

The Jewish Post & Opinion • Indiana Edition

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Simcha Announcements

Mazel Tov to...

Correction from Nov. 30, 2015 edition:

Samantha Winter, daughter of **Marc** and **Mary Beth Winter** on making *aliyah* with N'fesh B'Nefesh. Samantha is a BJE and Carmel High School graduate. Her *bat mitzva* was at Indianapolis Hebrew Congregation and she was a camp counselor at GUCI and the JCC. A couple of years ago she attended a Birthright Israel program and became inspired to live there. Samantha was also selected for The Masa program and served as a teaching fellow in Rishon Lezion for 10 months where she taught English as a second language in a public elementary school. She is now working in a preschool in Tel Aviv.



Samantha Winter at The Wall.

Sam Lerner (below center) and his Quiz Bowl/Brain Game Team at North Central High School. Dec. 7 was a big night for them as they won the MIC tournament held at Pike HS. Sam is the only Jewish Quiz Bowl team member and



Sam Lerner (center), and his teammates, holding the trophy for NCHS Quiz Bowl-Brain Game won MIC tournament held at Pike H.S.

besides the MIC Academic Challenge, they have played 16 matches this season and are undefeated. The team in the photo is the Varsity component of the Quiz Bowl team and they also form the Brain Game team. Their first Brain Game match will air at 7 p.m. Sam is the son of **Charles** and **Susan Lerner**.

Ellen and **Richard Shevitz** on their 25th wedding anniversary on Dec. 1. To celebrate they invited those who were at their wedding and others to a free performance of *IndyFRINGE*. Since it was during *Chanukah*, refreshments of champagne and doughnuts were served afterward.

Elise and **Ben Walker** on the birth of their son, **Adam David Walker**, Dec. 9. Maternal grandparents are **Stephanie** and **Larry Katzif** of Prairie Village, Kan. Paternal grandparents are **Carolyn Lipson-Walker** and **George Walker** of Bloomington, Ind. Adam weighed 7 lbs., 12 oz., and was 21 inches long. The new family resides in Overland Park, Kan. The parents met in 2002 when they were both unit heads at Goldman Union Camp Institute (GUCI). They were married in May 2010.

Avrohom Sender and **Tehilla Chana Cohen** on the birth of their son, **Shmuel Aron Cohen** (below), born Dec. 11 in Buffalo, N.Y. Maternal grandparents are **Yechezkel** and **Rachel Gold** of Jerusalem and paternal grandparents are **Rabbi Benzion** (brother of JPO publisher Jennie Cohen) and **Malka Cohen** of Kfar Chabad. The baby has five older siblings.

(see Mazel Tov, page IN 6)



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Editorial

Recently a friend who is a single mother with one child called to tell me how lonely it is in her house now that her daughter is away at college. My friend who lives in Silver Spring, Md., does not like to go out and socialize much, especially during the winter.

I told her she could have a rich inner life and she would be less lonely. She is not Jewish, but I told her about our tradition of saying 100 blessings a day. This could be one way to alleviate the loneliness. This reminded of the following editorial I had written several years ago. I revised it and emailed it to her.

What I like most about prayer is its transformative ability, which makes it a powerful tool for healing. Another amazing quality is that it not only lifts the consciousness of the one who is saying it, it also elevates the object or event about which the person is praying. Prayer turns the mundane into something holy.

One of the purposes of prayer is to get one in touch with ones connection to all things past, present, and future. I am not knocking either the daily prayers or praying in a group, but I think the goal is not merely to have separate times of prayer but to sustain a prayerful state.

For example, when one is about to eat an apple, he or she can think of the tree where the apple grew, the sun, rain, and soil that nourished the tree. One can be thankful for the farmer who took care of the tree and harvested the apple, the trucker who drove it to the grocer, the worker who stocked the apple in the produce section, and the cashier standing several hours to make sure the apple belongs to you, the consumer.

Unless one owns an apple orchard, some of these processes had to be working properly, or the apple would not be available to eat. The obvious link is that the nutrients provided by the apple enable one to live. After considering all this, it is only natural that the person would say a blessing before eating it.

I think that is why the rabbis long ago said that a person should say 100 blessings a day. Not that he or she should be keeping track – that was #24, I only have 76 to go – but to go through the day being aware of all the daily miracles and modern conveniences such as electricity that are taken for granted unless they are not working.

I usually need help getting back to that prayerful state. One image that helps me came from an interview I did in 1993 with Rabbi Amy Eilberg on the topic of Jewish hospice. I asked her, "Are there any scriptures in Judaism for caregivers to

(see Editorial, page IN 14)

About the Cover

"Welcoming The Shabbath" from a new Jewish coloring book for adults

By Bonnie Gordon-Lucas

Brooklyn Bonnie (www.mybonnie.com) is an illustrator, visual communicator and fabric painter. Whimsy and imagination define Bonnie and help her to paint a colorful reality. Her nights are filled with messages from ancient energies urging Bonnie to touch new generations by drawing with compassion.



Gordon-Lucas

Mrs. Gordon-Lucas' work has appeared on greeting cards, magazines, rubber stamps, children's books and apparel. Her clients include The American Cancer Society, Lerner (Kar-Ben) Publishing, No Starch Press, several New York City advertising agencies, Mixed Blessing Greeting Cards, Sunrise Publications and Pitspopany Press. Bonnie's personalized, reasonably priced Ketubot can be ordered through Judaic Connection. Contact Mrs. Gordon-Lucas via email (bonnie@mybonnie.com) to discuss commissions such as individually hand painted Tallit, Parochet, Bar/Bat Mitzvah invitations, note and greeting cards.

The coloring book is available for purchase by contacting Bonnie by email or at MyBonnieDesigns.etsy.com and clicking on BOOKS Bonnie Wrote/Illustrated. Cost is \$15 each and includes shipping. ✨

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Simchas Welcome! *The Jewish Post & Opinion – IN Edition* welcomes your announcements for placement in our *Simcha* section. Submit photos and text to: jpostopinion@gmail.com. **Next Deadline: Jan. 11, 2016.** All decisions on publishing, date of placement, size of photo, and length of announcement are at the sole discretion of the publisher.

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*Happy New Year from the
Mordoh Family & the Staff*

Community Events

Conversation with Inbar – Ongoing

Join our Israeli *shlich*a Inbar Nadir at Starbucks on the southeast corner of 86th & Ditch on **Mondays at 5 p.m.**, and **Wednesdays at 10 a.m.**, to discuss current events, topics on Israel, or simply to converse in Hebrew.

Babycino – A chic meet for mod moms and their tots

Eight classes **beginning Mon., Jan 4** from 9–10 a.m., at the Chabad Center for Jewish Life, 2640 West 96th St., Carmel, Ind. For babies ages 0–18 months. Grandmas and nannies welcome too! Other classes in the series will be held at the same time Jan. 11, 18, and 25 and Feb. 1, 8, 15 and 22. Register today for this terrific “mommy and me” program! Cost is \$10 per class or \$70 for eight. For more information contact Nini Grossbaum 317-513-5100 ngrossbaum@hotmail.com

Etz Chaim Scholar in Residence

Thurs.–Sun. Jan 7–10, Rabbi Captain David Gingold-Alsheck is an eclectic individual of diverse interests. He writes, teaches and conducts research on: Jewish Law, philosophy, psychology, linguistics, Jewish history, liturgy, mysticism and more. Two of his speech topics are: “To be an All-American Rabbi” and “The ‘Why’ come before the ‘What!’” For more information call 251-6220 or email info@etzchaimindy.org.

