

The Jewish Post & Opinion

Indiana Edition

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Cover art by Jackie Olenick
(see About the Cover, p.3).



Tu B'Shvat – Chamisha Asar b'Shvat

BY SYBIL KAPLAN

Perhaps nowhere does the holiday of *Chamisha Asar b'Shvat* or *Tu b'Shvat* have more meaning than here in *Eretz Yisrael*, for this holiday bridges the gap between Jews in the Diaspora and Jews in Israel.

The holiday, which begins the evening of Jan. 25, is not mentioned in the Torah but makes its first appearance in the Talmud where it is called *Rosh Hashanah V'lanot*. Why New Year of the trees? Jewish literature of the sixth to 11th centuries identifies this holiday as one on which the fate of the trees and fruit is decided. The "Tu" is an acronym for the Hebrew letters *tet*, which in the Hebrew system of counting is nine and *vav*, which is six, thus adding up to fifteen, the day on which the holiday occurs in the month of *Shvat*.

The date was chosen when the Rabbinic schools of Hillel and Shamai (from the time of the Second Temple) argued about the dates. Hillel said it fell on the 15th of Shvat; Shamai said it began on the first of Shvat. Hillel's opinion prevailed because it was thought that by the later date the winter rains in Israel were almost over.

Although this holiday is not mentioned in the Torah, it is known in the *Mishnah* (the first part of the Talmud which explains, interprets and analyzes the laws of the Torah). It was a day meant to link the Jew to the land of *Eretz Yisrael*. In the time of the Second Temple, on this day, Jewish farmers would estimate their obligatory tithes for tax collectors and other contributions which Jewish law

required. In effect, Tu b'Shvat was the beginning of the new fiscal year.

Another purpose of the holiday relates to the age of trees. In order to observe certain *mitzvot*, one had to know the age of a tree. The fruit from last year could not be used for this year's tithes, for example; tithes had to be from new fruit. By designating Tu b'Shvat as a deadline, fruit gathered up to this time would be considered last year's crop, and fruit picked afterward was part of the new crop and the new income.

Another point of Jewish law related to the age of trees is that fruit cannot

(see Kaplan, page 2)

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Simcha Announcements

Mazel Tov to...

Koby Tavel, son of Bob and Carla Aviva Mintz Tavel, younger brother of Sigal Tavel, became a Bar Mitzvah at Etz Chaim Sephardic Congregation on Thanksgiving weekend, Sat., Nov. 24, 2012. This photo were taken on the Thursday before, when he first lained tefillin. ✨



Koby Tavel prior to his Bar Mitzvah.



New Business – Indy Tech Pros

Eric Goldsmith has opened Indy Tech Pros, a new retail store, 5080 W. 38th St. 46254, behind the Red Lobster, 317/586-Tech (8324). They repair, upgrade, sell and recycle computers, printers, laptops and more. They have a few specials, free virus scans, Windows XP Pro desktop computers starting at \$79, Netbook computers from \$99 and up, laptops from \$149 and up, and laser printers, computer projectors and much more. They will also recycle all of your electronics, cell phones, laptops, desktops, cables and more. They serve business and end users, just let them know how they can be of help! (www.Indytechpros.com, www.escrap inc.com, www.usedprinters.com). ✨

KAPLAN

(continued from cover)

be eaten from a fruit tree during the first three years the tree bears fruit. Only in the fourth year can that fruit be eaten.

Sephardic Jews were influenced by the practitioners of *kabbalah* (Jewish mysticism) and derived their practices from the Jewish mystics of the 16th century living in Safed, the principal town in the Upper Galilee. Jews would assemble and read about fruits and trees from a special book whose sources were the Bible, Talmud, and the *Zohar* (the kabbalist work by various authors).

A special *seudah* (meal) would accompany the all-night readings and would include partaking of no less than 15 fruits associated with the land of Israel. These customs spread to Turkey, Italy, Greece, Asia and North Africa and even to

Ashkenazi countries of Europe.

Today, many Sephardim continue the custom of reading and eating all night. The home service is called a *seder* and was believed to have been originally compiled by a 17th century mystic, Nathan of Gaza.

The seder consists of drinking four cups of wine to symbolize the changing of seasons. In her book, *The Jewish Holiday Cookbook*, Gloria Kaufer Greene suggests the first cup of wine is dry, white and chilled to symbolize winter. The second cup of wine is very pale, such as sherry or rose, and signifies spring and the early thaw. The third cup of wine is deeply colored, like a dark rose, and symbolizes the late spring and blossoming trees. And

(see Kaplan, page 5)

Simchas Welcome! Had a recent joyous occasion in your family or Jewish organization? *The Jewish Post & Opinion – IN Edition* welcomes your announcements for placement in our *Simcha* section (see page 2). Submit photos and text to: jpostopinion@gmail.com. **Next Deadline: Feb. 8, 2012.** All decisions on publishing, date of placement, size of photo, and length of announcement are at the sole discretion of the publisher.



Scene from the musical, Joseph and the Amazing Technicolor Dreamcoat at the Booth Tarkington Civic Theater in Carmel, Ind. (see Editorial, p.3). Photo credit: Zach Rosing.



Hasten Hebrew Academy Chanukah Dinner

The HHAJ annual fund-raising dinner was held Dec. 2, 2012, in their Cultural Arts Center. Guest speaker was Yehuda Avner, author of the book, *The Prime Ministers: An Intimate Narrative of Israeli Leadership*. In it he shares his first-hand experiences working with Israel's political leaders. The scrumptious kosher dinner was catered by Dina Cohen. The next day, Avner spoke to the students at Indiana University in Bloomington, Ind. "Avner was one of the most interesting and engaging speakers we have ever had," said Professor Alvin H. Rosenfeld, founder and 30-year director of Borns Jewish Studies Program. "We learned a lot from him." Photo – Seated (L-R): Simona Hasten, Yehuda Avner, Hart Hasten, Indiana Governor Mike Pence. Standing (L-R): Bernard and Laurie Hasten, Monica Rosenfeld, B'nai Torah Rabbi Yisrael Gettinger and Mrs. Miriam Gettinger (HHAJ Principal), Karen Pence (wife of Mike Pence). Photo by Scott Romer. ✨

Editorial

I recently had the privilege of seeing the musical, *Joseph and the Amazing Technicolor Dreamcoat* at the Booth Tarkington Civic Theater in Carmel, Ind. (see photo, p.2). Was it a coincidence that the dates it played were from Dec. 14–Jan. 5, the same time as we read the Torah portions *Miketz*, *Vayigash*, and *Vayechi*? These three portions begin with Joseph in prison in Egypt where he was sent by his master Potiphar, an officer of Pharaoh, and they end with Joseph dying.

