

# The Jewish Post & Opinion

Indiana Edition

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[www.jewishpostopinion.com](http://www.jewishpostopinion.com)



Photo by: Scott Romer

**Bureau of Jewish Education Dalet Class of 2014:** (See full list of graduates on page 11.)



**Hasten Hebrew Academy of Indianapolis eighth grade graduating class of 2014:** Front row (L-R): Megan Schwab, Koby Tavel, Ben Solomon. Back row (L-R): Laruen Schwartz, Sam Bruns, Isaac Siegel, Hannah Glazier.

*Mazel Tov 2014 graduates!*



**Congregation Beth-El Zedeck Confirmation Class of 2014:** Seated (L-R): Benjamin Levitin, Evan Lande, Rachel Glait, Coblens Tishler, Rachel McNutt, Danielle Lebovits, Sylvia Siegel, Ezra Steiman-Cameron, Omri Winicur. Standing (L-R): Rabbi Dennis Sasso, Rabbi Hal Schevitz, Daniel Goldberg, Mitchell Frankovitz, Scott Levine, Eli Bublick, Dylan Horowitz, Ryan Rubenstein, Cantorial Associate Melissa Cohen, Education Director George Kelley.

# Simcha Announcements

## Mazel Tov to...

**Marsha** and **Bruce Sklar** on their new grandson **Ari Aft** through their daughter **Adina (Adam) Aft** who live in Reston, Va. Ari was born on April 22. Also their son **Nathan** married **Anne Rubín** in Northbrook, Ill., on May 18.

**Alexis Grace Maurer** (below) on her *Bat Mitzvah* April 25–26 at Beth-El Zedeck. She is the daughter of **Todd** and **Linda Maurer**, granddaughter of **Janie** and **Todd Goldberg** and **Michael S. (Mickey)** and **Janie Maurer**, and great-granddaughter of **Betty Carlin**. (See article about her *Bat Mitzvah* project on page 5.)



New granddaughter (below) for **Martin** and **DeAnn Silverman**.



**Mike** and **Sylvia Blain** have a new great-granddaughter (below), **Batya Tova**, born May 21 through their granddaughter **Jennie (Josh) Pittleman** of Jerusalem. The baby has an older brother and sister **Shlomo** and **Emunah**.



**Josh Pittleman** (father) with new baby **Batya Tova** and her older brother **Shlomo Yisrael** in Jerusalem.

**Barbara Hopkins** on her recent marriage to **Gregory Schwartzberg** in Chicago on June 1. They will be living in Cincinnati.

**Naomi Farahan** (below), who, out of 1,000 applications from all over the United States, was one of two to receive the first ever *Hadassah-Young Judea Tomorrow Scholarship*. ✨



**Naomi Farahan** (right), with **Leah-Dee Kahn**, receives her scholarship award on June 1, 2014 at the 78th annual donor celebration of the Indianapolis Chapter of *Hadassah* at *Broadmoor Country Club*. (See more about the celebration on page 6.)

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**Eva Loren Rosenbaum** (left) was born on May 30, weighing 8 lbs. 4 oz., and she was 21 inches long. She is the daughter of **Batya** and **Michael Rosenbaum** of Cincinnati. Her maternal grandparents are **Martin** and **DeAnn Silverman** of Indianapolis. Her paternal grandparents are **Hillel** and **Miriam Zeitlin** of Los Angeles and **Menachem** and **Sarah Rosenbaum** of Brooklyn. She has a three year old sister **Golda** who gave her the nickname "foofie" while she was still in the womb. **Golda** is thrilled to be a big sister and likes to help take care of her little sis. **Eva's** Hebrew name is **Chava Esther**. That middle name is in memory of her paternal great-grandmother who was originally from Europe, but lived in Israel.

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# Editorial

On Sundays June 1 and 8, I watched Shawn Achor interviewed on Oprah's *Super Soul Sunday* TV show. Achor is the CEO of Good Think Inc., where he researches and teaches about positive psychology. While a student at Harvard, he studied that relatively new field and eventually taught it. His class became the most popular one at the school.

Besides authoring two bestselling books, *The Happiness Advantage* and *Before Happiness*, Achor was a speaker for TED (www.ted.com) in Bloomington, Ind., in May 2011. TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED began in 1984 as a conference where Technology, Entertainment and Design converged, and today covers almost all topics – from science to business to global issues – in more than 100 languages.

That 12 minute speech has been viewed 7.8 million times at the following site: www.ted.com/talks/shawn\_achor\_the\_happy\_secret\_to\_better\_work. After viewing it, one of the reasons for his popularity at Harvard has to be how hilarious, LOL funny his presentation is.

What is the key to understanding the science of happiness? Achor said we think that one person can predict another's happiness level by observing that person's external world, but that is not an accurate way to gauge happiness. Ninety percent of one's long term happiness is predicted not by one's external world but by how one's brain processes the world.

*"It's not necessarily the reality that shapes us but the lens through which your brain views the world that shapes your reality. And if we can change the lens, we can change not only your happiness but we can change every single educational and business outcome at the same time," he commented emphatically.*

He said we need to reverse the formula for happiness and success. Instead of thinking success leads to happiness, it is happiness that leads to success.

We think that if one simply achieves one's goals that will make one happy but what happens instead is he or she becomes momentarily happy when the goal is achieved, but then the original goal changes to something more. For example, the goal might have been to get an A on a test but after that is achieved the goal becomes to get an A in the class. That means happiness gets postponed until the end of the semester.

One the other hand, if we can raise someone's level of positivity, he or she will have a happiness advantage. A brain that

is positive performs significantly better than one that is negative, neutral or stressed. It is more energetic, productive, and creative.

In both the TED speech and in more detail on the TV show Achor spoke about five simple practices one can do to train one's brain to be more positive in just a span of two minutes, if done for 21 days in a row. One can rewire one's brain to become more optimistic. By doing these activities one can train one's brain just like we train our bodies with physical exercise. Below are the five practices:

1) Writing down three new things you are grateful for causes the brain to scan the world for the positive instead of the negative which is what the majority of most newscasts contain.

2) Journaling about one positive experience you have had over the past 24 hours allows your brain to relive it.

3) Exercising teaches your brain that your behavior matters.

4) Meditating allows your brain to get over the cultural ADHD that we have been creating by trying to do multiple tasks at once. It allows our brains to focus on the task at hand.