Israel Talks

Thurs., Jan 7 from 7–8 p.m., at the Arthur M. Glick JCC. Each month a different burning issue in relation to Israel will be presented by an expert, and the audience will get a chance to raise questions on the matter. At this first meeting, our Israeli *shlich*a Inbar Nadir will interview Executive Director of JCRC Lindsey Mintz about the BDS movement and how it affects the relations between Indiana and Israel. For more information contact Inbar Nadir at 317-800-9350 or shaliach@jfgi.org.

Indy Hadassah presents: How to Talk to Your Kids about Body Safety & Other Ways to Keep Them Safe

Sun., Jan. 10, 3 p.m., at the JCC. Toby Stark, executive director at Chaucie’s Place, will talk to parents and grandparents about how they can protect their children, recognize the warning signs of child sexual abuse and learn how to respond appropriately to a disclosure or suspicion of abuse. Toby will also help parents and grandparents learn how to talk to their children about body safety.

Mother Circle Course

Starting Sun., Jan 10, at the JCC from 9:30–11 a.m., FREE education and support for women raising Jewish children who:

- Are part of another or no faith tradition
- Didn’t grow up in a Jewish home, or
- Want to learn more

Mothers in all family constellations are welcome and you do not have to be affiliated with a Jewish institution or have any prior knowledge. Meet moms just like you by joining this warm and nurturing environment and feel empowered to take on the responsibility of raising children in Judaism.

Classes meet about twice a month for about 8 months and focus on how to create a Jewish home, celebrate Jewish holidays, and share Jewish values with your children. Free childcare is available! Pre-registration is requested by phone or email to Patti Freeman Dorson, Facilitator at 317-715-9273 or connect@jfgi.org.

Jewish Foodies of the World Unite

Tues., Jan 12 from 7–9:30 p.m., at the Chabad Center for Jewish Life, 2640 West 96th St., Carmel, Ind. Join local Jewish community members sharing the recipes and memories of their countries of origin. Enjoy ethnic cuisine from many points of the globe. Come learn and enjoy! This is a five evening series, and you could join us for one or for all evenings. The first evening is titled ‘Aromas of Aleppo’ and will be hosted by Ben Zion and Gadi Boukai. Cost is \$12 or \$50 for the series. RSVP to 251-5573 or chabadindiana.org/foodies (space is limited).

Hadassah Book Club

Sun., Jan. 17 at 2:30 p.m., *The Boston Girl* by Anita Diamant. Host is Anita Dansker. **Sun., Feb. 21** at 2:30 p.m. Subject is Poetry. Create your own verse or bring a poem to share. Host will be Phyllis Kaplan. For more info or to RSVP contact Helaine Herman at helaine1@gmail.com or the Hadassah office at 475-4278. Office administrator is Leslie Barrick and her office hours are Mon., Wed., and Fri., from 9 a.m.–2 p.m.

Bingo Night and Silent Auction at The Hasten Hebrew Academy

Sun., Jan. 17 from 4–6 p.m. Admission includes dinner and one Bingo card per person. Additional Bingo cards: \$1. Bid on our great silent auction items. Pay at the door. Cost is \$8/adult, \$5/child (ages 2 and under free), \$30 max. per family. Please direct questions and RSVPs to pto@hhai.org.

Merry Mitzvah Holiday Celebration for Interfaith Couples and Their Families

Sun., Jan. 24 from 3:30–5 p.m. We

welcome people of all ages to this service day and celebration. Interfaith couples and their families – children and parents – are invited to join in! This event is the perfect opportunity for us to practice and teach our children about the shared values of charity and *tzedakah*. Our service project will benefit Coburn Place and Popsie’s Pantry. Coburn Place empowers victims of intimate partner domestic violence to live as survivors. Mothers and their children live rent-free in one of 35 apartments and receive supportive services and advocacy for up to 24 months. Popsie’s Pantry offers dry and canned goods, along with household items and toiletries, to those who qualify for food assistance. Popsie’s Pantry serves all people, regardless of religious, ethnic or racial background. For more info contact Patti Freeman Dorson at 317-715-9273 or connect@jfgi.org.

Wine and Paint –

A Tu B’Shevat Evening for Women

Mon., Jan. 25 at 7 p.m., Chabad Center for Jewish Life, 2640 West 96th Street, Carmel. Instructor Shoshi Yaari has taught art classes for children and adults in various venues and countries. She is prolific in many media, and does custom *Ketubot* and paintings by commission. She (see Events, page IN 7)



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MAZEL TOV

(continued from page IN 2)

Pearl Joffe will celebrate her 90th birthday on Jan. 10, 2016. Her family includes daughter, **Diana (Paul) Shapiro** of Nashville, Ind.; son **Jerome Joffe** of Indianapolis; sister-in-law **Carole Schiller**, Carmel; nieces and nephews **Marshall (Connie) Schiller**, Carmel; **Matt Schiller**, Indianapolis; **Patricia (Dr. Greg)**



Schlegel, Alpharetta, Ga.; **Vicki (Tim) Vetang**, Geneva, Ill.; and **Debbie (Michael) Wallack**, Carmel.

Mrs. Joffe, a classically trained soprano who can still “hit” a high “C!” presented a musical program at Woodstock Country Club in December and will also sing on her birthday. Even though, as a volunteer, she has headed many organizations, and is a nationally published author, she considers her favorite role to be “Housewife!” She and husband, **Irving**, are approaching their 70th wedding anniversary in 2016. ☆



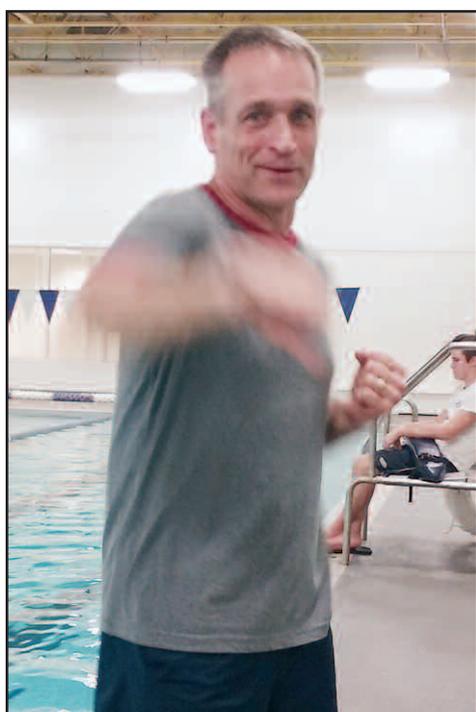
Mosaic tray created by Karen Mitzman in a class led by Suzy Friedman – one of several pieces on display at the JCC.



Maybe our youngest reader, Athena Alice Robinson, daughter of Shelley and Joe Robinson of Bloomington, Ind., and granddaughter of Myrna Gray of Indianapolis.



Families and friends of the JCC's ECE and B-Wing gather for lighting the community chanukiah on the third night of Chanukah 2015.