I had never seen the musical before so I was surprised how close the plot was to the biblical story. Costumes were dazzling and it was a pleasure to hear the beautiful harmonies in the songs. The dances were choreographed well to fit the different themes of the songs. What made this an entertaining performance were the different songs and dances that had themes from the 1950s, 1960s and 1970s.

In the play the mood is sorrowful when Joseph is thrown into the pit and also when he is put in jail for something he did not do. Even though the audience knows full well that he will eventually be exonerated, I could feel a lift in the room when he is released from jail and especially when he reconciles with his father and brothers.

Patrick Clements who starred as Joseph has an amazingly powerful singing voice and Diana Steckler-Sacino who had a leading role as narrator exuded charisma.

I have written previously that we may not desire some of the challenges with which we are faced and we may not understand the reasons for them, but as was the case in Joseph's situation, they made him a stronger person and that made a big difference for the Jewish people.

I recently experienced a similar situation but on a smaller scale. A childhood neighbor, Pat Palm who had lived across the street from us came back into my life when I found her living at MorningSide, a senior living community. She had two daughters Sharon and Kathy. When she was 49 her husband of 28 years had a heart attack and died suddenly. A year later she remarried and moved away. I had not seen her for decades but I heard she lost her daughter to cancer when Sharon was 45.

Four years ago I was reacquainted with her and attended her 90th birthday party. When I would see her every few months she was always upbeat and optimistic even though her second husband of 38 years had recently died. She had become one of the few people I have known who does not have a mean bone in her body. At

(see Editorial, page 6)

About the Cover

“Nachamu, Nachamu – Comfort, Comfort My People”

by Jackie Olenick

This fine art gliece, measuring 12 x 15 inches in the frame is a limited edition of 300, on stretched canvas.

Olenick creates Judaic illuminations in several mediums based upon her favorite Torah text, psalms and prayers. She also designs personalized, illuminated *ketubot* for the bride and groom. The images created are joyful, contemporary, inspirational and speak to issues that guide us on our day-to-day journey. They are intended to bring blessing and holy reminders to every Jewish home. She also creates beautiful spiritual jewelry appropriate for men, women and teens. All jewelry is designed with words and symbols, to bring one closer to the sacred, to lift one up and open ones heart.



Jackie Olenick

Olenick presents and teaches hands-on workshops for temples, schools and organizations where participants of all ages and all levels of skill can learn about Judaic art and create their own unique pieces for their home.

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 email: jpostopinion@gmail.com
 phone and fax: (317) 405-8084
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This year the URJ has selected Jackie's artwork exclusively for their calendar.

She works in several mediums including acrylic and collage/multimedia, for which she is noted. Olenick has created bold and bright, large pieces that are appropriate for a temple or can serve as a focal point in a home.

(see About the Cover, page 11)

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Community Events

Ongoing Torah Study

Tuesdays 7:30–8:30 p.m. upstairs at Lubavitch of Indiana, 1037 Golf Lane in Indianapolis. The class is led by Rabbi Mendel Schusterman. For more information: Call 317/698-6423.

Hadassah Book Club

Sun., Jan. 20 at 3 p.m., at the home of Phyllis Kaplan, we will discuss *In the Garden of the Beasts* by Erik Larson. If interested, please call Annette Gross 872-1385.

Hadassah Board Meeting

On **Wed., Jan. 23** at 7 p.m., there will be a Hadassah board meeting held in the board room of the Arthur M Glick JCC.

Celebrate Tu B'Shvat with Hadassah

Our annual *Sedar* to honor the New Year of the trees and the beginning of spring in Israel will take place **Sat., Jan. 26** at 1 p.m., in the Hooverwood Fireside Lounge, 7001 Hoover Rd. Come, enjoy and sample the favorite treats from Israel and the festive holiday. The Sedar will be led by Evelyn Harris and the event is chaired by Rosalie Gussow. We welcome members, family and friends. Please call the Hadassah office 475-4278 to RSVP. You may be interested in purchasing trees for Israel in honor of an upcoming or past event. Please call Regina Globerman for JNF trees at 228-1979.

Welcome to Fabulous Jegas!

Bigger, brighter and better than ever! The Young Leadership Division of the Jewish Federation of Greater Indianapolis is hosting this event on **Sat., Jan. 26** at 8 p.m. at the Arthur M. Glick, JCC. Open to the community, ages 21+. Step into fabulous Jegas! Tickets \$18 includes: • Blackjack, Texas Hold'em, Craps, and more, • Fifty chips per person at the door, • Hors d'oeuvres, • Vegas-style entertainment, • Amazing prizes.

This event is open to all individuals who make a minimum \$36 tax deductible gift to the Jewish Federation of Greater Indianapolis 2013 Annual Campaign. To RSVP and to make your pledge, visit www.JFGI.org. Dietary Laws Observed • Cocktail Attire • Cash Bar.