5) Doing random or conscious acts of kindness by opening your inbox to write one email praising or thanking someone in your social support network helps in three ways. It helps the person doing the act of kindness, the person receiving it and those in relationship with those two people. (On the TV show it was discussed that this does not have to be done by email but could be with a phone call, a written letter and – even better – in person.)

Today I am thankful for the inspiration of three young Jewish women. Two are from Indianapolis and one was born in Germany in 1929. Alexis Maurer is translating into action what she learned from her Torah portion for her Bat Mitzvah. She is "loving the stranger" by raising funds for lifesaving surgery to help a child from Ethiopia who has scoliosis of the spine. See page 5 for more details.

Naomi Farahan was one of two out of 1,000 applicants to win a scholarship with Hadassah-Young Judea. She is graduating from University High school with a long list of accomplishment which pleased those who were deciding which two were worthy of the honor. See her photo taken when the scholarship was announced on page 2.

If you haven't guessed, the third young Jewish woman I am grateful for is Anne Frank. The reason she is on my mind this week is because I was at The Children's Museum to check how the sapling is growing that was planted in front of the museum on April 14, 2013. I was excited to

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## The Jewish Post & Opinion

*Jewish News and Opinion since 1935.*

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## Kidney still needed for Drew

The wonderful, smart, ten-year-old granddaughter of Sharon Merin (the administrative assistant of the Hasten Hebrew Academy) is in need of a kidney transplant. Drew is suffering from Alport's Syndrome. If you have type "O" blood and would like to be considered, please call (317) 944-4370, ask for Kelly. See www.facebook.com/kidneydrew and ireport.cnn.com/docs/DOC-1081282. ✨

see how big it is, especially knowing what a brutal winter we had this year. (See photos on page 5.)

That sapling is from the tree that stood outside the secret annex in Amsterdam where Anne hid with her family and others during World War II. She could see it through a window and wrote about it in her diary. It gave hope to a teenage girl who was shut out from the outside world for two years. The growing sapling in Indianapolis reminds us that we can thrive again after the worst genocide in history. It demonstrates that tolerance can prevail over prejudice.

Jennie Cohen, June 18, 2014 ✨

# Community Events

## Congregation Beth Shalom (CBS) Shabbat BBQ in the Park

**Fri., June 27** at 6:30 p.m. at Carmel West Park. Free to people who have never attended a previous CBS event, this great annual event has become a top attraction and family favorite. Just \$5 per person otherwise or \$20 max per family, this year's BBQ will feature a pitch-in dinner with main course and beverages provided by CBS, an outdoor worship service, music, children's face painting and a piñata! Been curious about CBS? Here's your chance to check us out! Sign up at [www.bethshalomindy.org](http://www.bethshalomindy.org).

## DooWop Concert and Dance – Rockin' Through the Years

**Sat., June 28** from 7:30–10 p.m. at the Arthur M. Glick JCC. The Laikin Bandstand comes alive with Arnie and the Soul Brothers and Jimmy Guildford and the Four Sounds with music from the 50s, 60s and 70s. Cost: \$23 non-members/\$18 members. Price includes light hors d'oeuvres and soft drinks. Register at 317-251-9467, [www.jccindy.org](http://www.jccindy.org) or stop by a membership desk.

## Self-Care for The Caregiver: A Workshop discovering Peace within Change

On **Sun., June 29** from 1–4 p.m., at the Arthur M. Glick JCC. Cost is \$33. Register by clicking on the Events page at [www.kindredheartsservices.com](http://www.kindredheartsservices.com) or call 303-550-2905.

Has caregiving become a source of stress? Have you ever thought: "There isn't enough time in the day." "I have to do it all myself." "She won't listen to me!" "How are we going to pay for this?" If you can relate, then this workshop is for you! Come find out the freedom and clarity that comes when you question your thinking through The Work of Byron Katie.

### About the Presenter:

My name is Jodi Patsiner. I am a Certified Facilitator in The Work of Byron Katie, hold an M.A. in Gerontology and Long-term Health Care from Naropa University, and a B.S. in Therapeutic Recreation from Indiana University. For over 30 years I have been honored to serve our Elders and children in a variety of settings, the 12 step community, those affected by HIV/AIDS, and orphanages in Africa as a caregiver or management positions.



## The JCC in partnership with Heartland Truly Moving Pictures

On **Thur., Jul 10** at 7 p.m. *No Ordinary Hero – The Superdeafy Movie* will be showing. This film involves some sub-titles, so is not appropriate for children who cannot read well – recommended for 8 and up. Director–Troy Kotsur. Release date – 2013, Rated G. \$5 / \$3 JCC Members. Register at 317-251-9467, [www.jccindy.org](http://www.jccindy.org) or stop by a membership desk.

## IHC Jazz Shabbat Under the Stars

**Fri., July 11**, 6:15 p.m., West Park Shelter, 2700 W. 116th St., Carmel.

Come and join us for a Shabbat filled with music and friendship as we welcome the Sabbath bride in a poetic and jazzed-up way. You may bring your picnic dinner or order a Panera Boxed Supper (\$10 per meal) and stay until the sun goes down. Go to: [www.signupgenius.com/go/4090e49a9a92baa8-20146](http://www.signupgenius.com/go/4090e49a9a92baa8-20146) to order your dinner on our website or call Andrea at 255-6657, ext. 210; please order by July 7. Special thanks to the Membership Connections Committee, Brotherhood and Sisterhood, for their generous support!

## Sacred Dance Institute Presents

Yesterday, Today & Forevermore Dancing in the now for eternity reprise. **Sun., Aug. 3** at 3 p.m. at the Arthur M. Glick JCC. Doors open at 2:30 p.m. Come ready for a spirited afternoon of dance and fellowship that will leave you changed and inspired! Adults \$10, Children 12 & under free. Tickets may be purchased in advance by phone, online or at a JCC membership desk. Tickets will be available at the door, space permitting. For more program information, visit [www.sacreddanceinstitute.com](http://www.sacreddanceinstitute.com).