Tom Ford teaches six AquaBoxing classes at the JCC each week on Mon., Wed., and Thurs. at 6 p.m.; Tues and Sat. at 11 a.m.; and Fri. at 9 a.m.



Professor Rob Katz (standing third from the left) was the speaker for this Dec. 16 Jewish Lawyer's Luncheon at Shapiro's downtown. To his left is Shapiro's Deli owner Brian Shapiro and to Brian's left is Richard Shevitz who along with Irwin Levin will be the 2016 program chairmen for the group founded by Zeff Weiss, z"l. Current chairman is Marvin Mitchell (seated third from the left). The topic was RFRA 2.0 – An expert's discussion on proposed legislation said to protect LGBT rights and religious freedom in Indiana. The attendees enjoyed hearing the speaker's expertise on the topic. One of his interesting views was that the LGBT community would be best served by no law because of the strong local human rights commission in many local communities. The new law if enacted would impair the impact of these commissions. Photo by Scott Romer. (Scott provides instant photos on site for corporate events, weddings, bar/bat mitzvahs, class or family reunions and business portraits.) He has a green screen to create any themed background. www.scottromerphoto.com.)

Seniors in Place

For additional events such as movies, singing club, knitting club, bingo and more, or to RSVP for these listed below, please call Janet at 251-8881 unless stated otherwise.

New Year's Eve

Thurs., Dec. 31, at 7 p.m. Come celebrate the New Year with us. We are going to have dinner at Seasons 52 located in Keystone at the Crossing. Van transportation available for \$10. Dinner your expense.

Dance Kaleidoscope Classic Greats

Thurs., Jan. 7. Leave the JCC at 9 a.m. Brunch at Café Patachou, 49th & Penn. Brunch your expense. \$10 transportation, program at noon is free.

Cooking Class with Pam Horton

Fri., Jan 8 at 11:30 a.m., at Pleasant View Lutheran Church on the corner of 73rd & Hoover Rd. Pam is from Marion County Health and will be presenting a soup and salad lunch, along with dessert. Pam will also be talking about foods that protect our bones. Lunch \$7.

Book Club

Tues. Jan 12 at 10:30 a.m., at the BJE. Call Monica Rosenfeld 255-3604 for additional information.

Coffee Pops with ISO – A Tribute to Alfred Hitchcock

Fri., Jan 15, leave the JCC at 9 a.m. Richard Kauffman, Conductor. Cue the eerie violins! Alfred Hitchcock was the master at weaving music, sound and images together to create spine-tingling suspense in his films. Experience this effect as the ISO performs music from Hitchcock's most popular works, including *North by Northwest*, *Dial M for Murder*, *Psycho* and more. \$45 includes transportation, pastries, coffee/tea and concert.

IRT – To Kill a Mockingbird

Wed., Jan. 27, leave JCC 9 a.m. Scott Finch, 6, and his older brother Jem spend much of their time with their friend Dill spying on their reclusive and mysterious neighbor, Boo Radley. When Atticus, their widowed father and a respected lawyer defends a black man against fabricated rape charges, the trial and tangent events expose the children to evils of racism and stereotyping. \$26 includes transportation and play.

Coffee Pops with ISO – A Tribute to Frank Sinatra

Fri., Feb. 12, leave the JCC 9 a.m. This is a special concert honoring Sinatra's

EVENTS

(continued from page IN 4)

is inspired by the beauty in nature, and the Hebrew language. Cost: \$18. Space is limited, please RSVP by calling 251-5573 or by paying online at www.chabadindiana.org/wine.

New Jewish Learning Institute Class – The Jewish Course of Why

Give your Judaism the intellection you know it deserves. Prepare to tackle the quizzical, queer, and seemingly-unanswerable questions about Jewish belief and practice. Ever wondered why there are so many Jews in Hollywood? Why Jews eat *gefilte* fish and *cholent* and wish each other *mazal tov* and *l'chaim*? Why the Bible sanctions slavery and animal sacrifices? What is the cause of antisemitism? What does Judaism say about Christianity? About the role of women in Jewish life? You will also gain insight into mysterious Jewish practices, strange biblical narratives, and enigmas



100th birthday. Join in the celebration. \$45 includes Transportation, pastries, coffee/tea and concert.

University of Indianapolis Dinner Theater – Out of Order

Sat. Feb. 20, leave the JCC at 5:30 p.m. When Richard Wiley, a government junior minister, plans to spend the evening with Jane Worthington, one of the opposition's typists, things go disastrously wrong. Join us to find out what happens. \$35 includes transportation, dinner and play.

Coffee Pops with ISO – The Magic of Motown

Fri., Feb. 26, leave the JCC at 9 a.m. Relive the magic of Motown with a tribute to the biggest movers and shakers of an unforgettable era. \$45 includes transportation, pastries, coffee/tea and concert. ☆

of Jewish identity.

The class will be held at Chabad Center for Jewish Life, 2640 W.96th St., Carmel, Ind., **six Sundays: Feb. 7–Mar. 13**, from 10:30 a.m.–noon OR **six Tuesdays, Feb. 9 – Mar. 15**, either from 10:30 a.m.–noon OR from 7–8:30 p.m. (The Tuesday evening class for Mar. 1 will take place on Wed. Mar. 2 at 7 p.m.) Fee: \$79, textbook included. Instructor: Rabbi Mendel Schusterman. For more information: Call 317/698-6423 or email JLI@lubavitchindiana.com. This course is eligible for CE credits.

16th Annual Casino Night & Silent Auction

Join us **Sat., Mar. 12** at 7:30 p.m. at Congregation Shaarey Tefilla. Black Jack, Poker, and Craps. Hors d'oeuvres, desserts, wine and beer with admission. Fantastic auction items! Tickets available now: **\$25/person – includes \$10 off an auction purchase**. For tickets contact the synagogue office 317-733-2169.

Hadassah Lunch and Learn

Wed., Mar. 16 at 11:30 a.m., at the MCL in Carmel, 1390 Keystone Way. Learn about Lena Bryant Maslin founder of Lane Bryant. Phyllis Russell is presenter. **Wed., Apr. 13** learn about Dianne Feinstein and Barbara Boxer, California U.S. Senators. Marion Garmel is presenter. For more info call Leslie Barrick at 475-4278 or email indianapolis@hadassah.org.

Indy Jewish Experience welcomes Adrienne Gold – save the date

Sun., Mar. 20 from 4:30–7:30 p.m. Two lectures at the Hasten Hebrew Academy of Indianapolis, 6602 Hoover Rd., Cost \$18 Contact Judith Friedman 317-417-1610 or judith.friedman@yahoo.com.

Libby Fogle Lunch Bunch – Ongoing

Meets at **noon** at the Arthur M. Glick JCC **every Tues. and Thurs.** except on holidays. Suggestion donation for *kosher* lunch is \$2. For more info call Ruthie Gal 557-2265 or Christy Morris 259-6822. ☆

Greetings

Sam Wolf

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Chassidic Rabbi

BY RABBI BENZION COHEN

One of my readers, a dear friend and colleague, thinks that it is important that I write about my work in our local hospital. I love the work, and I'm happy to oblige.