New Jewish Learning Institute Class

The class will be held six **Mondays Jan. 28–March 4, 2013** from 7–8:30 p.m. at the Arthur M. Glick JCC, 6701 Hoover Rd in Indianapolis OR six **Tuesdays, Jan. 29–March 5, 2013**, from 11 a.m.–12:30 p.m. at the Schusterman Chabad House, 1112 Oakwood Trail in Indianapolis. Fee: \$79 textbook included. \$14 off per student

with minimum 2 signups. Try the first class for free. (Limited scholarships available.) Sign up a friend who has never participated in a JLI course and receive half off for yourself. Instructor: Rabbi Mendel Schusterman. For more information: Call 317/698-6423 or email JLI@lubavitchindiana.com. *This course is eligible for CLE credits.*

Living with Integrity: Navigating Everyday Ethical Dilemmas

There comes a time when we're forced to choose between conflicting responsibilities or to make ethical compromises for good reasons. How do we decide what is right, and more importantly, what is right for us in our unique situation? Packed with real-life scenarios, *Living with Integrity* challenges you to voice your opinion while providing practical Talmudic wisdom to help you navigate skillfully through life's inevitable ethical challenges. This course will not only provide you with tools to make the right decisions, it will also enhance your interaction with family and friends.

The Ronen Chamber Ensemble Concert

The second concert of the season titled *Masterpieces and Young Masters*, will take place on **Tues., Jan. 29** at 7:30 p.m., at the Wood Room of the Hilbert Circle Theatre in downtown Indianapolis.

A new educational initiative will be launched with this program: an extraordinarily talented high-school musician will be spotlighted performing alongside Ronen musicians on the opening work of the concert. This year's participant is oboist Wei-Tzu Chiu, an Indianapolis resident currently in her senior year at the Interlochen Arts Academy in Michigan. Also, Ronen's cycle of masterworks of Brahms will begin with a performance of his Opus 8 Piano Trio in B Major.

This is the Ronen Chamber Ensemble's 29th concert season. ISO principal clarinetist David Bellman and ISO cellist Ingrid Fischer-Bellman are co-artistic directors of the series.

The repertoire for the concert includes French composer D. Milhaud's *Suite d'après Corrette* for Oboe, Clarinet and Bassoon as the opening work (with oboist Wei-Tzu Chiu.), *The Serenata* for Clarinet, Bassoon, Trumpet, Violin and Trumpet by the early 20th century Italian composer A. Casella and the Brahms B Major Piano Trio, Op. 8.

Guest violinist Areta Zhulla will be making her Indianapolis debut on this concert. Ms. Zhulla is a Greek-born musician currently residing in Indianapolis with a rapidly rising career as both soloist and chamber musician. She is a graduate of the Juilliard School and is a member of the Chamber Music Society of Lincoln Center 2.



Areta Zhulla

Also performing on the concert are clarinetist David Bellman and bassoonist Oleksiy Zakharov, cellist Ingrid Fischer-Bellman, trumpeter Marvin Perry II, and pianist Gregory Martin. All musicians with the exception of Ms. Zhulla and Mr. Martin are members of the ISO. A reception hosted by Ronen's Board of Directors will follow the concert in the Wood Room.

Unattached Jewish Adults

On **Sun., Feb. 3** at 12:30 p.m., meet with old friends and make some new ones at Lulu's Café, 2292 West 86th St., on the north side of 86th St., in the strip mall behind MCL where Kahn's Wine & Spirits is also located. For more information call 317/405-8084 or email: jpostopinion@gmail.com.

Israeli Movie Night

On **Mon., Feb. 4** at 7:30 p.m., at the Arthur M Glick JCC join our Israeli Community Shlichah, Marva Eden (shaliach@jfgi.org) for Israeli Movie Night! The movie being shown will be announced soon.

(see Events, page 5)

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EVENTS*(continued from page 4)***Music @ Shaarey Tefilla**

Congregation Shaarey Tefilla, in Carmel, welcomes all for music up close for the 2012–2013 season. Join us on **Mon., Feb. 25**, at 7:30 p.m. for “A Stellar Reunion,” featuring Tchaikovsky’s *Souvenir de Florence* with the members of Time for Three, violinist Alexander Kerr, Cincinnati Symphony Orchestra’s Concertmaster Timothy Lees and Principal Cellist Ilya Finkelshteyn.

On **Mon., April 15** at 7:30 p.m.: “Music from Israel”, with violist Atar Arad and clarinetist Eli Eban in honor of *Yom HaZikaron*, Israel’s Memorial Day.

The series presents a broad range of musical styles and collaborative musicians uniquely focusing attention on a Jewish theme, composer, or performer. Artistic Director, violist Michael Strauss, crafts each program as you would an excellent meal, with the comfort of familiar composers and their masterworks balanced with the zest of new or little known pieces. Known for its intimate, casual setting and meet-and-greets with the performers at after concert receptions, this is the place to be. Congregation Shaarey Tefilla is located at 3085 West 116th Street, Carmel, Ind. Call 317-733-2169 for ticket and more information.

**Voice of the Soul:
A Sabbath of Song and Story**

Save the date for an uplifting and spiritual Sabbath service with Carrie Newcomer and Rabbi Sandy Sasso on **Fri., March 1** at 7:30 p.m., at Congregation Beth-El Zedeck, 600 W. 70th St. A festive Oneg will follow.

Indy Legends of Doo-Wop

Jimmy’s Four Sounds backed by Arnie and the Soul Brothers are back again! Last summer, these two Indiana groups tore it up with their rock ‘em-sock ‘em dance music, toe-tapping doo-wop and dreamy jazz from the late 1950s and 1960s. They will be back on the JCC stage for an evening of fun and music. Put on your dancing shoes and don’t miss an extra surprise on the dance floor! On **Sat., Mar., 16** from 8–10:30 p.m., \$20/\$15 for JCC members or \$150 for a table of 10.

Jewish Bereavement Group

The Albert & Sara Reuben Senior and Community Resource Center began a bereavement group in partnership with Community Home Health Services, a part of the Community Health Network. This bereavement group, which has a Jewish perspective and is facilitated by Rabbi Bruce Pfeffer, is open to all. For information

regarding meeting times please contact Julie Sondhelm at 317-259-6822 x6. ★

KAPLAN*(continued from page 2)*

the fourth cup of wine is rich and red and stands for the fertility of summer.

