandments for mourning with a bereaved friend

1) Go to the funeral. Yogi Berra famously said, “Always go to other people’s funerals, otherwise they won’t come to yours.” Funny as it is, the line makes sense when applied to other people’s *loved one’s* funerals. Showing up at the memorial service for their mother or father is one of the most meaningful, memorable things you can do for a grieving friend. Get up at 7 a.m., *schlep* yourself to that church in Cranbury, New Jersey, or Podunk, Michigan, and just “be there.”



2) Express your sympathy briefly and simply. Avoid soul-crushing clichés. Don’t get florid. Just say something short and heartfelt. You can always fall back on “I’m so sorry for your loss” or “Please accept my condolences,” which are classics not clichés. If you’re on the receiving line after the funeral, move along. The time and place to share more extensive personal thoughts is when you visit your friend at home.

3) Recall a positive attribute of your friend’s loved one. If you had a personal connection to the deceased, conjure a specific memory (e.g., “Your mom was kind to me when I lost my job”). If she was just an acquaintance, cite a detail, however small, to let your friend know their loved one was appreciated (e.g., “I always admired your mom’s beautiful voice”). If you never met her, you can always say something like, “Those incredible eulogies made me wish I’d known her.”

4) Never say the following lines to the following categories of people: To a friend whose parent has died: “Think of it this way, your dad won’t become a burden.” To a grieving spouse: “It was worse for my aunt; she was married way longer than you.” Or, “There are other fish in the sea.” Widowed after a long marriage, Jane Brody, the health writer, was grateful that “no one (not yet, at least)

has said to me, ‘Surely you’ll meet someone else.’ Nor has anyone offered to introduce me to a likely prospect.... When I complained about coming home to an empty house, however, I was not offended by the suggestion that perhaps I should get a dog. Thankfully, though, no one has said, ‘I know how you feel – my dog died last year.’”

5) Create a mourning ritual. Bereaved friends who don’t subscribe to a particular faith tradition might welcome your offer to create an alternative ritual – Bruce Feiler calls it a “secular *shiva*” – at which they can publicly honor their loved one. It could be an impromptu gathering or a more formal, scripted event. The idea is for friends to come together and remember the deceased and gather around the mourner. Among Bruce’s suggestions: specify on the invitation that people of all faiths or no faith are welcome, order in the food so no one has to cook, exclude traditional religious prayers so everyone feels comfortable, hold the event in a venue other than the mourner’s home (to spare them preparation or clean-up), and allot plenty of time for the mourner to tell stories about his or her loved one.

6) Never underestimate the impact of the written word. Even more than the neighbors who offered to take out her garbage, lift heavy objects for her, and move her car for street cleaning, Jane Brody appreciated written condolence notes “that warmed my aching heart, made me smile, and told me more about Richard and how he affected others than I had realized even after forty-three years of marriage.” Most of us tend to avoid focusing on the deceased for fear of saddening the mourner, but Jane loved it when friends “talked about the kind of person Richard was.” She cherished people who “took time to recall how Richard had helped them” and said things “that while recognizing the pain of loss, reflected the value of a life well lived.”

Writing in *Good Housekeeping*, Elinor Lipman said she was amazed at the

number of condolence cards and e-mails she received when her husband died. They weren’t just from friends but also from casual acquaintances, such as the handyman she once hired to truck away an old treadmill, her son’s buddy from Japan who remembered important advice her husband gave him, the wife of the man who plows her driveway, and the grocer who wrote to say he’d made a donation to her local food bank in her husband’s memory. Elinor maintains that condolence notes needn’t be timely. You can always say you “just heard” or “were too shaken by the news to write immediately.” A message received long after the fact “doesn’t open a wound but casts a new glow over a friendship.”

7) Help the mourner find or found a support group. Misery doesn’t always love company, but if you think your bereaved friend might benefit from a support group, don’t just suggest they join one; check out existing groups in the area or help them organize one. Sam Feldman, whose wife, Gretchen, died in 2008, started a biweekly support group for widowers because he found he could only get solace among men who were in the same boat and willing to share the anguish of their loss. Most widows already have an intricate web of women friends who can support them emotionally after their husband’s death, but research shows that most widowers tend to bottle up their sorrow and, as a result, suffer more mental distress, illness, disability, death, and suicide. If your friend is a widower, do him a favor and direct him to the National Widowers’ Organization (nationalwidowers.org), which help men all over America establish support groups.