## The JCC in partnership with the Indiana Chapter of the ALS Association

On **Thur., Aug 21** at 7 p.m. the movie *Jason Becker: Not Dead Yet* will be showing. Some scenes may not be appropriate for children. Director/Producer – Jesse Vile. Music Composed by – Jason Becker and Michael Lee Firkins. Release date – 2012, NR. "This is a keeper. Three thumbs way up!" – Lev Rothenberg, a critic. \$8/\$5 Members. FREE to persons with ALS. Register at 317-251-9467, [www.jccindy.org](http://www.jccindy.org) or stop by a membership desk.

## B'nai Torah Annual Dinner

**Sun., Aug. 24** at 5 p.m., the B'nai Torah annual dinner honoring Mark and Anna Ruth Hasten with a Lifetime Achievement Award and Dr. Larry Greenbaum with Jeff Frank Synagogue Service Award.

## Miri's Bakery grillin' up Kosher dinners

On the following Thursdays, June 26, July 3, 10, and 17, Miri's Bakery will be serving full kosher dinners for adults and special kids meals – including grilled meats! All food is certified kosher IOBK.

Stop by to pick up the menu for these dates as each Thursday a specific meal will be prepared, but it will be different each week.

For June 26, the scheduled menu is Great Cooks Salad with strawberries and pears, candied nuts and raspberry vinaigrette; hamburgers or hot dogs with topping bar to include tomatoes, pickles, onions, hot peppers, guacamole, and sauerkraut; French fries, and corn on the cob.

Miri's is located in the Greenbriar strip mall on the southeast corner of 86th Street and Ditch Road. RSVP to 317-202-2435. ★



## Congregation Shaarey Tefilla – new format for Torah on the Road

Instead of being a monthly program held at downtown and northern locations, our new program, **Weekday Torah**, will be a weekly study session of the Torah portion of the week held in the synagogue library. We extend warm thanks to Offer Korin of Katz and Korin, and to Bob Schuckit of Schuckit and Associates for generously allowing us use of their facilities. As soon as we have a response to an emailed survey about Weekday Torah, the day and time for it will be announced. As a sacred community, one of the things we should do is study our sacred texts as a community. We hope you will join us as we do so in Weekday Torah!

## Jewish and Personal Ethics class

Ongoing class on Jewish and Personal Ethics from the Ram Chal (Moses Chaim Luzzato) has been meeting on Wednesdays at Hooverwood at 10:30 a.m., but the time is flexible and can be changed if need be. Call facilitator Marty Silverman 513-1318 to confirm the day and time.

## JCC Farmers Market

Opened **Sun., June 1** and continues on Sundays from 10 a.m.–1 p.m. from **June 22 through Aug. 10** in the parking lot in front of the building. (see photos page 6) ★



## My Bat Mitzvah project

BY ALEXIS MAURER

What I learned from studying my *Torah* portion *Kedoshim* is that the Israelites were told to be holy, because God is holy, and also to love and respect strangers as yourself. One special part of my *Bat Mitzvah* was that I read from a surviving Holocaust *Torah*.

For my *mitzvah* project, my goal is to raise money to help one child in Ethiopia receive the needed surgery to cure life-threatening scoliosis of the spine. Scoliosis victims are bullied because they look different. They are poor and of a different religion and are strangers to me. I feel like it is honor to live up to my *Torah* portion by saving a life through loving the stranger.

If you would like to participate in this *mitzvah*, it would be greatly appreciated as each operation cost \$13,000. For more information about how you can help, please contact me via my father Todd at [tmaurer@nkfhalakar.com](mailto:tmaurer@nkfhalakar.com).

I am grateful for the help of Cantors Sharon and Melissa at Beth-El Zedeck and Cantor Meyersberg at the Bureau of Jewish Education, and a special thank you to my Nonie and Papa for all their help. As a responsible adult in the Jewish community, I feel proud to continue in the tradition of my parents, grandparents and great-grandparents. ✨



## Help for teens who stutter is as close as your library

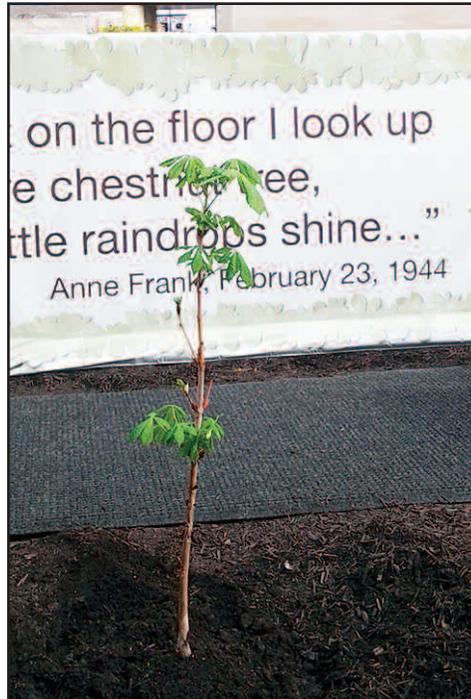
Stuttering is a frustrating and embarrassing problem for millions of people, but it can be especially tough on teenagers. Help is available at most public libraries who have the book *Do You Stutter: A Guide for Teens*.

Teens often face ridicule from classmates, and their stuttering affects their lives in various ways. They deal daily with embarrassment and frustration. There is hope, and stuttering can be reduced.

NBA basketball star Kenyon Martin, news anchor John Stossel, and actors James Earl Jones and Nicholas Brendon are just a few of the many celebrities who struggle with stuttering. A list of famous people who stutter and a downloadable poster can be found at [www.stutteringhelp.org](http://www.stutteringhelp.org).