In between drinking, one eats fruit in order of “ascending spirituality.” After the first cup of wine, one eats fruit with inedible coverings like almonds, avocado, banana or melon, to represent the body covering the soul. After the second cup, one eats edible fruit with pits such as plum, prune, date, apricot, olive or carob to symbolize the heart being protected. After the third cup of wine, one eats fruit which can be eaten in its entirety such as berry, apple, pear or fig, because it is closest to the pure spiritual creation.

Food customs associated with Tu ‘Shvat have also been fruits and nuts connected to Eretz Yisrael such as the seven species mentioned in Deuteronomy 8:7–8 – barley, wheat, figs, dates, grapes, olives and pomegranates. It was also customary to eat apples, raisins, carob and dried fruit. The sweet syrup from the brown leather pod of the carob is popular in Middle Eastern desserts such as baklava.

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In the early days of the Zionist pioneers, the planting of trees was carried out and became an affirmation of attachment to Israel by those in the Diaspora. The Talmud reports that in the time of the Second Temple, it was customary to plant a tree on Tu b’Shvat for every child born – a cedar for a boy because of its height and a cypress for a girl because of its fragrance. When the children grew up and were about to marry, the poles for the *chupah* (wedding canopy) were constructed from the branches of their trees

Sybil Kaplan is a journalist, lecturer, food writer and cookbook author in Jerusalem. ★

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Caring for your feet

BY TODD MANN, DPM



EDITORIAL

(continued from page 3)

her funeral recently, I heard the same from everyone else who knew her. I couldn't help but think part of the reason she was such a giving, kind-hearted woman was from having experienced those tragic situations in her life.

Jennie Cohen, January 16, 2013 ✨



or other problems that may otherwise go unnoticed until the problem is much worse. You can use a mirror to examine the bottoms of your feet – a telescoping, self-examination mirror works great. If you are unable to examine your feet on your own, ask a spouse, friend or an aid to take a look at your feet.

Prevent dry, cracked feet. Feet support your body weight day in and day out and take about 8–10 thousand steps a day and are often not cared for like they should be. The result of all this pressure can cause the soles of your feet as well as your heels to become dry and crack.

Moisturize your feet daily – twice a day is ideal – paying close attention to the soles of the feet and heels. It is generally not recommended to moisturize between the toes because this area is naturally moist. Also, using a pumice stone is a great way to file and smooth away rough, dry skin. Do not use toenail clippers, scissors or your fingers to cut and pick away at loose skin and cracks. This can lead to worse problems. There are many excellent moisturizers available; the key is to use them regularly. If, after using a moisturizer regularly with no improvement or the cracks become painful or bleed, consult your physician – you may need a prescription.

These are just some of the ways that proper foot care and proper footwear are vital to helping prevent problems and maintain happy, healthy feet. For more related articles, please visit my blog at www.drtoodds.com/foot-care-blog. ✨

Cong. Beth Shalom (Bloomington, Ind.) wins \$25,000 grant for solar panels

Congregation Beth Shalom was awarded a \$25,000 federally funded state grant for the purchase of solar panels for their building. Five other Indiana congregations – Trinity Episcopal Church, St. Thomas Lutheran Church, and Unitarian Universalist Church of Bloomington, and two Indianapolis congregations – will also receive \$25,000 grants, for a total of \$150,000 in funding to generate clean and renewable energy, and to serve as models for others around the state.

The panels will will generate about 40 percent of our current electrical consumption. They are also committed to finding ways to conserve an additional 25 percent of current consumption.

The congregation's Till and Tend Committee members Lana Eisenberg, Sarah Wasserman, Dan Price, and Jerry Myerson worked tirelessly on this project along with Madi Hirschland, who assembled and prepared the combined grant proposal for the six congregations through Hoosier Interfaith Power and Light (H-IPL). Over the past few years, the commitment and hard work of these Beth Shalom members has been nothing short of inspirational. Last year, through their efforts and encouragement, more than one third of our member households reduced their energy consumption by almost 15%. We demonstrated that a congregation could achieve significant household energy savings in a short time, inspiring their solar panel co-applicants to commit themselves to this goal as well.

In the weeks and months to come, Beth Shalom's Till and Tend Committee along with their grant partners will conduct workshops and spread the word locally and throughout Indiana to tell their story and encourage others to lower their carbon footprints.

Beth Shalom, the Jewish Community Relations Council, and Congregation Beth-El Zedeck in Indianapolis are organizing a statewide conference this February for Jewish congregations and leaders to discuss energy conservation.

Of course, this outcome could not have been achieved without the support of their Finance Committee and Board, who expedited approval for our share of the cost of solar panels, recognizing that the return on our investment through cost avoidance would be greater than that provided by traditional savings. We also had the support of Rabbi Besser who minimizes his carbon footprint by riding his bicycle to get around Bloomington! ✨



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The Indiana Jewish Historical Society

The 40th annual meeting was held on Oct. 28, 2012 at Broadmoor County Club.

The following members were elected by mail ballot to serve on the IJHS Board of Directors: Jerry Abrams, Fred Chary, Rachel Einwohner, Barbara Goldman and Kevin Krulewitch serving a three year term ending in 2015; Evelyn Harris, Ilean Rowe and Rosalie Gussow serving a two year term ending in 2014 and Dan Appel serving a one year term ending in 2013. Earlier that morning the Board of Directors elected the executive officers for 2012–2013 fiscal year: President, Sheila Greenwald, Indianapolis; First V.P., David Piser, South Bend; Second V.P., Garry Mervis, Kokomo; and Treasurer, Barbara Goldman, Indianapolis.

Paul Brockman, Director of Manuscript and Visual Collections at the Indiana Historical Society announced that all Jewish archive material has been processed and catalogued. At this time there are 40 different Jewish collections. All of this material is easily accessible for public use.