Two weeks ago one of the patients in the internal medicine ward came up to me and greeted me in Yiddish. To hear and speak Yiddish is a pleasant experience. A few minutes later we met again outside. He and his wife were sitting on a bench. I blessed him with a speedy recovery and suggested that he put on *tefillin*. He declined, saying that it has been 32 years since he has put on tefillin. We got into a friendly conversation. His name is Danny. He is 62 years old, and worked many years as a truck driver. He had been a heavy smoker, and now he has serious breathing problems and can't work. He has been unemployed now for four years, and his financial situation is difficult. In addition, he has four adult children, and none of them are married.

I told Danny not to worry. We have a great and merciful Father in heaven. Turn to him, and He will help you. His wife, who grew up in a religious home, also put in a few good words. Soon Danny put on *tefillin*, and all three of us prayed together. It was a moving experience for all of us. Afterward I sat with Danny and his wife for another hour. I told them my story, how I grew up in Indianapolis, the only Jewish kid in the class. How I returned to *Hashem* when I was 18, and all of the wonderful blessings that *Hashem* has given to me and my family. How the ways of *Hashem* are good, and help us to have a beautiful life. I was a little surprised at myself, spending an hour and a half with one family, a very rare experience. An inner voice told me to stay with them. I have learned to listen to that inner voice.

The next day I looked for Danny. He was sleeping, and I did not disturb him. Two days later I met him and his wife again sitting outside. Danny put on *tefillin* right away. He asked me if he could keep the *yarmalka*. He said that if I give it to him, it will stay on his head. He will wear it all the time. Wow! I almost fainted. To wear a *yarmalka* all the time means that you are an observant Jew. Danny was taking a really big step forward. In Lubavitch we learn how to make deals. I told him that if in addition he will put on tefillin every day and *daven*, he can keep the *kipah*. He agreed.

What is so special about my *yarmalka*? How did it make such a profound change in this man's life? I will share with you the secret. On my *yarmalka* is written in big letters "Long live our master, our teacher,

our Rebbe, the *Moshiach*, forever and ever." I try to be a *shaliach*, an emissary of the Lubavitcher Rebbe. I myself am nothing, but I am a representative of the Rebbe, and the Rebbe has unlimited strength. He is bringing profound changes in the world, in many people's lives, on the way to the complete and final redemption. We believe that the Rebbe is *Moshiach*, and he will redeem us, hopefully today, right now.

What can we learn from this story? When life is going smoothly it is easy to forget about *Hashem*. For 32 years Danny got up in the morning and went to work. At the end of the month, he got his paycheck and paid his bills. *Hashem* blessed him with children and they grew up. Danny was indeed blessed but didn't think twice about where his blessings were coming from. He just took them for granted. Only when he lost some of his blessings, when things got difficult, was he open to think about where his blessings really came from, the Source of all blessings.

From here are two lessons. Go to the hospital and visit the sick. This is a wonderful opportunity not only to comfort people who are suffering, but also to improve their life greatly.

In addition, learn to see the good in everything. One of my readers is having difficulty believing in *Hashem*. If *Hashem* exists, why there is so much suffering? Here we see an example of how suffering brought profound goodness into someone's life.

We believe with all of our heart that this stage of our history is ending. Our generation has seen much suffering, and has seen profound changes for the good in millions of lives. It is up to us now to do mitzvahs, to do acts of loving kindness to bring our complete redemption and goodness to all the world. We want *Moshiach* now!

Rabbi Cohen lives in K'far Chabad, Israel. He can be reached at bzcohen@orange.net.il. Reprinted from 12-1-10. ✨



Jewish Insight

BY RABBI BRIAN BESSER

Countering fear

Reacting to the recent hostility toward Syrian refugees, a close colleague, whom I respect and love dearly, admitted to me: "I hate myself for saying it, but I don't want these people anywhere near me and my family. Am I a bad person?" No, my friend is not heartless. She is simply giving in to her worst imaginings. Fear obscures rational thinking and distorts reality. As a Beth Shalom congregant reminded me, quoting Roosevelt's famous adage: "there is nothing to fear but fear itself."

Two emotions lie at the core of the psyche: fear and love. Maimonides understood this well. For him, the entire edifice of Judaism rests upon one pair of foundational *mitzvot*: to love God, and to fear God. Since all human feelings and impulses derive from a combination of love and fear, the goal of righteous living is to cultivate both inclinations in service to God.

There are lower and higher forms of fear (as well as love), designated by two different Hebrew words. Conditional fear is called *pachad*, the fear that something we own or value will be taken away. *Pachad* hijacks the mind. One might consider relevant statistics, such as that out of 190,000 Americans murdered since 9/11, only 37 were at the hands of Muslim-linked terrorists. One might reason logically, that it would make no sense for a jihadist to subject himself to the intrusive multi-year vetting process imposed upon applicants for asylum by Homeland Security, when he could infiltrate the United States much more easily by other means. One might read the stories of actual victims under discussion, such as the clothes salesman, his wife and four-year-old son whom the governor of Indiana rejected from our state. When gripped with *pachad*, none of it matters. It's impossible to fight this kind of fear with facts or logic.

Unconditional fear is *yir'ah*, the feeling of awe and wonder at the grandeur of the universe. Whereas *pachad* produces unremitting worry and anxiety, *yir'ah* is exhilarating, yet strangely comforting. Just as you refine love by focusing concern upon the other rather than yourself, you elevate fear from *pachad* to *yir'ah* when you look outward and widen your perspective. This can be done by standing on a mountaintop and gazing at the

(see Besser, page IN 9)

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The Indiana Jewish Historical Society (IJHS)

Highlights from 43rd Annual Meeting Nov. 1st at Broadmoor Country Club

2015 Nominating Committee Report: **Rosalie Gussow**, V.P. of Membership reported that the following members were elected by mail ballot to serve on the Board of Directors, each serving a three-year term ending in 2018: **Paul Brockman, Alan Gilbert, Len Grabovsky and Kevin Krulewitch. Linda Cohen** was voted unanimously at a later date by the board of directors to serve a one year term President **Sheila Greenwald** announced that the 41st edition of *Indiana Jewish History* will be mailed to the IJHS membership, Jewish organizations and libraries around the state this winter. We continue to collect information for a *Bonds of Steel #2*, featuring more stories about the history of scrap dealers in Indiana. She also encouraged everyone to send in their family stories and Jewish community information for our archive collection at the Indiana Historical Society.

Brandon Roger, Chair of the IJHS Bicentennial Committee gave an update on the projects for the Indiana Bicentennial. The IJHS will be creating a *Hoosier Legends Hall of Fame*, honoring individuals who have made a significant and lasting impact to their professions, communities (religious and/or secular) and/or contributed to the fabric of cultural heritage of the Jewish Community of Indiana. Synagogues throughout Indiana are encouraged to be part of the *Indiana Bicentennial Shabbat*.



Roger

Congregations are invited to designate one *Shabbat* in 2016 to retell, celebrate and honor their unique contributions to Hoosier life, and recognize the legacy of the Jewish community in Indiana since 1816. Jewish Federations, organizations, synagogues and families are invited to be part of a *Bicentennial Time Capsule*. Contributions by Jewish Hoosiers to the cultural, business, civic, and faith-based fabric of Indiana are encouraged. Photographs, membership rosters, organizational history, program/event materials and prayer services are encouraged for submission.