8) Facilitate their memorializing. In the first flush of loss, some people are too traumatized to recognize the emotional significance of the deceased’s belongings, which is why precious letters, photos, mementos, artifacts, and other treasures so often get tossed or given away to

(see Pogrebin, page 11)

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Congregation Beth Shalom selects clergy after national search

AUGUST 21, 2013 – The first new Reform Jewish congregation in the Indianapolis area in more than 100 years is excited to announce the upcoming installation of its first rabbi and cantor. Congregation Beth Shalom, located in Hamilton County, was established in 2011 to meet the spiritual, educational and cultural needs of the growing, highly diverse Jewish population on Indianapolis' far north side.

The temple distinguishes itself by its philosophy of inclusion and the principle of leadership by its members, for its members. Following an exhaustive search, on July 1, Congregation Beth Shalom welcomed its first clergy, Rabbi Stanley Halpern and Cantor Debra Winston.

Rabbi Halpern comes to the congregation with over 25 years of pulpit experience in the greater Chicagoland area. He also has served as the executive director of the

Bureau of Jewish Education in Sacramento, Calif. Rabbi Halpern was ordained in Israel and has extensive experience in Jewish education. "Congregation Beth Shalom provides a unique opportunity both for me as a rabbi and for its members to express our Judaism in a setting that embraces the diversity of our community and that fosters and encourages participation in the full spectrum of Jewish life."

Joining Rabbi Halpern on the pulpit is Cantor Debra Winston, who was cantor for a Reform Jewish congregation in Asheville, N.C., and Cantorial soloist in the Twin Cities. She has a degree in Sacred Music and Religious Studies from Hebrew Union College and has recently obtained her chaplain certification in Tulsa, Okla. "I am thrilled and honored to serve Congregation Beth Shalom. I look forward to helping weave Jewish music and learning into a brilliant tapestry for years to come."

The addition of professional clergy has allowed Congregation Beth Shalom to expand its programming in the areas of life cycle events, adult and childhood education, and counseling and support. In addition, Rabbi Halpern and Cantor Winston will play an integral part in both the Jewish and interfaith communities of greater Indianapolis.

Congregation Beth Shalom invites the community to participate in its High Holy Day services and to attend the installation of Rabbi Halpern and Cantor Winston on Sept. 27, 2013 at 6:30 p.m., at University High School in Andrews Hall. A reception will follow the installation.

Jews by birth, Jews by choice, and interfaith families are welcome to participate in the warmth and fellowship of the congregation. Congregation Beth Shalom holds Shabbat services on the



Purdue University announces its Fall 2013 Jewish Studies Program

The Jewish Studies Program at Purdue are co-sponsored by the Purdue Jewish Studies and Religious Studies Programs. All members of the Purdue University community and the public are cordially invited to attend these free events:

Jewish Studies Program Noon Lecture and Discussion Series, Wed., Oct. 2 in Stewart Center, Room 202 at 12:30. **Saul Lerner**, Professor, Department of History and Political Science, Purdue University Calumet, "Creating a Master Race: American Eugenics and Nazi Racial Policy."

Klatch Jewish Arts Series Presentation, Mon., Oct. 28 in Krannert Auditorium at 8 p.m. **Daniel Asia**, Composer and Professor of Music, University of Arizona "Breath in a Ram's Horn: The Jewish Spirit in Classical Music."

Jewish Studies Program Noon Lecture and Discussion Series, Wed., Nov. 6 in Stewart Center, Room 202 at 12:30. **Peter Kern**, Winner of the 2013 Edward Simon B'nai B'rith Barzillai Lodge No. 111 Prize in Jewish Studies, "Moses Hess: His Influences and Influence."

6th Annual Larry Axel Memorial Lecture in Religion, Thurs., Nov. 7 in STEW 214ABC at 7 p.m. **Wendy Furman-Adams**, Professor of English, Whittier College, "Visualizing Paradise: Artists Representing Eden Before and After Milton's Paradise Lost."

