

The Jewish Post & Opinion

Indiana Edition

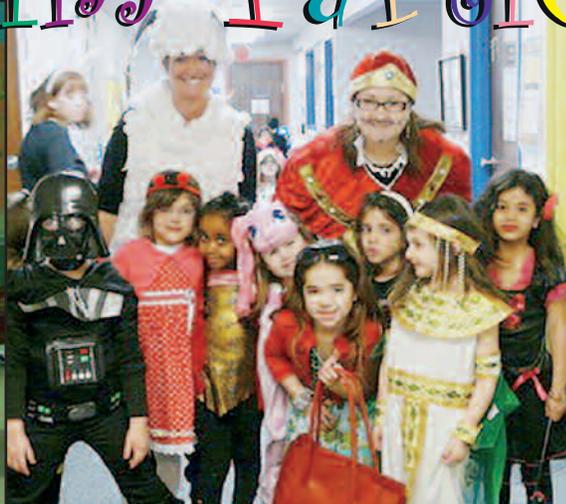
Presenting a broad spectrum of Jewish News and Opinions since 1935.

Volume 78, Number 4 • March 14, 2012 • 20 Adar 5772

www.jewishpostopinion.com



Purim Parties!



See Cover Photos, p. 3.



Bureau Of Jewish Education
Centennial Purim Ball

March 8, 2012

SOPHISTICATED LIVING

Scott Rorer Photography

Editorial

Jews are commanded to be happy during the Hebrew month of Adar that continues until March 23. As you can see from all of the photos in this issue, there were no shortages of Purim celebrations in Indianapolis. Also the Jews of Indy got a jump start this year with all of the hoopla surrounding the Super Bowl. A party atmosphere was pervasive. Here's one nice photo demonstrating this (right center) taken by Bobbi Frankovitz.

Before I have to get serious thinking about Passover which begins at sunset on April 6 this year, the following is excerpted from my editorial dated Feb. 14, 2007.

There are plenty of good reasons for being happy besides having been saved from Haman's hangman. One is a recent study showing that laughter helps our hearts. The Jan. 5-7 USA Weekend had a special report on longevity. It begins with the famous quote "laughter is the best medicine." It went on to say that researchers from the University of Maryland Medical Center found that people with heart disease were less likely to laugh off potentially stressful situations such as a waiter spilling water on them.

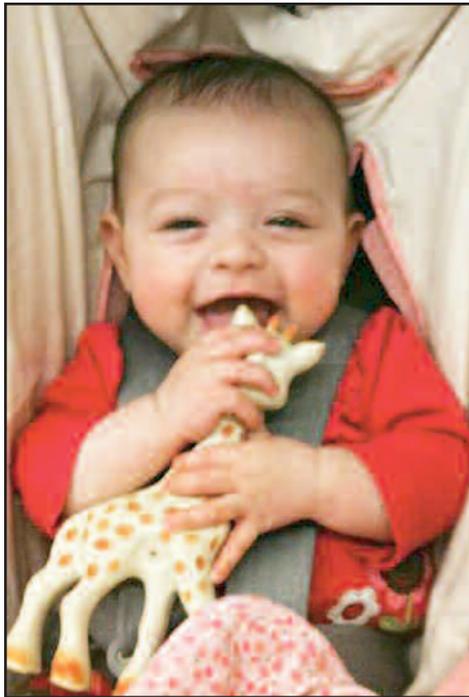
Continuing, it says recent research indicates that laughter is also linked to the healthy function of blood vessels. The more chuckles, the more the blood vessels dilate, increasing blood flow and potentially reducing risk of atherosclerosis, hardening of the arteries. Concluding, the article advised: "So this year, make a conscious decision not to take every moment of every day so seriously."

Other ideas for bringing more humor into our lives come from emulating children. Perhaps going back to one's playful attitude from childhood is one good way for adults to "lighten up." Here are some suggestions:

Read cartoons and funny stories. Listen to a comedian perform. Play with pets and/or little children. Play childhood games such as cards and board games and/or go to the park and swing on a swing, slide on a slide, or play in the sand box. Sing and dance. Give yourself permission to laugh. Play with balls and props. Be around others who like to joke and are funny. Write your own "humor mantra" – a word or phrase that reminds you of something funny.

A few months ago, there was a news article on Laughter Yoga, a sidesplitting new fitness fad that's part traditional yoga, part improv and all silliness. The following quote is by Jeffrey Briar who founded the Laughter Yoga Institute in Laguna Beach, Calif.

(see Editorial, page 3)



Rabbi Reuven Schwartz, Jerusalem submitted this photo he took of these rainbow challahs he made for Purim.

Simcha Announcements

Mazel Tov!

Leslie Jennifer Abrams, daughter of Diane and John Abrams of Carmel, Ind., married Matthew Ian Tobe, son of Judy Tobe and Stephen Tobe of Pittsburgh, Penn. on Sept. 4, 2011, at the JW Marriott downtown Indianapolis.

Rabbis presiding were: Dennis and Sandy Sasso of Indianapolis and Richard Rheins of Temple Sinai in Denver. Rabbi Rheins was Matthew's rabbi from Pittsburgh who moved to Denver and whom Matthew was close with while in college in Colorado. Also he is originally from Indianapolis and an Abrams family friend.

The bride's grandparents are Miriam and the late Charles Calderon and Jerome and the late Barbara Abrams all of Indianapolis, and the groom's grandparents are Phyllis and the late Bernard Seidenstein of Pittsburgh, and the late Terry and David Tobe.

The bride and groom will reside in Indianapolis where they met at a wine tasting event put on by the Jewish Federation of Indianapolis' Young Leadership Division. Leslie will finish medical school this coming May and Matthew is the Assistant Executive Director of Zeta Beta Tau.