Executive Director **Eileen Baitcher** explained that attendees of the IJHS Family Research Day at the Indiana Historical Society in Indianapolis were introduced to the IJHS collections, saw how documents are preserved, got a behind the scenes tour of the entire IJHS archive, and received an introduction on

how to research Jewish family history. IJHS publications will be represented at the Anne Katz Festival of Books, and the Indiana Historical Society's Holiday Author's Fair.

Guest speaker, **Rabbi Sue Laikin Silberberg**, Director of Hillel at Indiana University, Bloomington, presented a history of Hillel at IU. She also gave an overview of the various programs and services offered to IU students by Hillel. IJHS members enjoyed the Hillel scrapbooks Rabbi Sue brought, containing pictures and event information throughout the years. ★



R. Silberberg

BESSER

(continued from page IN 8)

star-studded sky on a moonless night – or, by suddenly realizing that your dread of a terrorist attack inside the United States is akin to the terror that drove the refugees to flee their homes in the first place. Under the influence of *yir'ah*, you exclaim: "I recognize that the world is a huge and sometimes scary place, but I feel secure in it."

Torah teaches that human beings are created in the divine image, and are also granted free will. Therefore, by our choices, we are free to shape the image of God that we wish to reflect in this world. If we succumb to *pachad*, self-absorbed anxiety that no amount of rational argument can dislodge, then we affirm a cruel God of vengeance. (That, by the way, is the God of the jihadists; we play right into their worldview.) If, on the other hand, we welcome the destitute onto our shores the way our ancestors, Abraham and Sarah, welcomed the stranger into their tent, then we bear witness to a God of lovingkindness.

To paraphrase Nelson Mandela: "No one is born fearing another person because of the color of his skin, or his

Astronaut Dr. David Wolf: Jewish from Earth to Outer Space

BY EMILY SCHWARTZ

It is easy to ask an astronaut how their experiences have shaped their values and personal beliefs, but looking into how someone's background and heritage have allowed them to become a world figure is a unique perspective that does not require as much questioning. For astronaut and doctor, David Wolf's growing up Jewish in Indianapolis was as much of a cultural experience as it was religious. He attended Congregation Beth-El Zedeck for his spiritual home, where he became a *bar mitzvah*



David Wolf

With the close knit nature of the Jewish community, many of his Jewish friends with whom he grew up are his closest companions now. After graduating from North Central High School, Dr. Wolf knew that becoming a doctor, engineer, or astronaut was the kind of life career that would exhibit his personal successes and reflect positively on his Jewish life.

Similar to the close relationship with Indianapolis Jews, Astronaut Wolf soon discovered that the space community was more of the same. After having flown with many Jewish colleagues, he found that Jewish culture – through humor, food, music, and values – carries itself beyond

(see Wolf, page IN 10)

nationality, or his background, or his religion. People must learn to fear. If they can learn fear, they can be taught to love. After all, love comes more naturally to the human heart than its opposite."

Rabbi Besser has been leading Congregation Beth Shalom in Bloomington, Ind., since 2012. ★

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WOLF

(continued from page IN 9)

earth. Dr. Wolf recalls eating a good corned beef sandwich with mustard alongside a Jewish colleague before a flight because to him it was the little parts of Jewish culture that highlighted the shared values between the Jewish astronauts. Whether it was losing a dreidel in an air vent of the international space station or adapting holiday traditions to fit space life, his Jewish observance changed in a practical way as opposed to a spiritual one for Dr. Wolf.

From a more introspective stance, traveling to space did not change Astronaut Wolf's look on religion as much as it brought up some of life's most intricate questions. "Yes, it's true, you can look out into the universe and place yourself in a perspective where you feel small, but overall you feel empowered that humans are able to accomplish this," Dr. Wolf says about his vantage point from space. "Everything takes on a more intense and different perspective when it occurs in space." Whether it was a religious revelation or not, being in space allows one to think about what it means to live on earth and to be a person, Jewish or otherwise.

Astronaut Wolf clearly recalls the international cultures being evident in the space station as if it was "a little United Nations." In space, no arguing took place over international politics among the astronauts from countries with whom the United States had been at war, because in going to the international space station, those differences were left behind. It almost felt like a clean slate.

Dr. David Wolf's journey into space is featured in the "Sacred Journeys" exhibit at The Children's Museum of Indianapolis (TCM) (see ad on p. IN 15). Dr. Wolf was asked to bring objects used for religious aspects of Judaism into space to stretch the horizons of Jewish materials (see photos page IN 11). These objects have been put on display in the museum exhibit to show a unique form of a "sacred journey".

Dr. Wolf has a special relationship with The Children's Museum as he works with the museum to conduct research. This relationship was formed as a natural way for him to move on after NASA, and give back part of his experience. "We are in the process of producing a major space exhibit centered on the space station and space science," says Dr. Wolf in regards to his partnership with the museum. Part of the reason Dr. Wolf has dedicated time to this exhibit is to reach out and inspire children and people of all ages to be interested in science and space.

Growing up Jewish was a cultural experience that helped shape Dr. Wolf as

a person and an astronaut. Whether it was the strength of community or personal revelations, Judaism was a part of Dr. Wolf's life as a researcher and astronaut.

Within the "Sacred Journeys" exhibit it is easy to see the strong meaning behind a Jew's travel in to space, and Dr. Wolf has made an incredible impact on the people around him through his work. He remains grounded to his roots in Indianapolis. **"I always consider Indianapolis my home. It's one of the prettiest places on the earth, and I've been around it several thousand times," Wolf stated.**

His new research and correspondence with The Children's Museum is a beautiful way to give back to the community and is a form of *tzedakah* which is highly valued in Judaism. Dr. David Wolf has led an incredible career and continues to illustrate his Jewish values through all he does.

Emily Schwartz, daughter of Dr. Alan and Jennifer Schwartz is an 8th grader at Sycamore School. She will be attending North Central High School next fall. She and her family are members of Beth-El Zedeck. She met and interviewed Dr. Wolf at The Children's Museum in their "Sacred Journeys" exhibit on Nov. 11, 2015.

From the Web site of TCM (www.childrensmuseum.org/exhibits/national-geographic-sacred-journeys):

"Each year, more than 330 million people around the world – from all walks of life – journey to a sacred place. Through awe-inspiring immersive environments created with photography from National Geographic, families will be able to observe, discuss, and begin to understand some of the sacred journeys made by people around the world, from personal acts of faith to pilgrimages. Sacred journeys will include the Western Wall in Jerusalem, the Great Mosque in Mecca, the Ganges River in India, Bodh Gaya in India where Buddha is said to have achieved enlightenment, the Basilica of Our Lady of Guadalupe in Mexico City, and more."

Editor's note: Produced in collaboration

iCamp Conference on Israel Education

Shows Innovation and Growth of Field

LAS VEGAS – DEC., 4 – iCamp, the only conference dedicated solely to Israel education brings together 250 educational leaders, practitioners, stakeholders and funders from North America and Israel. They learn with experts about effective Israel education experiences.