For more information contact Alice Wenger at 765-494-7965, by email at wengera@purdue.edu or check their website: www.cla.purdue.edu/jewish.studies. ✨

second and fourth Friday of every month. For more information, consult its website www.bethshalomindy.org. ✨



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High Holidays

By RABBI BENJAMIN SENDROW

This may be your last chance

In the book *The Language of Faith*, Robert Dewey tells the story of a man and a boy who share a seat and a lonely vigil on a train ride to Smithville. The man first notices the boy as he walks down the aisle and a lurch of the train flings him into the empty aisle seat next to the boy. Surprise cannot hide the anxiety on the boy's face. How old is the boy, the man asks himself? Seventeen, maybe eighteen? What could worry someone so young?

The boy's head drops dejectedly against the window; he clenches his hand on the window ledge into a fist. The man feels sure the boy is fighting to keep from crying. Finally the boy asks the man if he knows what time it is and when the train will get into Smithville.

The man gives him the time, but says he doesn't know about Smithville. "That where you're headed?" he asks the boy. "Yes," replies the boy. "Very small town isn't it? You live there, do you?" "Yes, that is, I used to." "Going back, then, eh?" "Yes, that is, I think so – maybe."

Somehow the question turns the boy back to the window. It is quite a while before he speaks again. When he does, it is to tell the story of his life. Four years ago, he had done something so wrong he had run away from home. He couldn't face his father, so he had left without seeing anyone.

Silence again. Then, after a long look out the window he continues his story. "I sent him a letter. I didn't know if he wanted me back. He has never known where I was, and I've never written to him, except for the letter three days ago when I said I'd be coming home. There's a tree right by the little station in Smithville, a few hundred feet this side of it. We used to climb that tree all the time, my older brother and me. In the letter, I told my Dad to put a sign on the tree if he wanted me to get off the train and come home.

A kind of silent companionship developed between the man and the boy. Both now wait for Smithville. Suddenly the boy turns from the window and speaks with such intensity that it takes the man by surprise. "Will you look for me? I'm sort of scared." "Sure. I'll be glad to."

They change seats. Shortly after the man had begun to peer into the darkness, the conductor comes through announcing,

"Smithville, next stop!" The man peers into the darkness. Then he sees it. He shouts so loud everyone in the car can hear him. "Son, that tree is covered with rags!"

At this holy time of year, you have an excuse to open a conversation with a family member or friend, to heal a relationship that needs healing. One message of our holiday season is that now is your chance. Another is it may be your last chance. Don't waste it. You may regret it for the rest of your life.

Rabbi Sendrow is rabbi of Congregation Shaarey Tefilla in Carmel, Ind. Get Jewish thoughts, current events, and more by following him at: [Twitter.com/CSTRabbi](https://twitter.com/CSTRabbi). ☆

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L'Shanah Tovah Tikateivu!

From our Board, President Matt Burton, Rabbi Sendrow, and our members at Congregation Shaarey Tefilla, wishing you and all your loved ones a *Healthy, Sweet, and Good New Year!*

Please join us for High Holidays and Special Programs at Shaarey Tefilla!

See our complete service schedule and program details at www.shaareytefilla.org.

Music@ST: Performances on **Oct. 21:** The Lincoln Trio;

Dec. 16: Pianist Stuart Malina; **Mar. 17:** Solo Pianist Jerome Lowenthal.

Great Voices: Performances on **Nov. 10:** Great American Songbook;

Feb. 9: Back to the Theatre; **May 4:** Music and Film.

Tzadik Dinner/Dance: Honoring Linda & Sid Dunn and Jeri & Bob Schuckit; **Nov. 16.**

The Observant Life: Book discussion on Conservative Judaism; 1st & 3rd Wed., monthly.

Torah on the Road: Discussion groups, monthly, Downtown Indianapolis and Zionsville.

Judaism 101: Adult Education series starting **Oct. 9.**

Hebrew School Tutoring: Offered for CST children in grades 3-7 — focusing on literacy, prayers, and our siddur — to assist in creating a Hebrew education challenge.

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Obituaries

Phyllis Rubner Netzorg, 93, longtime resident of Indianapolis, died Aug. 16, 2013. She was an active member of Indianapolis Hebrew Congregation (IHC) and a board member of its Sisterhood. She was also a member of Hooverwood Guild, Hadassah, National Council of Jewish Women, and B'nai Brith Women.