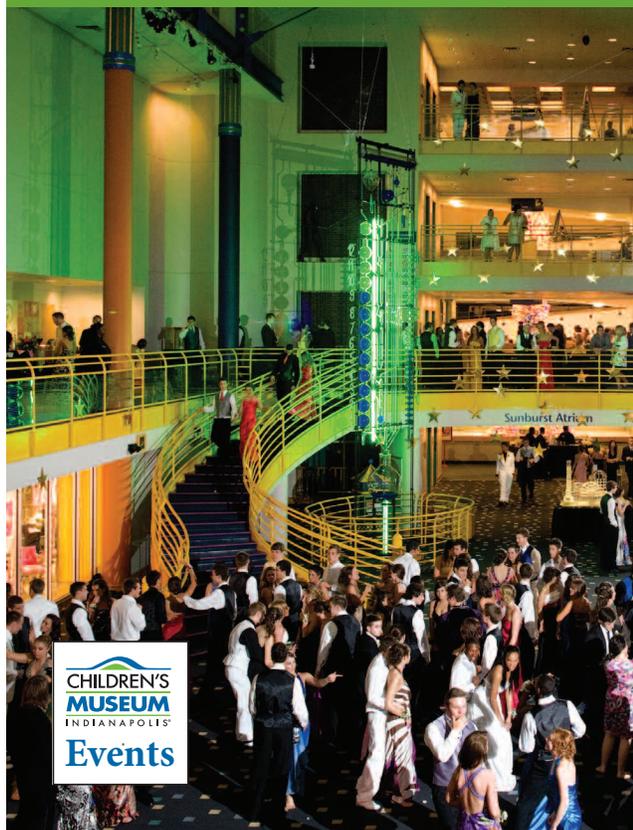
More than three million Americans stutter, yet stuttering remains misunderstood by most people," said Jane Fraser, (see *Stuttering Help*, page IN 7)

## One year later: The Anne Frank tree sapling at The Children's Museum. Oh, how you've grown!



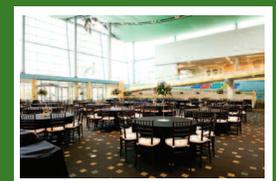
Planted in the Anne Frank Peace Park outside The Children's Museum in Indianapolis on April 14, 2013 (photo left), this sapling is from the chestnut tree that stood outside the Secret Annex in Amsterdam where Anne Frank hid with her family and others from 1942–1944. Although saplings from this tree have already been planted all over the countryside in Holland, this was the first one planted in the United States. (Photo right: June 12, 2014.)

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## Hadassah annual donor celebration

On June 1 the 78th annual donor celebration of the Indianapolis Chapter of Hadassah took place at Broadmoor Country Club. Keynote speaker was Hadassah WZOA Executive Director and CEO Janice Weinman. Some of the other speakers were Indianapolis Chapter President Joan Katz, Executive Vice President J. Weinman of JFGI Debby Barton-Grant, Executive Director Indianapolis JCRC Lindsey Mintz, and Indianapolis Chapter Treasurer Brenda Freedman.



A scrumptious buffet brunch was served and upbeat musical entertainment was provided by The 65th Street Klezmerim. Concluding prayer was given by Cantor Janice Roger of IHC. Helaine Herman was the chair of the event with decorations help from Jennifer Hodes and Brenda Freedman.



The 65th Street Klezmerim.

Some attendees included (L-R): Top: Indianapolis Chapter President Joan Katz; Mary Smith and Gale Halperin. Second row: Treasurer Brenda Freedman and Office Administrator Lauren Morgan; Shirley Aprison, Beverly and Marilyn Bercovitz. Third row: Rosalie Gussow, Diana Shapiro and Lynn Davis; Leo and Myrna Fang. Bottom: JCRC Executive Director Lindsey Mintz and JFGI Executive Vice President Debby Barton-Grant; Naomi and Vika Farahan.

Special recognition went to Naomi Farahan, Hadassah-Young Judea Tomorrow Scholarship Recipient. (See more about this on page 2.)

In honor of her long-time service to Hadassah, the chapter has established a fund in memory of Illene Maurer, z"l, directed to Cardiac Research at Hadassah Hospital. Contribution may be sent the Indianapolis office, Hadassah, c/o JCC Office D3, 6701 Hoover Rd., Indianapolis, IN 46260. May her memory be a blessing. ✨



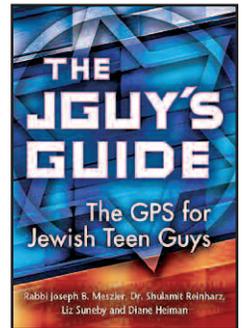
## Book Review

REVIEWED BY SYBIL KAPLAN

### What it means to be a Jewish man

*The JGuy's Guide* by Rabbi Joseph B. Meszler, Dr. Shulamit Reinharz, Liz Suneby and Diane Heiman. Jewish Lights Publishing. \$16.99 paperback. 208 pgs. December 2013.

Last summer, my husband and I brought his 13-year-old grandson to Israel for a Bar Mitzvah ceremony. Having had two daughters, I was not too familiar with 13-year-old boys. I wish I would have had this to read, and I definitely wish I would have had it to give to him then although I did send it to him later.



This book is subtitled, *The GPS for Jewish Teen Guys* and ought to be in the hands of every 13-year-old Jewish guy! (Everyone knows GPS stands for global positioning system and is usually used in cars to give directions, but it definitely fits here.) It ought to be a *must* gift book for pre-Bar Mitzvah guys.

Rabbi Meszler is rabbi in Sharon, Mass. Shulamit Reinharz is professor of sociology at Brandeis University and author of *The JGirl's Guide: The Young Jewish Woman's Handbook for Coming of Age*. Liz Suneby and Diane Heiman are co-authors of a number of books for teens.

Besides interviewing teenage Jewish guys, whose ideas are in every chapter, each chapter is introduced by Rabbi Meszler with questions Jewish teen guys face. This is followed by comments by Jewish teen

(see Kaplan, page IN 8)



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# Chassidic Rabbi

BY RABBI BENZION COHEN

## Miracles

A few months ago I went to a wedding here in Kfar Chabad. A good friend of mine married off his son. I had a great time dancing, singing, even jumping up and down. However, the next morning I woke up with a lot of pain in my left knee.

I said to myself "Oy vei, maybe I am getting old." Many times in my life I have had pains in my knees. From falling down, from accidents. But from dancing at a wedding?

For a week I limped around. I had to be careful even how I sat down or laid down in bed. The pain was slowly easing up. But then one day I was late for my daily visit to the geriatrics ward and I walked fast. The pain came back full force.

I said to myself "Oy vei! You are really getting old! Did you forget that you have a Rebbe?" Our Rebbe, the Lubavitcher Rebbe, is a prophet and miracle worker. We believe that he is the long awaited *Moshiach* (Messiah). When we are in doubt, when we need a blessing, we ask the Rebbe.

How do we ask the Rebbe for blessings today? One way is to look at a picture of the Rebbe and ask him. The Rebbe once told someone that when you look at the picture of a Rebbe, the Rebbe looks back at you.