President Sheila Greenwald presented outgoing president Alan Gilbert with a certificate honoring his three years of leadership. Sheila asked everyone to collect their community's archival material and also requested that we all

write our family histories and stories for placement in the archives. Sheila announced the chairs for the major committees: Joan Wolf, Chair of the History Committee; Evelyn Harris, Chair of the Membership Committee and Barbara Goldman, Chair of the Endowment Committee.

Executive Director Eileen Baitcher reported that last year's publication, *Bonds as Strong as Steel: A History of Indiana's Scrap Dealers* continues to generate more interest and has sold more copies than any other publication in IJHS history. The Society is beginning to collect information for a second edition. Please contact the IJHS office if you know of a contact for a family owned scrap business which was not included in the first publication.

In March 2012, Sheila Greenwald, newly elected IJHS president, was asked to work on the archives of the Indianapolis Bureau of Jewish Education with the goal of creating a video of their 100 years as a community Hebrew school. After months of going through the pictures and information, the video was finished and viewed at their 100th anniversary Purim Ball. The IJHS is working on creating projects to encourage students to learn about their local Jewish history. All ideas will be shared with congregations around the state.

A panel featuring Indiana Historical Society staff members discussed the planning and research strategies involved in the "You are There 1950: Making a Jewish Home" exhibit. The panel consisted

of Eloise Batic, Director of Exhibitions; Dan Shockley, Director of Interpretation; Kim McCann, the interpreter who portrayed Fanny Kaplan and Carol Schaefer, the interpreter who portrayed the Jewish community volunteer Tekla Wolf. Eloise explained that the exhibit started with a picture that was found in the Indianapolis Jewish Federation archive collection and how the exhibit was built around that picture. Dan discussed the many details that were replicated in Mrs. Kaplan's kitchen: the appliances, the china, the furniture and the wallpaper. Kim discussed how she researched the internet for accents that could have been similar to that of Mrs. Kaplan's. Carol explained that her character Tekla Wolf gave another dimension to the exhibit by showing how the Indianapolis community helped the Kaplans. ✨



(L–R): Kim McCann, Rachel Einwohner (IJHS Board member), Eileen Baitcher (IJHS Executive Director), Sheila Greenwald (IJHS President), and Carol Schaefer.



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Spring 2013 Jewish Studies Events at IU and Purdue

Borns Jewish Studies Program at IU

Mon., Jan. 29 at 5 p.m.: "How to Be A Jewish Writer Without Really Trying." Lecture by Dara Horn, Dorit & Gerald Paul Fellow in Jewish Culture & the Arts. In State Room East at the Indiana Memorial Union (IMU).

Feb. 7-8: "Jews in Image and the Imagination: Jewish Body, Gender, and Sexuality in Representation" Inaugural Jewish Studies Graduate Student Association (JSGSA) Conference. **Feb. 7,** JSGSA Conference Keynote Lecture by Professor Charlotte Fonrobert. In State Room East at IMU.

Feb. 12 at 5 p.m.: Lecture by David Bezmozgis, Dorit & Gerald Paul Fellow in Jewish Culture & the Arts. In State Room East at IMU.

Feb. 17-18: "Going to the People: Jews & the Ethnographic Impulse", Scholar's conference.

Feb. 17 at 8 p.m.: "Travelling the Yiddishland" concert, Location TBA.

Mar. 18 at 5 p.m.: Lecture by A.B. Yehoshua, Dorit & Gerald Paul Fellow in Jewish Culture & the Arts. In State Room East at IMU. Co-sponsored by the Institute for Advanced Study.

Mar. 19 at 7 p.m.: Screening of "The Human Resources Manager". Discussion with writer A.B. Yehoshua (in collaboration with IU Cinema). At IU Cinema.

Apr. 17 at 5 p.m.: Lecture by Allegra Goodman, Dorit & Gerald Paul Fellow in Jewish Culture & the Arts. In State Room East at IMU.

Apr. 21 at 2 p.m.: Robert A. and Sandra S. Borns Jewish Studies Program 40th Year Anniversary Celebration, Featuring Menachem Pressler and Friends. In Auer Hall. This is a free event.

Institute for the Study of Contemporary Anti-Semitism (ISCA):

Feb. 25 at 5 p.m.: "Primo Levi as Philosopher" Lecture by Professor Berl Lang. In State Room East at IMU.

Apr. 2 at 5 p.m.: "Modern Antisemitism and the Emerging Memory Politics of

Eastern Europe", Lecture by Professor Leonidas Donskis, a member of the European Parliament. In Walnut Room at IMU.

Apr. 9 at 5 p.m.: "Memory, Nonmemory, and Postmemory of the Holocaust in post-1989 Poland", Lecture by Professor Jolanta Ambrosewicz-Jacobs. In Oak Room at IMU.

Purdue Jewish Studies events

Evening Event – Klatch Jewish Arts Series Presentation

Mar. 18, at 8:00 p.m.: "Beatified But Not Canonized: Jewish American Artists and the Formation of the American Art Canon", presented by Samantha Baskind, Art History, Cleveland State University. In Krannert Auditorium.

Jewish Studies Program Noon Lecture and Discussion Series

Feb. 6, at 12:30: "The First Political Movement: Moses as a Political Leader, the Exodus as a Revolution, and the Constituting of a Nation", presented by Samantha Richards, Winner of the 2012 Edward Simon B'nai B'rith Barzillai Lodge No. 111 Prize in Jewish Studies. In Stewart Center, Room 313.

Feb. 27, at 12:30: "Serious Men?: Jewishness in the Films of Ethan and Joel Coen", presented by Warren Rosenberg, English Department, Wabash College. In Stewart Center, Room 320.

Mar. 20, at 12:30: "History of the Jewish Community of Bisenz (Bzenec), Moravia", presented by Fritz Cohen, Professor Emeritus, School of Languages and Cultures, Purdue University. In Stewart Center, Room 313.

Apr. 10, at 12:30: "Germany, Israel, and Palestinian Terror in the 1970s: 'Black September' and its Aftermaths", presented by Will Gray, Associate Professor, Department of History, Purdue University. In Stewart Center, Room 320.