She is survived by her devoted family: children Linda Netzorg of Indianapolis, Ron Netzorg of Atlanta, 3 grandchildren, 9 great grandchildren and 1 great-great grandchild.

Phyllis was preceded in death by her beloved husband Robert Harris Netzorg.

Graveside funeral services were held Aug. 18 in IHC Cemetery South. Memorial contributions may be made to IHC or Hooverwood Guild. Arrangements by **Aaron-Ruben-Nelson Mortuary**. Friends may leave a note or message of condolence for the family at www.ARN Mortuary.com.

Alla M. Guno, 91, of Indianapolis, devoted mother and grandmother died Aug. 19. Before retirement, Alla was a M.D. (radiologist). She will be deeply missed by her family. Survivors include her daughter Sophia (Boris) Gorlin and granddaughter Gena Gorlin. Graveside services were Aug. 21 in Congregation Beth-El Zedeck North Cemetery. Arrangements by **Aaron-Ruben-Nelson Mortuary**.

Abraham Redlich, 91, died on Aug. 27, 2013. He was the beloved husband of the late Shirley Redlich; dear father and father-in-law of Dr. Leila (Dr. Stanley Biel) Redlich, Dr. Philip (Jacqueline) Redlich, Frances (Win) Stewart and David (Caren) Redlich; dear grandfather of Esther, Eliana, Rena and Yoni Biel, Aaron, Nathan and Doran Redlich, Christina, Matthew and Michael Stewart, Gavriel and Doniel Redlich; dear brother of the late Rochel,

the late Masha, the late Minya, the late Herschel and the late Roizhe.

Funeral services were held on Aug. 28 at Young Israel Synagogue. Interment was in Indianapolis. A graveside service was held in B'nai Torah Cemetery on Aug. 29. Mr. Redlich was a Holocaust Survivor. Memorial contributions preferred to Young Israel Congregation, 8101 Delmar Blvd, St. Louis, Mo. 63130 or the Block Yeshiva High School, 1146 North Warson Road, St. Louis, Mo. 63132.

Shirley J. Mills, 78, of Carmel died Aug. 23, 2013. She was born March 22, 1935 to Clyde and Dorothy Phillis in Valparaiso, Ind. She is preceded in death by her late husband Ira L. Mills. Prior to moving to the Carmel area in 2008, Shirley lived in LaPorte, Ind. Shirley and Ira were the former owners of the Dairy Island in Valparaiso, Ind. Shirley took pride in raising her family in LaPorte.

Survivors include children: Ira (Debra) Mills, Jr. of Carmel, Lori Mills, of LaPorte, and grandchildren; Leslie and Taylor Mills of Carmel, Emalee and Kevin Krishan of Zionsville. Arrangements entrusted to **A.R.N. Cremation Services**.

Jack A. Cohen, 85, passed away Sept. 7 surrounded by his family. A lifelong

resident of Indianapolis, he graduated from Manual High School, was a U.S. Army Veteran and a member of The Indiana Freemason Monument Lodge. He was a board member of Etz Chaim Sephardic Congregation and was a 50-year member of Broadmoor Country Club. He was an avid gardener and golfer.



He is survived by his wife of 63 years, Rickie; his daughters, Sharon (Rick) Huddleston and Judy (Scott) Edwards; and his son, Alan (Lindsey) Cohen. He is also survived by his three sisters, Binnie Kaplan, Esther Calderon, and Lee Mallah; his seven grandchildren, Stephanie Christiansen, Jonathan Huddleston, Allison, Julie, and Meredith Cohen, and Stacy and Justin Edwards; along with his great-grandson, Jack Christiansen.

Services were held on Sept. 8 at Etz Chaim. The family would like to thank Marquette Manor and St. Vincent Hospice for their care and compassion. Donations should be directed to the Etz Chaim Congregation or the American Cancer Society.

Shiva, with *minion* at 6:30 p.m., is each evening from Sept. 9-12 at the Cohen residence. Arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**. ✨

The Board of Directors
and the Foundation of
Indianapolis Hebrew Congregation
along with its Brotherhood, Sisterhood,
Youth Groups, Staff and Members wish you
L'Shana Tova!