Hosted by the iCenter for Israel Education, the conference is an interactive, dynamic 3-day gathering for educators to learn new approaches and skills to help youth in all kinds of educational settings connect to Israel in personal and authentic ways. From sessions on the emerging culture of Israel education, to *Sipur Yisraeli* – a live show based on *This American Life* – to designing moments of impact for learners, iCamp advances the important work of creating a culture of Israel education.

"iCamp focuses on the educators as they interact directly with experts and learn how to help learners build meaningful relationships with Israel," says iCenter Executive Director Anne Lanski. "Effective Israel education reflects excellent education. It starts with talented educators – individuals who are knowledgeable and deft story tellers, who know how to tap into their students' passions, and are able to bring Israel to life in nearly any educational environment – be it in a classroom, at a

(see iCamp, page IN 11)



with the National Geographic Society, the "Sacred Journeys" exhibit is made possible by Lilly Endowment Inc., and will be available for viewing at the museum until Feb. 21, 2016. One of the advisors for the exhibit is Rabbi Sandy Sasso, Senior Rabbi Emerita of Congregation Beth-El Zedeck and currently Director of Religion, Spirituality and the Arts at Butler University. ★

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Rabbi Paula Winnig (L), Executive Director of the Bureau of Jewish Education in Indianapolis, at iCamp.

iCAMP

(continued from page IN 10)

camp, on a bus, or elsewhere.”

BJE Executive Director Rabbi Paula Winnig said, “iCamp was a great opportunity to meet with other educators, hear from luminaries in thought development and Israel identity and education, and connect to my own Israel story. I was reenergized in my commitment to Israel education through iCamp, and I am so excited to



bring these ideas back to my community!”

Our new *shlichah*, Inbar Nadir, of the Jewish Federation of Greater Indianapolis also attended. ✨

Shlichah, Inbar Nadir, of the Jewish Federation of Greater Indianapolis (back row middle) with other iCamp attendees.



Emily Schwartz with astronaut, Dr. David Wolf by his contribution to the “Sacred Journeys” exhibit at The Children’s Museum. (See story on p. 9 and ad on p. 15.) Photo by Emily’s mom, Jennifer .

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Dr. David Wolf on one of his space walks.

Pickleball at a premium

By JEREMY ROSENSTEIN

Just the thought of getting to play one of my favorite games brings an energy of anticipation that is unmatched. Pickleball is a racquet sport activity that has stormed on the scene as the fastest growing sport in America with over 100,000 players in the USA alone. It has become an entertaining event with great competitive spirit through the colorful personalities and athletes that come to play each day at the Arthur M. Glick Jewish Community Center. We have a wonderful group, consisting of all skill levels, who have made Pickleball catch fire and really take off with magical momentum five days a week. Talented Jim Wolfe, who is a regular at Pickleball, feels the game is action-packed and keeps you moving in a smashingly fun environment with pleasant people showing up to play.

This fast-paced sport combines the agility and long rallies of tennis with the stealth hand-eye coordination and precision of racquetball and ping-pong. Pickleball is played with two contenders for singles or four for doubles at one time, facing each other on opposite sides of the net with classic wooden or composite paddles and a polymer, spin cycling whiffleball. The thrilling game is played on a small-scale tennis net and is supposed to be a casual, leisurely exercise for all ages to indulge. However, with the right competition, it can become an exciting exchange of brilliant ground strokes and pin-point volleys making for stellar points and monumental matches.

Pickleball is played in gyms or outdoors on a badminton-sized court with a holy ball that doesn't bounce nearly to the heights of a tennis or racquetball. One is forced to be versatile with great mobility and see how low one can go with lunges and an occasional dive to keep the ball alive. This supreme sport is made to provide long, suspenseful points by not allowing one to hit the ball out of the air until it has bounced once on the serve and on the return. After the initial bounce on each side of the court, one is free to let loose by striking volleys on a wild ride of fierce back and forth shot making. The point typically turns into a rip-roaring rally that unfolds within the lively match.

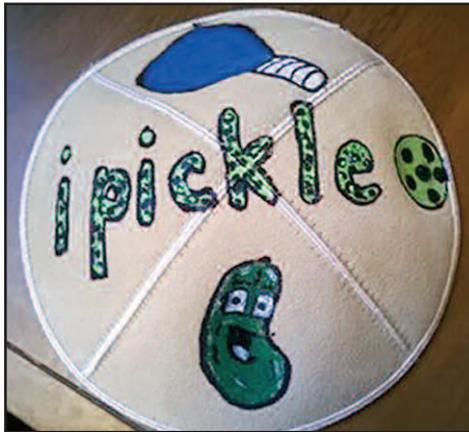
Personally, I love the rush of knowing one can only score points on ones underhand serve in a side-out volleyball approach and it creates some tight finishes. This places a lot of pressure on ones defensive returns and gives an advantage to the team who attacks the net with strong



Beth Chandler (far end in orange) serves to Elliot Yolles (in green Pickleball T-shirt).



(L-R) Beth Chandler, Mike Montgomery, Jeremy Rosenstein, and Jim Wolfe regularly play pickleball at the JCC.



Sandra Schwartz made this pickleball-themed kipah for Jeremy Rosenstein.

volleys and powerful put-aways.

There is an inviting, yet mostly forbidden area on the court that spans seven feet from the net on both sides called "The Kitchen". The kitchen is a no-volley zone in which one cannot enter unless the ball bounces in there first. It makes one aware of ones positioning, by keeping ones fancy footwork in check, on challenging volleys and can affect the outcome greatly.

Pickleball started on Bainbridge Island, Wash., in the Summer of 1965. The unique name of the game was introduced at the home of Congressman Joel Pritchard and allegedly came from their family dog "Pickles". One Saturday afternoon, the family returned from a golf outing and wanted to play badminton, but couldn't



Pickleball paddles and ball.

find a shuttlecock, so they lowered the net and used "Pickles' Ball" to fill their amusement. This boisterous game was brought to the local spotlight at the local JCC by Ellen Shevitz, who first learned to play at a Racquet Club in Los Angeles with the likes of Jerry West and Kareem Abdul-Jabbar.

The festive sport of Pickleball has become a galvanizing staple on the JCC schedule from 1-3 p.m., every Mon.-Fri., in the Schloss Gymnasium. Director of Athletics Kyle Mills and his staff keep the sport riveting by bringing in new nets, indoor balls and a variety of paddles for all first-timers and veterans who step on the court. Pickleball has brought a savory buzz to the Indy JCC and I have treasured the endless opportunity to develop my skills and interact with great competitors for this electrifying game!

Rosenstein is an Indiana Pacers videographer and middle school tennis and lacrosse coach. ★

Obituaries

Natalie S. Jacobson, 92, long time resident of Indianapolis, passed away on Dec. 2. She was born in Chicago on Aug. 6, 1923 to George and Molly Schulman. She was a graduate of Marshall High School, where she met her future husband, Daniel Jacobson.



Natalie served as a WAVE during WWII and worked for Naval Intelligence. She and Daniel married while both were on leave during the War.

They made their home in Indianapolis, where they were long time members of Congregation Beth-El Zedeck and Broadmoor Country Club. Natalie was a life member of Hadassah and National Council of Jewish Women and served as a past president of Beth-El Zedeck Sisterhood. She was instrumental in bringing Russian Jews to Indianapolis.