All members of the Purdue University community and the public are cordially invited to attend these free events offered by the Jewish Studies Program. www.clapurdue.edu/jewish-studies ✨



Jewish Young Professionals Access' Regional Valentine's Party for Singles



Feb. 14 is fast approaching! For any Jewish young professional hoping to be hit by Cupid's arrow, there's the Fifth Annual Regional Jewish Singles' event, where some of the most eligible Jewish young professionals, ages 21-35, from Cincinnati, Columbus, Dayton, Indianapolis, Louisville and Lexington will convene in Cincinnati for a chance to fast track dozens of first dates all in one evening, when Access, an initiative of The Mayerson Foundation aimed at helping Jewish YPs connect with one another, presents: "You've Got Mail, A Valentines Card Party" on Sat., Feb. 9 at 8:00 p.m., in a private room at Betty Bar, in Downtown Cincinnati.

This event is FREE and is strictly limited to Jewish men and women between the ages of 21-35, and advance reservations are mandatory. Space is limited and will be allotted on a first come first served basis. Light bites and the first drink is on Access. For more information about discounted hotel rates, and other general inquiries, or to RSVP for this event, please contact Rachel Plowden at info@jypaccess.org or 513-373-0300 or www.jypaccess.org. Access is an initiative of The Mayerson Foundation. ✨

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Obituaries

Julianne “Juli” Subrin, 43, died Dec. 6, 2012. She was born in Chicago on July 2, 1969. Her family then moved to Indianapolis where Juli graduated from North Central High School and she attended IUPUI.

Juli will be deeply missed by her loving family; her parents, Harvey and Rivian, brothers, Barry (Michelle) and Brad (Mary Lynn); nieces and nephew, Taylor, Elizabeth, Madison, and Jacob.

Memorial services were held on Dec. 11 at **Aaron-Ruben-Nelson Mortuary**.

In lieu of flowers, memorial contributions may be made to Indiana University Health Transplant Program’s Patient Fund or to the Indianapolis Humane Society, www.indyhumane.org.

Helen Berkowitz Myers, 98, was born March 3, 1914 and died Dec. 10, 2012.

She was the daughter of Nathan and Esther (Glick) Berkowitz, and lived in Indianapolis her whole life. Her passion was dancing and at the age of four she started private lessons with a renowned French teacher, Madame Theo Hewes, for the next 12 years.

She graduated from Shortridge High School, Madame Bleaker’s Teacher College, and Butler University. She taught fourth grade. She married Harry Myers in 1937, her one great love, whom she met when they were both 16. He was a fabulous ballroom dancer and their dates were spent mostly at the Indiana Roof Ballroom.

They had two daughters, Betty Sue Walker and Carol Lovinger; five grandchildren, Lisa (Clay) Gick, Toni (Blake) Davis of Colorado, Juli (Matt) Simmermon of Colorado, Wendi Lovinger of Colorado, and Steven (Pam) Schankerman; eight great grandchildren, Haley, Nick and Lindsay Davis, Sasha Gick, Chase and Camryn Simmermon, Zachary and Andrew Schankerman; nieces, Nancy Bate and Ellen Berkowitz; and nephew, Bill Berkowitz.

Helen enjoyed keeping her family and friends laughing at her many comical tales. She will be greatly missed. She was a life-long member of Indianapolis Hebrew Congregation and its Sisterhood and Hooverwood Guild. She knitted infant caps and booties and donated them to various charities. She was preceded in death by her sister and dearest friend, Dorothy Krieger; and beloved brother, Leonard Berkowitz.

Private funeral services of family only were held at the Washington Park Cemetery Chapel on Dec. 13. **Aaron-Ruben-Nelson Mortuary** handled arrangements.

Isidore Mandelbaum, M.D. 84, was born Aug. 31, 1928 and died December 19, 2012. A man of varied interests; Iz was an avid fisherman and followed IU sports. He and his wife were antique collectors of toys and samplers and other items that may have caught their interest. He was very fond of opera and attended performances frequently.

He proudly served in the US Army, and was a graduate of New York University Medical School, class of 1952. He worked his way through medical school by forming a dance band and playing the clarinet and saxophone.

Dr. Mandelbaum joined the Indiana University Department of Surgery in 1958 practicing thoracic and vascular surgery for 37 years until retiring as a Professor in the department in 1995.

He was a member of the Indianapolis Hebrew Congregation, American Medical Association, Indianapolis Medical Society, Society of Thoracic Surgery, and was a Fellow of the American College of Surgeons.

As a highly respected member of the community, Governor Otis Bowen, M.D. named him a Sagamore of the Wabash. He was also the former president of the Indiana University Friends of Music Society.

Iz is survived by his wife of 60 years, Germaine “Gerry” Newman Mandelbaum; sons, Dr. David M. (Anna) of Greenwood, Michael A. (Tracey) of Merino Valley, Calif., Dr. Jonathan A. (Stacey) of Indianapolis, Arthur E. Mandelbaum of Fort Wayne, Ind., Stuart M. (Denise) Mandelbaum of Las Vegas; daughter, Rise S. Cavaness of Indianapolis; sixteen grandchildren; brother, Dr. Joseph Mandelbaum of New York and sister, Estelle Pace of New York.

Funeral services were held at **Aaron-Ruben-Nelson Mortuary** on Dec. 23 and burial followed in Indianapolis Hebrew Cemetery North. Memorial contributions may be made to Alzheimer’s Association of Greater Indianapolis.

Paula Davidson died in Austin Texas. She was married to Murray Davidson, who predeceased her, for 58 years. She devoted many productive years to weight loss counseling, first with Weightless Wonders and later with Weight Watchers. She was a beloved lecturer and confidant for hundreds of patrons. Paula also served as a President of her children’s Parent-Teacher Organization. She will be dearly missed by her children, Bob (Susan), Ann (David) Kocher and Marcia McClure, her grandchildren, Carey Davidson, Jeff Davidson, Matt (Christine Carey) Kocher and Josh (Carol Townsend) Kocher, and four great-grandchildren. A graveside service was held on Jan. 2, at Indianapolis Hebrew Congregation South. Memorial contributions can be made to IHC or

Washington Township Schools Foundation.