Another way is to write a letter to the Rebbe. Then we take one of the volumes of the Rebbe's letters, open it, and put the letter inside to where the book opened. Then we carefully read the letters on the pages where the book opened, and see what the Rebbe has to tell us. We don't believe in coincidences. If the book opened on this page, then here is where we will find the Rebbe's answer and blessings.

As of today, about 40 volumes of the letters that the Rebbe wrote to many thousands of people about many topics and subjects have been published.

I needed a blessing for my knee. I took a pen and paper and wrote to the Rebbe, asking for a blessing for my knee, and for the complete redemption of all of the world. Then I said "Long live our Rebbe and Moshiach".

I took down a volume of the Rebbe's letters, opened it and put my letter inside. Then I sat down and read the pages where the book opened. On one page was a letter that the Rebbe had written around 50 years ago. The Rebbe sent his blessings for a complete recovery, and suggested that the man should have his *tefillin* checked.

I took my *tefillin* to a local *sofer* (Torah scribe) to have them checked. My *tefillin* get a lot of use, and indeed they needed some repairs. Besides putting them on every day myself, I also use them to help many others to do this *Mitzvah*.

Miracle of miracles! As soon as I fixed my *tefillin*, *Hashem* fixed my knee. I thank *Hashem* and the Rebbe that the pain is gone.

And I thank *Hashem* for giving us the Rebbe. Life is not always easy. Especially if it is lacking meaning and spirituality. I came in contact with Lubavitch 45 years ago. I met there happy people, loving people. I gave it a try, and soon decided to join. Now everything in life has meaning and beauty.

Do you need a blessing? Are you facing an important decision? Do you have doubts about spirituality and *Hashem*? Do an experiment. Ask the Rebbe! You have nothing to lose, and a whole lot to gain. If you need assistance, contact your local Chabad Rabbi, go to [www.igrot.com](http://www.igrot.com), or send me an email.

Make your life better. You are an important part of the world. When your life gets better, the whole world gets that much better, and comes closer to the time  
(see Benzion, page IN 10)



## STUTTERING HELP

(continued from page IN 5)

president of the 66-year-old Stuttering Foundation of America. "Myths such as believing people who stutter are less intelligent or suffer from psychological problems still persist despite research refuting these erroneous beliefs."

Books and DVDs produced by the 66-year-old nonprofit Stuttering Foundation are available free to any public library. A library that will shelve them can contact the Foundation at 1-800-992-9392, e-mail [info@stutteringhelp.org](mailto:info@stutteringhelp.org), or visit [www.stutteringhelp.org](http://www.stutteringhelp.org) or [www.tartar.mudez.org](http://www.tartar.mudez.org). ✨

## A stroll through The JCC Farmers Market



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**KAPLAN**

(continued from page IN 6)

guys, odds and ends information, comments about male role models, Biblical and contemporary sources, a journaling area where readers can respond to relevant questions and some Hebrew texts.

The 10 chapters really cover the dilemmas which young Jewish boys face, and they explain, in a young man's own language, what it means to be a Jewish man.

The chapters are: "Courage" – it takes courage to face your fears; "Frenemies" – defining friends; "True to Myself" – finding the inner voice and speaking up for others and for ourselves; "One day, Son, This will be all yours" – understanding one's parents; "God...Really?" – how one defines God, how you feel about God and relate; "The Torah of Everything" – amazement; "Enough, Already" – the stress teenagers have: "In our radical multitasking world, contemporary culture pushes you to do all that was previously done and more."

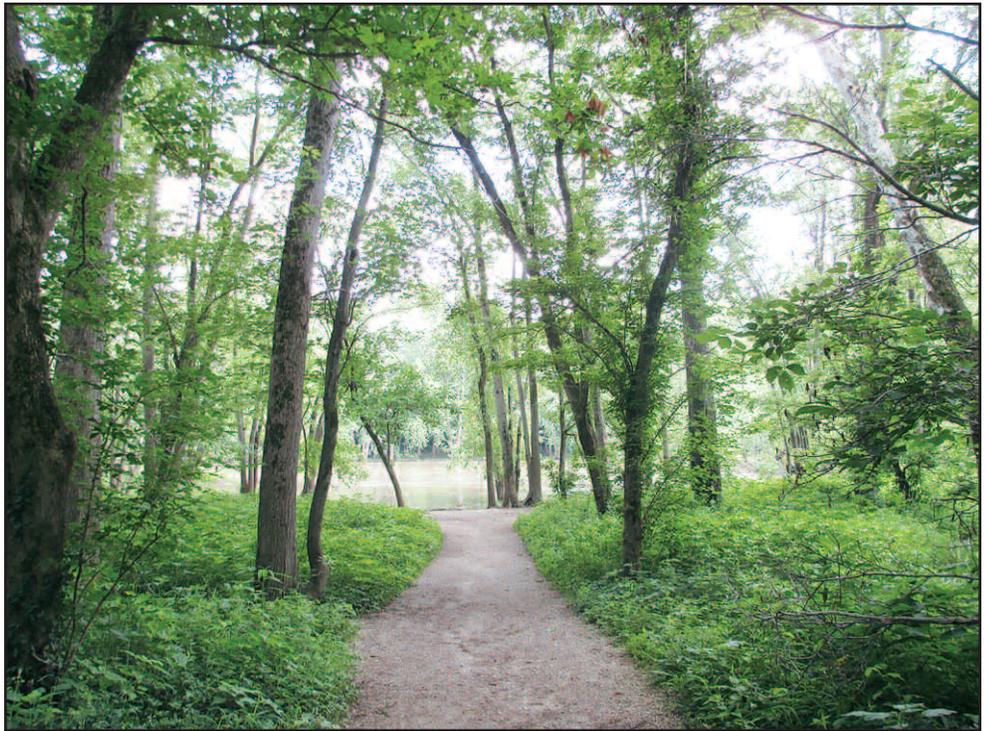
"Falling in Lust, Falling in Love" is a very frank chapter on the confusion of anxiety and sex. "Not On My Watch" discusses the concept of social justice and whether one person can make a difference.

Finally, "Looking Inside at the Man I Want To Be" explores *mitzvot* and the choices we make; becoming a *mensch*, a decent person; the interconnectedness of all things. This chapter concludes with a large check list of mitzvot where the reader checks those he does or tries to do, those in which he has no interest, and those he does not understand.