Natalie was an avid golfer, playing well in to her 80's. She was a competitive Bridge and Mahjong player and will be remembered for her intellect, elegance and for her eloquent letter writing skills.

Natalie is survived by her beloved husband of 70 years, Dan; her children, Dr. Michael (Wendy) Jacobson of Tucson, Ariz., Bruce (Ann) Jacobson of Greenville, S.C., and Susan (Jerry) Kulak of Flagstaff, Ariz.; grandchildren, Brian (Clair) Craig (Christin) Scott and Jeff (Adrienne) and 7 loving great grandchildren.

Natalie was the eldest of three daughters. Her sisters, Roslyn Bernstein and Reva Bernstein, with whom she shared a deep bond, preceded her in death.

Graveside funeral services were Dec. 4, in Beth-El Zedeck North Cemetery. Memorial contributions may be made to Congregation Beth-El Zedeck, or to Hadassah.

The family wishes to extend their deepest gratitude to the staff at MorningSide and its Memory Care Unit

and the staff of St. Vincent Hospice for the exceptional care that was provided. Arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**.

June Schlossberg, 85, former resident of Indianapolis, passed away in Madison, Wis., on Dec. 7. She was born Dec. 19, 1929. She is survived by her beloved children, Steven Schlossberg and Terri (Henry) Jasen; grandchildren, Kyle Jasen and Emily (Ankor) Desai and great granddaughters, Maya, Lela and Sarita. Her loving husband, Gerald preceded her in death in 2012. Graveside services were held on Dec. 9, in Beth-El Zedeck North Cemetery. Arrangements by **Aaron-Ruben-Nelson Mortuary**, to leave a message of condolence for the family please visit www.arnmortuary.com.

David R. Warshauer, 58, of Indianapolis, passed away Dec. 19. He was born in Fort Wayne, Ind., to William and Louise Warshauer on Dec. 11, 1957.

In 1980, David received his undergraduate degree from Washington University in St. Louis. He went on to I.U. School of Law and graduated in the class of 1984. David practiced law at Barnes and Thornburg for 25 years before retirement.

David was a proud member of Congregation Beth-El Zedeck, Little Red Door, Noble of Indiana, and also a former president of the Jewish Community Relations Council. David was a lifelong fan of the Chicago Cubs.

David is survived by his loving wife, Marie Zacher Warshauer; sons, Michael (Los Angeles, Calif.), Andrew (St. Louis, Mo.), and Daniel (Vail, Colo.); parents, William and Louise Warshauer; siblings, Susan (Don) Kennicott, Bruce (Holly) Warshauer, and Amy (Ed) Platt; In-Laws, Al and Hannah Zacher; Brother- In-law, Steven (Judy) Zacher; and many nieces and nephews.

Services were held at Congregation Beth-El Zedeck on Dec. 21. A graveside service was held Dec. 22, at Lindenwood

Purdue Jewish Studies Series

The upcoming events for the Purdue University Jewish Studies Program Noon Lecture and Discussion Series. All members of the Purdue University community and the public are cordially invited to attend these free events offered by the Jewish Studies Program.

Wednesday, February 10: Stewart Center, Room 313 at 12:30. **Amber Nickell**, Graduate Student, Department of History, Purdue University, "The Holocaust in the Soviet Union".

Wednesday, March 23: Stewart Center, Room 313 at 12:30. **Joyce Field**, Emerita JewishGen Vice President of Research and Data Acquisition, "Zachor: Jewish Genealogy as Discovery and Remembrance of a Lost World".

Wednesday, April 20: Stewart Center, Room 313 at 12:30. **Constanze Kolbe**, Graduate Student, Department of History, Indiana University, Bloomington, "Topographies of Commerce: The Making of an Ionian Jewish Adriatic". ✨



Cemetery in Fort Wayne, Ind. Memorial contributions may be made to Second Helpings. Arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**. Visit arnmortuary.com for more information.

Albert "Al" Profeta, 91, Indianapolis, died Dec. 24. He graduated from Manual High School and served in the U.S. Army, 5307th Composite Unit (part of Merrill's Marauders) at Myitkyina in the China-Burma-India Theater. A good-natured man, Al was married 53 years to his wife Rebecca, who died in 2003. He owned Profeta's Market from 1946-1988.



Survivors include his son, Larry; daughter, Sandy Profeta (Tony Freixas); brother, Morris (Bucky); sister-in-law, Rebecca wife of his brother David (deceased); and many nieces and nephews.

A lifetime resident of Indianapolis, Al was a fan of the Colts and Pacers. He loved watching birds at the Holliday Park Nature Center. He also loved learning about science, nature, and history and enjoyed trips to Oregon to visit his daughter.

Graveside services were held in Etz Chaim Cemetery on Dec. 27. Memorial gifts may be made to Etz Chaim Sephardic Congregation or the Holliday Park Nature Center www.hollidaypark.org. Arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**. ✨



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My Kosher Kitchen

REVIEWED BY SYBIL KAPLAN

Special cookbooks to benefit troubled Israeli youth

Not by Sweets Alone. The Shanti House. \$35 hardcover. Sept. 2015; and *Not by Food Alone.* The Shanti House. \$36 hardcover, Nov. 2015. (See covers on page IN 15.)

Gefen Publishing House in Jerusalem is acting as distributor for a pair of cookbooks whose revenues from the sales will be transferred to Shanti House Association.

Shanti House was founded in 1984 as a shelter for runaway, homeless, emotionally injured, abandoned youth ages 14–21, many of whom have been physically, sexually and emotionally abused. There is a Shanti House in Tel Aviv and the Desert Youth Village 5 km from Sde Boker. The Association exists because of donations, and these books are a way to help.

Not by Sweets Alone contains 60 dessert recipes from Israeli chefs. Interspersed are stories and sharing of thoughts by youth. This volume includes recipes for: *Rosh Hashanah* (4); *Yom Kippur* (2); *Sukkot* (6); *Hanukkah* (5); *Tu b'shvat* (7); Family Day (5); *Purim* (5); *Passover* (8); *Independence Day* (5); *Lag b'Omer* (2); *Shavuot* (6); and *Tu b'Av* (5). Enhancing the book are 115 color photographs of people or artsy scenes; 142 color photographs show food preparation or youth working with chefs.

Not by Food Alone brings “the scents, voices, colors, and tastes of our *Shabbat* meal at Shanti House.” Founder Mariuma Ben Yosef explains she would summarize the week, *Kiddush* was made and a member of the staff Michael ben Yosef would tell a story with a moral. Beginning in 2008, Michal Moses suggested preparing a book of recipes for *Shabbat*, and with Dana Livnat-Gazit they enlisted 32 chefs, food photographers, stylists and others to produce this cookbook. There are recipes for salads (15), fish (7) with 2 side dishes, chicken liver (5), chicken (21), ground meat (15), desserts (13) and *challah* – 70 in all. Also 54 stories told by Michael are included.

Enhancing the book are 68 photographs of people or artsy scenes; 159 color photographs show food preparation or youth working with chefs. The layout of the books is beautiful and with chefs creating the recipes, needled to say, they are special. The comments by youth are heart-rendering at times.