The tallit they were wrapped in during the ceremony belonged to the late grandfather of Leslie, Charles Calderon. She also wore the pearl earrings and bracelet of her grandmother, Barbara Abrams. Her flowers were wrapped in a piece of her mother's veil. The couple drank wine from a wine glass that belonged to a relative of Matthew.

The bride's attendants were: Matron of Honor: Samantha Spolter, friend of the bride; Bridesmaids: Marla Werner, sister of the groom, Rebecca Tobe, sister-in-law of the groom, Lisa Calderon, cousin of the bride, Jennafer Birne, Joanna Fleckman, Carli Rybak, and Emily Schankerman, friends of the bride; Flower girls: Kaylee and Ella Werner, nieces of the groom.

The groom's attendants were: Best Man, Scott Tobe, brother of the groom; Groomsmen: Michael Abrams, brother of the bride, Michael Werner, brother-in-law of the groom, Kevin Zukerman, cousin of the groom, Laurence Bolotin, Jeffrey Lombard, Jeffrey Parker, and Devon Schad, friends of the groom; Ring Bearers: Ethan and Ben Werner, nephews of the groom.

The colors of the ceremony were all white and reception was purple. The couple honeymooned in Bali and Thailanz. ✨



Leslie Jennifer Abrams Tobe and Matthew Ian Tobe on their wedding day, Sept. 4, 2011. Photo credit: Nathaniel Edmunds Photography.

Simchas Welcome! Had a recent joyous occasion in your family or Jewish organization? *The Jewish Post & Opinion – IN Edition* welcomes your announcements for placement in our *Simcha* section. Submit photos and text to: jpostopinion@gmail.com. **Next Deadline: Mar. 26, 2012.** All decisions on publishing, date of placement, size of photo, and length of announcement are at the sole discretion of the publisher.

EDITORIAL (continued from 2)

"Most people think they have to feel good first in order to laugh. But you can start from nothing, even start feeling unhappy and just laugh as a form of exercise, and happy feelings follow...If you are laughing with a group of other people, fake laughter very quickly becomes real."

Finally, it doesn't hurt to look at cute and funny photos especially those of others laughing. Exhibits A and B: photos of Leah and Sophia Glickman (p. 2 top; L-R) daughters of my nephew and niece, Sam and Ali Glickman who live in Philadelphia. We had their wedding photo in our Sept. 12, 2007 issue.

The wedding took place outdoors conveniently in the gardens of the hotel where the out-of-town guests roomed. There was a lot of dancing at the reception and the young friends and relatives of the bride and groom continued their celebration well into the early morning. A lot can happen in four and a half years.

And who could resist smiling when seeing rainbow-colored *challahs* (p. 2). *Let the joy and happiness exude!*

Jennie Cohen, March 14, 2012 ✨

Inside this Issue

Editorial.....	2
Simcha Announcements.....	3
Child Survivors of the Holocaust.....	3
Community Events.....	4
Queen of Red Carpet.....	7
Obituaries.....	8
Idelle Rosenbloom-Kerzner	
(Whose your Jewsior).....	9
Rabbi Benzion Cohen	
(Chassidic Rabbi).....	10
Rabbi David Wolpe	
(Why Faith Matters).....	10

The Jewish
Post & Opinion
Jewish News and Opinions since 1935.

1427 W. 86th St. #228
Indianapolis, IN 46260
email: jpostopinion@gmail.com
phone and fax: (317) 405-8084
website: www.jewishpostopinion.com

Cover Photos: Hasten Hebrew Acedamy Purim celebration. **Lower-right photo caption:** (L-R) Beth Klapper, BJE president, Mark Roger, Rabbi Paula Jayne Winnig, executive director of BJE, Joan Rivers, Miriam Dant, David Dant, and Laura Steele (see p.7). Photo by Scott Romer.

Synagogue Seeks Dynamic Director of Education and Programming

Join a small, vibrant, Conservative synagogue in Cincinnati, Ohio that highly values participation by all. The congregation has received national recognition for its innovative programming.

Your creative ideas, resourcefulness and enthusiasm will make you a top candidate to be the Director of Education for an after school program (conducted jointly with another congregation) for 50% of your time and Director of Programming for congregants of all ages for the other 50%. Excellent salary.

Please email cover letter and resume to Northern Hills Synagogue / Congregation B'nai Avraham: pgshubs@fuse.net.

Jewish child survivors of the Holocaust

World Federation of Jewish Child Survivors of the Holocaust and Descendants 24th Annual International Conference titled, "A Legacy of Strength and Courage" will be held **Fri., Oct. 26** to Mon. Oct. 29, 2012 at the Renaissance Cleveland Hotel, Cleveland, Ohio. For further information and a registration packet, please e-mail your request to Holocaustchild@comcast.net or rose.gelbart@gmail.com. One may also call Rose Gelbart at 1-216-577-0111. Please also visit our website: www.wfjcs.org. ✨

Community Events

C.A.N.D.L.E.S. Holocaust Museum Trip to Auschwitz

Eva Kor, Director of the C.A.N.D.L.E.S. Holocaust Museum in Terre Haute and a survivor of Dr. Mengele's twin experiments, will be leading a trip to Auschwitz in **July**. If you are interested in participating in the trip, you can download the brochure and application at: <http://www.candlesholocaustmuseum.org/data/file/webcontent/file-document-123.pdf>.

Israeli Movie Night – Precious Life

On **Thurs., March 15**, 7:30 p.m. in the Laikin Auditorium at the Arthur M. Glick JCC join Adi Shacham, our Israeli Community Shlichah, for Israeli Movie Night. Movies are always free of charge, with popcorn and drinks provided. Visit www.jfgy.org to register for movie night!