May 5774 be a Happy, Healthy, and
Prosperous year for us all.



Rabbi Brett Krichiver
Rabbi Nadia Siritsky
Cantor Janice Roger

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Ruben
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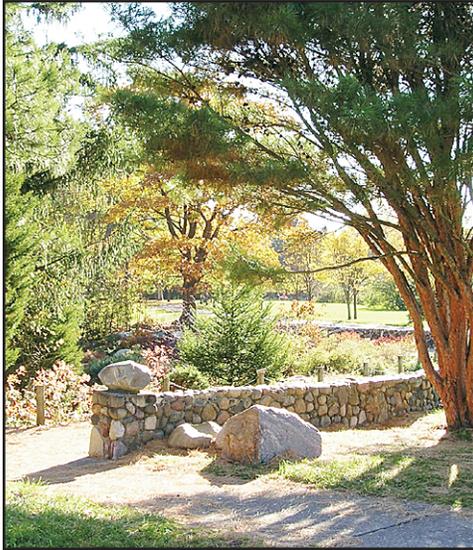


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EDITORIAL*(continued from page 3)*

nature for about 100 years. Now Friends of Holliday Park (FHP) in cooperation with IndyParks is engaged in a capital campaign to revitalize the decaying Ruins and renovate the exhibit hall in the Nature Center.



Development Director of the Friends of Holliday Park, Sarah Potasnik, said they have raised more than two thirds of their goal which also includes an endowment to maintain this project into perpetuity. Recognition opportunities range from \$1500 and up and donations may be made by calling 317/475-9482 or directly on their website: www.holidaypark.org/pricelessasset. More information is available in the lobby of the Nature Center. They are planning to wait to begin construction until they meet their fundraising goal but they hope to do so by the spring of 2014.

This park is located very close to the Arthur M. Glick JCC and the rest of the Jewish Community complex which includes the Federation, the Bureau of Jewish Education, and Hadassah. It is also near Congregation Beth-El Zedeck, Indianapolis Hebrew Congregation, B'nai Torah, Hasten Hebrew Academy, Hooverwood, and Etz Chaim Sephardic Congregation. I hope you will consider donating to this worthy cause as one your goals for 5774.

Jennie Cohen, September 11, 2013 ✨

POGREBIN*(continued from page 7)*

family members who don't recognize their sentimental or historical value. I wish someone had facilitated my acquisition of some of my mother's belongings – for instance, her beautiful silver *Hanukkah* menorah, which ended up in non-relatives' hands. You can help your friend

catalog, claim, or rescue such items before they're distributed or discarded.

9) Don't offer your help unless you mean it. Following protocol, people routinely say, "Don't hesitate to call on me" when they know they don't mean it and you know they don't mean it, and most of the time nothing happens. If you really want to help a friend who's taking care of a sick loved one or who's grieving a loss, you have to make clear that you're not just saying it. Tell them to call on you for whatever they need and then say something like, "I really mean it. I want to help but I need you to tell me how." If you see something that needs doing, don't wait for them to tell you – just do it. Sometimes actions speak louder than offers. Once again, you can Ask and Act. Or Act and Ask. I can't stress this point enough except by capitalizing and repeating it.

10) Let the silence be. People who are never at a loss for words may be surprised by their speechlessness in the presence of grief. If you find yourself tongue-tied, don't fight it. An understanding silence beats fake sympathy any day of the week, and most mourners, even in the depths of their grief, can tell the difference.

See *Letty* at the Ann Katz Bookfair at the Indy JCC Mon., Oct 28 at 7 pm. And read a review of this book by Rabbi David Wolpe in

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our Focus on Healing issue June 12, 2013.

Letty Cottin Pogrebin is an award-winning journalist, widely published opinion writer, acclaimed public speaker, admired political activist, and author of several non-fiction bestsellers, including *Growing Up Free*, *Getting Over Getting Older*, and *Deborah, Golda, and Me*. Her last book was a novel, *Three Daughters*. She lives in New York. Follow her on Twitter: @LettyC Pogrebin and on Facebook. www.lettycottin-pogrebin.com. ✨

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