Available from Gefen Publishing House, 11 Edison Place, Springfield, N.J. 07081 or at shanti.org.il/en and click on “Shop”. ✨

Seen on the Israel Scene

BY SYBIL KAPLAN, PHOTO BY BARRY A. KAPLAN

A piece of Israeli fashion history

My friend, journalist and *Jerusalem Post* columnist, Greer Faye Cashman wrote an article a few months ago about the “desert coat” (see photo page IN 15). It came to light again when Nechama Rivlin met Michelle Obama in Washington, D.C for *Hanukkah*.

Cashman wrote: “It is customary on state visits for the visitor to bring gifts. Generally speaking, the gifts are not of a personal nature, but the gift that Nechama Rivlin will present to the fashion conscious Michelle Obama is very personal, yet simultaneously of an historical and ethnic nature.

“Although ethnic trends are very much part of the current fashion scene, they are more of the European folklore and exotic Asian variety than the desert sands of the Middle East. Rivlin will give Obama what was once the signature fashion item of Israel – the desert coat designed for the original, but long defunct, Maskit by the late Fini Leitersdorf, who was Israel’s iconic designer.

“Her inspiration for the cape-style coat came from the Beduin of the Negev. Leitersdorf was the head designer for the original Maskit founded by Ruth Dayan, and the desert coat was her much-admired creation, snapped up by foreign visitors to Israel and also worn by many Israelis, including Rivlin herself.

“In the fashion world, what goes around comes around, and many of the styles that were fashionable a half a century and more ago have been revived and updated. Rivlin wanted to give Obama a gift that was both Israeli and universal, not to mention beautiful and useful. The current Maskit headed by Sharon Tal came into being nearly two years ago. Tal, a highly talented designer, spent three years in London as head embroidery designer for Alexander McQueen, and after returning to Tel Aviv decided that she wanted to resurrect the Maskit brand name. She contacted Dayan and received both her blessing and her help – and all the rest is history.”

A few months ago, Cashman wrote: “Hotels throughout Israel are seeking to attract domestic weekend tourism by having cultural attractions in addition to any special entertainment they may be offering. Those that want to attract a

EDITORIAL

(continued from page IN 3)

help keep them from getting burned out?”

She answered, “One of the biblical resources that I use that is nourishing to me is *Kol haneshama t’halelya*. To me it means, with every breath one can give praise to God. One can make every breath a prayer, an awareness of the joy of life.”

Every person has a built-in reminder, his or her breath. All one has to do is focus on it, and he or she can return to that awareness of comfort and peace. Another similar example is one’s heartbeat. To focus away from all the tension taking place in the world today and instead pay attention to the rhythm of one’s beating heart can also bring relaxation. Recognizing every living person simultaneously has these two functions going on can dispel some of the loneliness.

Jennie Cohen, December 30, 2015 ✨



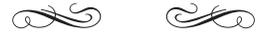
MAURER

(continued from page IN 16)

position until 2008.

Maurer can be seen on Fox 59 in a quarterly program called, *Mickey’s Corner*, interviewing Indiana luminaries. In 2008, IU’s School of Law-Bloomington was renamed Indiana University Maurer School of Law.

In 2003 Maurer authored a book of his underwater photography titled, *Water Colors*. His second book, *19 Stars of Indiana*, was published in 2009. Maurer and his wife, Janie, have three children and nine grandchildren. His new book is available for \$10 by contacting him at mmaurer@ibj.com. ✨



religious clientele bring in a distinguished rabbinical scholar to discuss religious issues, while others bring in academics or politicians or both.

“Jerusalem’s Mamilla Hotel is going in a slightly different direction and is waxing nostalgic in the field of fashion. Maskit was once Israel’s premier fashion brand. It was launched by Ruth Dayan in 1954 to encourage North African artists and artisans to preserve their traditions and to establish cottage industries that would supply Maskit with items that tourists would consider exotic. The crafts included rich embroideries that inspired Dayan to have Maskit branch out into fashion. Israel’s most important fashion designer at the time was the late Fini Leitersdorf, who among other creations designed Maskit’s signature desert coat, which became a global hit. In addition, the

(see Kaplan, page IN 15)

KAPLAN

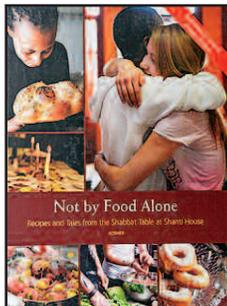
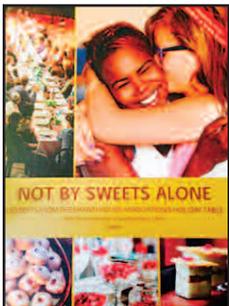
(continued from page IN 14)

Israel Bonds organization used to run gala fashion shows as fundraisers in the US, and these shows always featured Maskit creations designed primarily by Leitersdorf and Jerry Melitz....”

Sybil Kaplan is a foreign correspondent for North American Jewish newspapers, a book reviewer, compiler and editor of nine kosher cookbooks, restaurant feature writer for the Israeli website Janglo.net, feature writer for the website itraveljerusalem.net and leader of the weekly walks in Jerusalem’s produce market, Machaneh Yehudah. She lives in Jerusalem. ✪



Sybil wearing her “desert coat,” bought at Maskit in the 1970s and still enjoying wearing it! She offered to model it at the event they were having to salute Maskit! (See story on page IN 14.) Photo by Barry A. Kaplan.



(See review for these cookbooks on p. IN 14.)



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Supporting Jewish Boy Scouts

The Crossroads of America Council Jewish Committee on Scouting (CJCos) represents Jewish Boy Scouts and Scouters in Central Indiana. They host quarterly events, and help Scouts earn the Jewish religious awards, including the Maccabee, Aleph, Ner Tamid, and Etz Chaim emblems. Their Hanukkah Party hosted at Congregation Beth-El Zedeck was well attended. Many Jewish families are active in Boy Scouts, and the CJCoS seek to help these boys further their faith and moral character, citizenship, and personal fitness.



They are not currently seeking to start a Jewish Scout troop. Many Jewish families happily belong to existing troops, and their goal as a committee is to support those Scouts. For more information contact chairman Mark Glazier (mglazier@cpwglaw.com) or professional advisor Zach White (zawhite@crossroadsbsa.org). ✪

The Jewish Post & Opinion

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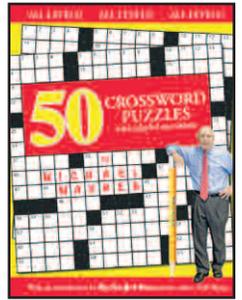
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A puzzle book from Mickey Maurer

A new book by Mickey Maurer was published in November titled, *50 Crossword Puzzles* with playful narrations. Each puzzle in the book is introduced with an explanation or anecdote often providing a peek at the creative process, including dialogues with Will Shortz, the crossword puzzle editor of *The New York Times*, where Maurer's puzzles are published regularly.

Maurer serves as chairman the board at IBJ Corp., which owns *Indianapolis*

Business Journal (IBJ) and The National Bank of Indianapolis. His column appears every other week in the *IBJ*. In 2001, he established "Mickey's Camp," a charitable endeavor that has raised more than \$1 million for central Indiana charities. In 2006, Maurer was named Indiana's secretary of commerce by Governor Daniels, serving in that (see Maurer, p. IN 14)



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