Distinguished Guest Speaker from IU at Beth-El Zedeck

On **Sun., March 18** at 10:00 a.m., Dr. Alvin Rosenfeld, Director of the Institute for the Study of Contemporary Anti-Semitism at IU, will speak on "What Is the New Anti-Semitism and What Is It About?"

Stand Strong: Fall Prevention and Personal Safety

On **March 19**, Time TBA, at Pleasant View Lutheran Church, this program will help you to increase your balance awareness; overcome the fear of falling; and recognize hazards in your home. Learn ways to develop strength and gain confidence and mobility. We will even teach you at home exercises to help your balance. The cost for this program is \$5.00 to non-NORC members. Reservations include a boxed lunch. RSVP: Cindy Wides at 259-8048 or Ann Allen at 259-6817

Jewish Bereavement Group

The Albert & Sara Reuben Senior and Community Resource Center began a bereavement group in partnership with Community Home Health Services, a part of the Community Health Network. This bereavement group, which has a Jewish perspective and is facilitated by Rabbi Bruce Pfeffer, is open to all. Questions should be directed to Julie Sondhelm at 317-259-6822 x6. Meeting dates and times are: the **Third Monday of each month (Mar. 19)** from 10 a.m.–11:30 a.m. and the **First Thursday of each month (Apr. 5)** from 7 p.m.–8:30 p.m.

Mr. Blair's Open Mic Group

Mr. Blair Karsch and the On Your Level Youth Project will once again host

Indianapolis's premiere youth open mic events, which have produced standing-room-only crowds at previous events. This is the largest all-city event with a focus on youth expression through spoken word. There's even room for adult performers as the evening allows. Come one, come all. This event will be an open stage for all ages to perform and practice any form of spoken word entertainment. Poetry, prose, comedy, hip-hop, rap, acoustic music and more are some of the most popular forms. Get there early to have a snack, drink, get a good seat and meet the artists.

March 21, 4–6:00 p.m., Pike Library, 6525 Zionsville Rd. Indianapolis; **Fri., Mar. 23**, 7–9:00 p.m. Brics, "The place to chill in Broad Ripple," on the Monon Trail, 901 East 64th St.

Daddy Daughter Date Night at the JCC

On **Sat., March 24**, from 7–10 p.m., the JCC's gala of the year for girls ages 5–11 years old and their "date" (dad, grandpa, uncle, older brother, important guy in their life).

This year's dance at the Arthur M. Glick JCC will be a full masquerade ball! Girls are encouraged to dress up, and if they have a mask to complete the ensemble, so much the better! There will be contests and prizes for the best/most unique masks!

There will be a photo booth to preserve memories, dinner courtesy of Jet's Pizza at Willow Lake, poffertjes dessert, and dancing to the music from Baby Boomer Sound. Three ways to register: online at www.JCCindy.org, call 251-9467, or stop in at a membership desk.

Preppin' for Pesach with BJE & PJ Library

On **Sun., March 25**, join the BJE and PJ Library as we celebrate Passover! Call the BJE office at 255-3124 or email mroger@bjeindy.org for more information.

Upcoming Hadassah programs

100th Birthday – Celebrate Hadassah's 100th birthday on **Thurs., March 22** at the home of Joani and Jeff Rothenberg. Watch for details of Home Sweet Hadassah.

Donor Luncheon – **May 6** at the Broadmoor Country Club will feature a fashion show and as always a few surprises. For more info call 317/475-4278.

TribeFest 2012 in Las Vegas

Join young adults (ages 22–45) from across North America at TribeFest, **March 25–27**, in Las Vegas to explore Judaism, network and connect with peers, and celebrate Jewish life! Register on TribeFest's website.

Our City Under the Radar: Neighborhoods on the Edge, An IndyTalks Community Discussion

On **Wed., March 28**, discuss the over 12,000 abandoned houses in Indianapolis, the affects they have on our city and how we can repurpose them. Find more information about this IndyTalks Discussion and register at www.jccindy.org.

Jewish Lawyers

Jewish lawyers group meets for lunch on the **fourth Wednesday of each month**. The next meeting is **Mar. 28** at Shapiro's downtown at 12:15 p.m. Presently, the group's leaders are Irwin Levin, Zeff Weiss and Elliot Levin. For more information contact Elliot at edl@rubin-levin.net.

Open Mic for the Soul Coffee House and Talent Night

The Baha'i Center of Indianapolis will open its doors on the **last Friday of every month** as a service to the people of Indianapolis for an evening of music, song, poetry and conversation from 7–10 p.m.

We would like to provide the residents of the city including all nationalities and faiths who love to listen to and perform live music, with a smoke free and alcohol free, spiritually uplifting environment in which to get out and enjoy the company of their neighbors and fellow residents.

Plan to come and enjoy the music and conversation, even if you don't wish to take the stage. Small groups and choirs are welcome. The Center is equipped with microphones, amplifiers and a sound system as well as electric piano, drums and congas.

Many of those participating will be bringing snacks, desserts, finger foods and beverages to share. You are welcome to bring something, but it is not required.

Future dates for the Coffee Houses: **March 30**. This is a family friendly event open to people of all ages. People are welcome to present music and poetry in their own native languages.

The Baha'i Center is located at 3740 West 62nd Street – just East of Guion Road on the north side of the street. For more information contact Karen Loftus at karenloftus1956@gmail.com.

Open Mic for the IU Hillel Campus Superstar competition

On **Sun., April 15**, Indiana's Campus Superstar talent competition will take place. It is open to all students enrolled in any of the colleges or universities in the state of Indiana with a grand prize of \$5,000! All proceeds benefit the great programming at IU Hillel. Learn more about how to get involved at www.indianacss.com.

Earth Day Celebration

On **Sun., April 22**, celebrate our beautiful earth and to learn how to preserve our environment with an afternoon full of activities for all ages with refreshments and entertainment for all. Find more information at www.jccindy.org.