One of the best ideas in this book is the interactive journaling in each chapter to allow the young man reading it to think and participate. Another really excellent accomplishment in this book is that it shows how Judaism can help the issues of adolescence and strengthen a young man's Jewish identity.

Buy this for every young man you know who is heading toward Bar Mitzvah soon. For youth leaders and others working with Jewish teenage guys, there is a separate "Teachers' and Parents' Guide" which shows how to use the various portions and engage discussions. Finally, parents, this is a MUST read for you!

*Sybil is a food writer and cookbook author, living in Jerusalem, leads weekly walks in English in Machaneh Yehudah market and is co-president of one of the English-speaking chapters of Hadassah-Israel. ✨*



**Friends of Holliday Park (FHP)** is engaged in a capital campaign to revitalize the decaying Ruins and renovate the exhibit hall in the Nature Center.

"Every dollar donated through June 30 will be matched dollar for dollar (up to \$150,000)," *Sarah Potasnik, Development Director. Friends of Holliday Park, 6363 Spring Mill Rd., Indianapolis, IN 46260, (317) 475-9482, [www.hollidaypark.org/about-friends.html](http://www.hollidaypark.org/about-friends.html).*



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## Summer Evening Holliday Park Concert

BY MYRNA GRAY

Cool air from yesterday's deluge washes over a June evening's concert. Two person band – he's black, she's white – and how they harmonize – his guitar, her tambourine – She covers Indigo Girls, Janice Joplin, a few raps – He backs her and sings a country tune on request.

Little people cavort in the green glade as though they've jiggled out of an Irish fairytale. A ten-year-old Latino breakdances – Already he's got moves and stage-presence... Moms pick up kids, their own or someone else's, and swing them by the waist – Famed Hoosier obesity doesn't stand a chance with this crowd.

The sun disperses its waning rays and elongated shadows stretch the trees – Pulsing rhythms and progressing chords wend their way and lay down deep roots in society's frolicking hope for a saner, brighter future.

June 5, 2014 ✨



# Obituaries

**Jeanne Sacks Koplow, 93**, beloved mother, grandmother and aunt, died May 18, 2014. Born in Indianapolis, on April 27, 1921, daughter of Emma & Max Sacks, Jeanne attended Shortridge High School, Indiana University where she was a chapter founder of the Sigma Delta Tau sorority, and graduated from Northwestern University in 1942 with a degree in Library Sciences.



Mourning their loss, her family is comforted that she is reunited with her husband of 59 years, Leonard S. Koplow who preceded her in death; her four-year old son, Jeffrey; her sisters, Esther Dock and Ida Ettinger, brother, Jerry Sacks, as well as her dear parents, Max and Emma Sacks.

Words describing Jeanne: congenial, witty, devoted and compassionate. Because of her wise counsel, dedication, sensitivity and humor, she was a caring confidant to many family members. Her stand out talent as a parody songwriter and poet was frequently expressed at anniversary or birthday parties. She spent hours tailoring songs or poems specifically capturing the finer qualities of family or friends being celebrated. She excelled at telling jokes and creating adorable shell creatures from shells collected on the Florida beach.

As the bookkeeper, cashier and glue to her husband's business, The Squire Shop, she coined the business's slogan: "Men's Wear That Women Admire and Men Desire." The Squire Shop, located at 38th & Meridian, closed in 1973.

In her younger years, she was a dramatic arts and elocution teacher participating in several Civic Community Theater productions. She was a 50-year member of Hadassah, National Council of Jewish Women, Congregation Beth-El Zedeck

sisterhood, B'nai Brith Women and National Asthma (formerly CARIH: Children's Asthma Research Institute Hospital or "Denver Home,") where she served as treasurer for 17 years.

The family thanks Dr. Stephen Beck, the St. Vincent's Hospice staff and the loving, personal care Jeanne received from her many caregivers including Aretha, Caroline, Vanessa and especially Brenda.

Survivors include her daughter Michelle (Marvin) Hershenson; her grandchildren, Dr. Jared (Jessica) Hershenson of Silver Spring, MD, Evan (Kimberly) Hershenson of New York, NY, & Elyse Hershenson of New York, NY; five great-grandchildren, Samuel, Devorah, Aryeh, Leah and Gavriel; as well as many nieces, nephews and cousins. If you were lucky enough to know Jeanne, your delightful memories will sustain and inspire you. She will be dearly missed as she leaves behind an outstanding legacy.

A funeral service was held on May 19 at **Aaron-Ruben-Nelson Mortuary** and burial followed at Beth-El Zedeck North Cemetery. In lieu of flowers, you may honor Jeanne with memorial contributions to Shaare Zedeck Medical Center [www.szmcc.org.il](http://www.szmcc.org.il), American Friends of Magen David Adom, 352 7th Avenue #400, NY, NY 10001 888-632-2763, or your favorite charity.

**Julie Rae Brooks, 57**, died May 20, 2014. She was a long time resident of Indianapolis.

She was a graduate of Indiana University and received her Master of Arts in Education from I.U.P.U.I. She worked for many years as the Hebrew Language Specialist at Goldman Union Camp Institute of Zionsville and then later taught Hebrew at the Bureau of Jewish Education.

Julie is survived by her father, Barney; her two beloved sons, Jeremy (Samantha) Lande and Daniel Lande; grandson, Jack Lande; sisters, Karen Bacal and Ronna Glickman; and brother, Scott Brooks.

Graveside services were held on May 23 in Beth-El Zedeck South Cemetery. Memorial contributions may be made to the Lupus Foundation or the Bureau of Jewish Education. Arrangements by **Aaron-Ruben-Nelson Mortuary**.

**Sanford E. "Sandy" Rosenberg, 64**, of Carmel passed away May 24. He was born in Garrett, Ind., Dec. 8, 1949 to Abner and Caroline Engelhard Rosenberg. Sandy was a 1973 graduate of Indiana University and majored in music. He also studied computer programming for two years following college. He worked 33 years for Majesco Mastek as a computer programmer.

An accomplished musician, he played in a Klezmer Band, was a classical pianist and also sung regularly with a Barber Shop Quartet. Sandy was a member of Indianapolis Hebrew Congregation.