Frances Congress Freed, 90, daughter of William and Mollie Congress, a community leader and beloved wife who was preceded in death by Robert Freed her loving husband of 65 years, died peacefully on Dec. 20, 2012. Fran lived a life reflecting love of faith, family, lifetime learning, music, theatre, and community.



She graduated high school as salutatorian at age 16, attended Fairmont State and graduated with a degree in journalism from West Virginia University in 1944. She became the editor of the Fairmont West Virginia Times during WWII, married the love of her life shortly after the war and settled in Kokomo, Ind., with him as owners of Palmer’s Jewelry, Inc. She and Bob worked alongside one another in the store for five decades, while they raised five children.

Fran participated in the following organizations: Temple B’nai Israel (30 years as the bulletin editor), founding member of The American Association of University Women in Kokomo, Community Concert board member, Altrusa Club, Morning Musicale, Mother of Twins Club, Girl Scouts, Kokomo Country Club golf and bowling leagues, Temple B’nai Israel Sisterhood, National Sisterhood board member, Panel of American Women, PTA, AFS hostess, Hadassah local and state lifetime member, writer for Indiana Jewish Post, and the Mayor’s committee to build a new city hall.

She is survived by her loving family: children, Susan (Robert) Gadowski of Bethlehem, Pa., Marilyn (Stan) Eisenstein of Highland Park, Ill., Cheryl (Alan) Meisterman of Gahanna, Ohio, Mike (Jane) Freed of Westfield, Ind., and Judy (Bob) Carter of Cincinnati; 13 grandchildren; 3 great-grandchildren; brother, Larry Congress; and sister-in-laws, Betty Congress, Bernice Fidelholtz, and Bettie Glaser.

(see Obituaries, page 10)



Aaron Ruben Nelson



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OBITUARIES

(continued from page 9)

When she hosted her 90th birthday party, she presented a dramatic reading of "Flying Frances", the story of her being picked up by the wind at age five. Now she is flying with her beloved, Bob. They both remain "the best ever". Her love will last with family and friends forever.

"May my blessings be inherited by fantastic children, grandchildren, and great grandchildren – the glass of life is half full, never empty." – Frances Freed

A private graveside service was held in Congregation Beth-El Zedeck North Cemetery. Memorial contributions may be made to the Robert and Frances Freed Scholarship IU Kokomo, c/o The Department of Development, 2300 South Washington Street, PO Box 9003, Kokomo, IN 46904. Arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**.

Stanley S. Goldhamer, 85, died Dec. 22, 2012. A manufacturer's representative in the clothing industry for 44 years, he worked for Campus Sports Wear until his retirement in 1991. Stan was a US Air Force



veteran of WWII. An accomplished artist and member of the Indianapolis Art Institute he specialized in Chalk and Pencil drawings of people he knew and those in the news. He was a member of Indianapolis Hebrew Congregation and Broadmoor Country Club for many years.

Stan is survived by his loving wife Arlene; four daughters, Jennifer (Clay) Coulter of Carmel, Tracey (Matthew) Pendlum of Fishers, Linda (Ernie) Hann of Indpls., Julie (Jim) Winkle of Chesterfield, Mo.; son, Dale (Ruthann) Scherl of Lawrence, Ks.; and 11 grandchildren, Emily, Allison, Sarah, Elizabeth, Kelly, Erin, Liam, Adrea, Evan, Max and Alex.

Funeral services were held on Dec. 27 at Indianapolis Hebrew Congregation, with burial in Indianapolis Hebrew Cemetery North. Memorial contributions may be made to Jewish Federation of Greater Indianapolis or the Leukemia Society. Arrangements entrusted to the **Aaron-Ruben-Nelson Mortuary**.

Mrs. Mazol Shamieva died on Dec. 23, 2012. She was the mother of B'nai Torah member Yelena Strout. There was a gravesite service Dec. 24 in B'nai Torah Cemetery. Memorial Contributions may be made to Congregation B'nai Torah.

Evelyn Epstein Klain, 93, died Dec. 24, 2012. She was born July 29, 1919 in Indianapolis to William and Lillian

Epstein. Evelyn was a graduate of Shortridge High School. She was a lifetime member of Congregation Beth-El Zedeck. She loved family, friends, games of chance and shopping. Evelyn enjoyed her last few years at Morningside of College Park. She will be missed by all who knew her.



She is survived by her loving daughter and son, Sharon (Jay) Doner; son, Dr. David (Louise) Klain; grandchildren, William (Melinda), Brian (Marla), and Laura (Paul) Maya; and six great-grandchildren, Craig, Caryn, Bradley, David, Benjamin and Alex. Evelyn was preceded in death by her parents, and husband, Dr. Benjamin Klain.

Funeral services were held Dec. 28th at the **Aaron-Ruben-Nelson Mortuary**, and burial followed in Congregation Beth-el Zedeck South Cemetery. Memorial contributions may be made to American Heart Assn., or to the charity of the donor's choice.

Rabbi Goldman holds a photo of himself as a young soldier in the Soviet army. Photo by David Brystowski.



Rabbi Dr. Leo Y. Goldman, 94, was born in Poland in 1918, and died on Dec. 27, 2012. His funeral was held Dec. 29 at Hebrew Memorial Chapel in Oak Park, Mich.

He became a rabbi in 1938 and was drafted into the Russian army during World War II. He saw action, was significantly wounded and was moved further east to recuperate in an Uzbekistan hospital. It was there he met his wife, Sonia, a Lithuanian refugee. They were married in 1943. After the war, they moved to Sweden and eventually to Oslo, where Rabbi Goldman became chief rabbi of Norway.

After a period in Oslo, the couple realized that Norway wasn't a place to raise a Jewish family. Working through a Lithuanian refugee organization, they moved to Detroit in 1948, with the financial help of local philanthropist Louis Berry. There, the rabbi and Sonia raised three children – Joseph, Rose and Vivian.