The 15th Joan and Samuel New Institute for the Study of Judaism and the Jews

On **Sun., April 22** from 1–5 p.m., at Broadmoor Country Club, The 2012 New Institute will devote itself to a historical, cultural, and theological exploration of American Judaism since the 1960s. We will focus on Judaism, feminism and gender; the changing nature of American Jews' relationship to Israel; the prospect of post-denominational Judaism and religious experimentation; and, the rise of a new Jewish secularism. This promises to be an event that will raise important questions as we continue to think about Jewishness and Americanness in a time of transition.

Free; no reservations required. We hope you will join us for a thought-provoking and timely conversation on this important topic. For more information, please contact the Borns Jewish Studies Program at iujsp@indiana.edu or by calling (812) 855-0453.

CST Sisterhood Yom HaShoah

On **Sun., April 22** from 2–5 p.m. at the CANDLES Holocaust Museum in Terre Haute, Ind., Congregation Shaarey Tefilla Sisterhood is offering a unique opportunity for *Yom HaShoah!* Eva Kor, a Mengele twin survivor of Auschwitz, is opening her door and heart as she shares a lifetime of memories from her childhood. All Sisterhood women and their families are invited to join us for the day. *You do not need to be a Sisterhood or Congregational member to participate.*

This event follows the *Yom HaShoah* community program at 10:00 a.m. at Hasten Hebrew Academy. Please see the Shaarey Tefilla website www.shaareytefilla.org for further information and registration. Contact Michelle Hershenson at michellehershenson@gmail.com or 317-370-7326, or Shani Zucker at shanz216@gmail.com or 317-418-2038 with questions.

Yom HaZikaron – Israel Memorial Day

On **Tues., April 24**, 7 p.m. in the Laikin Auditorium at the Arthur M. Glick JCC, we gather to remember Israel's heroes and to honor the thousands who have fallen victim to terrorism in Israel. Please gather with us as we join Jews all over the world in this ceremony to remember our fallen heroes. It is customary to attend this

ceremony dressed in a white shirt. Visit www.jfgi.org for more information.

Israeli Independence Day – Yom Ha'Azmaut

On **Sun., April 29**, Israeli foods available at 12:30 p.m., festivities begin at 1:30 p.m. at the Arthur M. Glick JCC. Join us to celebrate Israel's Independence Day. Bring your kids and family to enjoy fun activities and Israeli food! More

information about the festivities can be found at www.jfgi.org.

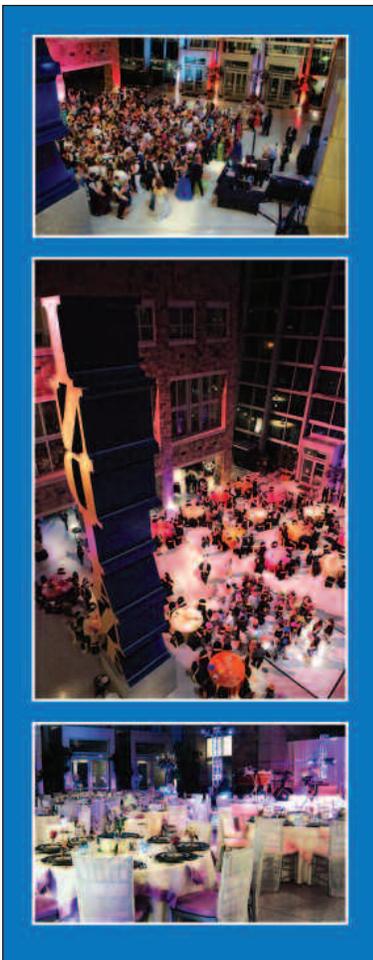
HAI-Life Awards Dinner

On **May 20**, The Hasten Hebrew Academy is honoring Dr. Pierre Atlas and Dr. Debra Luffer Atlas and also Mrs. Dawn Bick, Elementary School Science Teacher with the 2012 Distinguished Teacher Award.

(see Events, page 10)



Joyce Romer at Hooverwood's gift shop where she has been a volunteer for the past 12 years. Photo by her son, Scott Romer.



**B'NAI
MITZVAH
APPROACHING?**

Try 270,000 square feet of exploration to celebrate your bar or bat mitzvah!

Host an event that's as unique as you are at the Indiana State Museum. Let the Indiana State Museum coordinate all of your needs from catering to planning, set up and tear down.

INDIANA STATE MUSEUM 650 W. Washington St. Indianapolis, IN 46204
CENTER FOR SCIENCE AND CULTURE 317.234.1022

indianamuseum.org/facility_rental

 LIKE Indiana State Museum Facility Rentals on Facebook!

Prices valid thru April 14 2012



Passover Favorites

Passover in 2012 will start on Saturday, the 7th of April and will continue for 7 Days until Friday, the 13th of April



Kedem Grape Juice
22 ounce
\$1.99

Manischewitz Matzo Meal
16 ounce can

\$3.99



Manischewitz Matzo Ball & Soup Mix
4.5-5 ounce

2/\$4



Kedem Sparkling Juice
25.4 ounce

\$3.49



Manischewitz Cake Mixes
12 ounce

\$3.99



Manischewitz Potato Pancake Mix
6 ounce

2/\$4



Manischewitz Macaroons
10 ounce, assorted varieties

\$3.99



Boston Fruit Slices
6 ounce

\$1.99



Ba Tampte Hali Sour Pickles or Sauerkraut
32 ounce

\$2.99



Yehuda Matzos
5 pounds

\$7.99



Manischewitz Gefilte Fish
24 oz

\$5.99



Manischewitz Egg Matzos
12 oz

2/\$5

Queen of red carpet delights at BJE Centennial Celebration

BY SUSAN LERNER

Hundredth birthdays are reason for a party, and on March 3, Indianapolis's Jewish community gathered for the Centennial Celebration of the Bureau of Jewish Education (BJE). Integral to Indianapolis's vibrant Jewish life, the BJE is the oldest, continually-running, communal Hebrew school in the United States.