Sandy is survived by a loving sister Susan R. (Ned) Ternet of Farmington, Mo. Also survived by one niece, Christi (Brian) Hallone; nephew, Dustin Hoffman; and 6 great nieces and nephews. Also 3 cousins: Lisa E. (Jim) Murphy, Rayna E. Dorsey and Bruce L. Engelhard.

Funeral services were May 28 at **Aaron-Ruben-Nelson Mortuary**. Burial followed in Lindenwood Cemetery, Fort Wayne, Ind. Memorial contributions may be made to the American Cancer Society.

**Barbara Feldman, 82**, life resident of Indianapolis, passed away May 31. She was born July 26, 1931 to Noah and Gertrude Blankenship. She was a graduate of Arsenal Tech High School and a long time member of Beth-El Zedeck Congregation.

She will be deeply missed by her loving family; children, Stanley (Dianna) Feldman, Deborah Geller, and Diane (Sam) Valencia; nine grandchildren; and sister, JoAnne (Jeff) Snyder and their children. Barbara was preceded in death by her husband, Sidney S. Feldman who died in 2008.

Graveside services were held in Beth-El Zedeck North Cemetery on June 3. Memorial contributions may be made to Beth-El Zedeck or Riley Hospital for Children. Arrangements by **Aaron-Ruben-Nelson-Mortuary**.

**Barbara Robins Segal, 86**, a life resident of Indianapolis, passed away June 2 at St. Vincent Hospice. She was the daughter of Ruth and Fred Robins; born November 22, 1927.

Barbara graduated from Butler University with a teaching degree. She taught for IPS during the 1950's. She was an active member of Congregation Beth-El Zedeck and its Sisterhood, Hooverwood Guild, NCJW, Hadassah and of the Indiana Dental Society Auxiliary.

Barbara is survived by her devoted family; son, Dr. Steve Segal; daughters, Karen (Larry) Mitzman, Lori (Joel) Haberman and grandchildren, Michael and Alex Mitzman and Katie, Amy and Suzanne Haberman. Her beloved husband, the late Dr. Oscar B. Segal preceded her in death.

Funeral services were held on June 5 in **Aaron-Ruben-Nelson Mortuary** and burial followed in Beth-El Zedeck North Cemetery.

Memorial contributions may be made to Congregation Beth-El Zedeck, St. Vincent (see Obituaries, page IN 10)



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**OBITUARIES**

*(continued from page IN 9)*

Hospice or Scleroderma Foundation:  
www.scleroderma.org/chicago.

**Gerald Goldstone, 80**, of Carmel, passed away on June 8. He was born April 13, 1934 in Brooklyn, NY to Simon and Betty Goldstone.

Gerry was a graduate of Stuyvesant High School, Davis-Elkins College and received his PhD in Clinical Psychology from Purdue University in 1967.

He taught at Ball State University for 26 years, had a private clinical practice and served as a consultant to various institutions. He was a member of both the Indiana Psychological Association and the American Psychological Association.

He will be deeply missed by his loving and devoted family; wife, Marcia Grodin Goldstone; children Peter and Shelly and his beloved grandchildren, Sam and Rachel. He was preceded in death by his brothers, Monte and Shelly.

Gerry will be remembered for his kindness, his wicked sense of humor and his generosity. He loved his family, his friends, playing bad golf and drinking red wine.

Gerry and his family have been long time, active members of Congregation

Beth-El Zedeck. In tribute a memorial service was held there one June 10. Memorial contributions may be made to Popsie's Pantry c/o Jewish Federation of Greater Indianapolis, 6705 Hoover Road, Indianapolis, IN 46260 or Sidney Maurer Feed the Hungry Fund c/o Congregation Beth-El Zedeck, 600 West 70th Street, Indianapolis, IN 46260.

Arrangements by **Aaron-Ruben-Nelson Mortuary**.

**Suzanne Cohen Zaltsberg, 89**, passed away peacefully on June 9. She was born in Indianapolis on April 27, 1925, to Samuel and Dora Cohen. She was a graduate of Shortridge High School and attended Indiana University.

Suzanne and her husband Harold co-owned The Boston Store in Winchester, Ind., for many years. Upon his death in 1982 Suzanne returned to her home town of Indianapolis and worked for Kipp Brothers.

She was a member of Indianapolis Hebrew Congregation (IHC), Hooverwood Guild and Sigma Delta Tau Sorority.

Suzanne will be deeply missed by her loving family; sons, Stu (Sharon) Zaltsberg of Fort Wayne, Lou (Elaine) Zaltsberg of Orlando, Fla., and Bob (Susan Williams) Zaltsberg of Bloomington; 2 grandchildren, Matt and Ben; step grand-

children Amelia Williams and Toni Carmack, step great-grandchild, Hannah Spillson and 2 step great-great-grandchildren, Trent and Audrey.

Funeral services were June 12 in **Aaron-Ruben-Nelson Mortuary** and burial followed at Beech Grove Cemetery in Muncie, Ind.

Memorial contributions may be made to IHC, 6501 North Meridian St., Indianapolis, IN 46260 or Hooverwood Guild, 7001 Hoover Rd., Indianapolis, IN 46260. ☆



## Meals on Wheels of Central Indiana announces delivery of 7 millionth meal

Meals on Wheels of Central Indiana celebrated the delivery of their 7 millionth meal on May 27. For the first time in their history, the recipients of this special milestone delivery were a husband and wife, Melvin and Virginia. The meals were delivered by "King of the Outlaws" Tony Stewart Racing driver Steve Kinser, 20-time World of Outlaws (WoO) STP Sprint Car Series Champion. The 2014 season marked Kinser's final run at a 21st WoO title.

"I never get tired of celebrating milestones. In fact, every meal made with the support of all our hospitals and healthcare facilities; every dedicated volunteer and every mile driven to a home is a milestone when it has such an immediate and positive impact on a homebound person's life," said Meals on Wheels' Executive Director Barb Morris.

### About Meals on Wheels, Inc.

Meals on Wheels, Inc. delivers two nutritious meals a day to over 500 elderly and disabled homebound clients in the greater Indianapolis area. A nonprofit organization, MOW provides these services through the generosity of private donations, using more than 1,600 individual and corporate volunteers. MOW is a United Way of Central Indiana agency, and has been proudly serving the Indianapolis area since 1971. ☆



### BENZION

*(continued from page IN 7)*

when there will only be good. We want Moshiach now.