In Detroit, Rabbi Goldman became rabbi at several *shuls*, including the Tyler Shul and Young Israel of Northwest in Detroit. In 1959, he built *Shaarey Shomayim* in Oak Park. After the synagogue was torn down to make way for the I-696 freeway, he led services at the Jewish Community Center in Oak Park as well as in his home.

Although Rabbi Goldman knew no English when he came to the U.S., less

than a decade later, in 1957, he earned a Ph.D. in education from Wayne State University. He also served as a *mohel* for 40 years until the 1990s.

When Rabbi Goldman's wife died in 1982, he became a chaplain at Providence Hospital in Southfield and Royal Oak-based Beaumont Hospital until he retired in February 2010.

Survivors include son Dr. Joseph S. (Shelley) Goldman, daughters Vivian (Michael) Aronson of Indianapolis and Rose E. (Dr. Henry) Brystowski and many loving grandchildren and great-grandchildren.

Interment was in Israel. Contributions may be made to Yeshiva Beth Yehudah, P.O. Box 2044, Southfield, MI 48037, (248) 557-6750, www.detroityeshiva.org; Yeshivat Akiva, 21100 W. 10 Mile, Southfield, MI 48076, (248) 985-1625; or Women's Orthodox League, c/o Shaindy Freedman, 14640 Sherwood Court, Oak Park, MI 48237. Arrangements by Hebrew Memorial Chapel.

Eunice Brenner Patterson, 94, died

Dec. 29, 2012. She was born in Indianapolis on August 18, 1918 to Charles and Lotte Brenner. Eunice



was a graduate of Shortridge High School. She began work in her family's business, Brenner Luggage. Later, after her marriage in 1951 to Dr. Samuel S Patterson, Eunice assisted him in his dental practice. After his death in 1993 she went on to work with her son, Steven in his dental practice. Eunice was an avid Pacers and Colts fan. She loved to travel, play mahjong and she was a dedicated member of the Jewish community; involved with Hooverwood Guild, a life member of Hadassah, NCJW and member of Congregation Beth-El Zedeck.

Her greatest joy was her family, who will deeply miss her and keep her in their hearts. She is survived by her sons, Dr. Alan (Michele) Patterson of Boca Raton, FL and Dr. Steven (Cindy) Patterson of Zionsville; her brother, Sig Brenner and sister, Millie Perry; grandchildren, Chelsea Rose, Sammy, Pierson and Pavlina. Funeral services were held Jan. 2, 2013 at **Aaron-Ruben-Nelson Mortuary**. Burial followed in Beth-El Zedeck North Cemetery. Memorial contributions may be made to a fund established by Eunice upon Sam's death, Samuel S Patterson Professorship Fund at Indiana University School of Dentistry www.iufoundation.iu.edu.

Obituaries for Blanche Friedmann Stonehill, Rosalie Levenson Burns, Fritz H Goldbach, Susan Erickson, and Arthur Schiller will be in our next issue. ☆



Yiddish for Everyday

BY HENYA CHAIET

Chicago winters when I was a girl

Yiddisheh kinderlach hert zich tzoo un ich vel eych dertzalen ah bissel vegn mineh yungeh yoren. (Yiddish lovers listen and I will tell you a bit of my life story when I was a little girl.)

Vinter is geven zayer kalt un greyleh shnayen in shtaut Chicageh. (The winters were very cold and snowy in Chicago.)

By unz in hoyz flegen mere brennen holtz in ahn ayven, nor dos haut alleh mol geven kalt. (We had no central heat only a wood burning stove, however we were always cold.)

Shabbes fleckt der tateh gayn frel in shul un dee mahmeh fleckt nemen alleh finif maydlach tzoo er in bet aryn. (On Shabbat papa went to shul very early and mama would take her five little girls into her bed to stay warm.)

Ich gehdenk nauch dee grayseh kishen un dee paraneh vos zee haut gebracht fun Europe. (She had these very large pillows and down comforter that she had brought with her from Europe.)

Mere hauben zich goot aungehvaremt. Zee fleckt unz lehenen dem Yiddisher zeitung der Forvetz. Ah Bintele Breve gehdenkich nach hynt. (She read the *Jewish Forward* to us. I especially remember the Letters to the Editor called, "Bintel Brief". Some of the stories were very sad.)

Az der tateh iz geh coomen fun shul iz geven tzoo essen ah hayser cholent. Der cholent haut far shmeckt dee gahnsey hoyz. (When papa came home from shul we had hot cholent. The aroma from cholent permeated the entire house.)

Haynt ahz ich bin kalt, ken ich machen varem in ayn minute nor dos dervaremt nisht mein neshaumeh. (Today if the house is cold it only takes a few minutes to heat up, however it does not warm my soul.)

Zol ach zein varem in der neshaumeh. (May your soul as well as your body be warmed.)

Henya Chaiet is the Yiddish name for Mrs. A. Helen Feinn. Born in 1924, her parents had come to America one year prior. They spoke only Yiddish at home so that is

ABOUT THE COVER

(continued from page 3)

She is married to Rabbi/Chaplain Leon Olenick (see his article in the Healing Section) and they have three grown children and nine grandchildren, from whom she constantly draws inspiration and *naches*. To see more of her artwork visit her website at www.jackieolenickart.com or email her at jackieolenick@gmail.com. Also check Facebook and Twitter. *A longer bio can be found in his month's National edition of this issue on our website.* ★

On this date in Jewish history

On January 16, 1852

Mount Sinai Hospital (New York) founded.

~ From *The Jewish Book of Days* published by Hugh Lauter Levin Associates, Inc., New York.

all she spoke until age five when she started kindergarten. She then learned English, but has always loved Yiddish and speaks it whenever possible. Chaiet lived in La Porte and Michigan City, Ind., from 1952 to 1978 and currently resides in Walnut Creek, Calif. Email: afeinn87@gmail.com. ★



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