Providing quality Jewish education to the children of Indianapolis through its after school program as well as its own preschool and kindergarten, the BJE is also known for its comprehensive adult education program, as well as the Maurer Library, a branch of the Indianapolis-Marion County Library.

The BJE's annual Purim Ball served to highlight its centennial birthday (see photo: cover, lower-right, and caption, p. 3). The Indiana Roof Ballroom shimmered with silver tablecloths that March night when I donned my standard issue black dress and

joined close to 500 supporters, including many of Indianapolis's rabbis, to mark the occasion. Ball gowns of every hue in the rainbow glimmered throughout the crowd.

The evening's program began with a film montage of the BJE's history, then featured a fundraising auction with lively banter by host Laura Steele of Q95 radio, and Mark Roger and Miriam Dant, BJE board members and co-chairs of the Purim Ball's planning committee.

Despite its centenarian status, the BJE's choice of entertainment proved it is anything but stodgy. As waiters cleared our plates, we sat rapt, waiting for the evening's headliner, Joan Rivers. Known for her multiple plastic surgeries, as well as her outrageous, unedited banter, at 78 Rivers shows no sign of slowing down. The queen of the red carpet, who appeared on *Celebrity Apprentice* and hosts the show *Fashion Police*, Rivers still delights with edgy riposte aimed at the rich and famous.

She recounted a phone call in which her friend, Julie Andrews, post-vocal cord surgery, asked Rivers if she, Andrews, should resume singing. (Imagine Rivers imitating Andrews' gravely voice.) "No!" Rivers answered, yelling into the mic. "Don't sing!"

Rivers told us a story about Nicole Kidman, a friend of her daughter Melissa. One day Kidman, wearing a red dress,

stood next to Joan, who wore a mustard-yellow frock. Rivers said Kidman looked like "ketchup" and she like "mustard." "We're condiments!" quipped Joan, who described Kidman as standing by clueless. Rivers jokes turned cringe-worthy as she poked fun at Kirk Douglas and Dick Clark, both stroke victims. "Don't talk," she urged them. "Just shut up and wave!"

Amidst the celeb-bashing, Rivers recounted the story of her life. To her credit she didn't skip over hard times, specifically the drama surrounding her 1980s Fox talk show. Edgar Rosenberg, Rivers's husband and a producer on the show, struggled with heart disease and depression. Fox executives concerned with ratings issued Rivers an ultimatum forcing her to choose between her show and her husband. "It was a 'Sophie's Choice,'" said Rivers. She chose Edgar.

Rosenberg's mental health continued to spiral down, and he committed suicide. Her father gone, Melissa, Rivers's daughter, shut down and stopped speaking. A widow in her 40s and with her career in shambles, Rivers vanquished all pride and returned to the work that had given her a start – small nightclubs.

Her message? "Walk through any door," she said. "Try anything. Life can turn on a dime, both for good and for bad, so don't

(see Lerner, page 10)

INDIANA HISTORICAL SOCIETY

**YOU ARE THERE 1950
MAKING A
JEWISH HOME**

THE NEWEST FEATURE OF THE **INDIANA EXPERIENCE**

INDIANA HISTORICAL SOCIETY

www.indianahistory.org | (317) 232-1882

EUGENE AND MARILYN GLICK INDIANA HISTORY CENTER | DOWNTOWN ON THE CANAL
PRESENTED BY: ALAN & LINDA COHEN FAMILY FOUNDATION

Obituaries

Barbara J. Freeman, 81, of Indianapolis, died Oct. 26, 2011 surrounded in love by her family. She was born in Oklahoma City on March 29, 1930, to the late Herbert and Dorothy Heiman. She is predeceased by her brother, Alfred Robert Heiman.



Barbara is survived by her beloved husband of nearly 60 years, Irving, and their children Lisa Freeman (Kevin Hardie), Patti Freeman Dorson (Roland), Martha Freeman and Ed Freeman (Laurie). She was understandably proud of her eight grandchildren who also survive: Ben Dorson, Michael Hardie, Daniel Dorson, Sarah Freeman, Rebecca Hardie, Max Freeman, Madelaine Leistikow and Justin Leistikow. She is also survived by her cousin and buddy, Nancy Logvin, and her cousin, Phil Gutentag, as well as other loving family members and many close friends. She wanted to remember her friend, Susan Maxwell.

Barbara graduated from Central High School in Oklahoma City and was a proud member of the "Red Skirts" pep club. She graduated from University of Texas and loved to cheer "Hook 'em 'Horns!" After college, Barbara worked as a stewardess for Braniff Airlines. She met Irving during her senior year at UT and they were married in 1952. Barbara continued studies at IUPUI and earned her designation as a CPA.

Barbara was a member of Indianapolis Hebrew Congregation and its Sisterhood and of the National Council of Jewish Women.

She has often been asked, "What did you do right that all four of your children stayed and raised their children in Indianapolis?" Her children can answer that question simply, "Mom and Dad have loved, encouraged and supported us and our children unconditionally. Together they demonstrated the value of family and the meaning of love. What more can we ask?"

The family would like to express its grateful thanks to caregivers Ada and Shawna and to hospice nurse, Gayla.