*Rabbi Cohen lives in K'far Chabad, Israel. He can be reached by email at [bzcohen@orange.net.il](mailto:bzcohen@orange.net.il). ☆*

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## Marcy Ekhaus and Shulamit Hasten are honored at the Hastei Hebrew Academy's 43rd annual 2014 HAI-Life Awards Dinner



(L-R): HHA President of the Board Monica Rosenfeld, retiring HHA Executive Director and honoree Marcy Ekhaus, and HHA Principal Miriam Gettinger.



(L-R): HHA Principal Miriam Gettinger and Distinguished Teacher Award recipient Shulamit Hasten.



(L-R): David Gabovitch, Shulamit Hasten, Rabbi Michael Hasten, and Nonie Vonnegut-Gabovitch.



(L-R): Winnie Goldblatt and Debby Barton-Grant.



(continued from cover)

**Bureau of Jewish Education Dalet Class of 2014:**  
(alphabetical order; not all in photo) Eli



Anderson, Daniel Batler, David Bender, Logan Blackburn, Sidney Braff, Tyler Burnett, Zoe Carlson, Jacob Carroll, Michael Carson, Brennan Chopp, Ava Connell, Emily (Emmi) Cox, Jace Dery, Annabella (Ella) Eskenazi, Benjamin Felix, Jason Fivush, Anne Gabovitch, Max Goldman, Joel Greenfield, Toren Hartog, Gabriella Hays, Samuel Kaplan, Adam Katz, Yael Korin, Sarah Lande, Rebekkah Lawrence, Shelby Leslie, Carly Levinsohn, Naomi Mann, Lily McSheffery, Maxwell (Max) Melrose, Samuel Mervis, Elliott Miller, Jessica Mossler, Hannah Pelletiere, Maxwell Renay-Lopes, Lauren Roth, Julia Roth, Meyer Rothbaum, Emily Schwartz, Claudia Siegel, Nicholas Smeltzer, Ethan Smith, Gabriella Smith, Sophia Smulevitz, Max Stallsmith, Rebecca Stark, Micah Winicur, Adam Youkilis, and Ellie Zipes.



(L-R): Hart Hasten, Dr. Rick Bentley, and Ivan Ekhaus.

## A home seller's market for local counties

BY GADI BOUKAI

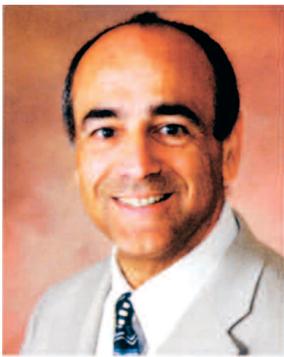
The real estate market has been shifting since the market crisis a few years ago, and currently it is considered a “seller’s” market. As a realtor with the Meridian North office of F.C. Tucker – the most active office in the residential market in Indiana – I receive many inquiries from other agents regarding information about future listings, as their buyers are unable to find what they want due to low inventory.

In Hamilton County the Average Month of Inventory is under four months while the Average Listing Price is just under \$400,000. Such low inventory affects the Average number of Days on the Market – 71 days in March and only 64 days in April – with many homes selling within the first week of being listed.

In Marion County buyers find a slightly greater inventory available, with almost 5,000 properties for sale. Out of these properties, about 1,000 are pending, indicating an absorption rate of about 20%. When looking at Marion County, the Average Listing Price is about \$170,000 and the Average Sold Price is about \$140,000. Similarly, these properties are short lived, staying on the market an average of 85 to 95 days due to low inventory strains.

Such realty conditions are favorable for sellers, who are receiving a higher selling price for their property. However, with interest rates still very attractive, buyers continue to search for their best deal. If the house is “move-in ready” and priced correctly, it should receive offers soon after the listing is made, with multiple offers being commonplace.

With my own recent sales in the 46260 zip code, my listings received offers within their first week on the market – one property did so on the first day – proving it is indeed a seller’s market in Hamilton and Marion counties. ✨





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# JCC Annual Meeting: "100 Wonderful Years"

Aaron Atlas and JCC's Earth Day Celebration awarded

## The Jewish Post & Opinion

1427 W. 86th St. #228  
Indianapolis, IN 46260

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INDIANAPOLIS, IN – The JCC's annual meeting of the Board of Directors was held at the Arthur M. Glick JCC earlier this month. The meeting's theme, "100 Wonderful Years," was inspired by the JCC's centennial and recognition of its founding in 1914. In his address, newly-elected President Les Morris, public relations professional for Simon, reminded the audience that "the JCC is akin to a department store....Just as department stores function as 'anchors' of regional shopping centers, this JCC functions as an anchor for the Indianapolis Jewish community and many neighborhoods on the city's northwest side. Just as you can shop for every room in your house at Macy's, you can feed all of your human needs – intellectual, physical, emotional, cultural, and even spiritual – within the 160,000 square feet at 6701 Hoover Road." Morris went on to say that in spite of the pressures of competition in the business of fitness, preschool, summer camps and adult education, "[the JCC is] thriving...due to its incredible talents, creativity, and dedication of its highly-trained professional staff and the guidance of its board of directors."

On June 11, 2014, at the annual meeting of the Jewish Federation of Greater Indianapolis, the JCC's parent agency, the JCC received the prestigious Melvin Simon *Tikkun Olam* ("repairing the world") Award for its Earth Day Community Celebration. This award recognizes unique, special projects that enhance the entire community. At the 3rd annual event last April, co-title sponsored by Indianapolis Power & Light Company and



At the recent JCC Annual Meeting, Aaron Atlas, Director of Youth Services at the JCC, received the Marks Levy Award for Employee Excellence awarded to a JCC staff person for excellence in service and commitment to the JCC mission. (L-R): Les Morris (JCC President), Aaron Atlas, award presenters Lynn Levy (Board member), and Barbara Levy (Past President and Board Member), and Ira Jaffee (JCC CEO). Photo by Linda Evans.

Citizens Energy Group, close to 3,000 people were kept creatively engaged and had learning opportunities from over 50

community partners who presented 61 interactive activities on topics related to Earth Day and the environment. ✨



A lot of hard work has gone into the building of the new Chabad Center just west of Townshipline Road on the north side of 96th Street. It will probably be finished in August.



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