A memorial service was held Oct. 30 at Indianapolis Hebrew Congregation. In lieu of flowers, the family requests that memorial donations be made to one's charity of choice. ✨

David L. Paine, 95, beloved husband for 72 years of Miriam (Cohen), died Feb. 24, 2012 in Buffalo, NY. Devoted (see Obituaries, page 9)

THE ART OF PERSONAL SERVICE



THE NATIONAL
BANK OF INDIANAPOLIS

261-9000

Whose your Jewsior

By IDELLE ROSENBLUM-KERZNER

Benefits of Life Coaching

What do you get when you cross a Jew with a Hoosier? Well, a Jewsior, of course. From time to time, The Jewish Post & Opinion will bring to you an interview with that unusual "creature" called Jewsior. Please e-mail Bailah18@sbcglobal.net if you know of anyone who would like to be featured in our new Whose Your Jewsior column.

For Clinical Psychologist and Professional Life Coach, Myrna Sarowitz the sound of a ringing phone can sometimes mean the start of a work day. That is because Sarowitz, a Schererville, Ind., resident, is in the "business" of helping people find their way in life through purpose and a rejuvenation of self. Sarowitz believes that many times a loss of a job or even health might just be the perfect time to recreate oneself. If you would like to meet this unusual lady, just read our Jewsior interview below.



Myrna Sarowitz

Kerzner: What kind of training did you receive?

Sarowitz: I graduated from the Adler School of Professional Psychology with a Doctorate in Clinical Psychology. My life coaching training was from The Coaches Training Institute in California and is accredited by the International Coaching Federation.

Kerzner: How long have you been a therapist?

Sarowitz: I have been a therapist for 35 years.

Kerzner: Why should someone seek your services?

Sarowitz: People call me when their lives just are not working for them. They are seeking more and just do not know how to get it.

Kerzner: How do you help your client find the answers they need?

Sarowitz: In coaching, we believe that the client is creative, whole and resourceful. As a life coach it is my job to help them see how wonderful they are and that their gifts are an important contribution that they can make to the world.

Kerzner: Is there a common cause of most of the problems that your clients have?

Sarowitz: Many people feel they are not worthy enough to live a full life. Many carry wounds from early years and sometimes life experiences just cause us to question ourselves, our abilities and who we really are.

Kerzner: What issues are most of your clients facing?

Sarowitz: There are a variety of issues but the recurring ones are unemployment, career fulfillment, purpose of life, relationships and self-esteem.

Kerzner: How is your life-coaching method different from other professionals in your field?

Sarowitz: In life coaching, we don't dwell on the past as much. We talk about how to deal with the present and a way to find the answers from within.

Kerzner: How is this work fulfilling to you?

Sarowitz: I believe that being a Life Coach is my purpose in life. Coaching brings me so much joy. I watch how my clients unfold and blossom. I feel that when I'm coaching someone, that we connect on a higher level.

Kerzner: How do you connect with your clients on a higher level?

Sarowitz: I listen to hear what brings them joy in their lives and we work to bring them closer to their own purpose.

Kerzner: What is special about your services?

Sarowitz: I offer a 30 minute free of charge first time session so clients can see if life coaching if for them. I do sessions in person or on the phone. We also have teleclasses in which you call a certain number for a coaching group.

Kerzner: How do you know you have been successful with a client?

Sarowitz: When a client admits that they have never looked at something that way before. A critical part of coaching is to offer new perspectives. How we perceive a situation is crucial to how we approach that situation and how we approach life.

Contact inof: 219-322-6189, Living YourJoy.blogspot.com/

Kerzner frequently writes for the Indiana edition of this newspaper. She graduated from Indiana University with a degree in education. She has secondary endorsements in reading and science. A columnist for the Post Tribune, Kerzner is also a freelance writer. Employed as a fifth grade teacher

OBITUARIES

(continued from 8)

father of sons Daniel (Virginia) and Larry; and daughters Sharon (Jerry) Schmelzer, Julie (Stevan) Van Vliet, and Kathy-Jo (Terry) Arnoff. Loving grandfather to 11 and great-grandfather to three.

Funeral services were at Agudas Achim Cemetery in Columbus, Ohio on Feb. 27.

Contributions, in lieu of flowers, are welcome to causes dear to the deceased: Jewish National Fund or Kfar Saba Kindergarten in Israel (Checks made payable to Jewish Federations of North America, earmarked for Kfar Saba, and sent to The Jewish Federations of North America, 25 Broadway, Suite 1700, New York, NY 10004-1010 Attn: Marilyn Wechsler). ★

Philip E. Bernstein, 82, a long time resident of Indianapolis, died Feb. 24, 2012. Phil served his country in the US Army. He later moved to Indianapolis, where he managed the Central Hardware Store at 38th and Lafayette Rd., and later served as merchandising manager for JC Penney.

Phil's first wife, Lois H. Fogle Bernstein died in 1988 after 35 years of marriage.

Survivors include his wife, Betty L. Clary Bernstein; children, Elyse (Mark) Smith, Shelle Bernstein, Mark (Edie) Bernstein; and Betty's children, Mitchell (Carrie) Katz and Marty Katz and grandchildren, Adam, Levi, Emily, Katya, Lauren, Nick, Blair and Brynn and his sister, Barbara "Bobby" (Walter) Harris.

Funeral services were held on Feb. 27, 2012 in **Aaron-Ruben-Nelson Mortuary**, and burial followed in Beth-El Zedeck North Cemetery. Memorial contributions may be made to Congregation Beth-El Zedeck or a favorite charity. ★

Aaron
 Ruben
 Nelson

The Jewish Funeral Home of Indianapolis

317-873-4776

11411 N. Michigan Road

just north of I-465

On this date in Jewish history

On March 14, 1879

Albert Einstein, physicist, was born.

~ From *The Jewish Book of Days* published by Hugh Lauter Levin Associates, Inc., New York.

and teaching Math for Title One for the Chicago Public Schools, Kerzner lives in Munster with her husband Irwin and their children Melissa, Shellie, and Jared. ★

Chassidic Rabbi

BY RABBI BENZION COHEN

Posting the Past

This has been quite a week. We are now in the month of *Adar*, the month of *Purim*. Purim is the happiest of our holidays, and we are commanded to increase our happiness from day to day for the whole month. It is true that life isn't always easy, but a little (or a lot) of happiness can help matters greatly. When we are happy automatically our problems seem smaller, and we have more energy to tackle them. So I'll share with you one of the many stories from this week. I hope it will bring you happiness too.

The Torah says that everything that *Hashem* made in this world has a use and a purpose. Of course, this isn't always obvious, but if we are patient, we eventually see that everything has its time and place. I saw this, recently. I went to our local hospital to visit the sick and help them do *mitzvahs*, this time accompanied by three grandchildren, Shneur, who is 8, Chaya Mushka, 5, and Nechomela, 3.

We have a great time working together. They give out to everyone leaflets about *Moshiach* and the weekly Torah portion, and wish everyone a speedy recovery. They bring big smiles to a lot of sad faces. However, children are children, and they would rather play or look at the computer, so I have to give them a little bribe to get them to come with me. I promised them a can of soda from the vending machine at the hospital.

We did the first two wards, and then came to the vending machine. They immediately reminded me of my promise to buy them a soft drink. I don't like junk food, and tried to bargain with them. I offered to buy them one can, and they would share it. That didn't go over too well. I next offered to buy two cans, for the older children, and they would share with their younger sister. That didn't work either. I try not to fight useless battles. I just smiled and gave them money for three cans of soda. They were happy, and so was I. We did the third ward. They were very busy, drinking soda and making people happy.

We reached our last stop, the Geriatric ward. These are all older people with chronic health problems who can't manage at home, or even in a regular old folk's home. Some of them can hold a conversation and some of them can barely say a word. I help most of the men to put on *tefillin* every day, and we are always happy to see each other.

We arrived there before supper and they were all sitting together in the dining



Why Faith Matters

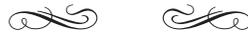
BY RABBI DAVID WOLPE

Does prayer "work?" This I know: If you rise from prayer a kinder, deeper, better person than you were before, your prayer has been answered. ~ March 9, 2012

We are in the Hebrew month of *Adar*, the month associated with joy. Joy is the feeling we get with wakeful gratitude: we see the world's blessings and feel thankful for them. Joy is appreciation with wings. We all have challenges and pains and trials; but on this day, let's pause for joy. ~ Feb. 27, 2012

The Hebrew [word] for soul, *nefesh*, is related to the word for rested, *nafash*. There exists a tranquil place inside our souls; we cannot live there at all times but we must renew it or lose our serene center. After all the work and worry, grant your soul a day of peace, let it open petal by petal. ~ Feb. 24, 2012

From Facebook posts of Rabbi Wolpe. Wolpe is the senior rabbi of Temple Sinai in Los Angeles and author of several books including Why Faith Matters. ✨



room. I brought my grandchildren to visit an older lady from England who doesn't have too many visitors. She was delighted to talk to my grandchildren in English. They in turn were happy to be getting so much loving attention. Soon the sugar from the soda pop reached their brains and added more energy. The next thing I know Chaya Mushka and Nechomela were putting on a whole performance, showing off all the songs and dances that they know, plus a few more tricks that I've never seen them do before. The patients and staff were delighted, and so was the grandfather. Just thinking about this now and remembering so many smiles on so many faces brings tears of joy to my eyes.

The moral of the story? Even though I try to avoid junk food and white sugar, *Hashem* created them (or at least the raw materials from which they are made). So like everything else in our world, they too have their time and place and can work wonders.

Now is the time for the great wonders of our final redemption, which we eagerly await. So do some extra *mitzvahs* (especially the *mitzvah* to be happy in the month of *Adar*) to bring *Moshiach*, now!

Rabbi Cohen lives in K'far Chabad, Israel. He can be reached by email at bzcohen@orange.net.il. Reprinted from the March 18, 2009 issue of this newspaper. ✨

EVENTS

(continued from 5)

This year's HAI-Life Award will be presented to school and community supporters, Dr. Pierre Atlas and Dr. Debra Luffer Atlas. Pierre and Debby, parents of a Hasten Hebrew Academy graduate and a current 5th grader extend themselves through their work on boards, committees and leadership programs. Through their positive attitude and school pride word of the Academy's accomplishments reach the greater Jewish community.

Mrs. Bick has been a part of the Hasten Hebrew Academy "family" for ten years. Her students benefit from her passion for teaching science and her fellow staff members benefit from her "can do" attitude.

And, of course, we will be honoring our eighth grade graduating class, all of whom have been at the Hasten Hebrew Academy since kindergarten or longer.

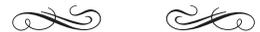
For more information about the dinner or to place an ad in honor of the Atlases and/or Mrs. Bick, please contact Marcy Ekhaus or Sharon Merin in the school office at 251-1261 or mekhaus@hhai.org or smerin@hhai.org.

JCC Business Network

The next meeting will be on **May 23**, at the JCC, 6701 Hoover Rd. RSVP to Larry Rothenberg lrothenberg@jccindy.org or call 317-715-9233.

The Mothers Circle of Greater Indianapolis

Are you raising Jewish children but you're not Jewish? There's an app for that – a human app! The Mothers Circle of Greater Indianapolis provides FREE education and support for women of other religious backgrounds who are raising Jewish children in the context of an interfaith marriage or committed relationship with a Jewish partner. Contact Patti Freeman Dorson, Facilitator, at the MothersCircle@comcast.net or 441-5259. ✨



LERNER

(continued from 7)

bitch. Enjoy every moment."

And enjoy we did, if the sound of the belly laughs are any sign. Later that evening Rivers joined BJE donors for a special dessert reception. Famous for her red carpet insults, for slamming the wardrobe choices of the rich and famous, Joan eyed my friend, Miriam Dant. Miriam cut a stunning figure in an ocean-blue ruched sheath. The one and only Joan Rivers, Queen of the Purim Ball had just one thing to say to Miriam. "I like your dress."

Lerner posts at booklerner.blogspot.com. ✨

Higher Standards
meijer[®]
 Lower Prices

*Low prices on
 Passover favorites*



Horseradish Root

2⁸⁹ LB



Fresh Curly Leaf or Flat Leaf Parsley Bunch.

69¢



Large Red or Golden Delicious Apples

99¢ LB



Walnuts Bulk or 1 lb. zip lock bag.

6⁴⁹ LB



SAVE \$2

Empire Kosher Boneless Chicken Breasts 32 oz.

11⁹⁹



price drop

Manischewitz Concord Grape Wine* 750 ml. Select varieties.

3⁹⁹

Please consume alcoholic beverages in moderation.



price drop

Manischewitz Gefilte Fish* 24 oz. Select varieties.

5⁹⁹



price drop

Yehuda Overwrap Imported Matzos* 5 lbs.

5⁹⁹



price drop

Streit's Macarons* 10 oz.

3⁵⁰



price drop

Joyva Chocolate Covered Ring Jells* 9 oz.

3⁹⁹



price drop

Kedem Concord Grape Juice, White Grape Juice, Light Concord Grape Juice or Light White Grape Juice* 64 oz.

4⁹⁹



SAVE 1⁸⁰

Fresh All Natural Lamb Shanks Bone-in.

3⁹⁹ LB



price drop

Lay's Kasher Potato Chips* 6 oz.

\$3

*While supplies last. No rainchecks or substitutions.

Prices Good 6 a.m.
 Wednesday, Mar. 14 thru
 Saturday, Apr. 14, 2012.

We reserve the right to limit quantities to normal retail purchases. Percentages off taken from regular retails unless otherwise stated.

Carmel - E. of US-31 at W. Carmel Dr. (126th St.)

E. 96th Street - E. 96th St. at I-69

MARSH

Items and Prices in this ad good through April 21st, 2012

Not all items available in all stores.

Quantity Rights Reserved *We Reserve the Right to Correct Printing Errors

©Copyright 2012 Marsh Supermarkets, LLC, marsh.net

Celebrate Passover

4.5-oz. Matzo Ball Only or
Streit's Matzo Ball Soup Mix

\$1.79

5-oz. Assorted Varieties
Streit's Soup Base

\$3

6-oz. Assorted Varieties
Streit's Potato Pancake Mix

\$1.99

5-lb. Streit's Passover Matzo .. **\$16.99**

12-oz. Egg or 11-oz. Whole Wheat Streit's Passover Matzo **\$3.59**

5-lb. Streit's King David Matzo **\$11.99**

16-oz. Streit's Matzo Meal..... **\$2.99**

16-oz. Streit's Cake Meal..... **\$3.59**

16-oz. Streit's Farfel..... **\$3.89**

12-oz. Streit's Potato Starch **\$2.50**

6-oz. to 6.5-oz. Assorted Varieties Streit's Stuffing Mix..... **\$2.69**

2.75-oz. Assorted Varieties Streit's Bag n Bake **\$1.59**

10.5-oz. Streit's Chicken Broth **\$2**

6-oz. Streit's Potato Kugel..... **\$3.69**

10-oz. Assorted Varieties Streit's Salad Dressing..... **\$3.69**

16-oz. Assorted Varieties Streit's Mayonnaise..... **\$3.99**

12-oz. Assorted Varieties Streit's Brisket Sauce **\$4.59**

24-oz. Mushroom or Marinara Streit's Pasta Sauce..... **\$4.89**

16-oz. Sauce Jellies or Streit's Cranberry Sauce **\$2.50**

12-oz. Assorted Varieties Streit's Fruit Preserves or Orange Marmalade..... **\$3.59**

10-oz. Assorted Varieties Streit's Macaroons **\$3.99**

12-oz. Chocolate or Vanilla Streit's Gluten Free Cake Mix **\$4.29**

10.5-oz. Chocolate Chip Streit's Cookie Mix **\$3.29**

12-oz. Coffee Cake, Honey or Chocolate Streit's Gourmet Cake Mix **\$3.96**

12-oz. Chocolate Chip, Crumb, Coffee, Honey, Chocolate or Sponge Streit's Cake Mix **\$4.49**

24-oz. Streit's Cooking Oil..... **\$4.39**

11-oz. Assorted Varieties Streit's Matzo Chocolate Bar K **\$9.99**

12-oz. Chocolate Covered Streit's Fruit Slices **\$9.99**

8-oz. Assorted Streit's Fruit Slices **\$3.89**

7-oz. Milk Chocolate or Chocolate Egg Streit's Chocolate Matzo ... **\$5.29**

3-oz. Milk Chocolate Streit's Lollycones **\$3.79**

5.5-oz. Assorted Varieties Streit's Potato Chips..... **\$2**

Available at our 86th & Ditch Rd., Indianapolis location and the following selected stores:

- 96th & Lantern Rd., Fishers
- 116th & Keystone Ave., Carmel
- 86th St. & Westfield Blvd., Indianapolis
- 1825 Kinser Pike, Bloomington
- 106th St. & Michigan Rd.
- 2410 N. Salisbury, W. Lafayette
- 82nd St. & Allisonville Rd., Indianapolis
- 512 College Mall Road, Bloomington
- 146th & U.S. 31 North, Westfield
- 3825 St. Rd. 26 E., Lafayette
- 86th & Zionsville Rd., Traders Point
- 123 S. Kingston Dr., Bloomington
- 4755 E. 126th St., Carmel
- 62nd & Keystone Ave., Indianapolis
- 320 N. New Jersey St., Indianapolis